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Pulse

C O W L E Y

COUNTY COMMUNITY COLLEGE

Orientation 1988



WHAT'S HAPPENING?

Find out all you need to know in this special Orientation issue!



Dawn Segrist

NOW FOR SOMETHING COMPLETELY **DIFFERENT**

Welcome to Cowley County Community College!

You have chosen Cowley as a place to start your education for your future career. I can truly say from experience that you couldn't have picked a better community college.

The teachers here are much more than just someone who assigns homework every night. Our faculty and staff are friendly and willing to help you whenever they can. When you walk into that classroom for the first time, you're not only meeting your teacher, you're making a new friend.

Although education is (or should be) first on everyone's list, it's not the only thing that Cowley has to offer.

There are many clubs and organizations that I encourage everyone to get involved with. The college has nearly 20 different groups for you to choose from. A club not only gives you a chance to help the school and community, but it also gives you an opportunity to meet new and interesting people.

If joining a club isn't exactly what you had in mind, maybe you should look at the various types of sports offered throughout the year.

In the fall, there is womens' volleyball, womens' softball and in the future, a new program to watch for will be the womens' tennis. In the winter and spring we'll see mens' and womens' basketball, men's baseball, womens' softball, and mens' tennis.

If that's not up your alley, why not try your hand at some intramural sports, such as coed volleyball, flag football, basketball and softball.

Don't be afraid if you're not a superstar in these sports, because intramurals are for everyone to have a good time.

There is no reason why a student cannot have beneficial experience here. The blend of scholastics and extracurricular activities will combine to allow you a good time. And good times are what Cowley is all about.

ON THE COVER-Like the students moving into the dorms, Shannon Wineinger and Jami Judd haul luggage filled with personal belongings. (Photo illustration by David Tobias)

Pulse COWLEY COUNTY COMMUNITY COLLEGE

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PRESIDENTIAL WELCOME

Students,

The trustees, administrators, faculty, and staff are committed to helping you be successful at Cowley County Community College. As part of that commitment we have expanded our services to students.

I think you will know we care about you by the extra effort our employees make to serve you. I am delighted you have chosen Cowley to pursue your educational objectives.

Take advantage of the many fun events that are scheduled for students and faculty. Involvement will enhance your Cowley experience.

If I can serve you in any way, please do not hesitate to contact me.

Best wishes for a terrific year,

Patrick J. McAtee, Ph.D.



Rob Glenn



Robbie Tieperman

STUDENT GOVERNMENT ASSOCIATION STRESSES STUDENT

INVOLVEMENT

Welcome to Cowley!

On behalf of Robbie Tieperman and myself, I would like to welcome each of you to Cowley. As the new Student Government Association officers, we want to make this year the best ever. It will take a little bit of work from all of us, but that's no obstacle.

I am really excited about the new school term. We are unlimited to what we can achieve this year, but it will take involvement from everyone. And that is what makes college fun.

There are a variety of fun events to get involved with on campus. There is at least one club on campus that will fulfill each person's interests. There are also a number of sports and intramurals you can get involved in if you desire. Involving yourself in these events is a great way to meet new friends and also enjoy college a little more.

The first two weeks of school have been designed to make sure that no one is bored.

There are enough activities to get involved in that we hope you don't have to pick and choose. (You might want to start picking your Tiger Tube teams, as competition is fierce).

SGA is designed for students to give their input about school in a very democratic way. Use this to your advantage. We are open for all ideas and suggestions about what we can do for our school. Come to the meetings and express your ideas and feelings.

In closing, I wish everyone the best of luck this year in their classes, sports, clubs, and whatever else you attempt to achieve. I have the attitude this will be the best year in Cowley history. I hope you all feel the same way.

See you on campus,

Rob Glenn,
SGA President

COMING HOME:

New nurse, Vicki Ayers excited about returning to Cowley after three years.

by KELLY ATWATER

Empty.

The room was empty except for one desk, one chair, one phone, and one person. But in spite of its bareness, this room has a feeling of excitement, warmth and love. It's an atmosphere of relaxation, and that is how new school nurse Vicki Ayers wants the students to feel.

"I want students to feel comfortable. It's my mission for students to know that I'm here and that they can come to me for help," Ayers said. "I'm really excited about this year."

And Ayers has a good reason for being this excited. She graduated three years ago from Cowley County Community

College and has returned here to be the Colleges' first nurse.

According to Public Relations Director Linda Puntney, the reason for getting a nurse here is to help the students.

"This year there is an attitude to improve the entire student services area. Our theme is 'On a mission' and adding a nurse for the students is one way to fulfill that mission of serving the students," Puntney said.

Service for the students is what this year is about and Ayers has some good ideas to make it just that. She plans to start by providing a complete referral service to the students such as, sending students to the dentist, to the optometrist, and to the Ark City Clinic. She also plans to do some counseling in weight

control, depression and stress, exercising (how not to over do it) and contraceptive counseling and pregnancy testing. Ayers will also be providing tuberculosis testing for the faculty, and flu shots for faculty and students.

"I feel that these are important services that need to be dealt with, especially to this age group. The students confidentiality is secured and it is strictly between me and the student," Ayers said.

Pamphlets on depression, AIDs and other sexually transmitted diseases will also be provided free to any student.

The nurse's office will be located downstairs in Galle-Johnson Hall, room B-3. It will be opened to the students from 7:30-12:30.

Join a club

ADAAC

The Alcohol and Drug Abuse Awareness Council (ADAAC) is a club designed to sponsor fun events without the use of drugs and alcohol. The club sponsors many events through the year such as the Hollar Monkey Dance and the After-Prom Party for the high school. The club is sponsored by Linda Puntney.

SCJ

The Society of Collegiate Journalists is a sister-club to the

national organization of SCJ. The club's members are for those students interested in making journalism a career or currently enrolled in a student publication. Members hold meetings and attend national conventions under the direction of Ron Pruitt.

CYCLE

The CYCLE is a monthly newspaper produced by students enrolled in the class. The paper includes campus events, local and national issues, and people, as well as editorials. The adviser for

the paper is Ron Pruitt.

PULSE

The PULSE, is an award-winning magazine published quarterly by the Magazine Production class taught by Linda Puntney. Design, layout, photography, and writing is done by the PULSE staff and features the campus in a variety of stories and topics.

TNTS

Traditional and Non-traditional Students is a club designed to

(Continued on page 13)

PAXTON: New dean places interest in students

by TONYA RUDOLPH

Rumor has it that things are going to change at Cowley. And Bob Paxton, dean of students, is the one who has started people talking.

Paxton, with his wife Sara and their two children, moved to Arkansas City with high hopes of making Cowley an even better place for an education.

"The main reason I came to Cowley is because of Dr. McAtee. He is aggressive and is concerned with the quality of Cowley. An honest education is important. I also wanted to stay in a community college in Kansas because the people are real neat," Paxton said.

Students have always been an important aspect of Cowley.

They are the most important thing on Paxton's mind.

"I want to make students more noticeable on campus. Students need to be brought out into the public light, and that is my job," Paxton said.

One way Paxton can advertise the students is by putting a float in the Arkalalah Parade.

"It is very important to me to get a float in the parade to help inform the public of Cowley and its students," Paxton said.

Paxton will be placing a lot of emphasis on intramurals to help get students better acquainted with one another and also give them a break from classes.

"I want to use Saturdays for out-of-the-classroom activities. We can play various sports to help students keep the weekends

from being so boring," he said. "I also want to have different activities throughout the year such as more dances, parties and special events. I want to bring different groups on campus to talk to the students."



In addition to intramurals, Paxton wants to sponsor many dances, ping-pong tournaments, and any other ideas students suggest to him.

"I really want to stress the open-door policy. I want everyone to feel free to visit with me about new ideas or suggestions they have," Paxton said.

There's a rumor going around Cowley, and from all appearances, Bob Paxton is going to make it come true.



PAYING ATTENTION—Two prospective students listen intently to counselor Susan Rush-Johnston for guidelines on enrolling at Cowley for the Fall Semester. Enrollment reached an all-time high for the College.

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'ON A MISSION'

by TONYA RUDOLPH

Pigs, parachutists, giant ice cream sundaes, a hayride and a barbeque will all activate a thrilling first week at Cowley.

"We kick off the year with orientation," Paxton said. "At that time we plan to have a hog roast and a giant ice cream sundae. I think Sunday will be a fun night," Paxton said.

On Monday there will be a pancake feed for all students. The Administrative Council will be serving the students which starts right around 7:00.

"All students are welcome. This is primarily for them and we want them to be there," Paxton said.

Monday evening's events will begin with a hayride, followed by a wiener roast, swimming and volleyball at Camp Horizon, sponsored by the Alcohol Drug Abuse Awareness Council, (ADAAC).

"This has been a tradition for all students and is going to be a lot of fun," Paxton said.

"On Tuesday night we really kick off Cowley County,"

Paxton said. "We plan on having a barbeque for all students, faculty and parents on the south lawn of the college."

At 6:30 there is a special event. A parachute show will take place and following that, there will be a street dance from 7 to 10:30 p.m.

"We cap off the week on Friday night by having a midnight movie at the theatre," Paxton said.

"To retain students." That is Paxton's primary expectation for the next couple of weeks. "The sophomores have a pretty good feeling of what college life is all about but the freshman who walk in the door are often frightened and don't know what to expect," Paxton said. "What we're trying to do is make them feel welcome and a part of Cowley."

"We are going to be committed this year to providing activities that the students will enjoy and we will be trying to create an atmosphere of unity on campus and a feeling of a good fun," said Paxton.

According to Paxton, this year's theme for Cowley is "On a

Mission." The faculty and staff this year are on a mission for the students.

"We came up with this idea on our administrative retreat. It was sponsored by American Food Management and at the hotel we were staying at, all the people were wearing these t-shirts. They were getting across the message that they were on a mission to serve their clientel and so are we," Paxton said. "We are on a mission for our students."

All of the ideas that are going to be done this year will be a team effort.

"We have people on this campus who always have innovative ideas. It was just a matter of channeling all the ideas together and putting together a package for the students," Paxton said. "We are going to make that a priority this year."

But that isn't the only priority the College has for its students.

"We are also going to try two things this year. We are going to try and get the students involved in the community and the community involved in the students," Paxton said.

U p c o m i n g E v e n t s

AUGUST

- 21 - 8 a.m. to noon - student assessment
1 to 4:15 p.m. - Orientation
5:30 - Whole hog roast/giant ice cream sundae
- 22 - 8 a.m. to 8 p.m. - Official Registration
7:30 a.m. - Pancake Feed for all students
5:30 - All College hayride, wiener roast, swimming and volleyball
- 23 - First Day of Classes
6 p.m. - Barbeque on South Lawn, parachute exhibition
7:30 - Street Dance
- 26 - Free Midnight Movies for students at Burford Theatre
- 29 - Tiger Tube activities all week long. Be there and enjoy

Free t-shirt transfer

INSTRUCTIONS

1. For best results, apply to material made with at least 50% polyester and 50% cotton. Shirts of 100% cotton do not hold the colors after repeat washings.
2. Cut out pattern inside the dotted lines.
3. Place a protective piece of cloth over the ironing board.
4. Slip the tee shirt over the end of the board so that the front (or back) is directly over protective cloth.
5. Place the transfer face down on the area of the tee shirt you wish to decorate. Place a clean sheet of thin paper over design.
6. Set the iron on "cotton" allow it to heat up and apply with firm, even pressure over entire surface for 30 seconds. Use a dry iron.
7. Allow to cool for at least one minute before removing paper.



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EXIT

M I 2

inverted

Kemp brings new excitement with

DANCE

*Hot steps from famous performers
make dance line sizzle*

by JAMI JUDD

With the help of the Dallas Cowboy Cheerleaders, famous dancers from New York and Hollywood, and music video choreographers, Cowley is sure to have an outstanding first year dance line.

The squad itself hasn't actually worked with these famous performers but their instructor, Lana Kemp, has worked with these and many others.

"Since I was in junior high I have gone to dance conventions where I have worked with Broadway dancers and famous instructors," Kemp said. "And I recently attended a private session with the leaders of the Dallas Cowboy Cheerleaders."

Kemp has been dancing all of her life. Her mother was a dance instructor and taught her and her sister when they were young.

About eight years ago Kemp opened a dance studio that she currently operates as well as teaching the Rythm and Dance class at Cowley.

A clinic was held Aug. 16-19 from 9-4 p.m. for the dance line to start working on routines for their first performance on Family Day, Oct. 8.

Kemp was pleased with the turnout and the ability of the girls.

"The first year I want to build a strong nucleus and a good foundation," she said. "We want

to be good ambassadors for Cowley."

The team will also give campus tours and act as usherettes for the college.

As far as performing, each squad member will have a chance to try out for a position on the line before each show.

"When the girls try out, they have to show me that they have a desire and determination to make the line look good," Kemp said. "I want someone who is willing to work with a team instead of trying to be a star on her own."

But each girl will look like a star. Uniforms for the girls are special made. They are black with burnt orange sequins and flashy white fringe.

Performances will be during half time of basketball games and parades, but they also hope to dance between volleyball matches and make guest performances at other schools.

"My sister teaches a drill team at Fort Hays so hopefully we can perform there and invite them to come to Cowley," Kemp said. "Maybe if we do the same routine, we could perform together."

Kemp is expecting a good first year, and hopes the team will increase.

"This year I'll have a small dance line because I'll have to start with quality, but hopefully each year the line will grow and grow," she said.

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Ewing keys on unity

*Dejon Ewing will be setting her goals as first year
drama instructor on quality and involvement*

by LIZ RILEY

Dejon Ewing, new theatre instructor, has big plans for the theatre program.

"I'm very enthusiastic about this year. I'm planning on building a great theatre department that people will remember for years to come," Ewing said.

She is not the only one who is going to be involved with this program. According to Ewing students are going to be active in the building of the program. They will be building actual sets and working with the lighting.

"I plan on using the kids a lot. They will be doing most of the work themselves. This will get them acquainted with the theatre and build a better staff," Ewing said.

Along with the sets and lights, the students will also be working on a new name for the program.

A name is not the only thing that will be changing.

"We plan to start a tradition here at Cowley. We want people to know us for our theatre

program as well as our other majors," Ewing said.

The community also figures heavily in her plans.

"We would like to get the community involved in the program as well," she said. "If a part calls for an old man we might just have an old man playing the part," Ewing said.

As far as tryouts go, there's no need to worry about being alone.

"They will be comfortable and easy," Ewing said. "You'll just sit around in a big circle and do some reading," she said.

Tryouts are for everybody, they are not restricted to theatre majors only.

"I want everyone involved that I can. They can be anybody with any major," Ewing said. "I will always have open tryouts. If they are right for the part then they will get it," she said. "When I look at auditions, I look at everyone as an equal."

For Ewing this year's key word is "quality". She is planning on doing some well-known plays and holding a mini academy awards.

"There is going to be unity with the kids this year. When we are working on a play the cast is going to be like one big family," Ewing said. "We are going to have our eyes on the future, making it a great program."

There are going to be two new classes taught this year. First semester *Intro to Theatre* will meet on Tuesdays and Thursdays from 12:20 to 2:20. Students will be working with make-up, listening to guest speakers, critique plays and watch classic plays.

The second class is an acting class. It's for anyone who wants to enroll. It will be a basic class, comfortable for even the most timid.

"You will never do anything alone. There will be lots of duets and group impromptus," Ewing said. "We will be watching good acting and then try a little acting ourselves," she said.

"I want people to remember us 20 years down the road. With the help of everybody, we can make the theatre program an exciting part of Cowley."

Bookstore enlarges for Fall semester



***The Bookstore
has grown from
a small cubby
hole in the
basement to
a larger, more
convenient
location with
over 180
different kinds
of text books***

by LIZ RILEY

You've just enrolled and you are wanting to get your books for the school year. Where do you go?

In the Nelson Student Center there is a special place set aside for such an occasion. It's called the Bookstore.

"It's their store. We are here for the kids. We are available for any need they want or help they need," said Ruene Gage, Bookstore manager.

The Bookstore has come a long way in the past years.

"It began as a small, out-of-the-way cubby hole with nothing, but now it is at our present convenient location," Gage said.

The Bookstore used to be located in the basement of the Nelson Student Center, but has moved to a much larger area on the main floor of the Center.

For Gage the Bookstore is more than selling books. It's also an opportunity to meet the students and get acquainted with them.

"It makes me feel young each time I see a student come into the Bookstore," she said.

The Bookstore also sells most kinds of school supplies and college paraphernalia, including caps, sweatshirts, tee shirts, shorts, pens, pencils, folders, cups, notebooks, stationary and paper. Their latest fashion is peach and white crop tops that say "Cowley Yacht Club" on them. They are also going to be getting in some new back packs and ceramic mugs with the Cowley seal on them.

Items aren't the only things new to the Bookstore.

Gage is fairly new to the bookstore business.

"I'm like a new student myself getting acquainted with the Bookstore," she said.

Getting acquainted with the Bookstore isn't always that easy though.

There are over 180 different kinds of text books in the Bookstore for the fall semester and for Gage the number is a real eye-opener.

"You don't realize all the courses the College offers until you've seen the Bookstore shelves," she said.

However, the book shelves will soon be taken over with students.

Starting Aug. 15, the Bookstore will be open: Mon. - Fri. 7:30 a.m. - 3:30 p.m.

(Continued from page 5)

make students fresh out of high school and college students who have had a delay in their education, get more involved with each other. In addition, specific programs are developed by the TNTS to serve as information and support for fellow Cowley students. The club is sponsored by Chris Vollweider.

PTK

Phi Theta Kappa is a club designed to honor students on their academic achievements. Requirements of the club is for a student to be recommended by an instructor and meet the requirements set by the national organization of PTK. The club holds various meetings and fund-raisers. The club recently took a trip to Washington D.C. The club is sponsored by Jim Meisner.

PBL

Phi Beta Lambda is the college division of the Future Business Leaders of America. The club has area business people speak at their meetings, visits area businesses, and participates in a PBL conference in the spring. The club is sponsored by Peggy Paton.

Science, Engineering and Mathematics Club

This is a newly, reorganized club with open membership. Performing various experiments and making several field trips are just a few of the many social activities the members partake in. The club holds many meetings under the sponsorship of Kevin Pennington.

Dance Line

Promoting Cowley spirit at all

home games will the newly formed Dance Line. Membership for the dance line is based on tryouts. As ambassadors for the college, the dance line will practice daily to make their routines sharp. The dance line is sponsored by Lana Kemp.

Spirit Squad

Cheerleaders also aid in the promoting of Cowley spirit at all the games. Cheering includes making various spirit posters and practicing daily. The cheerleaders also hold camps for high schools and promote Cowley in various parades. The sponsor is Lisa Kahrs.

Project Care

Project Care is a group of individuals who care about other people in the community. This club basically uses its influences to raise money for charities and specific causes.

SEA

Students whose career interests lead them to the classroom will want to consider joining the Student Education Association. Meetings are held to organize various projects and field trips. The members also help with the Head Start facility to help four year olds. The sponsor is Stan Dyck.

VICA

Vocational Clubs of America (VICA) is a club with vocational courses on mind. The club focuses on how the State of Kansas, and the nation, affect the interests of vocational occupations. The sponsors are Bob Boggs and Charlie White. Cowley includes the cosmetology program in their VICA program. Although the Cosmetology VICA is separated from the Vo-Tech Vica, their purposes are the same. Their sponsor is Pat Mauzey.

Students who get involved in VICA might find themselves participating in the Skill Olympics. Cosmetology students also compete each year against other cosmetology schools.

DECA

The Delta Epsilon Chi Association is a club for students who are learning the fundamentals of moving merchandise from the original manufacturer to the retailer. The club has participated in the Career Developing Convention. The sponsor of the club is Bob Brennaman.

AEC

Academic Excellence Challenge is a club that competes throughout the year against other AEC clubs. The club has divided cash awards won in previous years. Members practice at least once a week, quizzing each other. The club sponsors are Sue Darby and Paul Stirnamin.

THEATRE CLUB

This year's Theatre Club is under new instruction. Dejon Ewing has many plans for this year and hopes everyone will give it a shot. Plays, building sets and working with the lighting are just some of the responsibilities of the club.

CENTRAL RECEIVING

The new kid on the block this year is our Central Receiving Building. It's located on the corner of Washington and 3rd. All materials shipped to the College will be routed through there first.

The grounds crew can also be found in this building along with any maintenance equipment needed.

VOLLEYBALL

A STATE OF BALANCE

This season the Lady Tigers intend to make their roar heard, while hunting for a Region VI title

by BRENT MURPHREE

Volleyball. The fall sport! With this slogan, the lady Tigers kick off the volleyball season with a well balanced and powerful team.

Head coach Debbie Davis feels that this year's team definitely has an edge on conference foes.

"With the sophomores we have returning and the freshmen coming in, we should be well balanced; thus giving us a step on our opponents," Davis said.

Cowley will be returning six sophomores and will be bringing in six freshmen. One of the six sophomores will be hard hitting Janell Calhoun, who according to Davis, has the talent to be the best hitter in Region VI play.

If everyone stays healthy, the sophomores will give Cowley much needed experience as compared to last years young team, which finished with a record of 29-19-2.

Returning sophomores are Chris Armour, Dawn Segrist, Chris Wilkins, Marcia Rinke and Jenny Rhodes. Three of which will be participating in other sports later in the year. This gives an example of the athletic ability this year's squad exhibits.

The freshmen crop comes to Cowley with an air of mysticism in that Davis doesn't really know what to expect out of her new signees. But as with most freshman athletes one could suspect that these athletes will be



PRACTICE PERFECT-Head Volleyball Coach Debbie Davis instructs her players on receiving serves. The Lady Tigers will travel to Hutchinson Sept. 9 to open their fall season.

hungry for positions and with as many sophomores as the Tigers have, the competition will be intense.

"When these players come in, it will be a different situation for them," Davis said. "In their schools they were the top of the ladder, but when they come here, they'll have to climb the ladder again."

They will have their chance to start climbing soon though.

Aug. 23 will mark the start of practice and soon after this, the team will sit down and decide on their goals for the season.

Some of these goals will parallel with the goals Davis has already set.

"Some of my goals will be to work as a team and to have fun with the sport," she said.

What about competitive goals?

"We want to win our

conference, then take the Region VI title, which will give us the right to go to the national tournament."

Miami, Florida will be the sight of the national tournament, which should add more inspiration to completing the seasonal goals.

This year's schedule also will hold two special tournaments. The special thing about these tournaments is that they'll both be hosted at home.

The first invitational tournament will be Sept. 16-17. Eight teams will be competing. The second tournament will be on Family Day Weekend, Oct. 7-8, and will again have eight teams competing.

Davis feels the Jayhawk East race will be between the "Big Three," Cowley, Allen and Johnson. These three teams have consistently finished in the top three spots in past years.

"As for Johnson County, they've lost a lot of sophomores, however, they will be able to build a great nucleus around their middle blocker, Lori Heater," Davis said.

Davis isn't sure of Allen County, or who will be returning for them, but one can expect that the Red Devils will be tough.

"Last year we did well with a predominantly freshman team. If we can mesh our experienced sophomores with the desire of our freshmen, we should be able to attain our goals," Davis concluded.

TIGER FOCUS: Pitching

by BRENT MURPHREE

Expectations are high for the Tigers baseball team and the Lady Tigers softball team as they jump into fall play.

Both teams will be welcomed by the relentless August heat as they start fall practice August 25.

Expectations are not the only similarities between the two teams. Both should strengthen their play with strong fielding, and tough pitching.

The Tiger baseball team is coming off a rebuilding year, and returning is a good group of seasoned sophomores. Mike Butler, sophomore, will return to give Cowley a firm foundation on the mound, while Kike Parker, sophomore, and Luis Rivera, sophomore, will stabilize a steel-trap infield.

Notable freshmen coming in are sure to give the Tigers a smooth but powerful defense.

Freshman Thad Hewitt, a transfer from Oklahoma City University, will showcase his talents at shortstop, teaming with Parker, who may be moved to second base, tightening the infield and adding an exquisite double-play combination.

"If Parker and Hewitt tighten the middle, freshman center-fielder, Tracy Magnon, (an Oklahoma all-stater from Vinita Oklahoma) will seal things up," said Head Coach Dave Burroughs.

Fielding wise, Burroughs is secure, and with a 12-man pitching staff, he feels that the Tigers are close to impregnable.

Bill Black, a big, left handed freshman, should help Cowley's pitching staff, and add an architectryal edge to Butler's stable foundation.

One corner of the infield, first base, may see Lawrence, Kan. native, David Vesco.

"He's a good player,"

Burroughs said, "we're excited about having him."

Cowley's season will start on Sept. 7 and end on Oct. 13. The season will be highlighted by a scrimmage at K-State on Sept. 17, where the Tigers will and Barton County Community College.

Softball

Sabrina Lipton will be the only sophomore returning to fall play for the Lady Tigers. As one might suspect, she will have a lot of pressure to carry in leading the young Cowley squad.

"I feel confident that Sabrina will produce in this role," said Head Coach Ed Hargrove. "She showed a lot of leadership last year as a freshman."

Lipton will be teaming up on the mound with Ponca City stand out, Deb Rutherford, who Hargrove believes, "will be as good as any pitcher we've ever had."

This year's pitching will be a blessing to Hargrove, and the Lady Tigers who much lacked mound finesse a year ago.

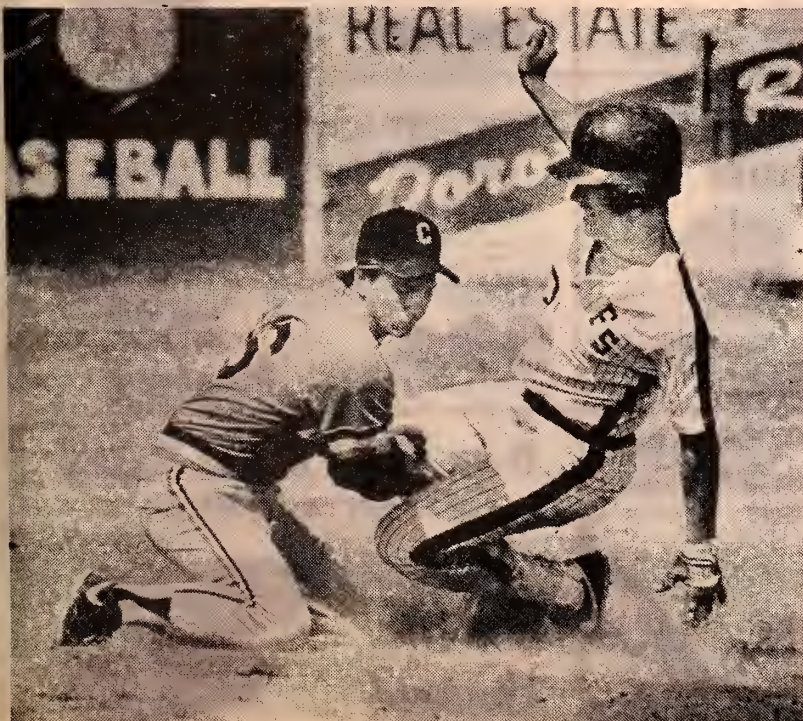
The Tigers will be bringing in 10 freshmen this fall, one of which will be Emporia High's blue chipper, Clair Podrebarar, who was one of the most highly recruited seniors in the state. Podrebarar will anchor the Lady Tigers at third base.

"This is probably the best group I've recruited," Hargrove said, "We filled all of our needs with talented people to replace a talented group we lost last year."

What would be goals of such a talented group?

"Almost annually, our first two goals are to win our conference, and then Region VI," Hargrove said. "I feel like we have the pitching this year to realistically reach these goals."

WAITING FOR THE CALL-Jim Barnthouse tags a Ft. Scott player at second base.(PULSE Photo File)



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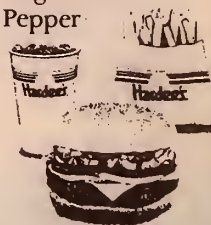
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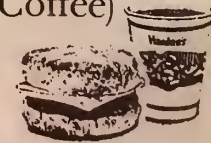
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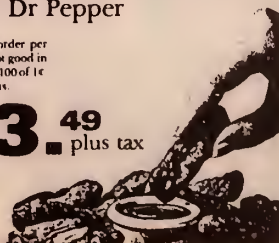
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A photograph of a beach scene. In the foreground, a person's legs are visible, lying on a dark, textured surface. Above the legs, a large beach umbrella with a pattern of thin, multi-colored stripes (blue, yellow, and white) is open. To the left of the umbrella, a portion of a yellow and grey striped beach towel is visible. The background is a solid dark blue.

Pulse

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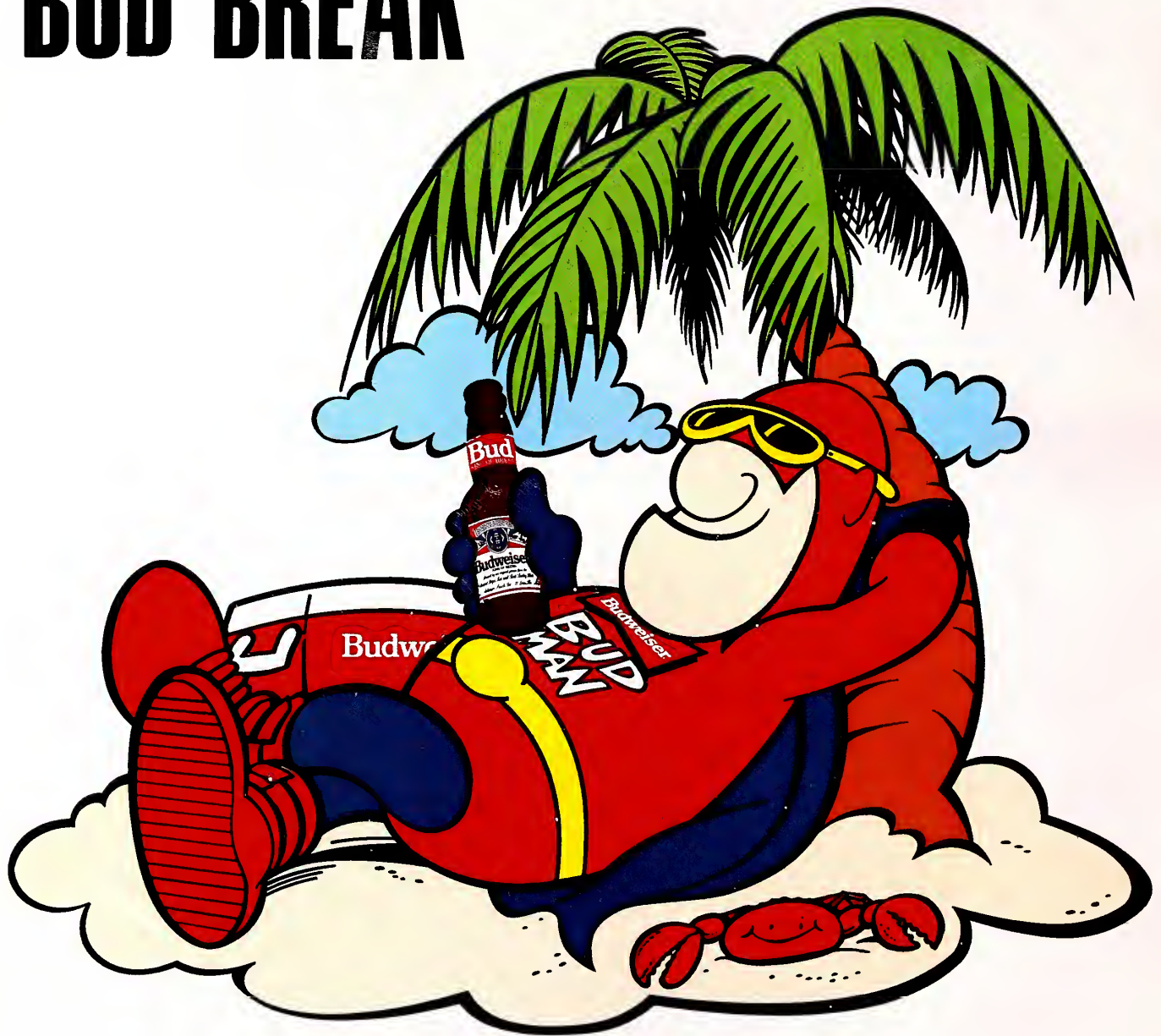
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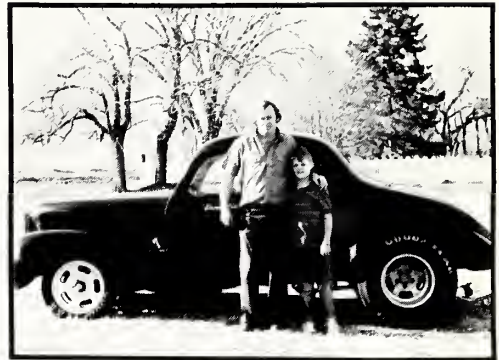
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ON THE COVER



This issue's cover captures the summer spirit of fun in the sun. Before you know it, the pressures of research papers and final week will be replaced with trips to the beach and extra hours in bed. We dedicate this issue to the class of '89 who are moving on to pursue their goals. Even though the emptiness of the halls will be filled with incoming students, the presence of the graduates will still linger. (Photo by David Tobias)

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TIME TO SAY GOODBYE

Dear Readers,

It's graduation day, the end of two years of hard work and perseverance; the beginning of a new career for some and more school for others. Whatever the case may be, each graduate will have some fond memories of their life here at Cowley.

My two years here, although tough at times, were enjoyable (enjoyable as school can be). That wouldn't have been possible without the help of my friends. Without them I might not have lasted this long.

But my friends were not limited to just my classmates. Having been here so long (including working one year in the dorms), I've had the chance to get to know some of the faculty and staff and I'm proud to say they have become my friends, even after I was assigned an eight-page research paper. The teachers have made the classes a more enjoyable learning process (which helps me to get out of bed in the morning and go to class so I won't feel guilty) and the staff has made me feel more a part of what's going on around the campus.

And what's going on today is graduation. This may be a sad time for others but for me it's a great feeling of accomplishment and a feeling of security as I move closer towards my career. Cowley has prepared me for what is to come and I hope all my teachers realize what an impact they have made on my education. Some say that's what teaching is all about. I say if a teacher can do that then they certainly have done their job.

I hope I have done my job as editor of the PULSE in bringing you, the readers, the kind of coverage you were looking for. I've enjoyed working for this publication because I've not only gained the experience, I've learned a lot about people and how to deal with them and I think both are important to be able to survive in the real world today.

Dawn Segrist

Pulse

COWLEY

COUNTY COMMUNITY COLLEGE

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For the 1989 graduating
class it means more
than degrees

If national averages hold, 11 percent of the graduates of Cowley County Community College aren't certain what they want to do for a living; 9 percent want to be engineers, 6 percent want to be business executives, and the rest are split through a variety of professions, some which didn't exist 20 year ago.

In addition to receiving medallions signifying the

completion of their work at Cowley, commencement was a first and last experience for the graduates.

It was the first time Senator Richard Rock had appeared on campus since his election to the State Senate in November. As Senator from the 32nd District, Rock was asked to present the Charge to the Class.

"I titled my comments

'Patchwork Quilts: Scraps of Life,' because that was how my comments were directed," he said. "It's really a collection of things that have been important and helped me in my life. I hoped they might also be helpful to others."

In his last official appearance on campus, retiring vocal music instructor Kenneth Judd led the CowleyCo Singers in a final performance of "Take Time for Love."

Judd, who had been part time vocal music instructor for eight years at the College, was really retiring for the second time. Following his first retirement from teaching high school music, Judd came to the College to give direction to the vocal music program. The formation of the CowleyCo Singers was Judd's idea.

It was also a time for recognition of particular

graduates. Those graduating in the top 10 percent of the class were designated as Honor Graduates and the top five graduates were cited as Graduating with Distinction.

Honor graduates included: Roseanne Olmstead, Conway Springs; Georgia Robinson, Arkansas City; Suzanne Quillin, South Haven; Heather Hampton, Winfield; Jolynne Walker, Myra Estep, Norma Perkins and Linda Neal, all of Arkansas City; Jennifer Rhodes, Wichita and Phillip Stacy, Arkansas City.

Those graduating with distinction were: Chris Armour, Salina; Patricia Hall, Winfield; Myra Jacobs, Oxford; and Jan Rutter, Grenola.

For the first time students graduating with perfect 4.00 grade point averages in a certificate program were also recognized. That recognition fell to 10 cosmetology students.■

A look at a Cowley graduate . . .

Ultimate Dreams

by LIZ RILEY

As the latest model cars are set out on the Wichita car lots Greg Hinz, sophomore, is there.

For Hinz, cars are more than a fascination, they are his lifeblood. Since Hinz was a small child, he has dreamed of designing the ultimate car.

"I have pictures in my baby book of me with drawings of cars," Hinz said.

A high school experience triggered something inside of him.

"I sent a group of my drawings to different car companies like Ford, GM, and Honda. Along with my drawings I sent a letter asking for information on where I could go to school and any other info I

STRAIGHT TALK



Greg Hinz

**"If that man can
do it, so can I."**

could get," Hinz said.

The response was surprising.

"It was great because I got personal letters back from those companies telling me almost everything I wanted to know. There were three schools the car companies took their design people from, Detroit, Pasadena, and a school in England. I decided to go to Pasadena after Cowley," Hinz said.

During his third semester, "a little voice" told him that this wasn't a good idea. He listened to his voice and is now in a liberal arts major.

"I would still like to design cars, but not base my entire living on it. The type of job I would like is where I could wear a suit one day and coveralls the next," Hinz

said.

Hinz has always had plenty of work opportunities.

"Whether it be in the middle of a field during harvest, or helping my grandpa in his refrigeration business, I've always had good luck with my jobs," Hinz said.

School can be as much work as a regular job. Hinz is carrying 24 hours this semester and is constantly in class.

"I have a night class Monday through Thursday. Two of those nights I have to travel to Oxford because it is only available there this semester," Hinz said.

Being in class that often can have its difficulties.

"Graduation is an if right now," Hinz said. "It looks pretty good, but the only thing standing in my way is College Algebra. I'm doing a lot of praying about it and my parents are praying right along with me."

After the ceremony is over, Hinz plans on celebrating.

"There's going to be a celebration," Hinz said. "Whether it be to drown my sorrows or a real celebration."

Now that Hinz has changed his major, Lasadena looks pretty dim. He says he'll

attend a refrigeration trade school in Wichita after graduation.

"My grandpa owns a refrigeration business in Clinton, Okla. He wants me to come down and work for him," Hinz said. "It would be a good job and it would give me ample opportunity to work on my 'Ultimate Dream.'"

The Ultimate Dream Hinz speaks of is building and designing his own car.

"The man who built the Lambourgini went to a Ferarri dealer and test drove one. He got back to the dealer and told the man he hated it. The dealer got mad and said if he didn't like it he could go build his own. And that is exactly what he did," Hinz said. "If that man can do it, so can I."

If Hinz is ever caught daydreaming, it's usually about cars.

"I could go off on cars," Hinz said "I could go to Wichita, drive down Kellogg and look at all the new cars, talk to all the dealers about the new models, and would enjoy nothing more," Hinz said.

Cars are a big part of Hinz's life, but there is another part of him he wants to develop.

"I've always had an image of the perfect person," Hinz said. "I have always wanted

to be a gentle-giant type person. I would love lots of money, but more importantly I want to be known as a good friend. I'm looking for happiness instead of money."

Part of that happiness, Jana McCloud, is back in Newton, his hometown.

"We met on a ski trip when I was a sophomore in high school," Hinz said. "You've heard of that love at first sight idea, well that's what it was. She was the first person I ever felt real feelings for."

Of course with every romance there are times when the boat gets rocked.

"I only dated two girls all through high school," Hinz said. "The first one was simply to make Jana jealous."

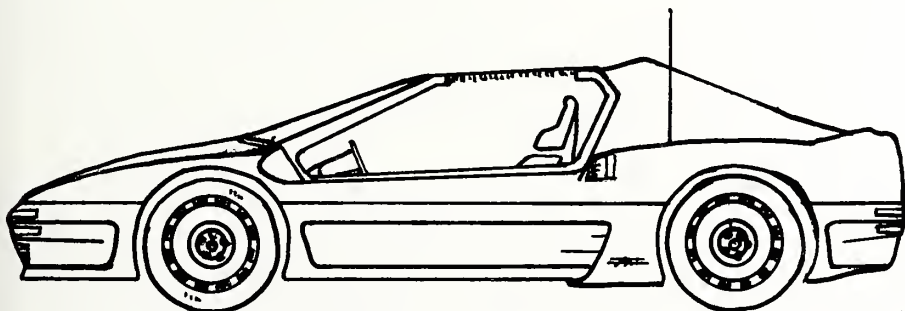
Now things are great.

"I respect Jana," Hinz said. "And I also love her."

Another love of Hinz's is kids.

"I love kids," Hinz said. "I like nothing better than getting all of Jana's nieces and nephews together on a Sunday afternoon and just watching them."

Designing cars of the future, fixing refrigeration units, and playing with kids, are ordinary activities for most people. But for Hinz, they combine to make the "Ultimate Dream." ■



CARS BY DESIGN-This sketch of Greg Hinz's version of an ideal car was drawn when Hinz was in high school. Since he was in elementary school, he has spent considerable time designing cars of the future. This particular sketch was sent to Ford, GM and Honda.

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NEW FACES AT COWLEY



THE GRAND FINALE-Lana Kemp demonstrates a move to her 5 p.m. Monday dance class. (Photo by David Tobias)

"SITTING ON

MOM'S HIP

WHEN WE

WERE BABIES,

SHE WOULD

DANCE

WITH US."

by ROBYN CHRISMER

We may have wanted to dance in the streets at one time or another in our lives, but for Cowley's dance line sponsor, Lana Kemp, there is always time for dancing.

Dance has been a part of her life for longer than she can remember.

"I was dancing before I was born because my mother taught dance when she was seven months pregnant with me," Kemp said.

Kemp doesn't seem to remember a time during her life that she hasn't been dancing.

"Sitting on Mom's hip when we were babies, she would dance with us," Kemp said.

Kemp's father, Paul, also played a leading role in her childhood.

"I was probably more of a boy because

KEMP: Tap, Jazz, Ballet -- and Family

my dad was a volunteer firefighter and he would take me to the fires with him, and I would have to sit in the car. Afterwards we would all go back to the fire station and they would have a poker game. They played only one hand, but I got to play and every now and then they would let me win. I loved to go to work with dad," Kemp said.

Family life is important for her. One of her goals is to be able to spend more time with her own family. She and her husband Steve, have two children, Cody, 13 and Kara, 11. Deciding that her family was more important than a dance career, Kemp and her husband settled in Wellington.

She has her own dance studio in Wellington, where she teaches tap and jazz dancing, ballet and tumbling. However, Kemp is faced with a problem. Since she teaches dance classes every day, her personal goal of spending more time with her family has become more challenging.

But her family supports her decision to teach dance.

"My husband is so supportive of me, because he is proud of what I can do. And because my priorities are on them," she said.

The Kemp family is built on two types of support, the support from each other and the support they find in God.

"The most stable force for Steve and me is that we are Christians and I'm glad we don't have to struggle with other forces," Kemp said.

The church seems to be a place where the family can spend time together. Kemp and her husband teach a Sunday school class and they also combine their musical abilities to perform. Kemp sings and plays piano, while Steve plays the guitar.

In like manner, Kara is learning to play the piano and Cody is learning to play the guitar.

Since this is Kemp's first year teaching on a college level, she too is learning more about her job.

"My goal for next year is to become a better dance teacher and to help guide my students," Kemp said.

And despite her "my family comes first, then my career" philosophy, Kemp is dedicated to her job. She not only teaches "her girls" how to perform, she is their friend.

"Some of us were more open to Lana than others were, but when we had a problem, we all went to her for help," said Kim Brooner, freshman dance line member. ■



ON HER TOES- Lana Kemp keeps busy by planning new routines for next year's dance line. Her goal is to become a better dance teacher for her "girls." Kemp, outside of sponsoring Cowley's cigarettes, also teaches dance everyday in her own studio. (Photo by David Holler)

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Mathiasmeier and Cowley . . .

Long time friends



Mathiasmeier and Cowley have been a winning combination since 1942. Currently, he serves as one of the top College administrators.

by CHRISTIE CLARK
CHERYL MATTHEWS

Walt Mathiasmeier and Cowley have grown up together. Currently the Dean of instruction, Mathiasmeier enrolled as a freshman in 1942 when he was 18 and the College was only 20. The College Mathiasmeier knew then had little in common with the College of today.

"All we had was a little building and a piece of yard," Mathiasmeier said. "Most instructors taught both high school and junior college classes."

In 1942, the College was known as the

PHONE TALK-Dean of Instruction, Walt Mathiasmeier glances out the window of his office and smiles as he listens to what's being said on the other end of the line. Mathiasmeier has seen the College grow since 1942 when he was a student here. During his association with the College he has been student, teacher, Administrator and now holds one of the top four Administrative positions. (Photo by David Tobias)

'basement university' because it was located in the basement of the old Arkansas City High School.

"It had a lounge with a jukebox and that is where we used to hang out."

Change is one thing Mathiasmeier has seen a lot of.

"In 1946, I remember when a friend of mine and I were talking and we decided that if we could make \$4,000 to \$5,000 a year, we would be in good shape. But today that wouldn't even be poverty level."

Mathiasmeier attended Cowley in 1942 for one year until he enlisted for the service in '43. After the service he returned to Cowley to complete his Associate of Arts degree, and his scrapbook of memories as a student at Cowley.

"I remember when I played football. One line had to scrimmage the other because we didn't have enough players," Mathiasmeier said.

Staring out the window, he laughed as he took a stroll down memory lane.

"We had this bus they bought from the government called the blue beetle. During the winter time, the only heat in the bus came from long rods of metal on the floor. The person sitting near the heater had to be real careful or he would burn his ankle."

After he graduated from Cowley he ventured away from Ark City where he was employed with the Railroad and later was a teacher in western Kansas. He came back to Ark City because of a parent's ill-health. But he admits there was more to it than that.

"I also came back to Ark City because I had an opportunity to get into a larger system and I jumped at the opportunity."

Mathiasmeier taught political science and history here in 1962. He also helped coach football and golf.

"I taught two years in the high school here," Mathiasmeier said, "this is when the high school and College were combined. They were under the same school board, and the superintendent was

the head of the College."

Mathiasmeier has been out of the classroom since 1972. From 1972 - 1985 he was Director of Community Services, and Registrar. This is his fourth year as Dean of Instruction. He has liked all his jobs and the community.

"You just get comfortable and things get going your way and you want to stay." Walt and his wife Jane, and son Kurt "got comfortable" and have lived in Ark City ever since.

Although being Dean of Instruction keeps him busy, Mathiasmeier finds time to enjoy the little things in life.

"I like to sit outside in the summer with my cigar and read a book. I also really enjoy athletics. My wife and I attend as many of the games as possible and we also attend high school games."

Mathiasmeier feels good about the changes he has seen in the College.

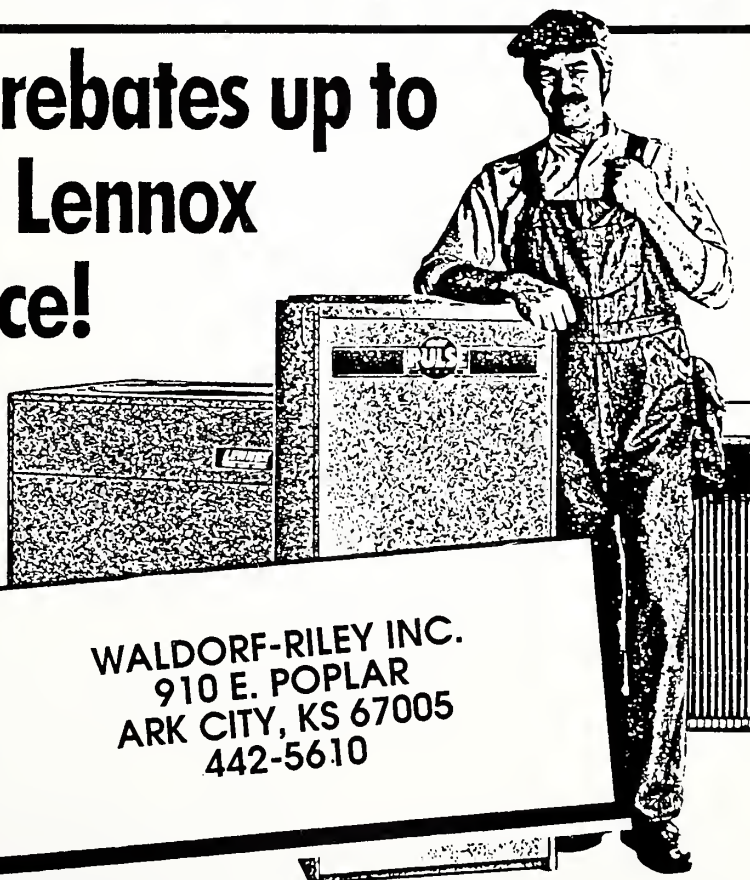
"We have what I consider to be one of the finest community colleges in the state," Mathiasmeier said. ■

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The man behind the wheel

by TONYA RUDOLPH

Streaking down the quarter mile race strip in 10.70 seconds, Danny Fisk is overwhelmed by the feeling he receives when he races his car. This is not an ordinary car, it's a 1940 Willys Coupe, which can eventually hit speeds of 130 miles per hour.

Fisk, a member of the Buildings and Grounds crew, became interested in cars while working with his uncle, when he was 13 years old. He participated in his first racing event on Memorial Day weekend in 1970.

"Everybody likes cars when they're going to high school and I started racing that weekend and I raced the rest of high school in the street class category," Fisk said.

However, he experimented with go-cart racing for a couple of years, but soon realized that for the amount of money it took to race a go-cart, he could build a car. That's what he did.

"I brought in parts of a 1931 Model A Ford Coupe and built it," he said.

But, Fisk found out that building cars wasn't as fun as racing them, so he began racing again.

Four years ago he acquired his favorite car, the 1940 Willys Coupe.

"It was in a chicken house when I bought it," Fisk laughed. "That's just where they had been storing it."

The Willys Coupe was originally built as a race car and this certain car had been raced for three years in the '60s, but had been sitting in storage for 10 years.

"You hardly see any Willys around,"

Fisk said.

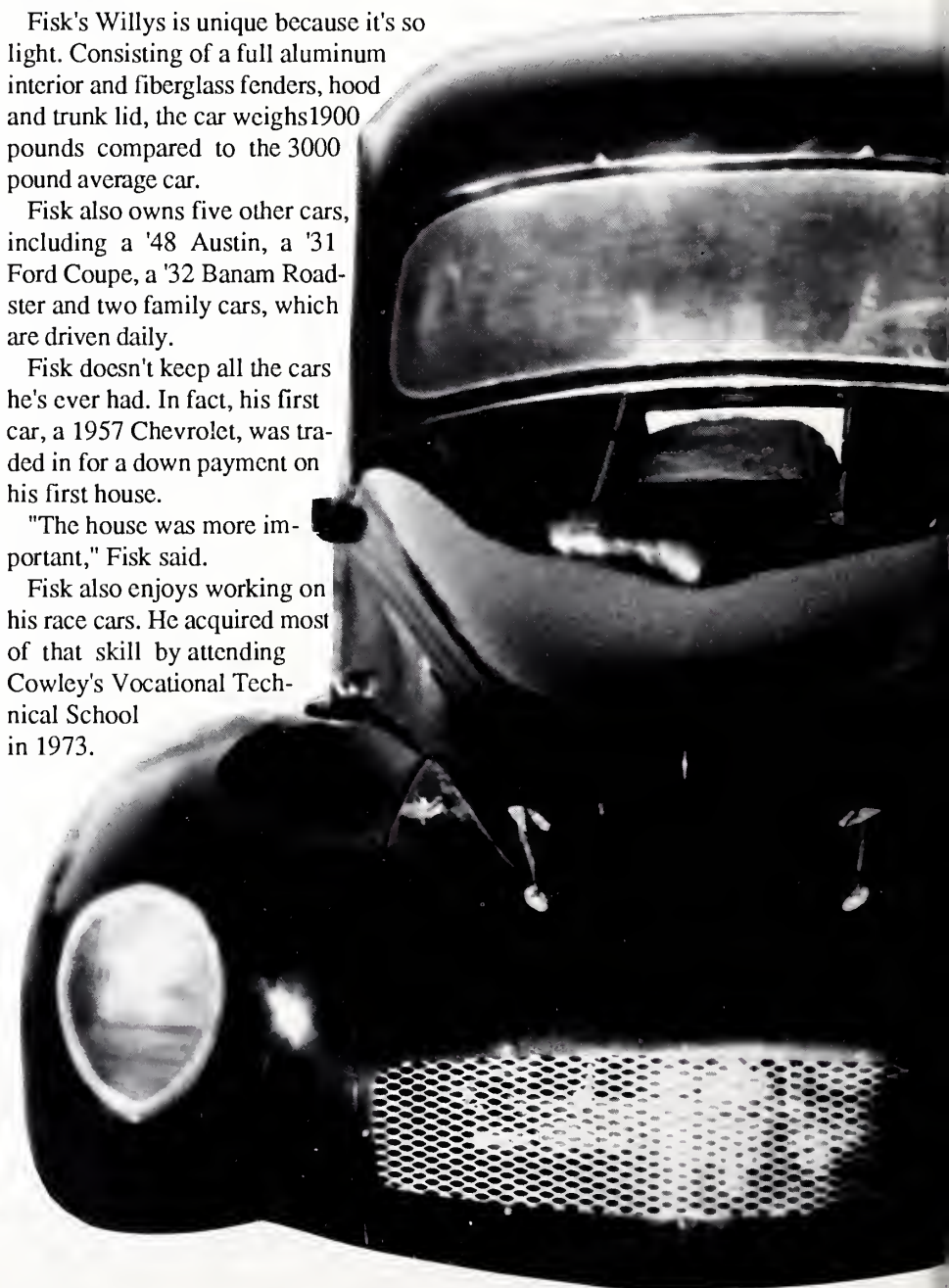
Fisk's Willys is unique because it's so light. Consisting of a full aluminum interior and fiberglass fenders, hood and trunk lid, the car weighs 1900 pounds compared to the 3000 pound average car.

Fisk also owns five other cars, including a '48 Austin, a '31 Ford Coupe, a '32 Banam Roadster and two family cars, which are driven daily.

Fisk doesn't keep all the cars he's ever had. In fact, his first car, a 1957 Chevrolet, was traded in for a down payment on his first house.

"The house was more important," Fisk said.

Fisk also enjoys working on his race cars. He acquired most of that skill by attending Cowley's Vocational Technical School in 1973.



It's more than wearing the hat, boots and bandanna

SO YOU THINK YOU'RE A Cowboy

by SHELLY SWARTZ

BOB JUDEN

Although he was raised in town, and not on a ranch, Bob Juden, director of student life, always had an interest in rodeo.

"As a kid, I dreamed of being a cowboy. I've always thought it was exciting.

Juden says that a cowboy is not merely those who are involved in rodeo, but that anyone who enjoys working with cattle and horses.

"It's (being a cowboy) not for everyone. It's an elite group, because there aren't many cowboys left," said Juden.

On March 10, Juden's dream to be a professional came true when he rode in the Wichita Rodeo at the Kansas Coliseum.

Though he is now competing in the professional ranks, this was not Juden's first time competing with professionals. Juden has just recently become a member of the Pro Rodeo and Cowboy Association (PRCA).

Juden started riding bareback when he was 16 years old, but he claims that he

was terrible at it. Then three years later, at the age of 19, he tried steer wrestling for the first time. He said he had a knack for it, and stayed with it. Juden has also competed in team roping and saddle bronc riding.

Juden recalls his first rodeo and his first time out of the pen with a bronc.

"The gate opened, I made about five jumps, and...blanked out! It was one of those times in your life when something so incredible happens and there's so much excitement that you really don't remember it."

Because Juden is in the process of training his horse, he has been borrowing a friend's quarter horse to compete in the steer wrestling event until his horse is prepared. Juden practiced all winter to prepare for this year's rodeo expeditions. Usually he went out and rode about two times a week-- just whatever the weather permitted.

Juden is not especially looking forward to the day when he has to retire from the sport of rodeo.

"I've never found anything that I enjoy as much as I do rodeo. I don't know what I'll do when I have to give it up."

THAD HEWITT

Sophomore, Thad Hewitt has never rodeoed competitively, but he certainly has experienced the life of a cowboy.

Growing up on a ranch in Nowata, Okla., Hewitt has always been around cattle and horses. He has showed cattle seven or eight years and as a freshman in high school, Hewitt borrowed \$7,000 from the bank so he could buy his own calves and raise them.

While attending Northeastern Oklahoma last year, Hewitt got a chance to work out with their rodeo team. He would rope and once in awhile hop on the bull.

It was at the age of nine when Hewitt got his first chance at riding a bull.

"I was at a friend's house that day. I remember that I took a big dip of Copenhagen and my friend opened the gate and let him (bull) loose. The bull took about three jumps, I landed on my butt, and swallowed the whole chew. I rode calves for a long time after that."

Hewitt always enjoyed raising calves to show.

"I enjoy it because it's the fact of taking something--a calf that's seven months old--and seeing it mature. I'll always live on a ranch and have show cattle," Hewitt said.

EDDIE BLANTON

Freshman, Eddie Blanton was born and raised on a farm, so it is no wonder that he doesn't recall not riding a horse.

"I've just always rode, but I do remember that I started roping when I was eight," Blanton said.

Although Blanton also competes in the team roping competition, cattle roping is by far his favorite of the two. Perhaps because it happens to be his best event.

Blanton has traveled all over the mid-west competing in a rodeo circuit titled, "Little Britches." Blanton also competed in high school rodeo and is ranked 15th in Colorado, Blanton's home state, in his favorite event of cattle roping.

Practicing for the competition was as fierce as practicing for any other sport.

"I used to practice every day for four hours. I had to if I wanted to be good," Blanton said.

The fact that Blanton is a black cowboy has not always been easy for him, but he has gotten used to it.

"Being a black cowboy, I always got hassled a lot, and so maybe that's why I always practiced as hard as I did."

Penrose Stadium in Eddie's hometown of Colorado Springs is his favorite place to rodeo.

"It's a nice stadium with a good atmosphere. You're at home, so you have friends and family that are watching you," Blanton said.

Although Blanton is not sure he would ever go pro, Blanton said that he would definitely be involved if Cowley had a rodeo program.

"I enjoy winning and being able to do something well."

JUSTIN MOSES

Freshman, Justin Moses has been around rodeo almost all of his life and began competing his freshman year in high school. But Moses probably would never have become interested in rodeo if it had not been for his father.

Moses' father, until recently, was a professional rodeo cowboy. Moses said when he was younger, he used to love watching his father.

"I'd run around at the rodeo until I knew that my dad would be up, then I'd make sure I was there to watch him ride bull. It was great," Moses said.

Moses' father is now involved in raising and racing horses. Moses owns a few of these race horses, so now that he is not presently involved in rodeo, he can still be involved with animals.

Moses enjoyed riding steers in junior



NO FOOLING AROUND-Thad Hewitt, sophomore, practices bulldogging. Hewitt had worked on his technique not only for rodeo competition, but for ranch life. (Photo by David Tobias)

rodeos, so he just went on to bull riding when he competed on his high school rodeo team in Derby.

Moses' first time on a bull was his freshman year when his team was competing at Kingman.

"It was the biggest bull I've ever seen. I rode about six seconds and got bucked off."

Bull riding can be risky claims Moses, but one learns to deal with it.

"It can be dangerous just when you get to the ground, but you just move as quick as you can to a fence," Moses said.

Although Moses is not competing in rodeo at the present time, he said that he will probably continue in the future.

"If I had a chance, I probably would go pro, and maybe still will," Moses said.

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ONE OF THE FASTEST CARS IN TOWN IS DRIVEN BY A WOMAN

by JILL BROYLES

VAROOM!! There she goes down the strip at an average speed of 95.5 miles per hour. No, that is not a misprint. She is Martha Pate, a drag racer, wife, mother, grandmother, and career woman.

Pate, a.k.a. "Grandma Goodwrench," has always been interested in racing.

"As a child growing up in California I can remember lying in bed and listening to the midget car racers. As a teenager going on dates to the drags, and as a young adult I attended as many drag races as possible. If I couldn't get into the car drags, there was always the boat drags at Long Beach," Pate said.

Why race, and put herself in danger?

"I love to race. It has become very habit forming and just the sound of the engine starting gives me a thrill like no other I've

women interested in the sport. She says it's not just a man's sport anymore.

"It's hard for a woman racer, as drag racing is a very male dominated sport. So we have to work harder at being just as good at it as they are. Men racers like to "Bench Race" and when a woman comes up and tries to join them, most are pretty intimidated by her. So it's a tough sport for us," said Pate. "I have never raced against another woman."

She says it is not hard for women to get into drag racing, they just need the initiative to go out and do it.

"We are trying to organize a chapter of Drag Racing Association of Women (DRAW). DRAW is a non-profit organization for women drivers, crew members, track owners, officials, wives, mothers, daughters, and women fans of drag racing. Anyone interested in DRAW should contact myself or Richard Dowler at 442-1494 at the strip," said Pate.



GRANDMA GOODWRENCH

ever experienced. As far as the danger, I don't look at it as putting myself in danger, but doing something I've wanted to do since I was a child," Pate said. "There is so much safety equipment in the race cars. Actually, I'm safer in the race car than I am driving back and forth to the track. I'm in a controlled environment and both cars are going the same direction. Should I have an accident, there is a 99 percent chance I will walk away from it...you can't say that about an accident on the street."

One of Pate's priorities is to get other

She started racing actively last year to become familiarized with the car, the lights, and the art of drag racing. This spring will be the first competitive racing she has done.

"I haven't won any races yet, but I plan to this season," Pate said.

Along with being a race car driver and alternate time keeper in the summer, she is also co-owner of Pate's Auto Service, works at MidWest Meter Company, helps do major work on her race car, is a mother of five and a grandmother of three. Pate is also working towards a degree in Office of

Education.

Even though 95.5 miles per hour is fast, Pate wants to go faster. This year she wants to run about 105-110 miles per hour in a quarter mile.

"The feeling I get when I'm in the car is like the feeling you get when you try to hold back a running horse," Pate said.

What goes through her mind just before she zooms down the strip at 90-100 miles per hour?

"I rehearse the steps of the race in my mind just as a dancer would. First of all, I make sure my helmet is on securely and



MARTHA PATE-poses in front of the car she raced last summer. The car is owned by Gary Goatley. Pate's husband, Don, serves as the car's mechanic. (Photo by David Tobias)

my seat belt is as tight as I can get it. I picture in my mind rolling into the water box, doing a good burn out and dry hops, and I make sure not to stage too deep. Then I follow the lights down the Christmas tree of the racers in front of me. Last, but not most of all, I pray. Not only for myself and my race, but for my competitor," Pate said.

Pate doesn't have a souped-up car for her every day car. She drives a rattling old Toyota.

"I will continue to race as long as I have a car that will run and I am physically up to driving. I've even been known to drive my Toyota station wagon through the lights," she said jokingly. "You can run anything." ■

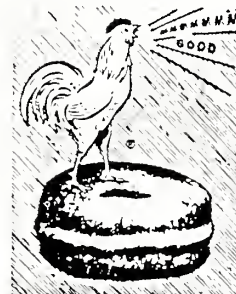
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Twenty



Name: Adel Ishak

Age: 26

Birth-place: East Beirut

No. of languages
fluently spoken:
Four

No. of
siblings: Six

QUESTIONS

This issue's "Twenty Questions" interview is with Adel Ishak, a foreign student from Lebanon.

PULSE: *How many people are in your family?*

ISHAK: I have four brothers and three sisters-- John, Maroun, Michael, Eduard, Claire, Vivienne and Mirna.

PULSE: *Has anyone else in your family ever been to America?*

ISHAK: I have three brothers here right now.

PULSE: *What do they do?*

ISHAK: One (John) works in the Federal Government and has a masters degree in civil

by CHRISTIE CLARK
DAWN SEGRIST

engineering. The second one (Maroun) is an electrical engineer in Phoenix and has a masters degree in business administration. The third (Michael) is a student at Kansas State University and is studying electrical engineering.

PULSE: *How often do you get to talk to your brothers who are here?*

ISHAK: I call them everyday.

PULSE: *Why did you come to the United States?*

ISHAK: I graduated in 1983 in my country where I studied law for three years and my brother convinced me to complete my degree here. Here, I have the opportunity to finish early. The Lebanese system in a university is very difficult, here the American system is easy for me and it makes it easier to study the English language.

PULSE: *How did you picture the United States before you came?*

ISHAK: I didn't have a clear picture, but someone told me that the people in the United States were not friendly to foreigners. But my brothers convinced me that this picture was not right--American people are very friendly.

PULSE: *How long have you been in the United States?*

ISHAK: Six months.

PULSE: *Well, do you like it here so far?*

ISHAK: Yes. I like a quiet place, I

don't like noises. That's why I like this library.

PULSE: *Do you ever get homesick?*

ISHAK: Yes. I try to read the newspaper to get information about my country to see if there is a problem or something like that.

PULSE: *Why did you choose Cowley?*

ISHAK: There are no foreign students here from the Middle East

STRAIGHT TALK



ADEL ISHAK

"...someone told me that the people in the United States were not friendly but... American people are very friendly."

and I have a friend here--Mrs. Eaton. I was friends with her son while I was at Kansas State.

PULSE: *What do you like best about Cowley?*

ISHAK: It has small classes. In my country, I was in big classes and we couldn't have class discussions.

PULSE: *What will you do after you leave Cowley?*

ISHAK: I am going back to Kansas State and continue my degree in electrical engineering. After I graduate, I will stay in school and get my masters.

PULSE: *After you get your masters, will you stay here in the United States or go back to Lebanon?*

ISHAK: It depends on the situation. I'm not sure but if I like the United States I will stay here and try to develop a business involving the United States and Lebanon.

Adel Ishak is only one of the many people at Cowley who we don't hear about every day but we probably should. As a foreign student, he has added an extra dimension to life at Cowley for those who have gotten to know him.

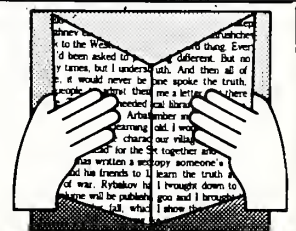
The
Arkansas
City



Newspapers:
Freedom in Our Hands

Traveler

"All the news in writing"



200 East 5th Ave.

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by SHANNON WINEINGER

What can \$250 buy? Two summer outfits complete with shoes, a gold bracelet for some special person or a summer tan that lasts all year long.

Indoor tanning has made it possible to keep summer's glow year-round.

"I like tanning indoors," Jennifer Curtis, freshman, said. "It's not as messy as tanning outdoors and it doesn't take as long. I think it's really relaxing too."

spring. People tan to get ready for vacations or to prepare for the summer months.

"Spring is my busy season. March is a really busy month," McFarland said. "I have a lot of customers come in to tan before spring break or vacations. A lot of people are getting ready for cruises or other places where they'll be in the sun a lot."

But there are those who tan in the winter months to keep their summer tan from fading.

FAKE BAKE

*Cowley views indoor tanning
as time and money well spent*

Besides the benefits of indoor tanning, some enjoy the feeling of seclusion from tanning in a private booth.

"I like the privacy of tanning indoors," David Trent, freshman, said. "I can go in there and rest and not worry about getting too much sun."

Trent is part of a growing number of men who tan indoors.

"I have just about as many men who tan as women," Sharon McFarland, owner of Headhunters & Sunseekers (a local beauty and tanning salon) said. "I mainly have young customers but I do have several older adults."

The most popular time to tan is in the

"I tan indoors during the winter just because it's too cold to tan outdoors," Mike Kelly, freshman, said. "I like to try and stay tan all year."

Lori Hill, financial aid secretary, also likes the idea of a year-long tan.

"Tanning in the winter helps me to keep my summer tan from fading," Hill said. "I tan very easily though, so I only have to go about once every three weeks."

Many myths and stories have been told about tanning being harmful. Even though indoor tanning can cause harmful side effects, many people are unaware of the benefits that indoor tanning can hold.

"Indoor tanning is really quite healthy as

long as a person doesn't overexpose the skin," McFarland said. "I actually have quite a few patients come in to tan at a doctor's request."

Research shows that many doctors will send their patients to a salon for skin blemishes or to relieve aches and pains in muscles or joints. Also, salon tanning appears to be healthier than outdoor tanning in the respect that a person who is tanning can control the amount of UV rays he is exposed to. The risks involved occur from overexposure to UV rays but this can happen outdoors just as easily as indoors.

"A person should always tan in moderation," McFarland said. "A person should determine the type of his skin before beginning to tan. The first few times of tanning should last about 15 minutes. As a base tan is built up, the length of time can be increased to 30 minutes. How fast a person increases his time depends on skin type."

Skin type is determined by the amount of melanin or pigmentation in the skin. As a person tans, the inner layer of skin, called the germ layer, releases more melanin to make the skin turn darker. The melanin shields the outer layer of skin, or dermis, from too much UV exposure. If the skin receives too much UV exposure then a burn appears. The burn is what damages skin cells. This is why moderation is the tanner's best defense.

There are additional ways to protect the skin while tanning.

"I recommend the use of a tanning accelerator," McFarland said. "The accelerator stimulates the cells to produce melanin so the skin is better protected. The accelerator also keeps the skin moist so the tanning does not dry it out as much."

Another part of the body needing protection is the eyes. The UV rays can cause corneal and retinal burns in the eyes. Cataracts, an opaque condition that effects the lens of the eyes, can also be caused by tanning if a person is not careful.

"I always wear goggles when tanning," Curtis said. "I know a few people who have gotten little white spots on their eyes from tanning. I don't know exactly what they were but since then I always try and wear goggles."

Goggles are not for everyone but there are other alternatives.

"I don't always wear goggles because they are uncomfortable to me," Hill said. "But I sometimes wear little silver protection stickers over my eyes. I always keep my eyes closed when I tan."

As summer approaches and it's time to start looking for that golden tan, one can feel assured that the tanning salon is a safe way to get an early jump on that summer

glow or to keep it for the rest of the year. As long as moderation, eye protection and plain common sense are applied, the dangerous risks should fall few and far between.

"Indoor tanning is just as safe as tanning outdoors and possibly even safer," McFarland said, "as long as people use good judgement. Like I always tell people: thirty minutes in a salon is like three hours outdoors and if you don't tan in the

sun; you won't tan under a bulb, so don't try and force it."

So, what exactly does \$250 buy as far as indoor tanning? At the basic rate of \$4 for 30 minutes, a person can tan three times a week, monthly, from October to March which brings one right to the back steps of the summer months with a fake bake that's sure to glow in the summer sun.■



ACHIEVING BEAUTY-While modeling in a tanning bed, Jennifer Curtiss, Headhunter and Sunseekers employee, shows off the latest in tanning methods. (photo by David Holler)



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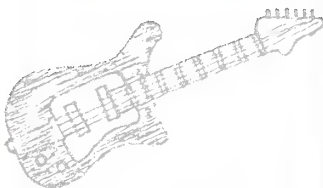
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START

See how many of these trivia questions that you can answer - good luck, you'll need it !!



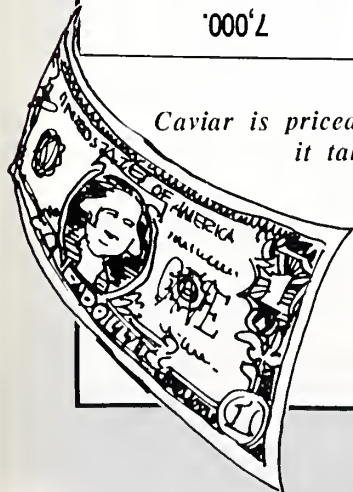
HOW MANY MUSIC VIDEOS ARE IN ONE HOUR OF 'MTV'?

Ten.

How many steps do your feet travel on an average day?



7,000.



Caviar is priced according to the number of years it takes the fish to age and the number of eggs in the fish. How much are the eggs in a beluga sturgeon fish that has aged 20 years ?

\$60,000.

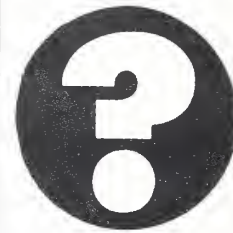


STREET BEAT

This issues Street Beat section has been designed to test your knowledge of Cowley County history and other important facts. We have set the questions up in a maze to resemble the game "Trivial Pursuit." So go to the "Start", read the directions, and work your way around the board. (Designed by Christie Clark and Mark Patrick).

How much did a 30-second commercial cost for this years' Academy Award broadcast ?

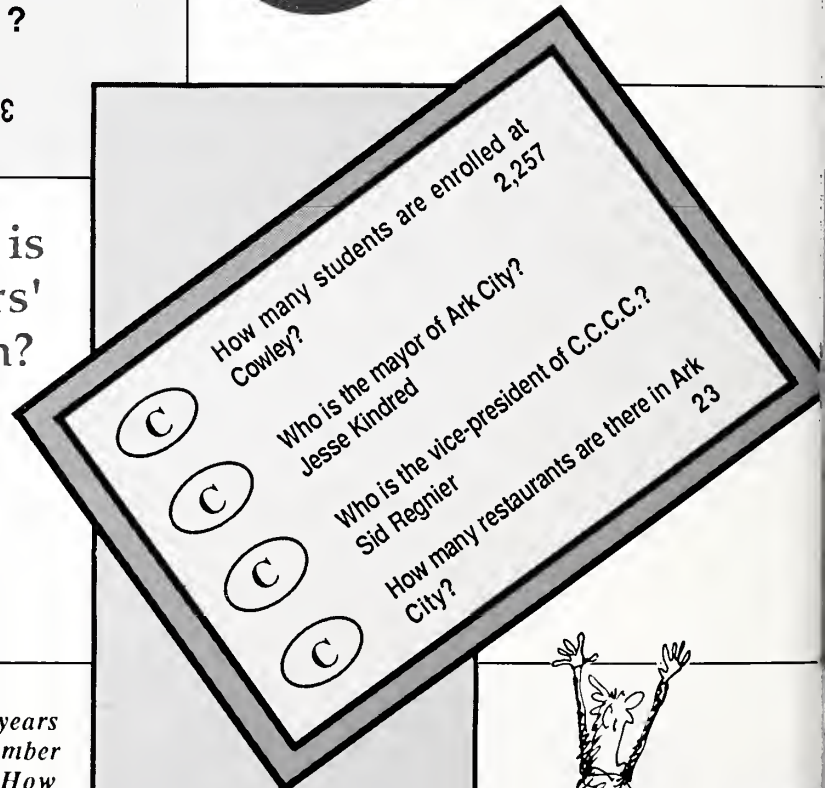
375,000 big ones



IF THEY EXPECT US TO EXPECT THE UNEXPECTED, DOESN'T THE UNEXPECTED BECOME THE EXPECTED ?

What day is this years' graduation?

May 6, 1989.





You were born
between April
20 and May 20.
What's your
sign?

Taurus, the bull.

*Just how many
commercials are in
one hour of MTV?*

Twelve.

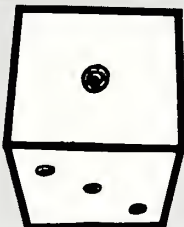
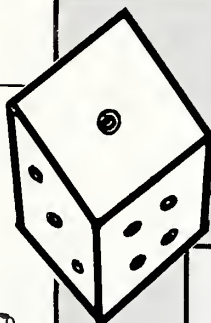
WHY WASN'T
GENERAL MOTORS
ABLE TO SELL THEIR
ECONOMY CAR, THE
NOVA, IN LATIN
AMERICA?

Because in Spanish,
'Nova' means, 'it doesn't
go.'

How much chocolate
does the average
American eat yearly?



11lbs.



How many
calories do most
people consume
a day?

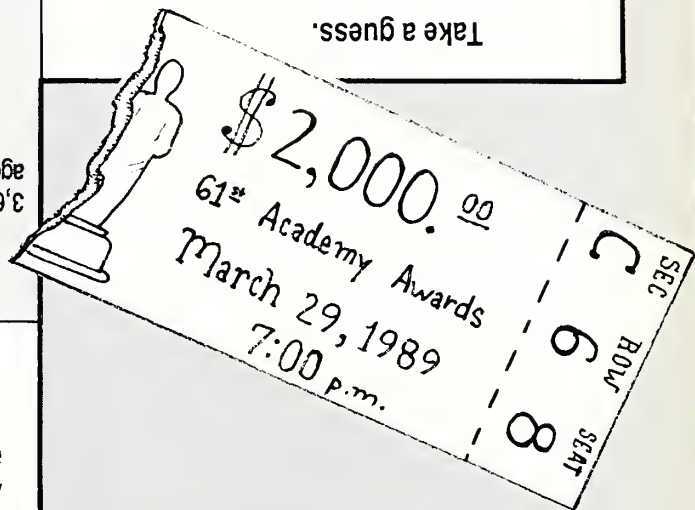
How much did one
ticket to the 61st
Academy Awards
cost?

Take a guess.

How do the
Chinese
interpret
"Coca-Cola
Company?"

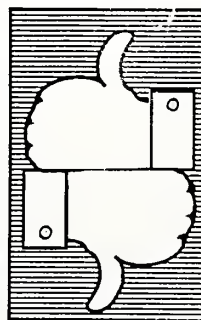
Ke Kou Ke La, "bite the wax
tadpole."

3,600, 400 more than 10 years
ago.



How many people
live in Cowley
County?

34,643.



THUMBS UP to
those of you who
successfully navi-
gated the maze.

FINISH

Evening class *Nightmares* are Cowley's concern

by JERRY FRY

Is life complicated for the evening class student?

For the students, is it business as usual or an evening class nightmare?

By 6:30 p.m., Monday-Thursday, most Cowley classrooms are on their second shift as more and more students fill their evening hours with educational pursuits.

Of the 1,040 Full Time Equivalency generated this semester, 420.1 FTE can be attributed to night classes. Nearly half (143.6) are the result of students enrolled in night classes on the Arkansas City campus.

Shari Holman, has a family, works days and attends classes at night. That's the way she supports her family while she betters herself. But balancing her three roles isn't easy and sometimes she would like more help from the College itself.

"The College doesn't do enough for the night students," she said. "They need to offer a better variety of courses rather than the same classes over and over. It would even be fine to increase fees if that is what the money would be going for."

Jane Richards sees scheduling as a problem, too. "If they had a counselor here one or two days a week that would be a great help to several students," Richards said "You need a good education to get a good job."

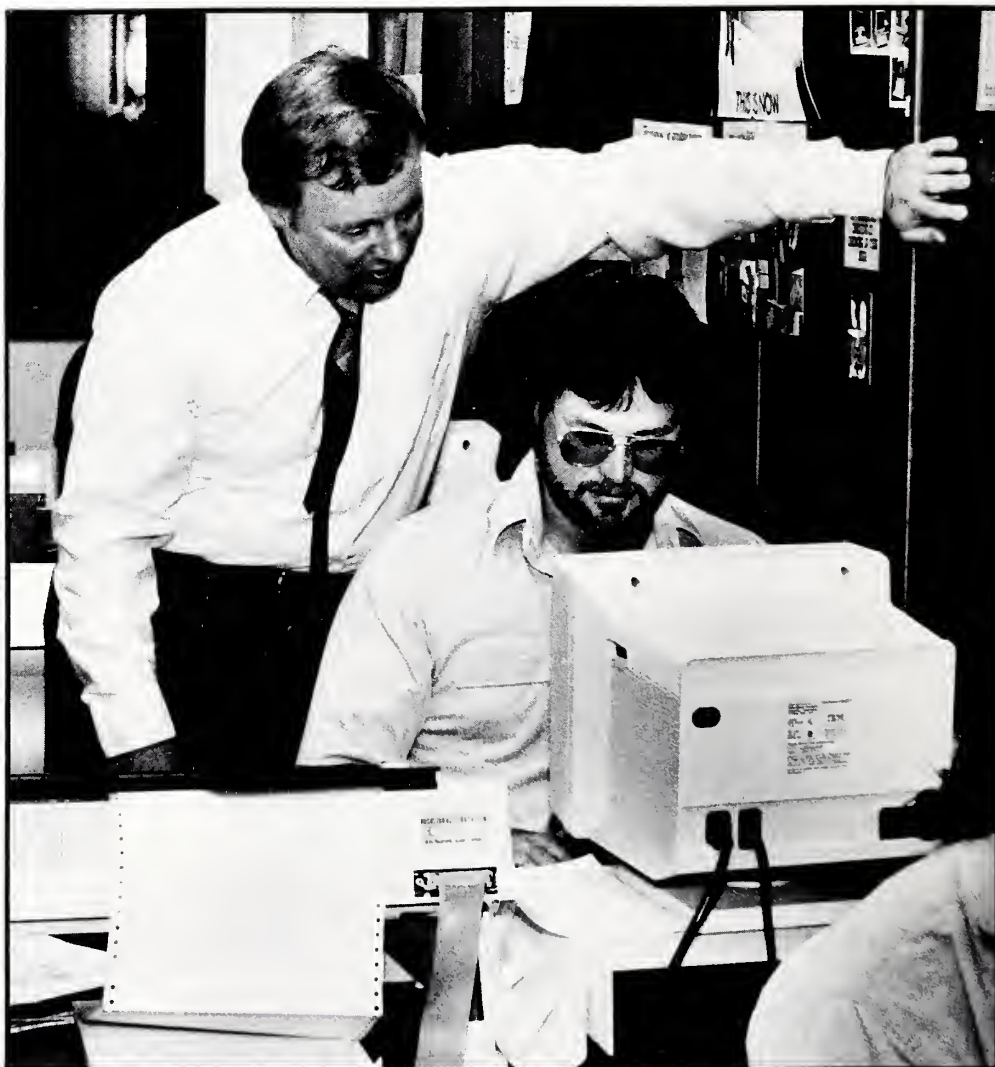
She also said "she was concerned that when students get near the end of their curriculum, the courses they need may not be offered at night so they may have to quit their job to complete the courses offered only in the daytime, or quit school.

Conrad Jimison, director of continuing

education said the College has made allowances for the student who only wants to take classes at night.

"The College offers a liberal arts degree program that can be completed during the

evening hours in five years," he said. "Most all of our courses are offered during the evening on a rotational basis as we have a demand for them and as we can secure instructors for them."



HELPING HAND-Instructor Larry Schwintz checks out a night student's work in a micro-computer class. Schwintz teaches classes during the day at Cowley and returns on Monday nights to offer the computer course. (Photo by Rob Glenn)

KEEPING BUSY - Kay Bonewell, evening reception, answers phone calls and night students questions. (Photo by Rob Glenn)

Beginning with the 1989 fall semester, a new program has been approved that will allow students to complete their degrees in three and one-half years by taking only night classes. The development of this cooperative program with Southwestern College may make it possible for students to receive a bachelor's degree by attending only night classes.

Jimison added that there are also a variety of other services available to evening students that can enhance the Cowley experience. Part-time scholarships are available to students carrying five to 11 hours. This benefits evening students, since most are part-time students. There is food service available in the Nelson Student Center also.

"We will provide any service we can if there is a demand for it by the students," Jimison said.

Some students take evening classes to brush up on their skills or to keep current in their career.

"I'm taking classes to keep up to date with the skills I already have in case anything happens to my husband," Shelly Lemieur, who recently moved to this area from Michigan, said. "I'm also taking classes because a friend asked me to and because it's a good way to meet people."

For the most part, night class students are often non-traditional students who have returned to school after a considerable absence. At Cowley, the non-traditionals are quickly becoming the traditional students, as the average age of the students continues to rise.

Admittedly, the largest group of students, 609, are in the 18-20 age group but the second largest age group is the 20-29 year old students and the third largest group, 319, is between the ages of 30-49.

How does the older student feel about extra-curricular activities?

"I would like to see more organizations in the evening not just at 11:15 on Thursday mornings," said Holman. "Being involved in activities might look good on resume."

Ira White, an evening instructor who pumps oil wells and substitutes at area



schools during the day, agrees with Holman.

"I think the various organizations should at least have an assistant come and talk to the students at night," White said. "There are a lot of people who could benefit."

Others don't see a need for activity beyond the classroom.

"Oh, I don't care about that stuff (extra-curricular activities)" Richards said. "I'm getting too old for it."

But she says she's not too old to get to know more of the College personnel in a one-on-one situation.

"I've always wanted to know who McAtee (Patrick J. McAtee, College president) is," she said.

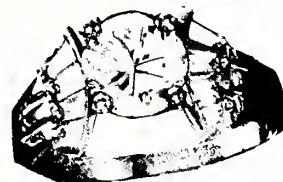
McAtee wasn't the only person the students wanted to meet. Sid Regnier, vice-president and Dean of Administration; Bob Paxton, Dean of Students; and Walt Mathiasmeier, dean of instruction were high on the list of the people the evening students said they would like to meet.

Having additional services available would be a real help to some students. Janet Stull, for instance, would like to change the Bookstore hours.

"I go to work at 7:30 a.m. and don't get off until 4:30 p.m. and that makes it hard to get the supplies I need," Stull said.

Even though it seems like an evening class nightmare for the students, it's business as usual for the college as they strive to meet the needs of the students. ■

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CHOOSING THE RIGHT BAIT-Mark Patrick, profesisonal fisherman and Cowley student, takes time out in order to do one of the things he likes best. (Photo by Rob Glenn)



"IT'S ALL IN THE WAY YOU BAIT THE HOOK"-To insure a good catch, Patrick selects a favorite squiggly worm as bait. (Photo by Rob Glenn)

Hooked On the Outdoors

Mark Patrick balances hunting and conservation to become more than just a hunter

by KELLY ATWATER

To most of us, the idea of traveling on the lake at "60 miles an hour, with the water temperture of about 45 degrees and the air about 20 degrees," doesn't seem too appealing, but to 26-year-old Cowley worker, Mark Patrick, it's one of the things he likes best.

"I like to fish, but I don't eat fish. I can't stand them," Patrick said.

Patrick, who is a former Winfield High

School student and an all-around busy person, enjoys spending his free time outdoors. He also works for Ranger Boats as a professional fisherman.

"To be a professional outdoorsman is my goal in life," he said. "By being an outdoorsman you are helping to maintain things and make them better. You've got to be more than a hunter. You've got to be responsible."

Responsibility toward the outdoors and people is what Patrick considers to be

important.

"There's not too many things I take seriously. I take fishing seriously, extremely seriously, and I take my friends real seriously. I like to help them out. You got to have some priorities," Patrick said.

Patrick's priorities are doing what is right, and his family and friends.

"I worry about people, you don't stop me worrying about- is this Blazer going to start? Is this cow going to birth right?"



MAKE CERTAIN-Patrick double checks his equipment just before he casts. (Photo by Rob Glenn)



SETTING THE HOOK-With a jerk of the pole, Patrick sets the hook, ready to reel in the catch. (Photo by Rob Glenn)

his going to happen, or is that going to happen? - Those are everyday things, but you worry about people that's the difference. You can't worry about whether the roof is going to blow off your house or not," he said.

Patrick has found a way to ease some of his worrying doing what is right and by helping his friends and himself.

"Somewhere deep inside you, you can always call to find out what's right," he said. "You know that if you ever have a struggle-well, you know what is right, you are just having a fight between your head and your heart, yet somewhere in your gut you know what the right thing to do is and it's all a matter of calling on that and doing it."

With Patrick's attitude toward people, one would be inclined to think he is gentle and not someone who would be seen killing wildlife; however, he does.

"You can't picture me killing anything? You can't picture me getting into an argument? Well, I do, all of the time. A lot of people take me too serious, and there's not much that I take serious," he said. "I got a little bit of ethics, I just don't go out to shoot everything. I'm not like a lot of guys around here. I don't just go out and shoot for the shot. There's got to be some conservation to it."

The "kill" isn't particularly important

to him.

"I like the stalk, the hunt and the tracking," he said.

And that is one reason Patrick likes to hunt wild turkeys and fish. That excitement of stalking the prey is what he looks for and in that aspect he can be

STRAIGHT TALK



Mark Patrick

"You need emphasis on the big picture."

compared to a shark.

"Sharks are incredible, they are the perfect machine. You know, I wish I was a shark. Boy, you couldn't be any tougher, could you?" he said. "I mean name something more perfect than a shark. Sharks eat, they breathe and they swim-what a life!"

Patrick also believes living in Africa would be great because, "it is my ultimate goal," to live and big game hunt like his hero Theodore Roosevelt.

"To go to Africa, wouldn't that be great? You know, Teddy Roosevelt went on a safari in Africa in 1909, and hunted for a whole year. And I think man-what a way to live," he said.

In addition to hunting, Patrick spends his time working at the College in the Public Relations office, a neighbor's rock quarry, Stan Graham's farm and cattle and helping his parents.

"They (his parents) invested a lot of time in me. I know I don't owe them anything, they certainly don't see it that way, but I like to help," he said.

And helping is what Patrick does a lot of.

"I have always been into nature and conservation, anything I can do to make things better. We (his dad and him) put trees in the water to provide habitat for fish, and we also put food out for the turkeys," he said.

Patrick has also been involved with clearing ground and digging out land for wild ducks to take shelter in.

"You've got to have some conservation because you've got to have some regulations," Patrick said. "The big picture needs emphasis. You have to keep a balance." ■

CLUBS



ACADEMIC EXCELLENCE CHALLENGE-FRONT ROW: Rhonda Huffman. **MIDDLE ROW:** Paul Stirnaman, sponsor, Jennifer Mulkey, Stephanie Fields, Janet Bobek, Sue Darby, sponsor. **BACK ROW:** Doug Reins, Charles Griesel, Tony Lubbers.

Academic Excellence Challenge

The seven members of the Academic Excellence Challenge team entered the regional competition April 8 as the number one seeded team.

"We have an exceptional team this year and it's supposed to be our year," Paul Stirnaman, co-sponsor said. "We are considered, more or less, number one. Last year we placed second and this year we think we will take first."

The group practices three times a week with sponsors Sue

Darby and Stirnaman. According to Stirnaman, they "drill, drill, drill."

Charles Griesel, second-year team member thinks the team is a strong one.

"Tony (Lubbers, captain) is really good in competition," Griesel said. "We have a pretty well rounded team and a good chance of taking state and going to nationals."

Qualifications for members include a 3.25 grade point average, no more than 72 and no less than 16 class hours, no college degree, and no more than two year's experience on the team.

"We have these rules so it

will keep the competition fair for the students," Stirnaman said. "We want it to be on a community college level."

Although AEC performed well last year and at press time had won all their scrimmages this year, it is still a fairly young organization.

In its fourth year of competition, the group was formed when the State Department of Education agreed to sponsor such a contest to promote the quality education found in community colleges.

According to Stirnaman, the purpose of the club is to serve as a learning device.

"We encourage academic growth and hope to help students do better and excel in college," he said.

Act One

Act One Theatre Club has worked at accomplishment this year. The club successfully put on two productions: "Butterflies Are Free," which ran November 17-19, and "Some Enchanted Evening," a collection of Broadway show tunes by Rogers & Hammerstein, that opened March 2 through the 4th. The club handled all aspects of the productions including publicity and stagework. Both productions ran smoothly and drew near standing-room-only crowds.

"Under the direction of the new drama director, Mrs. Dejon Ewing, the whole club worked really hard to accomplish a great turn out at both productions," Stephanie Soloman, club



ACT ONE-FRONT ROW: Terese Simpson, Mary Lou Barnes. **MIDDLE ROW:** Kenny Salisbury, Stephanie Solomon, Danielle McCall. **BACK ROW:** Cliff Christie, Craig Neubecker, Vicki Schafer, Dejon Ewing, sponsor.

member, said.
Another attraction this year sponsored by Act One was the Underfella Pageant, a mock beauty pageant for men, which drew over a dozen Cowley participants. The pageant was held on April 20 and included Miss Kansas, Candace Caeyle, as Emcee. This was the first time for this event at Cowley.



ADAAC-FRONT ROW: Linda Puntney, sponsor. **MIDDLE ROW:** Lori Burns, Steve Bilyeu, Terese Simpson. **BACK ROW:** David Tobias, David Holler.

ADAAC

The Alcohol Drug Abuse Awareness Council was a small group of people doing big things.

Funded by the Cowley County Substance Abuse Council, ADAAC sponsored a number of dances and parties for the students, speakers for the College and the community, and the After Prom party for the Arkansas City High School juniors and seniors.

The group joined forces with Arkansas City Memorial Hospital to bring Father Leo Booth, nationally known speaker, to campus. Father Booth spoke to about 150 students in the afternoon and

gave an evening presentation to more than 300 community people.

The After Prom Party took on a jungle Amazon River theme and included community support.

"It's really remarkable how supportive the entire community is of this program," said Linda S. Puntney, sponsor. "Several thousand dollars in prizes were donated by businesses and people were willing to help in anyway they could."

In addition to sponsoring the After Prom Party, the group distributed cards to area florists to be inserted into prom corsage boxes. The cards encouraged prom goers to have a safe and happy evening.

On campus, the group sponsored the Christmas Dance, Valentine's Dance, a Christmas decorating party, Non-Alcoholic Beverage Day, a wiener roast and hayride, and helped with homecoming and a Las Vegas night in the dormitories.

David Holler, president of the group, said the wants students to understand what the group is trying to do.

"One of the biggest things I want to accomplish is to show there are other roads to having a good time without getting drunk or using drugs to do it," Holler said.

Holler and club member Tona Dunaway attended the Southwest Conference on Teenage Drug and Alcohol Abuse in Dallas. At the Conference, Holler and Dunaway gathered material on presenting programs to groups and on working with youth.



CAMPUS CHRISTIAN FELLOWSHIP-FRONT ROW: Phil Buechner, sponsor. **MIDDLE ROW:** Jared Boatman, Becky Woods, Loren Shedeker. **BACK ROW:** Craig Neubecker, David Ast.

Campus Christian Fellowship

Campus Christian Fellowship was open to anyone who wanted to attend.

"Whoever comes to the meetings is considered a member," Phil Buechner, sponsor, said.

At the meetings, students volunteer to explain their faith, and a regular Bible study is usually led by Buechner or a student.

"A lot of people just don't know about the club and what it consists of," Buechner said. "You don't have to belong to any certain religion, although we do center ourselves around Christianity. You can come whenever you want and you don't have to participate in the

group conversations," Buechner said.

During the Satanism scare, the club held a special meeting to discuss the Geraldo Rivera Show. Members shared their thoughts and views on the problem and discussed what they could do about the situation.

The group has not sponsored any type of fund raising activity because most of the money is donated right from the students' own pockets.

For Buechner, the group is an emotional boost.

"I am stimulated by the club," he said. "It picks me up and gets me away from my hectic school days."

CLUBS



COLLEGE CHOIR-FRONT ROW: Melvin Stinnett, Lori Burns. **SECOND ROW:** Jennifer Mulkey, Jeanne Schammerhorn. **THIRD ROW:** Laverne Lyman, Stephanie Hensley, Terese Simpson. **BACK ROW:** Christina Smith, Ellene Befort, Janet Bobek.

Choir Cowley Cos

Tuxes, high heels, and dancing. This year's CowleyCo singers have got a new look with their new "dressed up" outfits.

The CowleyCo's are one of the College's singing groups. They travel around and sing for different functions in the community. They perform annually at the Arkalalah Coronation and also at the Christmas Vespers.

The other group that sings at the Vespers is the College Choir. The Choir also does other formal concerts throughout the year.

The Choir and CowleyCo's

will be on tour for a week during the spring visiting local area high schools.



COWLEY CO SINGERS-FRONT ROW: Rebecca Woods, Terese Simpson. **MIDDLE ROW:** Christina Smith, Stephanie McCorgary, Janet Bobek. **BACK ROW:** Ellene Befort, Liz Riley.

Concert Band Jazz Band

This year, the Concert Band's membership is 40 members strong. Not only do they perform at concerts but they also act as the pep band at basketball games.

Another Cowley band is the Jazz Band. They are constantly learning new songs with the help of a new pianist they received during the first

semester.

This year also hosts a newcomer to the bands. A new edition to the music program is the Dixieland Band. It consists of the lead instrument of each section of the Jazz Band.

The Clarinet Choir became popular because they have played several times this year in many different places. Among those places was Bank IV in Wichita and at a number of college receptions.



COSMO VICA-FRONT ROW: Pat Mauzey, Amy Stanley, Teresa Mull, Carol Simmons. **SECOND ROW:** Lisa Chrisman, Juli Baxter, Teresa Brooster, Candice Lovell, Lori Philo. **THIRD ROW:** Monica Zimmerman, Sherry Phillips, Sheryl Worth, Tammy Langdale. **FOURTH ROW:** Shannon Olsen, Cami Bradshaw, Michelle Wells. **BACK ROW:** Carol Cooper, Anna Askins, Rochelle Jarbol.

Cosmo VICA

First semester began with a Cosmotology "Head Start" session. The students gave free hair cuts to the children and fathers of the Ark City Day Care and styled all their mom's hair for no charge.

The department also had a special on Vavoom products.

"If you get a shampoo and a hair cut, we gave a free conditioning," Michelle Wells President said. "We also gave \$2 hair cuts."

The group has also had fundraisers to get money so they can attend a hair show in April. They have had bake sales and sold raffle tickets for prizes. The grand prize was \$50 worth

f hair care products.

They have already attended
eal's Hair Show in Wichita.
Although, they didn't compete,
ome girls volunteered and
odeled some of the products at
he show.

Officers of the club are:
Michelle Wells, President;
Carol Simmons, Vice-President;
Anna Askins, Secretary;
hannon Olsen, Treasurer and
onica Zimmerman, SGA
representative.



ROAR STAFF-FRONT ROW:
Layne Moore, Lori Burns. **BACK**
ROW: David Holler.

Cycle/Roar Staffs

The **Roar**, a daily paper that
s put out to help inform and
ntertain people, is considered to
be "really good" in terms of
ommunication.

It is the only community
college daily paper in the area.
t is put out by editor Layne
Moore, and the stories are
sually done by freshmen
tudents who are in the news
eporting class.

"Layne has done a good job
this semester. The **Roar** has
been better than it has in several
years," adviser Ron Pruitt said.

Although Pruitt has been
proud of the **Roar's** success, he
has had thoughts of combining
it and the **Cycle**.

"I would rethink the
publication program, maybe I
would combine the two and
have one separate publication, a
two-day a week paper," he said.
"I really hate to give up a daily
paper, on the other hand it is a
strain on the system, basically
Layne does it."

However, those thoughts are
way down the line for Pruitt and
his staff. Right now he said
that they are working hard on
trying to make the best
publications they can. Those
publications include the **Roar**
and the **Cycle**.

The **Cycle** for the past two
years has been an All Kansas
newspaper. This is the highest
award that the Kansas Scholastic
Press Association (KSPA)
gives. It has also been strong
in the areas of features,
editorials and according to Pruitt
the paper has tackled some
difficult situations.

"We have down-sized it (the
Cycle) not only because we
have a small staff but because
we needed to cut cost to help
pay for the MacIntosh (SE, the
computer which prints the
Cycle and the **Roar**)," he said.
"The paper has been cut down
from the original eight pages to
six."



DECA-FRONT ROW: Paul Bradley, Bob Brenneman, sponsor. **MIDDLE**
ROW: Kelly Borrer, Troy Young, Marty Dietrich. **BACK ROW:** George
McDowell, Robyn Chrismer, Shelly Capehart.

DECA

Delta Epsilon Chi has been
active this year. They have
been involved in community
service projects, club activities,
and preparation for state
competition.

Some of their activities
included working on a club float
for Arkalalah, and serving at the
Kiwanis annual pancake feed
during Arkalalah.

At Christmas they held a
pizza party at the Big Cheese
Pizza. Along with the pizza
party they held a gift exchange.

Throughout the year the club
members were preparing for the
Career Development
Convention (CDC) in Wichita,

on March 19 and 20. Three
members of the club placed in
competition. Those who placed
were Paul Bradley, third in
General Marketing. Marty
Dietrich, third in Full Service
Restaurant Marketing. And
Sondra Myers, who placed first
in Finance/Credit Services, and
first in Entrepreneurship
Written.

Myers competed at nationals
in Orlando, Florida on April 16
thru 19.

"It was a good competition,
it was tough as we expected, but
everyone who competed learned
something about competition.
It was very rewarding," Bob
Brenneman, club sponsor said.

CLUBS



PHI BETA LAMBDA-FRONT ROW: Staci Riley, Sheila Rutherford, Mary Jo Jury. **MIDDLE ROW:** Peggy Paton, sponsor, Doris Dial, Paul Bradley, Pat Ranzau, Marilyn Denny, sponsor. **BACK ROW:** Melinda Kreidler, Heather Hampton, Shari Tauscher.

Phi Beta Lambda

After a year's worth of hard work, Phi Beta Lambda's goal to travel to Orlando to compete in national competition was accomplished.

"Each spring we go to state competition where student participate in administrative events and other business activities at the state level," co-sponsor Peggy Paton said. "If they get first place in an event, then they are eligible for nationals."

This year the club went to Topeka to compete March 1-3 and ended up placing third overall in community college competition and sixth over all for two and four year schools.

Heather Hampton took first place in Information Management and will fly to Florida this summer for national competition. She also placed second in Administrative

Assistant Secretary and third in Business Communication.

Other members who placed at state were Paul Bradley, and Mary Jo Jury. Bradley received second place in Marketing and Management and Jury placed third in Accounting I.

The team of Bradley, Jury and Shelia Rutherford placed second in Business Decision Making.

"I was real pleased," said Paton. "We did extremely well. The freshmen really appreciated the experience they got and are anxiously awaiting a shot at next year now that they know what to expect."

Officers for the 10-member group are: Darci Grose, president; Shelia Rutherford, vice-president; Heather Hampton, secretary and treasurer; Stacy Riley, SGA representative and Mary Jo Jury, reporter.



PHI THETA KAPPA-FRONT ROW: Roseanne Olmstead, Chris Armour. **SECOND ROW:** Norma Perkins, Paul Bradley, Frank Hunter, Patricia Hall, Majorie Cooper. **THIRD ROW:** Lorretta Gifford, Karen Tingley, Tom Robison, Georgia Robison, Valarie Marrow, Mary Jo Jury. **BACK ROW:** Frank Gifford, Jan Rutter, Dawn Kelley, Rhonda Huffman, Suzie Quillen, Jim Miesner, sponsor.

Phi Theta Kappa

A grade point average of 3.25, three teacher recommendations, three faculty/staff recommendations, and a declared major are what a student needs if they want to be a Phi Theta Kappa.

In November, PTK attended the State Convention in Pratt where Bell Goff, a 1987 graduate and presently a senior at Southwestern College, was elected Vice-President. Eight local members attended the National Convention in Atlanta in late March.

The focus of this years convention was leadership. There were several seminars during the week which were attended by PTK members.

The cost to each member attending the convention was

nearly \$400 which included registration, lodging, transportation and food costs. Money was raised to help cover the expenses of the convention by working the concession stand during volleyball and basketball seasons, the Apple and Worm sales at finals, Flower and Weed sales at Valentines, and the Kiss A Critter contest.

Enough money was raised by the club to cover the registration and room expenses. To cut expenses and enable more members to attend, the group drove for twenty-six hours in a Cowley bus.

Each semester PTK holds an initiation. First semester they initiated 32 new members and in March they initiated 20 members.

PTK is the only National Honor Fraternity for two-year

colleges. It was founded in the early 1920's by Dr. Margaret Mousil. The National offices are in Mississippi, and presently there are 700 chapters throughout the world. The local chapter was organized by Margaret Wheeler in 1977. Wheeler sponsored PTK until

the spring of 1985 when she retired. Jim Miesner then took over as sponsor in the fall of 1985.

"We try to bring recognition and honor to the academic people who have achieved academically," Miesner said, "that is the purpose."



PULSE-FRONT ROW: David Tobias, Roseanne Olmstead, Dawn Segrist, Christie Clark. **SECOND ROW:** Steve Bilyeu, Rob Glenn, Tonya Rudolph. **THIRD ROW:** Robyn Chrismer, Liz Riley, Shelly Swartz. **BACK ROW:** Angela Sommer, Todd Kennedy, Jami Judd, Scott Stansbarger, Shannon Vineinger. (Not Pictured: Mark Patrick, Jill Broyles, Eddie Blanton, Marcel Anderson, Kelly Atwater, David Holler, Cheryl Matthews, Jerry Fry)

Pulse

Keeping you informed is what the PULSE magazine does best. The magazine, originally used as a replacement for the college's yearbook, is now in its fifth year of publication. The staff produces a special New

Student Orientation issue, four 8 1/2" x 11" format issues and a last day of classes issue.

This year, however, we have a few new regular features in the magazine including "New Faces at Cowley", "Twenty

Questions" and "Street Beat."

"Twenty Questions" is designed to help readers get a better look at some of the people at Cowley, while "Street Beat" keeps you in tune to the latest happenings in Arkansas City.

Dawn Segrist, editor, has no regrets when it comes to being on the staff.

"I enjoy working on the PULSE because I think this magazine in particular shows the quality of work that can be done on a junior college level as compared to university yearbooks," she said. "If I had it to do all over again, I wouldn't have to think twice about working on the PULSE."



SPIRIT SQUAD-FRONT ROW: Denise Mitchell, Carla Carter. **BACK ROW:** Loren Snedeker, Leonard "Axel" Dates, Shawn Leisinger.

Spirit Squad

In her second year as sponsor, Lisa Kahrs took the squad in a new direction.

Besides working on the expected spirit and crowd enthusiasm, the squad spent a lot of time to developing partner stunts.

"We're having a really great time this year," Kahrs said. "Our main goal is to keep the squad even between cheerleaders and yell leaders so we can do

more partner stunts."

Kahrs admits the squad got off to a slow start but said the year ended well. During the basketball season, the three men and three women practiced three times a week.

Members included: Carla Carter, head cheerleader; Denise Mitchell, Lana McMaster, Loren Snedeker, head yell leader; Shawn Leisinger and Leonard Dates.

CLUBS



EDUCATOR'S CLUB-FRONT ROW: Rhonda Huffman, Lori Stalnaker, Cindy Harmon. BACK ROW: Terese Cosby, Jessica Dickinson, Larry Cowen, Carol Simineau, Stan Dyck, sponsor.

Student Ed. Club

The Student Education Club began the school year with a get together party in October. Other events have featured a field trip to the Children's museum in Wichita and to the Omnisphere. The club has ten active members, but welcomes all persons interested in education.

Other activities include an educational project for the Head Start program and a field trip to Wichita to visit alternative schools. Officers include, Terry Cosby, President; Jessica Dickinson, Vice-President; Ronda Huffman, SGA Representative, and Myra Jacobs, secretary/treasurer. Sponsor is Stan Dyck.



SGA: Robbie Tieperman, Jami Judd, Shannon Wineinger, Rob Glenn.

Student Government Association

Students.

That's what Student Government Association is all about.

"It (SGA) represents the students in a democratic and recreational way," 1988-89 SGA President, Rob Glenn said.

Under Glenn's direction, SGA coordinated activities throughout the year starting with the Welcome Back to School Dance.

During Arkalalah week, SGA entered a float which received second in the night parade and third in the day parade.

Another dance, for Halloween, was thrown. But in November, SGA got into the giving spirit and provided two Thanksgiving meals for two needy families in Ark City.

The Rocky Horror Picture Show started off the month of December and while throwing rice and water was great fun, the club found that playing Santa Claus wasn't so bad either. The club went on a shopping spree buying \$300 worth of Christmas toys for less

Tigerettes

A new addition to Cowley's list of performing groups, the Tigerettes Dance Line served the College in a multitude of ways.

Besides serving as halftime entertainment at basketball games, the girls also worked as College Ambassadors, sold tickets to the games, seated people and gave tours to prospective students.

Sponsor Lana Kemp, who

fortunate families in Ark City.

Cowley's Student of the Month was organized and put into effect this year by SGA, recognizing a student from Cowley who has excelled in college involvement, academics and club participation.

Combining forces with ADAAC, SGA provided the setting for homecoming with a dance following the crowning of king and queen at the basketball games against Neosho.

On March 9-10 SGA elections were held for new officers to govern the 1989-90 school year.

Replacing this year's President, Rob Glenn and Vice-President, Robbie Tieperman is Shannon Wineinger and Jami Judd respectfully.

The new officers took up their duties on March 24 with only Tigerama left on the agenda to finish out the semester.

In the 1989 fall semester, SGA plans to continue putting on social activities involving the students--putting a special emphasis on the non-traditional student. "We have a 'go for it' attitude," President Shannon Wineinger said.

boasts a number of years dance experience, owns her own studio in Wellington, and has worked with several celebrities and well-known choreographers.

The Tigerettes got some additional exposure when they marched in the Arkalalah performed at Family Day and were invited to perform at Fort Hays State University.

"It was a great experience for the girls," Kemp said.

CLUBS

Anyone with the required grade point average is eligible to be on the squad but tryouts are held before each performance.

"Our main goal is to entertain and serve Cowley in the best way possible," Kemp said.



DANCE LINE-FRONT ROW: Valerie Leon, Kim Brooner, Jaquie Brown. MIDDLE ROW: Crystal Dean. BACK ROW: Lana Kemp, sponsor, Capt. Shannon Wineinger, Sabrina Lipton, Cindy Betzen, Kandi Ramsey, Kelly Godsey. (Not Pictured: Kristi Gottlob, Debi Miller, Mitzi Ramirez, Christina Finstad)



TNT-FRONT ROW: Norma Perkins, Paul Bradley, Frank Hunter, Patricia Hall, Mary Jo Jury. MIDDLE ROW: Mark Berg, Tom Robison, Georgia Robison, Chris Vollweider, sponsor. BACK ROW: Jan Rutter, Karen Tingley, Marjorie Cooper.

Traditional/Non-Traditional Students

The Traditional Non-Traditional (TNT) organization is in its fourth year on

Cowley's campus.

Chris Vollweider, sponsor, says TNT is mainly a club

made up of off-campus students.

"It's an organization for students who are out of high school," Vollweider says.

At monthly meetings, the group invites speakers to present programs of special interest to the members.

"Once, we had Karen King, a woman who has a shelter in Arkansas City for battered women, speak to the club, and one of our members left the room crying. So our speakers hit home with the members," Vollweider says.

The club, which has no set amount of members, met on every third Thursday of every month.



VICA. FRONT ROW: Dale Robinson, Margaret Watkins, local president. ROW 2: Harvey Matthews, Darci Heaton, Don Boyle. ROW 3: Marcy Patrick, Chuck White, Ben Cleveland, sponsor. BACK ROW: Gary Samms, Shawn Bestvater, state report.; Ken Black, state treasurer; Craig Neubecker.

VICA

The 48 members of the local chapter of the Vocational Industrial Clubs of America (VICA), raised \$1,500 working the admission gate and cleaning up after the Last Run Car Show.

In addition to raising money

for the club's activities, the car show gave members a chance to become involved in the community.

"Our responsibility to take care of the gate meant we were in constant contact with the public," Ben Cleveland, sponsor, said.

Shawn Bestvater and Ken Black continued a tradition of local students holding state offices when they were elected as state reporter and state treasurer, respectively. Cleveland attributes the high rate of Cowley students who hold offices to support for the group.

During the second semester, nearly 200 high school students visited campus as part of the High School VICA Day. Students toured the campus and got a close-up look at the facilities in all the vocational programs.

"As a department, we were elated with the response," Cleveland said. "The day was definitely the single best recruiting activity we had."

In early April, the entire Department of Industrial Technology attended a luncheon and panel discussion sponsored by VICA. The panel featured members of SCORE, a tri-city organization of retired executives from Arkansas City, Winfield, and Wellington. The program gave students a chance to learn about career opportunities and expectations of employers from the successful businessmen.

VICA was also represented during commencement exercises when Shawn Bestvater and Dale Robinson led the processional and recession as flag bearers.

BASEBALL

Big league draft figures in Parker's game plan

by JAMI JUDD

In spite of a broken arm that slowed down his conditioning this season, Kike Parker, sophomore right fielder, has a good chance of seeing his dreams come true.

According to Dave Burroughs, baseball coach, Parker is a definite Major League draft prospect.

"There are five things the scouts look for," Burroughs said. "You have to be able to hit, run, throw, catch and hit with power. Kike has all five of these qualities."

Professional scouts from Philadelphia, St. Louis, Texas and Toronto have already shown interest in Parker. But Parker has to carefully consider the big league offers, since the minute he signs with a professional team, he loses all college baseball eligibility. Even if Parker does sign, he will have to work his way through the minor league farm system, which makes no guarantees of a spot on a major league roster.

Parker understands all of this, and remains optimistic.

"If I get drafted, I'll have to quit school, because baseball playing will take up all my time," Parker said. "Hopefully, when

I get older, I'll be able to advance to the majors. It will be a lot of work."

Parker played second base for the Tigers in the fall but returned this spring to play right field.

"I've played outfield for a long time, and I like it a lot better," Parker said. "If I do get drafted, it would be more than likely as an outfielder."

Although things seem to be going well for Parker, he has had one slight setback.

"I broke my hand in two places and had to wear a cast for about five weeks," Parker said. "I broke it right at the beginning of this season so I missed about six games."

Burroughs doesn't expect the injury to cause too many conflicts for his future, but it did affect the team.

"Kike's injury really hurt our ball club," Burroughs said. "You can't lose your best player and it not hurt you some."

Two other Tigers mentioned as possible future draft prospects are Thad Hewitt and Tracy Magnon.

"Thad and Tracy have most of the qualities, but they both need to work, on power hitting," Burroughs said.

Magnon, freshman centerfielder, hopes to play for Cowley again next year and work hard on his skills.

"Next year, I plan to come back and play for Coach Burroughs again," Magnon said. "I want to better my skills and fundamentals so maybe one day I can go pro."

The Tigers have seven returning sophomores; Hadley Bradbury, Mike Butler, Tracy Clark, Jim Fields, Mike Lieblie, Kike Parker and Luis Rivera.

Burroughs says this is a better season than last year.

"Our starting pitching and our defense are the strongest parts of our club," Burroughs said. "However, we definitely need to improve our batting production and we need to learn to stay mentally hooked up and not let our minds wander off baseball." ■



LOOKING INTO THE FUTURE -Sophomore Kike Parker watches anxiously for the day he can participate in practice after sitting out with an injury (Photo by David Tobias).

SOFTBALL *Hargrove's Tigers shoot for Region VI crown*

by ROSEANNE OLMSTEAD

For some, the fling into spring will be noticed by the budding of leaves and greening of grass. But for Ed Hargrove, spring means the snap of leather on leather from a mitt catching a ball or the steel twang of a bat hitting a softball.

Hargrove is entering his fifth year as head Lady Tiger softball coach and along with him is first year assistant coach Cathy Vaughn.

Vaughn who was the head coach of Ark City High School softball, finds the transition to college ball an easy swing.

"It was hard finding drills to keep all my high school players busy in practice," she said. "Cowley's number is much easier to work with."

Aggressiveness, besides pitching, is the biggest difference Vaughn observes

between high school ball and college ball.

"These girls (Cowley) aren't afraid to hit that ball," Vaughn said.

Not only are the Lady Tigers breaking in a new coach but also a new ball park. Construction of the new Tiger softball field started in the summer of 1988 breaking ground just west of the Recreation building.

Previously, the Tigers batted at the Ark City Middle School.

"The field wasn't in good shape as well as inconvenient," Hargrove said.

The finishing touches to the park will be a healthy stand of grass in the outfield and an equipment building yet to be built.

While grass may be sparse, there seems to be an abundant amount of stickers that any Tiger outfielder can testify to.

"There are hard and soft stickers out there," said left-fielder Rachell Chamberlain, "but either way they hurt."

Despite the "sticker" situation, the Lady Tigers went 13-5 earlier in the year "making it the most successful fall scrimmages we've had," Hargrove said.

With only two returning sophomores from the 1988 roster, the Tigers are young. But Hargrove sees his biggest liability as depth.

"I started out the year right where I wanted to be, with a squad of 15, but through various reasons, the number has dwindled to 11," Hargrove said.

While few in number, the Tigers still have strength.

"Pitching is where it starts," Hargrove said. "And our strength lies in our pitching talent, which will enable us to be a Region VI contender."

Freshman Deb Rutherford, pitcher for the Tigers, "is the best pitcher I've ever had," Hargrove said.

Joining Rutherford's talent are the two returning sophomores Jeni Rhodes and Sabrina Lipton who Hargrove thinks have a crack at being All-Region VI players.

What kind of criteria does it take to fill a Cowley softball uniform?

"Of course you're looking for talent," Hargrove said about his recruiting requirements. "But I don't want a hot dog or grandstander. I want somebody who can blend in and be a team player."

Teamwork is what Hargrove likes best about coaching.

"I enjoy watching individual players improve their game and it's fun seeing them work together towards a common goal," he said.

Although athletes don't always readily admit it, behind every successful team there lurks a good coach.

"He's a great coach and guy," Freshman Dee Postoak said. "He doesn't gripe at you but uses encouragement to get his point across."

Jeni Rhodes summed up what every athlete looks and hopes for in a coach,

"Not only does he treat us as players, but as friends." ■



WINDING UP pitcher Deb Rutherford hurls a strike during the first game against Johnson Co. (photo by David Tobias).

LONG'S SHOT

*Confident with her decision to return to school,
Ann Long also hits the courts*

by ANGELA SOMMER

School, homework, practice and tennis meets, sound like a busy schedule? It is, but that's not all, because Ann Long is also a wife and a mother.

Long started school at semester. She also holds down a spot on the women's tennis team.

"Larry (Grose, head tennis coach) asked me to play tennis. I'd always wanted to come back to school, but I was waiting for my kids to grow up. When this came up, I just had to take the chance," Long said.

For Larry Grose the chance was more than a long shot. It was a sure bet.

"Ann has made a commitment as a testimonial to the new program. Because of her, we have a chance to go to the national tournament, and without her, there was no chance," Grose said.

Long is a wife and the mother of two daughters. One of her girls is already in college, and the other is a high school senior.

"My family is very demanding. They weren't too excited about me going back to school," Long said, "I guess they didn't

think I would be holding up my share of the work. My husband was the worst, but now he thinks it is okay. My daughters think it's just great. I made sure to talk to all of them before I made any decision."

Long is a native of Arkansas City. She spends her "spare" time managing a jewelry store. Long has always been active and on the go, so going to school and playing tennis is no surprise to her. Although she admits all of this has made her lifestyle hectic.

However, this hectic schedule has deepened Long's determination. She understands how difficult it can be to work so many activities into one schedule.

"The only person I want to prove anything to is myself. I don't want people to think that school is too much for me. I don't want anyone to think I can't handle it. I love to be competitive, and it seems like I'm doing a good job," she said.

Long looks at tennis as an experience. She loves to play, and enjoys being around the kids.

"I don't feel out of place at all. I think the kids have accepted me. I'm a 19 year old in a 40 year old body," Long giggled.

Long's strategy against her younger opponents is simple.

"First, I intimidate them with my age, and if that doesn't work, I tell them not to make me run or they'll hurt me," Long said, "I'm out to have fun and meet the challenge."

Age has nothing to do with Long's performance. The challenge is proving to herself that she is capable of competing at this level.

"Ann is in good shape, and basically goes out and plays right with the 18 to 20 year old girls. In fact, Ann will physically wear down her opponent before they wear her down. You would think that should be reversed," Grose said.

Dan McDonald, a member of the men's tennis team thinks it's great having Ann on the team.

"There's no difference between Ann and the rest of the girls. She's goofy, and fun to have around," McDonald said.

Long is confident with her decision to return to school. She even plans to attend Cowley again next year.

"I'm thinking about taking a few classes this summer, and hopefully playing tennis again next season," she said.

"I'm enjoying myself tremendously. Besides, how many women my age get this chance?" she said with a smile. ■



WITH AN EYE ON THE BALL-Ann Long concentrates on a backhand return during practice. The 40-year-old house wife has been a real assest to the team. (Photo by David Tobias)

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chievement.

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A"This is the most talented Cowley team ever. The girls show a good up-beat attitude and with their high levels of performance, we were positive of a successful season," Head Coach Linda Hargrove said.

Five sophomores and two freshmen have Division 1 schools scouting their performances, proving the Lady Tigers have the talent necessary at the junior college level.

"I don't really know how the team could improve. We have a high-level of play from our guards, and our other positions are highly experienced," Hargrove said.

The nine sophomores make sure leadership is not a weak point. Two Academic All-American players, Roseanne Olmstead and Chris Armour prove leadership is shown off the court as well as on.

"Graduating the sophomores is going to be really hard. They are so important to our program and each keeps an upbeat attitude," Hargrove said.

Practicing daily for two hours seemed to pay off for the Lady Tigers as their 13-1 record proved to be the best in the Jayhawk Conference. Their one loss came against Fort Scott.

"The season was frustrating at first because we lost close games, but about Feb. 1, we started to play tough ball, which helped win our way to the Region VI Tournament," Hargrove said.

The Lady Tigers story is one of success as they swished their way to victory.

"I was nervous about the tournament even as a sophomore because we have been working ever since August of 1988. I gave a big sigh of relief when we pulled the first game out," Chamaice Wise said.

The first opponent the Lady Tigers overcame was Allen County. Both teams had met previously on the court, with Cowley sweeping away the games.

PROLOGUE

"I felt proud to watch my team play up to their abilities. For the first time, I felt we played as a team, and honored each other as basketball players on and off the court," Chaneton Thompson said.

The second game was duald against Seward County, a team the Lady Tigers took for granted. Having never played Seward, their abilities were second-guessed by the Lady Tigers because of their record.

"The first half was scary because we were behind by 12. Seward was really pumped up. At the end of the half, we were only down by two," Armour said.

Halftime came at a good time as the Lady Tigers edged their way forward to threaten Seward's lead. Now was the time for the Tigers to evaluate their performance thus far.

"They shot three-pointers like layups! We talked it over in the locker room and knew what had to be done. We overcame their confidence by building up our own, and won by 20 points," Christie Clark said.

With two victories for the Tigers, hopes of making the journey to Tyler were more in focus.

"I felt we had to win so we could go to Tyler. The right to go to Nationals, representing our Region, would be a great achievement. 'Tyler, Tx., Here we come,'" Carolyn Timmermeyer said!

Garden City was the last foe the Lady Tigers had to conquer for the title. Garden City slid by Barton County by one point, to meet Cowley in the Championship game.

"I told everyone who we were playing for the title and everyone got real fired up. We told each other we could do it and that we had not worked hard for nothing," Gina Johnson said.

The time for tip-off drew near, and the Lady Tigers pre-game ritual of smoking candy cigarettes prepared the girls' attitudes to smoke Garden City on the court.

"Everyone had fire in their eyes of winning, and we were confident we could," Johnson said.

Garden City was at the mercy of Cowley throughout the game as the Lady Tigers constantly kept the lead.

"Everyone knew we had to play our best if we were going to win. We started out fast, and established a lead," Timmermeyer said.

The second half proved to be even better as the Lady Tigers pressed their way into a greater lead, assuring themselves of a win.

"When it got down to the last five minutes, I was so excited because we were up by 12. I knew the game was ours, and so was the Region IV title," Janell Calhoun said.

As the buzzer sounded, the crowd cheered for the new champs, Cowley County. A medal was presented to each Lady Tiger, and the All-Region teams were announced.

Shannon Russell was named to the First Team All-Region team. Gina Johnson and Chamaice Wise were awarded Second Team All-Region honors, and Michelle Carter received Honorable Mention.

The cutting of the net left each player with a symbol of achievement. These symbols might be different to each individual player, but can be summed up in three words. As Carolyn Timmermeyer returned to her dorm room on the night of the championship game, she couldn't help yelling, "REGION SIX CHAMPS".

BY ROB GLENN

EPILOGUE

Tyler, Tx. Travelogue

It was 5:00 a.m. and we loaded the bus to make the journey to the national tournament. Sleeping was not hard for anyone until everyone got uncomfortable. If you've ever wondered what it's like being a sardine, you should have rode the bus. Thirteen players and two coaches had suitcases stacked in the aisles and under the seats. I was the bartender and had the honor of sitting next to the cooler. "Pass me a pop".

Upon our arrival, everyone really woke up. Gina Johnson and Sabrina Whitler were dancing in the parking lot to the tunes on their jam box. One team walked by and a girl took a picture of Gina and Sabrina.

We missed our practice time so had the rest of the day to kill. Everyone walked around the campus posing for pictures. We checked into the Ramada Inn accomodated with a pool and jacuzzi. My roommates, Chris Armour, Roseanne Olmstead and Carolyn Timmermeyer put on their swimsuits and laid out in the Texas sun with me.

A banquet was the evening entertainment, forcing everyone to wear a dress. This was no big deal to me, but seeing some of the girls in dresses was a shock to say the least. Back in our room, I had no trouble sleeping due to total exhaustion, but Roseanne was awakened by the loud snoring of Chris and Carolyn.

As the alarm clock rang on Monday, I realized this was the big day. A 9:00 a.m., we had practice with a breakfast following. We spent the afternoon resting and anticipating. We left for the game around 4:00 p.m. because of opening ceremonies that introduced all 24 teams. The teams stood in a hallway with the drill team girls keeping order and repeatedly saying with their definate Texan accent, "Now ya'll better git back in line!"

After imitating the Texan girls, some of our girls started singing the theme from "The Jeffersons". Coach Hargrove got real embarassed and did not want to claim any of us. We were finally announced, but the team we were playing, Lackawana, had a coach who did not want his team to be "psyched out" by the opening ceremonies. How weak!

We quickly established a good lead and by halftime the game was well in-hand. We pressed Lackawana till the game was ours, moving us up on the bracket to play Connors, the number one ranked team in the nation.

We did not have any games on Tuesday, so after practice we had our shopping spree. After shopping, some team members went to watch hoop while other sunbathed.

That night, we had the choice of where to eat as long as it was within walking distance of the hotel. Carolyn, Chris, Roseanne and I went to a Mexican restaurant. We tried to order our food but none of us could speak Spanish. We asked for cheese dip and the Mexican waiter rattled off a little Espanol so we told him to forget it. No comprende!

After dinner, I took a hard blow to the head in our room from Chris' pillow. This meant war. We fought on our beds exchanging blows, until we both had enough. Then the fight started on who won. Maturity is great. We soon hit the sack but Rosey first had to do her new nightly ritual of sticking wax in her ears to sleep over the snoring.

Wednesday was our next big game day. We had an 8:00 a.m. practice and then rested to be in top condition for our game. When it was time to leave for the game, we all got high on the candy cigarettes Coach Hargrove provided us for good luck.

We were really fired up for the game, which turned out to be very close. But we could not come up with a win as they doused up by six points. We were proud of our performance though because Connors took second in the tournament. I think everyone was ready to leave because there's no place like home.

BY CHRISTIE CLARK

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Spring 1988

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Editorial Note

Dear Reader,

In the process of producing this particular issue of the Pulse, we spent a little more time than usual assembling the magazine, due in great part to the intricacies of publishing a "yearbook" like periodical as opposed to our standard magazine issue publication.

The sleepless nights behind us, I can look back on this issue and laugh over some of the problems that arose in the process of assembling the magazine like creative spelling mistakes, missing photographs, and dried-up rubber cement.

In order to put just what we do into some perspective I have compiled a list of all the things that went into creating this particular issue of the Pulse.

414 Photos
3,888" of line tape
125 Acetate sheets
15 Bottles of Rubber Cement
300 ft. of film
250 sheets of photo paper
51 Layout boards
A small forest in Guntersville, Alabama that kept us in copier paper
4 cases of soda
16 bags of popcorn
13 broken fingernails
96 teardrops
3/4 bottle of Nuprin
18 slices of cold pepperoni pizza
A veritable plethora of junk food
2 bars of soap
400 ft. of Saran Wrap
An entire lifetime of man hours

As we wander dazed through the halls during our deadline frenzy, many of you have stopped to ask me, "But Julie, is it all really worth it? I mean, you guys must be crazy and besides where do you find all those things on that list?" Well, true. Some of those things you can't buy at the store, and yes we might be crazy, but then I always remember one of my favorite quotes, "It is not necessary for a writer to be crazy, but it is useful." -Anonymous

Julie Reed

ABOUT THE COVER-The pop art made famous by the comic strips served as an inspiration for the Spring 1988 cover design for the PULSE. Because this issue contains the portrait pictures of students and staff, we know it will be one of the most popular issues of the year. (Conceived by Julie Reed, layout and design by Mark Patrick.)

Pulse

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COUNTY COMMUNITY COLLEGE

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Spring '88

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MULVANE CENTER

*Campus offers course convenience
to students at a low cost*

Cowley County Community College is reaching out to better serve the academic needs of the community with the opening of the Mulvane Center.

Conrad Jimison, director of community services and registrar at Cowley, said the College is now filling a need which had not been met in the

past.

"Mulvane is in an area that wasn't being served by the community college as well as it could have been," he said.

"Sumner County is in our service area. Mulvane is in the far corner of that county and it is difficult for those people to come to Arkansas City for classes."

The new center is located in

downtown Mulvane. Jimison said this was a selling point for the new branch.

"Students don't have to drive clear across Wichita to attend classes," he said. "They can park on a lighted street at night that is close to the center."

"Those are the types of conveniences we offer in Mulvane. It is also close to their homes so they don't have

to drive an hour to get to classes."

The Mulvane Center is offering 27 classes to fit a variety of needs.

The board projected an enrollment of 100 hours, but Jimison announced that enrollment had exceeded their expectations.

"Mulvane classes are now serving 200 to 250 people," he said, "and in its first semester the center is generating 85 credit hours."

Harold Walker, member of the CCCC board of trustees, is pleased with the enrollment figures at Mulvane.

"Spring enrollment looks really good," Walker said at the February board meeting. "The final figures are higher than were projected."

Walker feels the success of the center is due to the work of many people.

"A lot of staff members gave effort above and beyond the call of duty," he said. "Conrad Jimison deserves a lot of credit."

The reaction from the community was welcomed by Jimison.

"These figures exceed what was anticipated. We are really happy," he said. "We offer the classes hoping that we would receive this kind of reaction."

Jimison is optimistic about the future of the center.

"We would think that as it becomes known that we are in the community that we will maintain this level or better over a long period of time," he



HIT THE BOOKS-Jessica Jones, Christy Stuhlsatz, and Renee Slack review notes in their Saturday morning English I course at the Mulvane Center. (Photo by Julie Reed)



IDEWORTHY:Mulvane Center student, Kim Murrow, takes careful notes during her Saturday morning sociology class. Convenience and low credit hour costs have helped attract a large number of students to the Center. (Photo by Julie Reed)

id.
Even with the good enrollment figures, board members feel there are many potential students left in the community.
"There are 96,000 people in that area," Walker said. "It could stay strong if we take care of it and if we spend a lot of time taking care of it."
One factor that might inhibit future growth is the size and number of classrooms available.
We are bound by the number of classrooms we have and the number of time slots

available," Jimison said. "We could offer classes earlier in the day if we show there is a need and if we can find instructors. We could offer morning or early afternoon classes."

The center currently offers classes from 4-7 p.m. and 7-10 p.m., Monday through Thursday. Saturday classes are held 8:30 to 11:30 a.m.

Teachers for the new classes have also come from the Mulvane community.

"We have drawn heavily on teachers from area high schools

(Please continue to page 42)

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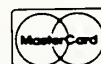
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SHARING A SPECIAL MOMENT WITH A FRIEND-Homecoming Finalist Julie Reed takes time out from dancing to congratulate Mary Dewell, the 1988 Homecoming Queen. The Homecoming Dance drew over 250 people who danced to the sounds of KQAM after the men's basketball game. (Photo by Brian Reed)

By the Friday night Talent Show, Homecoming festivities were well underway.

Layne Moore dominated the show with his first place piano solo. Terese Simpson captured second place with her vocal solo and Lisa Allen took third place with her vocal solo.

The scene at the Recreation Building on Saturday morning was chaotic due to the many decorations waiting to be assembled for the dance that was to follow the games.

"I helped decorate last year, but this year it went a lot faster because there were more people helping," said sophomore Cat Craig. "I think the pizza really got them motivated."

According to Linda Puntney, director of public relations, nearly \$600 was spent on decorations.

"I'd say we averaged 25 people helping out," said Puntney. "We worked for seven hours so that's 175 man hours we put into getting it all ready."

Included among the decorations were

silver and blue streamers twisting to form a ceiling, walls made of silver plastic and a walkway created by silver and blue balloons.

"With all the silver stars and glitter everywhere, it really seemed like a wonderland," said Craig.

With the decorations completed, students then attended the Allen vs. Cowley Homecoming games.

The teams gave the home crowd their money's worth by pulling out a 73-46 win for the ladies and an 87-80 win for the men.

Coach Ron Murphree's game plan was to play with intensity for 40 minutes and to have a lead in the last five minutes of play. The team accomplished that, with sophomores Tyrone Baldwin scoring 27 points, Ben Pierce sinking 23, Terry Swinson with 11 and Kevin Durham bucketing 9 points.

At halftime of the mens game, the 1987 Homecoming King and Queen Troy Girrens and Beth Nilles crowned the 1988 Homecoming King and Queen Tracy

Masterson and Mary Dewell.

Their homecoming court consisted of queen candidates, Julie Ott, Julie Reed, Kathy Gann and Shannon Lowrey escorted by king candidates Mike Sparks, Reggie Thompson, Mark Patrick and Robbi Tieperman respectively.

"It was the neatest honor being crowned queen. It took a minute to sink in because it all happened so fast," said Dewell.

Masterson shared the same feelings as Dewell.

"I couldn't walk for a second, Shannon Lowrey had to nudge me to get me to move, I was so surprised," said Masterson.

Kyle Cerfman, DJ of Power 104 Radio estimated that approximately 250 people were at the dance. Prizes were given throughout the evening to those holding lucky ticket stubs.

"It was wonderful and I had a great time all the hard work was worth it," Dewell said. "The dance was a great success." □

BY LAURA MOORE



TEAM WORK-Decorating for Homecoming took team effort which included Jason Sher, Tracy Masterson, Layne Moore, and Mary Dewell. Starting at 9 a.m., the decorating committee worked until 5 p.m. to finish the decorations. (Photo by Julie Reed)

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DEBBIE WILLIAMS

*Her secret to success is taking life
one day at a time*

Amid the accumulated clutter of mail, laundry, and literature sits Debbie Williams.

The large ruby ring she nervously twists around her finger belies her July birthday. Williams is a Cancer; sensitive, sentimental, with strong feelings toward motherhood and security.

A single parent and non-

traditional student, Williams has followed a winding road to arrive at her current place in life.

A hearing loss when she was young caused Williams to be billed as a slow learner in school.

The misdiagnosis eventually ground her education to a halt in the eighth grade.

"I had dropped out of school.

I made straight F's all through school, and I wasn't doing too much except raising kids and being Susie Homemaker," said Williams. "That's a fine occupation. That's a job all in itself, raising kids is fun and a challenge but I just wanted more and needed more."

But there were those who said she did not need anything more.

"I had low self-esteem. I had been told my whole life that I wasn't very smart, and I should just accept it. I should just find a nice man and get married and have babies and that would take care of it," said Williams.

In order to succeed in her plans for self-improvement Williams not only had to address her hearing loss and interrupted education, but also her chemical addiction, co-dependency, and her classification as an adult child of an alcoholic.

"My drinking, or alcohol abuse was in my late teens and early twenties. By the time I was 27 I realized other people didn't live like that," said Williams. "It dropped off to just drinking a couple times

LIVING EACH DAY-Debbie Williams relaxes at home with her son Joel. (Photo by Julie Reed)

ear, but I wasn't considered a recovering alcoholic because I had not gone through any kind of counseling."

After floating aimlessly for years, Williams has come to grips with her chemical addiction and her feelings of inadequacy that developed from her troubled childhood and family history.

"Alcohol has always been part of our family. My father was an alcoholic, and I am considered an adult child of an alcoholic," said Williams. "The adult children of alcoholics seem to be a new issue that's really going great guns. I'm not those people and what they do for."

Without alcohol, Williams said she was chronically depressed, never feeling good about herself, pretty well isolated in and isolated.

"I lived five minutes from a major shopping center and I couldn't find it," she said.

Divorced and disillusioned, Williams found it hard to deal with her personal life.

"In 1980, I divorced and started drinking again. By July was suggested that I check in for treatment, and I did," said Williams.

Learning to find direction in her life, to set goals and then achieve them, has been a long arduous process, but Williams feels that she has gotten the best of the situation with happy results.

"Now my life and my world are coming together in a holistic view. It has really been a long hard fight. Today I'm 41. I was 35 when I really started on trying to put me together," she said.

Enrolling in college courses a little bit at a time, Williams is now classified as a fulltime student with a 3.60 GPA. Her grade point is an accomplishment Williams is proud of, considering she was once labeled as "retarded".

"Going back to school is kind of like adolescence and menopause at the same time," Williams said. "At first being around the younger students, I felt really stupid. I thought they had just come out of high school, and they were really smart."

When Williams got to know some of the students, her point of view changed dramatically.

"I have gotten close to several of the students and I have a great relationship with them," said Williams. "In fact I think they have kind of adopted me like a 'mom' and I'm having a real good time with them."

Williams feels one of the secrets to her success is taking one day at a time.

"I'm keeping my grades up, I just kept studying and putting one foot in front of the other," she said.

"You find out that a lot of things are painful and hurt a lot, and not every day is a success," Williams said.

Williams feels when you experience pain and problems in life and you have to really struggle to get where you're going, you have a greater appreciation for who you are and what you are and what you become, and where you're going.

"My past experiences have made my education the most valuable thing I have going for me today. Because I know what life is like when you don't have it," she said. "I'm having a great time with my life now." □

BY JULIE REED

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MAN OF MANY TALENTS

MIKE CROW

*Keeps a bird's eye view on
the mechanics of Cowley*



TEMPERATURE CONTROL-Mike Crow adjusts the thermostat in the Business Tech Building. (Photo by Debbie Aldridge)

Back in a small room behind the teacher's lounge, sits a quiet, but important man to the College. A man whose job it is to keep the buildings in shape. Mike Crow repairs anything from furnaces to light bulbs.

Crow came to Cowley in 1980 with the intent of finding a job, and that he did. In 1982 he became supervisor of maintenance and buildings. And although he has three custodians to help him out, he's always in demand.

"I'm stretched thin because I'm basically it," Crow said of his job.

Crow is used to being busy, though. Married with three children isn't all fun and play, and it keeps Crow on the go.

"There's always something to do," he said.

But he's also glad he has that family.

"They are the most important thing in my life," Crow said.

Crow presently coordinates projects every day with superintendent of buildings and grounds, Bud Shelton. They have already accomplished building a dressing room for athletic officials in the W.S. Scott Auditorium, painting different rooms, putting new locks on the doors in the girls' dormitory and replacing windows in Galle-Johnson Hall.

"Mike's doing the College a super job and I am relying on him more and more," said Shelton.

Crow is a man with hobbies. When he's not working on his house or car, he is either hunting, fishing, or taking pictures.

But his greatest talent is mechanical work.

"I wasn't really taught how to be a mechanic, it's just been an ability of mine," Crow said.

This ability led him to a 10-year career. Working a little with his father-in-law,

Crow picked up more skills as mechanic.

But being a mechanic isn't what Crow wanted to do all his life.

"I needed something more," he said. "I don't even like to work on my own thing now."

And even though Crow's present job at the College involves some mechanical work, he doesn't mind.

"I love what I do," said Crow.

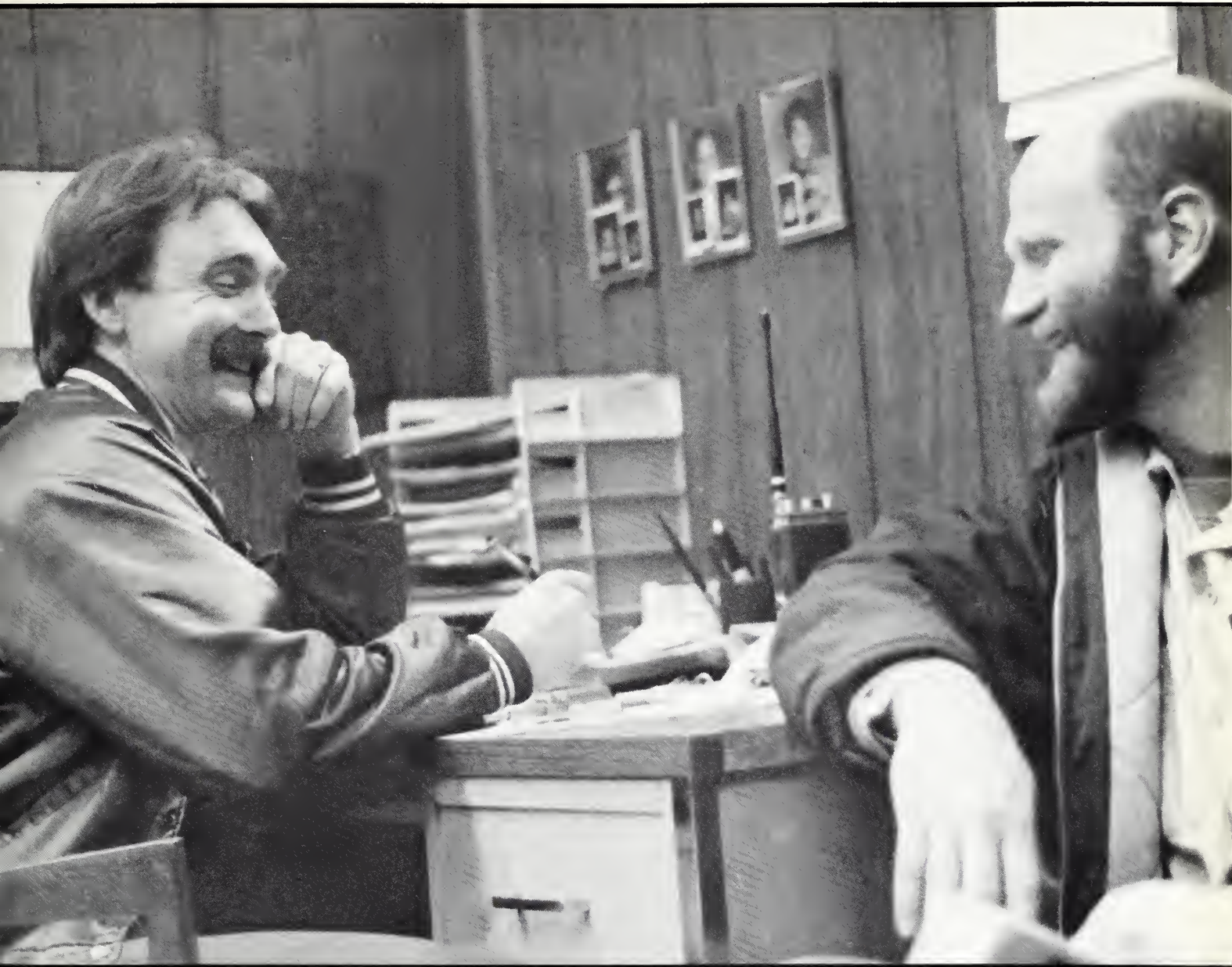
Shelton agrees.

"His dedication to this institution is an extreme," he said.

He also gets to meet new people since his job includes the upkeep of the dorms.

"It's always interesting," said Crow. "Cowley is a great place to work." □

BY TONYA RUDOLPH



LAUGHING TOGETHER-Mike Crow and Jerry Hewitt discuss their daily routine in their office, located on the bottom floor of Alle-Johnson Hall. (Photo by Debbie Aldridge)



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A MEETING OF MINDS-Dr. McAtee and Winfield School District Superintendent Bill Medley share some laughter after the superintendent's luncheon.

BOARD OF TRUSTEES-FRONT ROW: Albert Bacastow, Harold Walker, Joe McFall. BACK ROW: Terry Tidwell, chairman; Charles Kerr, vice-chairman; Bill Curless, Dr. Patrick McAtee. (Photo by John Bernhardt)



COWLEY COUNTY'S BOARD OF TRUSTEES

*Set current plans and future projects
for the College into motion*

They've got the whole world in their hands. Well not quite, but the six-member Board of Trustees do have enough to keep their hands full.

The six-member board is composed of men from the community, people who see at close range what affects their plans on those who both attend and work at the College. Board members are Chairman Terry Tidwell, Charles Kerr, Albert

Bacastow, Bill Curless, Joe McFall, and Harold Walker.

"I'd say one of the most important things we've done this year was the hiring of Dr. McAtee as President of the College," said Tidwell. "He certainly makes our job easier. He is a very successful man and quite affable to work with."

One of McAtee's first projects was to establish an outreach center in Mulvane.

Board members saw the Center as an important step for the College.

"One of the most significant things we have done this year was opening the attendance center in Mulvane," said Harold Walker. "The Center enabled so many more people to further their education."

Walker also saw program growth as significant progress.

"I'd say another big item on our agenda this year was the re-establishment of a program at the Winfield State Hospital, the Nurse's Aid Program and the LPN program we have with Butler County now. "Those are highlights of the year because they will have a long-term effect and be very, very beneficial to the College in the long run," said Walker.

A fourth project undertaken by the Board of Trustees, was the construction of a central receiving building. The building will be used as a place for maintenance to keep their tools, work on engines, and as a storage unit for supplies and shipments.

"We've needed such a place for a long time," said Curless, board member. "We have just kept putting it off because of the cost to work on such a project. But now, we have it at a cost where we feel we can work with it. We have really needed it for a long time. We've got stuff scattered everywhere; a garage here, a rented storage place there. It is time for a central location."

The receiving building will be located on Third Street, south of the Library. There are two vacant lots there with a house in between them, owned by the College. The house will be removed, and if all goes as planned, the new building will be ready by fall. □

BY LAURA MOORE



INAUGURAL CONGRATS-Sue Darby and daughter Leah visit with Dr. and Mrs. McAtee at the reception following his Inauguration Feb. 21. The Inauguration was the first at the College since 1968 and brought representatives from the University of Kansas, Pittsburg State University, Fort Hays State University, Southwestern College, and Butler County Community College. In addition to the inauguration, the College also dedicated the new dormitory on Fourth Street and Central Avenue. (Photo by Julie Reed)

AAnderson - Judd

Gerald Anderson-Business
Bob Brennaman-Business
Leonard Barnhill-Music

Elaine Brown-English
Phil Buechner-Math
Sue Darby-English

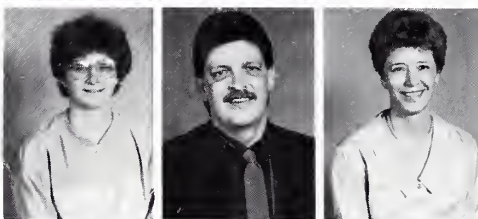
Debbie Davis-Health
Stan Dyck-Social Science
Linda Hargrove-Admissions

Connie Harper-Art
Don Hastings-Biology
Sharon Hill-Speech

Carol Hobaugh-Maudlin
-Nutrition/Economics
Don Hughes-Electronics
Doug Hunter-Art

Joe Isaacson-Accounting
Conrad Jimison-Con. Ed.
Kenneth Judd-Music

EXCUSE ME?-Walt Mathiasmeier, Dean of Instruction and winner of the "Kiss a Goat" contest, gets some last minute advice from Sheila Whyde, Phi Theta Kappa vice president, before he puckers up.



SCHEDULE DILEMMA-Working out the offering for the Fall evening courses, means Carol Hobaugh-Maudlin will consider nearly every course taught and every Instructor as a way to meet the community's needs.

Martin - White



Betty Martin-Learning Res. Cen.
Pat Mauzey-Cosmetology
Jim Miesner-Social Sciences
Ron Murphree-Athletic Dir.
Peggy Paton-Business
Kevin Pennington-Science

Ron Pruitt-English/Journalism
Linda Puntney-Public Relations
Susan Rush-Johnston-Guidance
Larry Schwintz-Agri-Business
Forest Smith-Guidance
Paul Stirnaman-Social Sciences

Larry Swaim-Computers
Richard Tredway-Serv. Tech.
Chris Vollweider-Learning Skills
Mike Watters-Natural Sciences
Charles White-Industrial Tech.
Ira White-Data Processing

F I L L I N G N E E D S

HOBBAUGH-MAUDLIN

*Discovers evening classes
suit the community*

Carol Hobbaugh-Maudlin, co-ordinator of the Arkansas City Campus evening program, is concerned with the needs of the community.

"I am continually trying to find courses that will meet the needs of the people in the night program," she said,

Her job is fitting the community's needs with the programs offered and that, she hopes, will help her reach a second goal

"I am also trying to increase the attendance in our night program," she said. A survey was taken during fall semester, to determine what classes were needed in the night program.

"We tried to base this semester's course

offerings on the needs that were voiced in the September survey" she said.

Hours of planning are required to make the night schedule run smoothly.

"It takes a lot of early planning because the schedule goes to the printers so early," she said. "After the schedule is made, people still come up the week before classes are to start and say, 'I really need this class,' but then it is too late."

Being able to identify these needs is essential to planning the schedules.

"We really need to identify the needs about a semester in advance," Maudlin said.

Through the survey, Maudlin found a

great need for a science class.

"Our night anatomy/physiology class is full," she said.

The popularity of the anatomy class has been attributed to the addition of a new LPN program through Cowley.

"Cowley is going into an LPN program with Butler County," she said. "I am sure this is the reason for the science classes filling so quickly."

Maudlin wants to fill the needs of workers in Cowley's service area.

"Many workers need courses to upgrade their skills," Maudlin said. "Several industries are working to get their non-readers into our reading lab so they can advance."

Communication skills are a concern of area workers.

"I'm here every evening for the first two to three weeks of the semester to take late enrollments, accept fees, and acquire books for those students who can not go to the bookstore during regular business hours," she said.

"We just want to meet the needs of our service area," Maudlin said. □

BY KATHY GANN

Lisa Kahrs FINDS YOUTH AN ASSET TO BUILDING A SQUAD

Twenty-one year old cheerleading sponsor Lisa Kahrs has filled in for three women on maternity this year. Now, she finds herself in the same position.

In September, the Kahrs are expecting their first baby.

"I sat in too many pregnant seats," Kahrs said. "This was a wonderful surprise for me and my husband."

Kahrs feels this pregnancy will not interfere with her sponsorship of the spirit squad and she does not expect to take maternity leave.

Kahrs says there is not enough spirit

from the student body at Cowley for the sports programs, but she intends to make some changes to raise spirit.

Kahrs has been recruiting cheerleaders from local high schools so she can have a squad put together by April 1.

Because male "yell leaders" will be added to the squad this fall, a new weight requirement of 120 pounds for the women will be strictly enforced.

Kahrs' experiences as a cheerleader and Cowley pompon member qualify her for the position of cheerleading sponsor.

Kahrs also feels her age does not hinder her ability to gain respect from the girls

on her squad.

Carla Carter, a member of Kahrs' squad agrees with her coach.

"Because she is younger, we can relate to her better. She has helped us a lot," Carter said.

Kahrs has definite ideas on what it takes to create a quality squad.

"I try to be a friend to the girls, but I also try to be an authority figure," Kahrs said. "If you don't have authority in your group, then you won't have a good squad." □

BY L. PRITCHETT

Debbie Bridges-Receptionist
Pat Brown-Social Science Sec.
Martha Buchanan-Custodian
Dave Burroughs-Intramural Dir.
Phil Campbell-Bldgs./Grounds

Kelly Carver-PR/Dev. Sec.
Mike Crow-Buildings/Grounds
Ruene Gage-Bookstore
Joycelyn Goff-Clerk
Ed Hargrove-Financial Aid

Jerry Hewitt-Buildings/Grounds
Lori Hill-Financial Aid Sec.
Alice Hobus-Humanities Sec.
Bob Juden-Student Life Dir.
Lisa Kahrs-Secretary

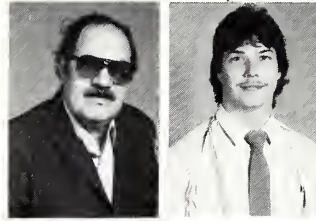
Lynne Keffler-Admissions
Imogene Leach-Inst. Sec.
Ben LeClair-Buildings/Grounds
Pat Lawson-Development
Merrie-Pat McIntire-Sec.



McGilbra - Wilson



HELPING OUT WITH A SMILE-Lisa Kahrs is Cowley's own teaming secretary. Kahrs is also Cowley's cheerleading sponsor when she's not behind a typewriter. (Photo by Debbie Aldridge)



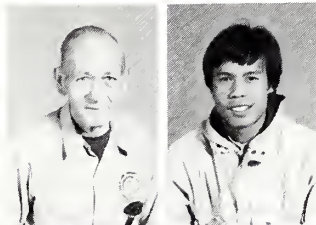
Carrisco McGilbra-Media Tech.
Jim Nash-Am. Food Service



Libby Palmer-President's Sec.
Marcy Patrick-Ind. Tech. Sec.



Judy Queen-Dis. Homemakers
Judy Rhodes-Library Ass't.



Ray Schwartz-Buildings/Grounds
Somsy Sengvixay-Grounds



Dan Shadoin-Am. Food Service
E.W. Shelton-Build./Grounds Sup



Wanda Shepherd-Business Sec.
Mickey Taylor-Clerk



Joan Warren-Special Programs
Jackie Wilson-Dorm. Supervisor

BUDDIES-Phil Campell and E.W."Bud" Shelton ham it up at the Inauguration.

A dams - Betzen

Kristi Adams
Marilyn Alberding
Debbie Aldridge
Lisa Allen
Robert Ankrom
Debbie Anstine
Chris Armour

Michael Armster
Greg Atkinson
Christi Baker
Tyrone Baldwin
Rob Barcus
Mark Barnes
Jim Barnthouse

Jenny Bauler
Scott Bearden
Daryl Befort
Mark Berg
John Bernhardt
Karen Bertlesen
Pat Betzen



D I V I D I N G T I M E

BUECHNER

Juggles Life Between Marriage, Work and School

Two ships that pass in the night. That's how one might see Mark Buechner and his new bride, Raina Peterson Buechner. But in the Buechner's case, this isn't true for this newlywed couple. Mark, a full time student, and his wife each hold down two jobs and still find time to spend with one another.

Buechner, currently carrying 13 hours, is working toward a major in pre-engineering. Besides attending classes and doing homework, Mark works two jobs and still finds time for his new marriage. Buechner was married to Raina Peterson on Oct. 10, 1987, and together, they are beating the odds against a 'young

marriage' with both spouses working outside of the home. Buechner is working at Cowley as a grounds-crewman and at Wal-Mart as a sales clerk. Starting at Wal-Mart in March of 1987, he finds his job as a cashier/ sales clerk fulfilling.

"I enjoy working at Wal-Mart mainly because of the people," said Buechner. He enjoys his job at the College but, at periods like late fall, there is not quite as much to do as there is in the summer. Buechner started working two summers ago for the grounds crew at Cowley, and worked this summer as well. His summer job however, carried over into the semester and will continue in the spring.

For Mark, classes have been a great start

for him. He enjoys the ones he has with his father, math instructor Phil Buechner. Mark doesn't feel any conflict in taking his dad's courses.

"I just look at taking classes from dad as being, well, an advantage because if I ever need help with anything I can call or go over and talk to him," said Buechner.

Having his wife working at DMRA/FUSS during the day and directing the choir at First Baptist Church as her second job, Mark feels that having his wife working is alright.

"She has a good job at DMRA and likes directing the choir at church. Besides, she's probably making more than I am!" joked Buechner.

After Cowley, Buechner is looking forward to attending an in-state college where he will complete a major in computer engineering.

"I use the computerized scanners at Wal-Mart, and someday I would like to be able to know how to fix them," laughed Buechner. □

BY BRIAN REED

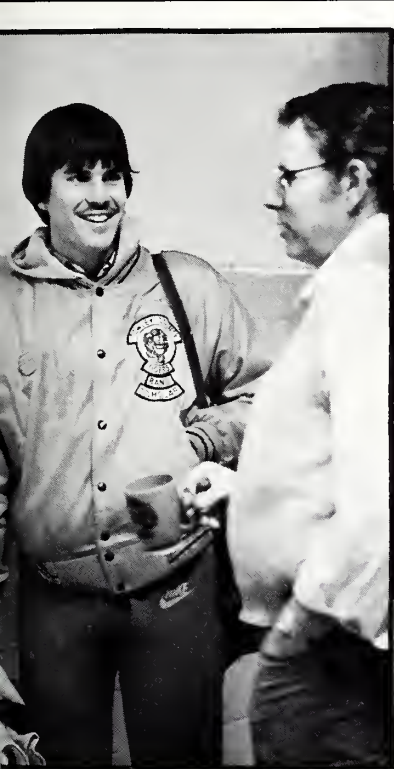
Borrer - Dunaway



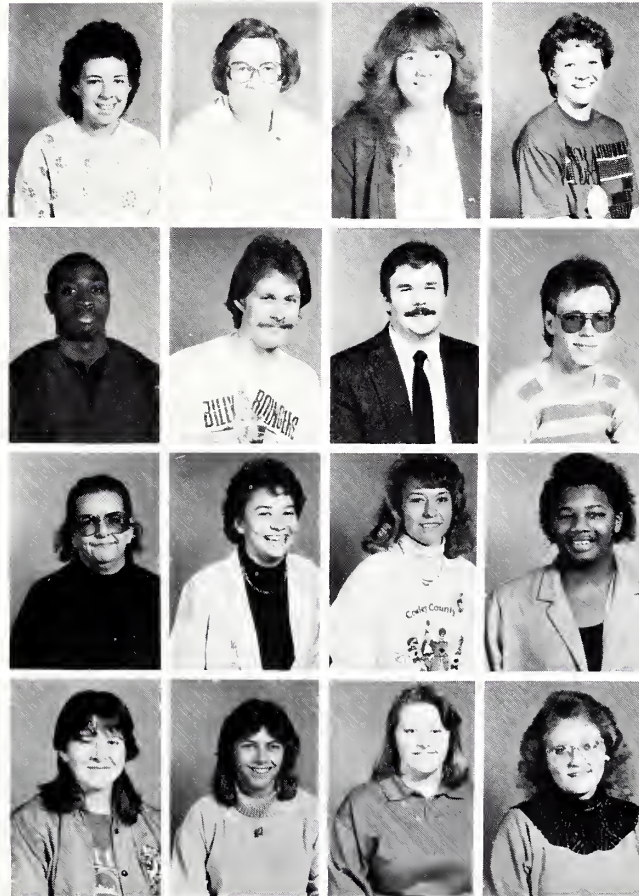
Kelly Borrer
Kris Bowman
Paula Brew
Kathy Brewer
Jody Bringer
Don Brown
Janet Brown

Jim Brown
Robert Brown
Stephanie Brunner
Brian Bush
Janell Calhoun
Michelle Campbell
Michael Carmody

Carla Carler
David Carver
Debbie Claphan
Christie Clark
Kelly B. Clark
Karen Clay
Cheri Colvin



FAMILY CONFERENCE-Mark Buechner and his dad Phil Buechner, math instructor, catch a moment in between classes to talk. (Photo by Debbie Bridgely.)



Claudean Comstock
Joan Cornett
Kim Cornett
Catherine Craig

Thomas Crawford
Randy Croft
Terry Deffenbaugh
David DeHammer

Shirley Dettman
Anna Dewell
Mary Dewell
Scott Dewberry

Jessica Dickinson
Lori Lee Dowler
Andria Drongoski
Tonna Dunaway

Baby In The Band

For 18 year-old freshman Jessica Dickinson, raising a family and going to college full time is a balancing act she views as "just another challenge."

"It's tough, but I've been known to take on more than I can handle," said Dickinson.

Apparently, she's having no difficulty

handling motherhood even though it has made a big difference in her life.

Eight-month old Sarah has initiated changes in both Jessica and Charles' lives.

"We planned to have kids, but we were going to wait until I finished school. It just didn't work out that way," she said.

This change of plans did not sit well with Dickinson's parents.

"They weren't happy at first but now they don't think much of it. They have a granddaughter and they're happy as long as I'm happy," she said.

Going to school has caused no conflicts in the Dickinson's marriage.

"He's all for it and wants me to go to school," said Dickinson. "It works out because my husband works nights and takes care of Sarah during the day while I go to school. I take care of her at night while he is at work."

Dickinson attends Cowley on an instrumental music grant-in-aid and plays in band and jazz band.

"She's an excellent bass clarinet player though her tenor sax is a little bit weaker," said Leonard Barnhill, band director. "She's never played the level of jazz band music that we're trying to play, so she's not real familiar with the style but is improving."

Dickinson's interest in music started in third grade and her musical versatility was

a determining factor that helped her receive the grant.

"I got her name from her band director and I sent her some information," said Barnhill. "She sent it back saying she played several different instruments, primarily bass clarinet and tenor sax for jazz band. I needed a person who could play in both bands."

While having a student with children is not a new thing for Barnhill, Dickinson and her daughter have added a new twist to practices and performances.

"We have an extra member in band occasionally when she brings her daughter along but that's what happens, said Barnhill. "I've never had anyone bring kids to practice, some have brought them to basketball games, but never to practice."

Because Dickinson's husband works nights, she often brings Sarah to jazz band performances at home basketball games.

"She goes to the games, even though it makes me have to do a juggling act," said Dickinson.

Other band members enjoy having Sarah at the games.

"I really don't mind her bringing the baby because she is fun to play with," said Susan Thorson, freshman. □

BY KRISTI ADAMS

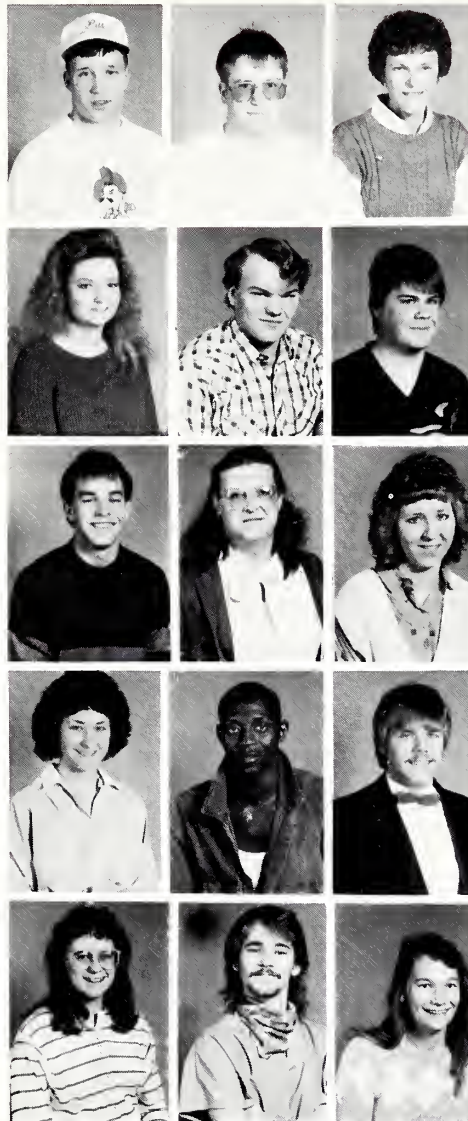
Kevin Durham
Robert Dye, Jr.
Stacy Eaton
Sarah Emrick
Myra Estep
George Farris
Tammy Farris

Jim Fields
Jason Fisher
Tim Flying Out
Liza Foote
Tina Foster
Kathy Gann
Rob Glenn





THE GIRLS IN THE BAND-When Jessica Dickinson accepted a music grant-in-aid, her daughter Sarah became a pep band member, too. (Photo by Julie Hess)



Bill Goodson
Joel Goyer
Pat Gray

Tracy Grayum
Charles Griesel
Jim Griffin

Scott Gurnee
Lori Ann Gustin
Brenda Hadden

Heather Hampton
Eric Harris
Gregg Harsh

Gale Hauser
Dale Havens
Darcy Heaton

Julie Hess
Aaron Hines
Greg Hinz
David Holler
Chris Holmes
Malia Holt
Teresa Hopper

Kevin Hottinger
John Hunkins
Frank Hunter
Margaret Hunter
Donna Ing
Mary Irvin
Tim Isaacs



Jarvis - Lonneke

Jeff Jarvis
Mike Jarvis
Gina Johnson
Glenn Johnson
Heidi Jordan
Mary Jo Jurey
Kim Kalbfleisch

Sandy Keene
Ralph Keener
Karen Kelley
Janet Kennedy
Jeff Kindt
Peggy Kindt
Cenda King

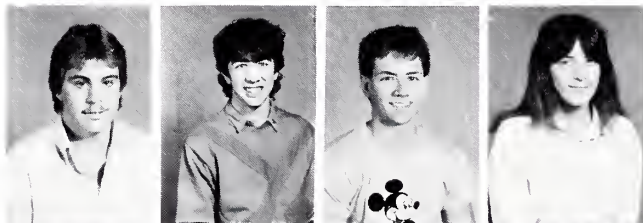
Eric King
Karen King
Richard King, Jr.
John Kralik, Jr.

Joel Kropp
Jeff Krueger
Eric Kurtz
Tammy Lambert

Marianne Lange
Randy Lassley
Karen Lawson
Charlotte Lee

Jeff Leggett
Bethellen LeGrand
Valerie Leon
Doug Lietzke

Sabrina Lipton
Michelle Loewe
Kathy Long
Erin Lonneke





Shannon Lowery
Tony Lubbers
Marty Mackey
Mike Mahlandt
Bob Mapel
Julie March
Anna Marczynski

Steve Marr
Sharon Martin
Shelly Maskrid
Denise Massey
Tracy Masterson
Harvey Mathews
Tim McAfee



ROCKIN' REGINA MUSGROVE

*Keeps those around her
in the spirit of things*

Cutting into the core of Regina Musgrove one would see that her main goal is being involved and supporting those around her.

A native Floridian, Musgrove admits she had her doubts about coming to Cowley. The distance and the new environment were a major factor.

"It was a big change coming from Florida, but was a great decision because the people here are nice," said Musgrove.

"The athletic program and the coaches here really seem to motivate me. They make you go to class or you run, they kind of threaten your life," said Musgrove.

Musgrove, a sophomore member of the volleyball team, provided the team with her constant motivation and support.

"Regina is a motivator. She's an inspirational type that kept up the

excitement level of the team with her positive attitude and support for her team members," said Debbie Davis, head coach for women's volleyball. "Regina was a good utility player. You could tell her to play a position and she would prove to be steady and constant in every position."

Athletics are not the only thing that motivates Musgrove. She also enjoys meeting people, and getting herself and others involved at the basketball games. She enjoys the dances at Cowley, as well. For Musgrove, it is a time for her to relax and mingle with other students.

A dedicated fan to the Tiger teams, Musgrove really enjoys showing her enthusiasm at basketball games.

"It makes me feel good to cheer. I feel like I can get the crowd into it when I get crazy," said Musgrove.

Stepping into the mascot 'duds' Musgrove gets her chance to be on the floor with the Spirit Squad and get the crowds involved. She loves it except for

(Please continue to page 42)

TRUE TIGERETTE-Regina Musgrove takes five during halftime of a men's basketball game. (Photo by John Bernhardt)

ABOUT TOWN

What's going on? Hopefully our About Town section will help keep you abreast of local happenings and inform you about new areas of interest in Cowley County and the surrounding areas. To help keep you informed, the Pulse would like to encourage you to submit ideas and information you may have, that might be included in future sections of About Town.

800 Main Place

800 Main Place in Winfield is a three level shopping complex that contains a collection of shops and restaurants offering a variety of gifts, flowers, crafts, and antiques.

It is a great place to shop for that one-of-a kind gift, especially if you bring along your appetite.

The Main Course is a restaurant that offers a create-your-own sandwich and salad bar with a price by weight. Homemade soups and desserts including cinnamon rolls that are a perfect addition to your meal.

The prices range from 20 cents per ounce for a salad, and 30 cents per ounce for

a sandwich. The Main Course also offers daily specials and delivery service.

Telephone 221-0700.

The Chocolate Malt located on the second level of 800 Main Place serves up a variety of ice cream flavors along with sundaes, sodas, and malts. Homemade brownies, cookies, and ice cream cones are available to jazz up your ice cream selection. The Chocolate Malt also features an old fashioned jukebox with an eclectic collection of oldtime recordings. Telephone 221-6258.

Country Stitches resembles an old-time country store and contains just about everything you would need to accessorize your home. New edition Fiesta ware, table linens,

kitchen accessories make nice gift ideas. A large selection of fabrics, stencils, wallpaper, antique chests, candles, country style decorations and candies are stocked here to make shopping easy. Bridal Registry is also available. Telephone 221-6129.

Country Threads contains bolts and bolts of fabric along with all the trimmings. Patterns, thread, buttons, and ribbon make this a one stop shopping experience. Arts and crafts enthusiasts will also find a large selection of crafts accessories and hobby equipment.

Telephone 221-4517.

Flowers a la Carte can add the finishing touch to your gift buying with a large selection of inexpensive fresh-cut flowers, plants and balloons wrapped up with quick and friendly service. The people at Flowers a la Carte are also willing to help you in your selection. Telephone 221-2188.

Burger News

Leon's in Ark City has reopened under new management. The menu has stayed the same, but there have been a few pleasant additions to their everyday fare. Aside from the daily specials like chicken noodles or ham and beans, Leon's also offers homemade desserts such as peach cobbler and Mississippi mud cake.

The service is fast and friendly, and the addition of benches, chairs and tables allows you to dine-in, or take out. Leon's is located at 526 N. Summit, 442-1970.

Tower of Power

Let's talk about something really big, bigger than the Empire State Building.

The rhythmic flash of glaring strobe lights that rises high in the evening sky north of Winfield is generated by a 1,293 foot radio tower.

In operation since mid-January, the **KWKL** tower has an effective listening range that stretches from Salina to Oklahoma City. It is the tallest structure in the state of Kansas, and its closest rivals are the radio towers owned and operated in Fort Worth, Texas by Exxon.

When driving in daylight on U.S. 77 highway north of Winfield, the tower can be seen to the west on the county road that intercepts the Winfield City Lake dam. But on a clear evening, the KWKL tower's powerful strobe lights indicate its presence to anyone within a 20-mile radius.

The radio tower was originally scheduled to be 2,000 feet tall, but McConnell Air Force Base and the Strategic Air Command vetoed such an invasion of useable airspace. The owners of KWKL radio compensated by a piece of property with the highest ground elevation available. Yet even at 1,293 feet, the new landmark presented some hefty construction situations.

From the bottom up, the 100,000-watt KWKL tower is unique. The bottom section of the tower is composed of solid steel

ods and beams, unlike the
ollow core materials more
ommon to construction.
his added strength and
eight helps support a
tructure of such immense
ize. In addition, the very
op section of the tower is
standing unsupported by
uy wires, since the parcel
f land that the tower sits on
s not big enough to contain
ne distance such guy wires
ould have to be placed
way from the tower.

So here are some figures
or comparison: New York's
Empire State Building,
,203 feet tall. Cowley
County's own KWKL radio
tower, 1,293 feet tall. Tune
our FM radio dial to 106.5,
and see if the tower's
eighth makes a difference.
f you have any questions
about the tower or any of
he operations at KWKL
radio, contact them at
442-1065.

Fast Photo News

Moto Photo at 1908 N.
ummit is open for business
nd offers an alternative to
ther "one-hour" photo
eveloping services here in
rk City. Open from 9-6,
Monday-Saturday, Moto
photo offers a one-hour
ervice for 4x6 glossy prints
t prices ranging from \$5.47
or 12 exposure color to
12.43 for 36 exposure
olls.

In figuring up your total
eveloping costs, Moto
photo charges a developing
ee, and then adds 29 cents
or every picture they print,
o you are not charged for

the photos that do not turn
out. Reprints are 39 cents
each.

Other services available
include a portrait studio with
a professional photographer
on duty. A 12-proof
package runs \$12.95, with
other size packages
available. One-hour service
is also available on the
portrait packages.

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8x10, 8x12, 11x14, 16x20
are available within a week
and you may also have
negative copied in about a
week.

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shop** really does offer
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the other months of the
year.

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here in Ark City, Mrs. Santa's
Workshop offers Christmas
decorations and Christmas
trees the year round, along
with other seasonal
merchandise.

Following the holidays of
the year, you can find
merchandise for Valentine's
Day, St Patrick's Day,
Easter, Spring Things, and
the list goes on.

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accessories for birthdays
and other special occasions
and gift wrap is included free
of charge on items
purchased in the store.

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simmering pot pourri in a
variety of aromas. You may
also purchase four of those
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pourri pots for \$1.19.

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appreciate the selection of
wreaths and decorations
available for those do-it-
yourself decorations.

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Monday-Saturday, and until
8:00 on Thursdays. Mrs.
Santa's Workshop is closed
on Sundays. For more
information please call
442-6635. □

Opinions



THUMBS UP

*Thumbs up for getting a
change machine in the student
lounge area. Students will no
longer be required to bankroll
quarters just to buy a soda or a
snack in the lounge.*



THUMBS DOWN

*Thumbs Down to the wide
variety of times available on
the clocks around campus.
Never before has it been
possible to walk from one
classroom to the next at a rate
of 15 minutes per second. □*

Compiled by Mark Patrick and
Julie Reed

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Dorothy Burkhart
Owner

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Rivera Seeks Pro Ranks

For Luis Rivera going home on the weekends would mean traveling over 2600 miles to Puerto Rico. That distance away from home is not as depressing for Rivera as the weekends here at Cowley.

"Cowley is an all right school except for on the weekends when everyone goes back to their hometowns," said Rivera.

Rivera was raised in a suburb of Lajas, Puerto Rico, a town larger than Arkansas City.

"It is a nice place to grow up in. The

ocean is only 15 minutes from my home. The people are nice," said Rivera.

Christmas vacation however was spent not at Cowley but in Lajas. Rivera was welcomed home by his mother, younger brother, and grandparents. He's proud his family is of middle class standards which are highly regarded in Puerto Rico.

His father is in the Army and stationed in the United States.

"I wanted to live with my father who was stationed in Junction City, so I decided to move there when I was 15," Rivera said.

The only English he knew was the ABC'S and numbers. Rivera had to learn English at Junction City High School when he enrolled as a sophomore.

"In Puerto Rico, we speak a Spanish that is a little different than Mexico's. I never thought, as a kid, I would have to learn English," said Rivera.

While at Junction City High School, Rivera played football and was in the Army Junior ROTC. It was his father's influence which helped him decide to join.

"It was fun because I was in charge of my Junior ROTC group. We had to wear a uniform to school once a week, and met in class everyday," said Rivera.

Rivera played baseball in the American Legion league and the junior league during his summers. But he played baseball in

Puerto Rico first.

"I started playing ball in front of my house while I was growing up. We used a board and a rubber ball for equipment. It was more fun than going to the fields and playing," Rivera said.

At the age of 9, Rivera started playing in the summer leagues until he moved to the U.S. He won 10 trophies during this time and was voted MVP the last three years he lived there.

Leaving behind his hometown glory, Rivera made his move to Junction City and played baseball in the U.S. summer leagues. In the American Legion League, he recieved the MVP award.

"I had the second best batting average in the American Legion League my senior year with an average of .444. I was also the leader with 48 RBIs and I had nine home runs," said Rivera.

At one of his games in Junction City, the Philadelphia Phillies scouts came to watch him play. They told Dave Burroughs, former Phillies player and head baseball coach for Cowley, about Rivera.

"Cowley heard of me through the Phillie scouts. The Phillies wanted to see how well I could do playing college ball. The scouts are coming back this spring to see how I'm doing and maybe even sign me up," Rivera said.

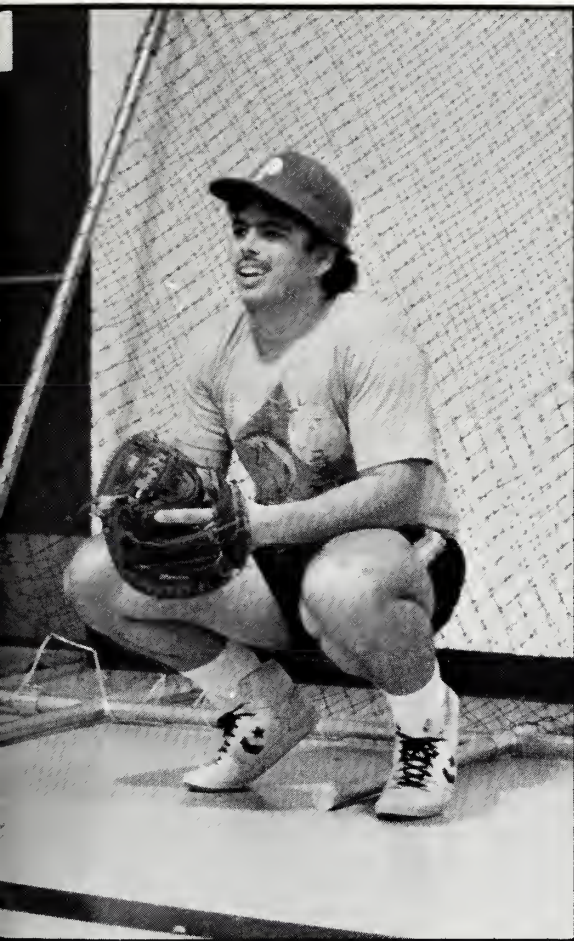
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Eric McCollom
Corrine McDaniel
David McDaniel
Marla McDaniel
George McDowell
Mary McNulty
Shane Melugin

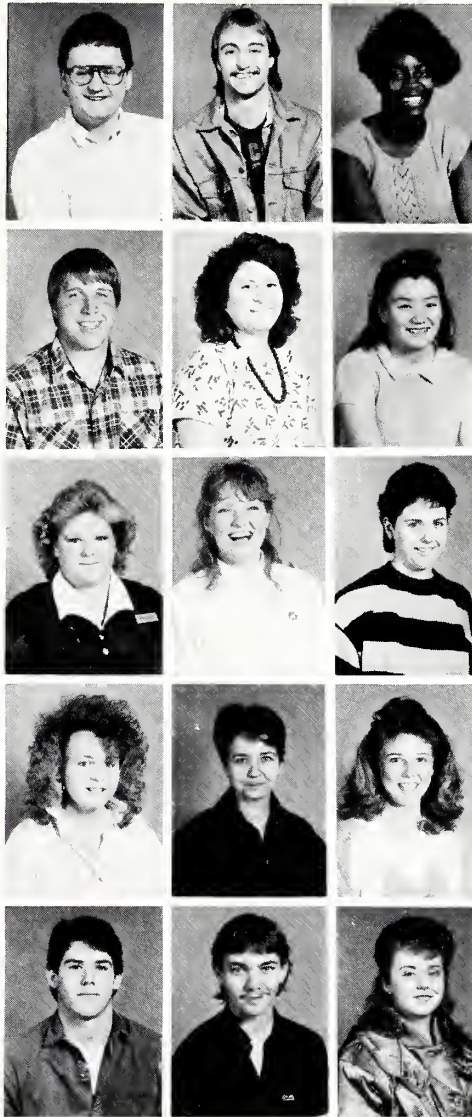
Valerie Mellow
Bonnie Miller
Virgil Miller, Jr.
Karla Minor
Kelly Money
Gretchen Moore
Laura Moore



Moore - Porter



CATCHER'S CROUCH-Off-season practice finds Luis Rivera taking catching practice in the College Recreation Building. Rivera hopes playing here will be a warm-up for a career in professional baseball. (Photo by Debbie Aldridge)



Layne Moore
Wes Moore
Regina Musgrove

Jimmie Neises
Magda Nelson
Kim Newton

Darla Oakley
Toni Olinghouse
Roseanne Olmstead

Dee O'Neal
Barbara Osburn
Julie Ott

Doug Owen
Michael Pannell
Lori Pappan

Kike Parker
Paula Parks
Michelle Pate
Mark Patrick
Gary Patterson
Roman Pena
Brent Penny

Norma Perkins
Debbie Peters
Heidi Peterson
Natalie Phillips
Ben Pierce
Machon Porchia
Jim Porter



Pritchett - Shadoin

Lesleigh Pritchett
Samantha Pruitt
Susie Quillin
Louise Rahn
Ronda Rakestraw
Christine Rasor
Brian Reed



Julie Reed
Margie Reutter
Stacey Rhoades
Darrel Richardson



Oneita Richardson
Liz Riley
Marcia Rinke
Luis Rivera



Donnie Roberts
Diana Robinson
Kim Rogers
Tim Rudolph



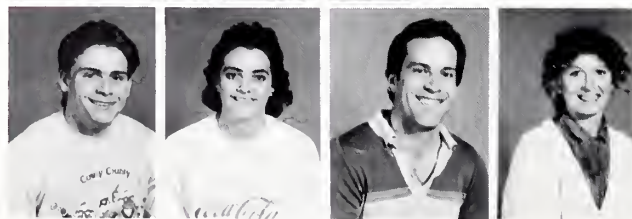
Tonya Rudolph
Sheila Rutherford
Terry Sandifar
Mary Santiago



Vicki Schafer
Robert Schroeder
Russell Schucman
Don Schueneman

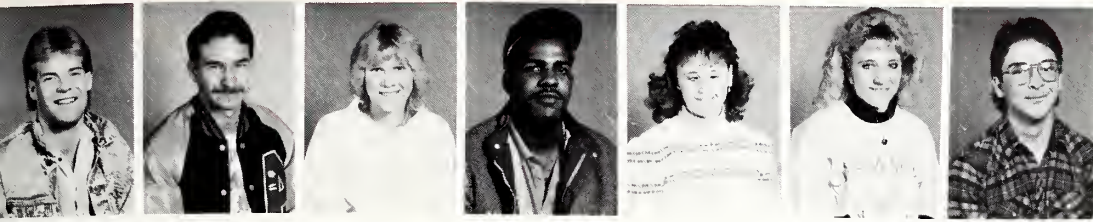


Randy Scott
Dawn Segrist
William Serena
Pamela Shadoin



Randy





Tommy Shelton
Jody Sherwood
Tera Shultz
Kevin Simmons
Terese Simpson
Jeanette Sisson
Loren Snedeker

Scott

PLANS FOR FUTURE INCLUDE RESPONSIBILITIES, INVOLVEMENT



Keeping busy in college isn't all that hard to do, but sophomore Randy Scott has gone overboard with his involvement and activities.

Scott chose Cowley because of its location and its automotive department.

"I like Cowley because it's close to home and it has the highest ranking automotive department in the state," Scott said.

Scott also commended Cowley for its friendly atmosphere.

"It's nice to walk around and just talk to anybody because everybody knows you," he said.

He became involved in VICA last year and is now president of the local VICA chapter. This involvement has led him to the Region IV Leadership Conference in Columbus, Neb., held Oct. 14 - 18, where he learned how to fulfill VICA responsibilities. From there, he attended the Rock Springs VICA Leadership Conference held at Junction City, where he was elected South Central District President and State vice-president.

His involvement also includes intramural sports and working weekends on his

work study job to keep up the new dorm.

In addition to his College activities, Scott holds down a full time job at Wheeler's IGA, during the week.

"I never have any free time to myself, but I like to keep busy," he said.

Family support had also helped him.

"My dad is happy to see me do something and he's supported me the most in more ways than one," he said.

Scott's plans include transferring to Pittsburg State University to continue studying to be an automotive technician. He also plans on joining VICA there, because he says he's realized what VICA can do for him.

"If you put on a job application that you held a VICA state or national office, then the employer will hire you because industry knows what a person who is part of VICA can do. Leadership is a big part of VICA and industry needs leadership."

Scott chose an automotive career because he genuinely enjoys the work.

"It came easy for me and there's so many possibilities in job positions," he said.

One position he'd like to have would allow him to share his attraction to the field with others.

"I'd love to teach automotives in high school and also be a track and football coach," he said. □

DISPLAYING THE COLORS-Randy Scott represented VICA at the Presidential Inauguration by carrying the American Flag. (Photo by Julie Reed)

BY TONYA RUDOLPH

Snook - Thorson

Kay Snook
Mike Sparks
Lexy Spencer
Brett Stone
Carol Stone
Sean Stone
Cyd Stout

Kathryn Stowell
Terry Swinson
Tresla Ternes
Gerard Thibodeau
Kevin Thompson
Reggie Thompson
Susan Thorson



M A K I N G M U S I C

THURBER

*Tunes into the future of
her marriage and career*

At one time or another we all catch ourselves singing in the shower. For Michelle Thurber, singing means more than the sudsing.

Thurber has been singing all her life. "When I was a little kid, I loved to sing," said Thurber. "I guess though, it really started in junior high school. I sang a song for our school program and got a lot of praise."

From then on Thurber took her singing seriously.

Thurber sang in musicals in high school, but received most of her experience while attending Baptist Bible College in Springfield, Missouri.

She was one of the "Singing Patriots."

"It was a good experience," Thurber said. "I sang in many churches all over the country. After spending a whole summer traveling and singing, I had racked up a lot of experience."

Here, Thurber has other things in mind besides singing. She plans on working

toward a degree in psychology after leaving Cowley.

On Feb. 7, Thurber wed John Morris, a senior at Southwestern College. She will be completing the spring and summer sessions here at Cowley.

Michelle and John hope to go to Strausburg, Germany, where she can work on her bachelors degree. They would like to go to China for another year to study psychology and the culture and language of the country.

After returning to the United States their plans call for her husband to enter graduate school and she will finish her degree.

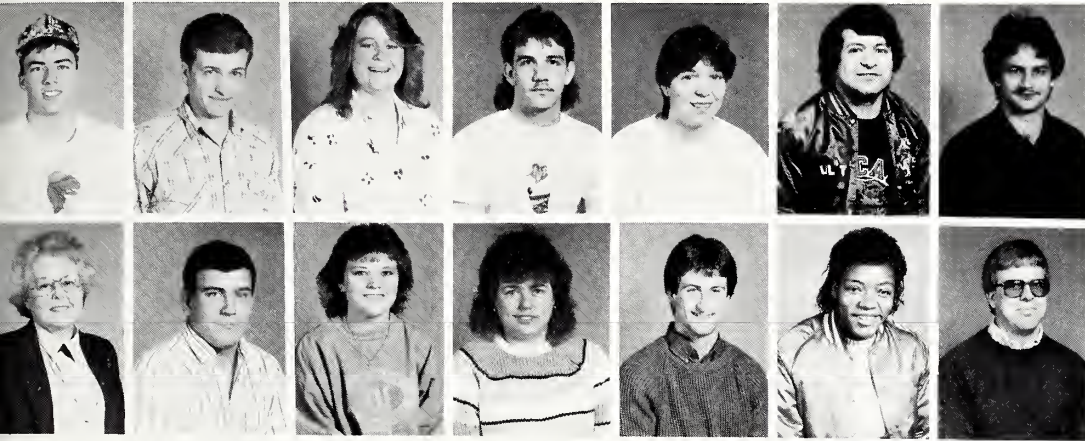
When Thurber is not in school, the Winfield native works at the Winfield State Hospital.

(Please continue to page 43)

SONG BIRD-Michelle Thurber, freshman, performs "Ava Maria" at the Christmas Vespers concert. Thurber has been singing seriously since junlor high and hopes to use her talent to help her travel and in her career. (Photo by Kathy Gann)



Tieperman - Zook



Robble Tieperman
John Tilton
Karen Tingley
Cameron Topinka
Amy Trefthen
Al Trevino
Ross Trimble

Virginia Trogdon
Darrin Truan
Gail Truil
Terri Tunison
Jeff Turner
Janine Valentine
Kevin Vick



Arlene Walker
Devin Walker
JoLynne Walker
Jeanie Warner

Margaret Watkins
Wendi Watson
Margene Webster
Michele Wells

Ron Wells
Shelia Whyde
Chris Wilken
Myrl Wilson

Chimaice Wise
James Withers
Joyce Wonser
Calvin Woods

Denlse Woods
Rebecca Woods
Troy Young
ChrIs Zook

Tangles

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Academic Excellence Challenge

"We study everything," said Sue Darby, co-sponsor of Academic Excellence Challenge, the organization that gives scholars an arena for competition.

The team was recruited by Darby and co-sponsor Paul Stirnaman from high schools across Kansas.

"We give an opportunity to students who are willing to compete," said Darby.

Academic Excellence Challenge is in its third year at Cowley. Participants practice at least once a week, and quiz each other over the four main topics for competition; natural

science, social science, humanities and math.

On March 5, eight teams competed in a round-robin format, with the top team earning \$2,000, to be divided among the squad. A \$1,000 second prize was awarded, and \$500 went to the third place team.

But money isn't the only reason for competing

"The kids need to like what they're doing because they will absorb so much," said Darby.

Team members include: second year member Donald Boyle and first year members Scott Bearden, Charles Griesel, Tony Lubbers, Mary McNulty, Jenny Mulkey and Kim Ann Newton. □



ACADEMIC CHALLENGE-FRONT ROW: Jennifer Mulkey, Kim Newton, Mary McNulty, Sue Darby, sponsor. BACK ROW: Paul Stirnamin, sponsor, Charles Griesel, Scott Bearden, Tony Lubbers.

Alcohol Drug Abuse Awareness Council

By mid-February ADAAC had held five dances in the Howler Monkey Club, and sponsored a weiner roast and a hay ride for the entire College.

At Christmas, they organized a party in the Nelson Student Center where students decorated

a tree, sang carols and competed in a non-alcoholic beverage contest.

"We hold free dances for the students that offer entertainment without alcohol or drugs," said Kristi Adams, SGA representative for the group.

ADAAC's biggest project will be the After-Prom Party

organized for the Arkansas City High School juniors and seniors.

The club is funded by the Cowley County Substance Abuse Council.

"We make a reasonable budget and submit it to the Council," said Linda Puntney, sponsor. "We appear before the Council to defend the budget and show how we spent our money the previous year. They're supportive of our program and help us all they can."

Entertainment isn't the only function of the club. The group will visit a treatment center to learn about alcohol and chemical dependency, and they are working on plans with the Chemical Dependency Unit at Arkansas City Memorial Hospital to bring a nationally known speaker to campus.

Officers for the club are: Denise Woods, president; Stephanie Brunner, vice-president; Becky Woods, secretary; and Kristi Adams, SGA representative. □



ADAAC-FRONT ROW: Becky Woods, Tonna Dunaway, Terese Simpson. BACK ROW: Stephanie Brunner, Denise Woods, Kristi Adams.



A new vocal group appearing on campus this year was the Barbershop Quartet. Group members include Brian Reed, Kay Young, Kelly Clark and Kenneth Judd.

College Choir CowleyCo Singers

The CowleyCo's, a select performance group, presented more than 20 programs for civic groups and churches.

The College Choir presented three formal concerts and a spring tour to sing at the Alma Maters of group members.

Second semester, there were changes in the CowleyCo personnel when Judd added six people to the ensemble.

"The new people really have
(Please continue to page 32)



COWLEYCO SINGERS-FRONT ROW: Terese Simpson, Melvin Stinett, Mary Dewell, Brian Reed, Lesleigh Pritchett. **MIDDLE ROW:** Gregg Harsh, Cydney Stout, Travis Masterson, Tonna Dunaway, Tracy Masterson, Stacy Eaton, Kenneth Judd, director. **BACK ROW:** Rebecca Woods, Kelly Clark, Kay Young, Chris Cooper, Stacey Rhoades.

(CHOIR continued from page 31)

improved the general musicianship of the group. I think that 16 people 'will work better than the 12 we had," said Judd

According to Judd, the CowleyCo's were a first class operation. Not only did he think the group had more talent than past years, he also said

their tuxedos and tea length gowns made "real sharp uniforms".

Freshman Terese Simpson, first time CowleyCo member, said she enjoyed singing with CowleyCo's because of Judd.

"Mr. Judd is a more relaxed instructor than what I am used to and I enjoyed it," said Simpson. □



COLLEGE CHOIR-FRONT ROW: Julie Hess, Michelle Campbell, Terese Simpson, Kay Young, Lesleigh Pritchett, Tiffany Pappan, Stacy Eaton, Stephanie McCorgary. **MIDDLE ROW:** Jennifer Mulkey, Cydney Stout, Rebecca Woods, Mary Dewell, Stacey Rhoades, Tonna Dunaway, Liz Riley, Kristl Adams. **BACK ROW:** Kenneth Judd, director, Melvin Stinett, Chris Cooper, Daryl Befort, Jason Fisher, David Carver, Brian Reed.

Jazz Band Concert Band

Leonard Barnhill, director of both the Jazz and Concert

bands, has made sure music is here to stay.

Performances included a Fall concert given by the Concert Band, performances by both

bands on Family Day, an appearance at the Phi Theta Kappa State Convention, and a Jazz Band concert in November. In addition to this grueling schedule, were performances at 12 home basketball games

In addition to the Spring tour during second semester, plans were made for a Jazz Concert guest performer.

According to Barnhill, recruiting is a big part his job to

keep the bands well stocked with talent.

Because he saw the tour of area high schools as a serious recruiting tool, Barnhill expanded the music calendar to include more schools on the tour.

Another expansion from last year was the addition of two more music festival dates, bringing the total up to five Regional Festivals held at Cowley. □



JAZZ BAND-FRONT ROW: (standing) Jana Garcia, Rusty Jones, Loren Wade, Jessica Dickinson, Gerald Brown, Richard Zimmerman, Virgil Miller. **MIDDLE ROW:** Robert Schroeder, John Hunkins, Mike Jarvis, Stephanie Vap, Michael Pannell, Susan Thorson, Terry Lauderbaugh, Liza Foote. **BACK ROW:** Sharon Larson, Ross Trimble, Stephanie Vap, Leonard Barnhill, director.

Cycle/Roar Staffs

Tackling serious issues in the news was a goal Ron Pruitt set for the staff of the Cycle, and it was a goal achieved.

"We've tackled some serious issues this year. There have been some serious and ambitious stories," said Pruitt.

Pruitt saw handling issues as the duty of the publication.

"I think it's the duty of a newspaper to keep things stirred up. I think it's important for the students to write serious stories while they're students rather than having to face them for the first time out in the real

world."

Another goal Pruitt set for the Cycle staff was for the paper to be one of the foremost community college newspapers in the state.

"I think we probably have one of the top three newspapers among community colleges in the state," said Pruitt.

To help achieve his goal, he and four Cycle staff members traveled to St. Louis in November for the National Convention of the Associated Collegiate Press and the College Media Advisers. More than 1,000 journalism students gathered in St. Louis to exchange ideas.



CONCERT BAND-FRONT ROW: Gerald "Brownie" Brown, Virgil Miller, Jr., Jessica Dickinson, Lori Kilgore, Myrl Wilson. **MIDDLE ROW:** Liza Foote, Robert Schroeder, Susan Thorson, John Jenkins, Loren Snedeker, Terry Lauderbaugh. **BACK ROW:** Kelli Harris, Michael Pannell, Ross Trimble, Stephanie Vap, Leonard Barnhill, sponsor.

Cowley also published a daily paper, the **Tiger's Roar**. According to Pruitt, it is the only daily paper produced by a Kansas community college.

Layne Moore, copy editor,

said the **Roar** is a valuable part of campus life.

"In relation to the other publications here, the **Roar** is different because it comes out every day and the news is more timely," said Moore. □



CYCLE & ROAR-FRONT ROW: Layne Moore, Vicki Shafer, Michelle Gann, Kathy Gann. **BACK ROW:** Terry Deffenbaugh, Michael Carmody, Ron Pruitt, Sponsor.

Cosmetology VICA

First semester began with a Cosmetology Makeover session featured in the **Pulse**, and a community service project for Ark City Day Care.

"We gave all the children hair cuts and styled their mom's hair at no charge," said

Mauzey.

Currently, the group is raising money to attend a hair show at the Tulsa Convention Center called Discover '88 where top hairstylists will be showing their newest work.

This spring, the students will also compete in styling contests.

"We usually go to the competition at Peal's and the KCA (Kansas Cosmetology Association) hair show in Wichita," said Mauzey. "Last year we took first and hope to do as well this year."

Officers for the club are: Ronda Rakestraw, president; Deanna Thompson, vice-president; Jan Brown, secretary; Joelle Travis, treasurer; Darla Oakley, parliamentarian; Kim Rogers, SGA representative. □



COSMO VICA-FRONT ROW: Deanna Thompson, Jan Brown, Darla Oakley, Joelle Travis, Andria Trillo. **MIDDLE ROW:** Ronda Rakestraw, Donna Ing, Kim Rogers, Melissa Heidebreck, Alma Banning. **BACK ROW:** Janet Kennedy, Cheryl McCully, Rachel Short, Pat Mauzey, sponsor.

Delta Epsilon Chi

Delta Epsilon Chi had eight members who competed in the Career Developing Convention (CDC) held in Wichita.

The first semester, the club toured Dillions' Distribution Warehouse in Hutchinson. They also toured The Agency, an advertising agency in Wichita.

"The Agency was a real help to those students who

competed in the Ad Campaign at the CDC," said Bob Brennaman, sponsor.

Future plans include a tour of the Wal-Mart Hyper Store in Topeka and a visit to the Kansas City Trade Fair.

This year's officers are: president, Troy Young; vice-president, Kelley Borror; secretary/treasurer, Paul Bradley and SGA representative George McDowell. □



DELTA EPSILON CHI-FRONT ROW: Tamara Clements, Trisha Decambra, George McDowell, Kelley Borror. **BACK ROW:** Paul Bradley, Jeb Wright, Troy Young, Mr. Brennaman, sponsor.

Phi Beta Lambda

Phi Beta Lambda has had an interesting year ranging from a visit to the Conoco Refinery in Ponca City to a trip to Dallas for a Leadership convention.

In between travels, they sponsored a bake sale and have been training for state and national conferences to be held in April and July.

With a majority of new members, Phi Beta Lambda has used this year as a learning experience.

"We are a young team," said Peggy Paton, sponsor. "This

has been a learning experience for all of us. Next year we will go to the conventions and win."

And winning is what they plan to do.

"I think we have a good chance of placing at state since most of our members will be returning," said Heather Hampton, secretary.

Phi Beta Lambda officers were: Erin Lonneke, president; Heather Hampton, secretary; Robin Cox, treasurer; Kimberly Kalbflesch, historian; Margie Ruetter, SGA representative. □



PHI BETA LAMBDA-Margie Ruetter, Erin Lonneke, Heather Hampton, Mary Jurey, and PBL mascot, Xerox.

Phi Theta Kappa

Hustling popcorn, maintaining a 3.5 grade point average, and attending conventions typify a Phi Theta Kappa member.

The highlight of the year was the group's attendance at the National PTK Convention in Washington D.C. They went with their newly formed Sister Chapter at Southwestern College.

To fund the trip, PTK ran the concession stand during the

volleyball and basketball seasons. They also plan to handle the concession stand for the Old-Time Fiddlers Contest in April.

Other money making projects included the Apple and Worm sales, Flower and Weed sales, and a Kiss A Goat contest.

During last year's National Convention, Sheila Whyde, sophomore, was elected as State President. During her term, the state constitution was revised and a unity of the state's PTK chapters was

encouraged by adopting sister chapters.

Because Whyde held the state presidency, the local chapter hosted the Kansas State Convention.

"I haven't been to any of the others, but I think this was the best, it has been. We got a lot

of compliments from the other groups," said Whyde.

PTK officers include: Frank Hunter, president; Sheila Whyde, vice-president; Jody Crane, secretary; Norma Perkins, treasurer; Kathy Wagner, SGA representative; and Jim Miesner, sponsor. □



P.T.K.-FRONT ROW: Shannon Lowery, Norma Perkins, Sheila Whyde. **MIDDLE ROW:** Margie Reutter, Sandy Keene, Kathy Gann, Julie Reed. **BACK ROW:** Frank Hunter, Jody Crane, Mary Santiago, Myrl Wilson, Lori Trout, Jim Miesner, sponsor.

Pulse Staff

Beginning two weeks prior to the start of fall semester classes, the staff packed their bags and headed to Topeka for a weekend work session/seminar.

The staff, along with adviser Linda Puntney, spent two days working with representatives from Josten's, publishers of the **Pulse**, on changes for this year's magazine.

The changes were made in the magazine to "jazz" up the look, and to produce a better quality of magazine.

"I'm really pleased with the overall look of the magazine. It has been a challenge, but the end result was really worth it," said Julie Reed, editor.

The magazine, originally used as a replacement for the College's yearbook, is now in

its fourth year of publication and the staff produced a special New Student Orientation issue, four "slick" issues, and a Last Day of Classes issue.

For freshman journalism student Rob Glenn, changing mindsets from yearbook to magazine layout has been a change.

"The whole layout process is different from yearbook. Working with the magazine you have to learn to do the fine details, whereas in high school we sent a lot of the work up to Josten's," said Glenn.

The staff and adviser also spent time getting used to operating a Macintosh SE and laser printer. The "mac" was used to produce copy bylines, headlines, and graphics for the publication. □



PULSE STAFF-FRONT ROW: Tonya Rudolph, Julie Reed, Lesleigh Hitchett, Dawn Segrist. **SECOND ROW:** Debbie Aldridge, Rob Henn, Linda Puntney, adviser, Darrin Truan, Brian Reed, Mark Strick, Kathy Gann. **BACK ROW:** Liz Riley, Denise Woods, Kristi Adams, Tonna Dunaway, Stephanie Brunner, John Bernhardt.

Science, Engineering, Mathematics Club

First year Cowley instructor Kevin Pennington revived the Science, Engineering and Math Club after it had been inactive for nearly two years. The 12 members held the groups' first meeting of the year with a knockout at the State Lake.

Other events included a trip to the Cosmosphere in Hutchinson, a tour of Total Petroleum, a field trip to the Engineering Consultants and presentations from Kansas State University's Speaker's Bureau.

Spring president for the group is Mark Berg, and John Hunkins was president during the fall semester. □



SCIENCE & ENGINEERING-FRONT ROW: Jeff Krueger, Garry Martick, Liza Foote. **BACK ROW:** Kalin Taylor, Mary Santiago, Mark Berg, John Hunkins. **NOT PICTURED:** Mark Buechner, Larry Over.

Society of Collegiate Journalists

During first semester, Society for Collegiate Journalists

camped out at Winfield State Fishing Lake.

"It was the most wholesome fun I've ever seen college students have," said Ron Pruitt, sponsor. "There was no

drinking, it was just sitting around a campfire, playing guitars, talking, laughing and singing."

For a money-making project, a portrait studio set up for

students and faculty.

"We didn't make a lot of money, but we did some nice color portraits for people," said Pruitt. □



SCJ-FRONT ROW: Vicki Shafer, Michelle Pate, Kathy Gann. **BACK ROW:** Ron Pruitt, sponsor, Terry Deffenbaugh, Michael Carmody, John Bernhardt.

Spirit Squad

Promoting spirit for the Tigers during games is just a portion of the activities the cheerleaders are held responsible for during the year.

Marching in the Oxford parade, riding a float in the Arkalalah parade, going to camp at The Wichita State

University, participating in Supermarket Sunday and performing at games were big activities during first semester.

First year sponsor Lisa Kahrs was pleased with their effort.

"They all work together well," said Lisa Kahrs, sponsor. "The squad is making (Please continue to page 36)



SPIRIT SQUAD-FRONT ROW: Carla Carter, Debbie Aldridge, Kellie Harris, Shannon Lowery, Daryl Berfort, the Tiger. **BACK ROW:** Jimmy Griffin, Mary McNulty, Sabrina Lipton, Heidi Peterson, Valerie Leon, Lisa Kahrs, sponsor.

(SPIRIT continued from page 35)

my first year as sponsor easy."

Second semester the squad added four new yell-leaders, sponsored the "Buns Contest" during Homecoming week and also helped with the coronation ceremonies. The squad also judged the junior high cheerleading tryouts at Wellington and Udall.

"Among their other activi-

ties, my squad wants to have longer practices," said Kahrs. "They all get along really well which makes it more fun."

The additional hours weren't much of a problem for squad members.

"Cheering for the Cowley Tigers obviously demands a great deal of time and dedication. That is what you need though to be a good squad," said Lipton. □



TERRIFIC TIGER-Showing off his athletic ability, Joey Wilson demonstrates the splits for the crowd. Wilson returned on homecoming to fill in the shoes of the tiger.

Student Education Club

Education Club members chose the Head Start Program as a project for the year.

Students volunteered their free time to work with the four year olds at the Head Start facility and also donated time to making educational toys and tools for the children at the center.

A trip to Wichita gave members a chance to view the workings of a Montessori School system and a private school system. Sponsor Stan Dyck said the trips were a good activity.

"We want the members to have an idea of what it means to be a teacher from a teacher's perspective," Dyck said.

The spring semester offers members the chance to visit the education schools of Friends University and The Wichita State University.

Members visited several alternative schools, toured the Learning Resource Center of the Wichita Public School System, visited the Omnisphere, and attended the Crown Uptown Theater.

Officers for the group are: Sandy Keene, president; Terry Deffenbaugh, vice-president; Diana Gildhouse. □



EDUCATOR'S CLUB-FRONT ROW: Kathy Gann, Denise Woods. MIDDLE ROW: Stan Dyck, sponsor. BACK ROW: Sandy Keene.

Traditional, Non-traditional Students

Traditional-Non-Traditional Students helped students return to the educational system after an absence.

"It is a support group for students who have returned to school, but it is for everyone on campus, young and old," said Chris Vollweider, sponsor.

TNT's continued the GED Scholarship program and helped several students work

toward the GED Test. Last year the club helped seven people get their GEDs.

The scholarship program was the most significant of the club's activities and provided the \$25 fee for each student's GED test. Although the club's activities were limited, Vollweider said there was a reason for the reduced participation.

"We aren't as active this year because we have a lot of new people who are involved with

(Please continue to page 37)



T.N.T.'s-FRONT ROW: (seated) Gail Rush, Norma Perkins, Margaret Hunter, Pat Hall, Michelle Campbell. MIDDLE ROW: Olinda Watson, Maggie Nelson, Darcy Heton, Gerald Barnes, Oneida Richardson, Chris Vollweider, sponsor. BACK ROW: Harvey Ven, Phillip Greisel, Frank Hunter, Terry Cosby, Ron Wells.

her organizations, so they don't have much time," said Vollweider.

Throughout the year, TNT hosted speakers who presented relevant topics for college students.

"We have a guest speaker each month to present a topic

of interest and they are usually enjoyable to everyone," said Vollweider.

Officers of the club are: Margaret Hunter, president; Wanda Beirig, secretary; Norma Perkins, treasurer; Michelle Campbell and Gail Rush, SGA representatives. □



I-TECH VICA-FRONT ROW: Elaine Venters, Harvey Matthews, Greg Ankard, Justin Woodard, Jimmy Nleses, Brian Crum, Bill Potter, Cody Sherwood, Charles White, Instructor. **MIDDLE ROW:** Bob Boggs, instructor, Joanne Willoughby, Richard Zimmerman, Mike McCorkle, Brent Penny, Jimmy Trenary, Mike Dye, Darren Futhy, Cliff Guinn, Calvin Woods. **BACK ROW:** Mark Barnes, Cameron Popinka, Mike Malandt.

Vocational Industrial Clubs of America

VICA members raised \$1,600 working crowd control at the Last Run Car Show."

The club also worked the pancake feed during Arkalalah weekend to help fund the year's activities.

Members competed in competition at the state level in April, and chili feeds for club members were held both semesters.

"Activities are basically the same as last year," said Bob Boggs, sponsor. "The real

difference this year is that the kids are more serious. They realize what VICA can do for them."

The club spent a considerable amount of time working on leadership skills and attended special training sessions at Region IV in October, Rock Springs in November, and then at Pittsburg State in January.

Officers for the club were: Randy Scott, president, state vice-president and district president; Justin Woodard, vice-president and state secondary vice-president; Margaret Watkins, local and state secretary. □

Student Government Association

"We had a lot of things going on this year," said Julie Reed, Student Government Association vice president.

SGA sponsored a community service project and organized student activities and dances.

"Our canned food drive helped many needy people in the community during the holidays," Reed said. "We also adopted three families, providing them with food and Christmas presents."

Mary Dewell, SGA president feels that member support and an active student body have helped make this year a success.

"We sponsored a street dance, Halloween party, a Christmas dance and the Homecoming

Dance all with a great turnout," said Dewell.

To keep the students informed about campus activities, SGA recently purchased information signs for the College to display daily events.

Besides in-school functions like dances and elections, there have been a state convention in Great Bend, and quarterly meetings in Wichita to attend.

Now that the year is coming to a close, SGA is planning their last fling, Tigerama '88.

"Tigerama is our last big event of the year," said Dewell. "We plan to have a picnic, dance, and team competition games."

Students, faculty, and staff are encouraged to organize their teams now in order to prepare for the stiff competition.

Sponsors for SGA are Carriasco McGilbra and Forest Smith. □



I-TECH VICA-FRONT ROW: (seated) Lonnie Scobee, Becky Hewitt, Brian Kieffer, Greg Pickle, Rich Horst, Margaret Watkins. **BACK ROW:** Gary Samms, Jeff Hayes, Roy Schimmel, Randy Scott, Kevin Martin, Bethellen LeGrand, Bob Boggs, Instructor.

MEN'S BASKETBALL

*For Coach Ron Murphree,
the name of the game is recruiting*

If you want to talk basketball, go to the gymnasium and find Coach Ron Murphree. Murphree will take you into his office, lean back in his chair, prop his feet up on the desk and light up a cigar. Then he'll engage you in a detailed discussion of basketball, ranging from the role of sophomore players to out-of-state recruiting.

"We're looking at helping our sophomores move on. They need to help Cowley first, then there will be time to look at other schools," said Murphree.

The sophomore players agree with their coach.

"A lot of schools are recruiting me, but I want to get things finished here at Cowley and then decide where to go next year," said Tyrone Baldwin,

Once the team has finished the season,

other sophomores hope to be on their way to Division 1 schools.

"Several schools have contacted me," said Ben Pierce. "I wouldn't mind going back to the Chicago area."

The task at hand for Murphree is to recruit players to replace departing sophomores. Murphree has definite opinions about the type of player he wants to wear the Cowley uniform.

"We need talented players because we play in a talented conference," said Murphree. "When we recruit we rule out selfish players. We want role players."

When it comes to recruiting athletes for the Tigers, Murphree does not differentiate between being athletic director and being basketball coach.

"Integrity is important to me whether or not I am athletic director," said Murphree.

"We want to bring players who want a degree."

Bringing in players could be even harder next year than in previous years.

"Right now out-of-state tuition is \$81 per hour. Next year it could go up to \$87 per hour," said Murphree. "There is no reason for this rule. It's an unfounded rule."

If out-of-state tuition increases, Murphree hopes to be able to adapt to the change.

"Hopefully we can 'up' our fundraising in the off season," he said.

During the last home game of the season the Tigers were victorious over Johnson County, 90-83.

"Johnson County was one of the better

(Please continue to page 42)



TALKIN' BASKETBALL-With his cigar lit, Ron Murphree talks on the phone to other coaches, reporters, schools interested in CCCC's transferring sophomores, and recruiting for the Tigers. (Photo by Julie Reed)



"We like to have hard work on the floor and personality off the floor."

Ron Murphree



GAME PLAN-Coach Murphree discusses last-minute strategy with his team during the Johnson County game. The Tigers downed the Cavaliers 90-83 in an upset win which knocked Johnson out of second place in the conference and created a three-way tie for third place between Cowley, Johnson and Kansas City. (Photo by Julie Reed)

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RELAX-Cosmetology student Kim Rogers uses the Pneumopatter II. The pulsating air treatment relaxes the skin during facials.



TIMEOUT-Coach Linda Hargrove covers last minute strategy with the women's basketball team during a pre-season match against Friends University. (Photo by Brian Reed)

Lady Tigers Win Early

This year's primarily freshman team has brought early, unexpected wins and some expected problems.

"Our early success was a surprise, because we're so young," said Linda Hargrove, coach. "We have 11 freshmen and two sophomores."

Developing leadership on the squad was a bigger problem than winning early.

"Some of the freshmen didn't feel comfortable taking a leadership role," said Hargrove. "The biggest problem we had was finding leadership and developing consistency through entire games. We'd play well for five or six minutes then we wouldn't play well for the same amount of time."

Developing consistency is not easy at the junior college level.

"I think you develop (consistency) by playing a lot. We're still not very consistent," said Hargrove. "I don't know if, at the junior college level, you ever get teams that are consistent game in and game out."

Consistent play is a plus for individual team members because it can result in



COULD YOU BELIEVE-Sophomore Arnetrice Cobb's explanation of why she can't line drills brings a smile to assistant coach Debbie Davis and head coach Linda Hargrove. Hargrove's philosophy of coaching includes creating a lasting relationship with the team beyond the playing floor. (Photo by John Bernhardt)

attention from four-year schools.

"Our two sophomores, Arnetrice Cobb and Peaches Harris, are both being recruited by Division I schools," said Hargrove. "Neither one has made any visits or narrowed their choices down."

Helping students beyond their time as a team member is a part of Hargrove's job.

"When a player has dedicated two years to you and they've given you a lot of hard work, I feel a responsibility to those people, make sure they get to go where they want to go and that they finish the course work here that enables them to go somewhere else and play," said Hargrove.

Hargrove says academic adjustments are tougher than the athletic ones at a four-year school.

"The feedback I get from the kids who go on and play at the university level is that, athletically, there isn't a lot of big adjustments," said Hargrove. "Their big adjustments are more in the size of the school, size of the classes and difficulty of the course work."

Getting game-time experience gives the sophomores an extra athletic edge when

they're ready to transfer.

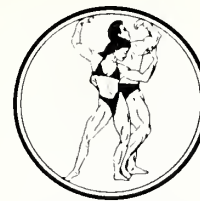
"The fact they've played college level ball here for two years and about 60 ball games at the junior college level is a big plus when they go to the university," said Hargrove. "Most universities don't recruit junior college players unless they want them to step in and usually start. They don't recruit junior college players to sit on the bench or to be role players."

The bonds between the players and Hargrove extend beyond the time they spend at Cowley.

"I still get Christmas cards and Valentine cards 10 to 16 years after I've worked with them," said Hargrove. "I don't think they think of me as just a coach, I think they think of me as a friend. They can talk to me about problems they have," said Hargrove.

Hargrove has been head women's basketball coach for 16 years and in that time she's posted a 298 and 98 record. Currently, she works with her sister and assistant Debbie Davis.

(Please continue to page 42)



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(MULVANE-Continued from page 3)

such as Mulvane, Belle Plaine, and Derby," Jimison said. "We also have some people from the business and industry fields who are teaching."

Other instructors have come from Wichita.

"We have former university instructors who are probably in the business and industry fields now and want to get back into teaching," he said.

Now that classes are underway, plans are

(MURPHREE-Continued from page 38)

"Johnson County was one of the better home games this year," said Murphree. "The kids played hard."

That hard work has paid off for the Tigers leading scorer Tyrone Baldwin, who carries a 19 point average and Ben Pierce who averages 17 points per game.

Leading rebounders were Darrel Richardson with 7.4 rebounds per game and Tyrone Baldwin with 5.9 rebounds per game.

While Richardson, Pierce, and Baldwin were the statistical leaders, other factors determine whether a particular player excels at Cowley.

Murphree says he can describe the type of student he'll recruit to campus.

"We want our kids to stay in school, and work hard in classes," said Murphree. "We'd like hard work on the floor and personality off the floor." □

BY DAWN SEGRIST

being made for the future of the Mulvane Center.

"We are going to run a summer program in Mulvane and we will be back next fall, too," Jimison said.

Jimison says consistency is important to the students there.

"I have been going to each of the classes as they start and I have told (the students) that we are here to stay and they can plan on us being there."

Jimison says the Center has a good feeling.

"It is the community's reaction that has been the fun part of the whole thing. It has been a pleasure to have been so well received in a community who is pleased with what you are doing." □

BY KATHY GANN

(MUSGROVE-Continued from page 21)

getting "hot" during the game.

In her spare time, Musgrove watches soap-operas, does homework and, Musgrove admits that she is a "Pac Man freak" and plunges her quarters into the Pac Man game whenever she gets a chance.

"I watch Young and the Restless, Santa Barbara and As The World Turns. My favorite soap is As The World Turns, but I like watching Santa Barbara because of Cruz Castillo. He's my man!" said Musgrove.

Something that distresses Musgrove is the fact that there are just not enough good

(HARGROVE-Continued from page 41)

Freshman Chimaice Wise sees her coaches as out of the ordinary.

"Like on the court, they're your coach, but off the court they're your friend. They are normal. They're not like other coaches at other colleges, they let you come over and stuff and eat at their house. We do a lot of things outside of practice," said Wise.

Hargrove prefers a certain type of person to fill a vacant position on her team.

"I like to find solid academic students who aren't going to have a lot of problems here," she said. "We don't always get the solid academic kid, but this past semester our average GPA was 2.9 and that's pretty good," Hargrove said. "The reason we're so successful is that we get good athletes." □

BY KRISTI ADAMS

looking men on campus.

"There are twice as many girls as there are guys at Cowley. I think they need to get busy and recruit some more intelligent, good looking men to Cowley," said Musgrove.

For the future, Musgrove has high expectations to further her volleyball career.

"I hope to go to Salem, West Virginia to finish my major in Physical Education," said Musgrove. "While there I also would like to strengthen my game." □

BY KELLY MONEY

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THURBER-Continued from page 28)

"With working at the State Hospital from 11 p.m.-7 a.m., going to school from 8 a.m. til whenever, and then homework or something else, I only get four or five hours of sleep a day," she said.

Thurber says it's a strenuous schedule that she probably couldn't keep if it weren't for her family.

"My parents are very supportive. My mom and I are like best friends. My parents have always been behind me in whatever I do." □

Y L I Z R I L E Y

(RIVERA-Continued from page 24)

For now, Rivera is playing catcher here and studying to be a physical education teacher.

"If I make it to the big leagues, then I won't continue my education until I retire. But if I don't make it to the pros, I will become a teacher," said Rivera.

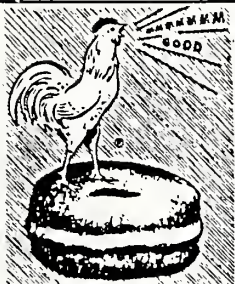
He's not selective about which pro team he would like to play for if he makes it to the Big Leagues.

"I don't care what team I'm on because if I make it that far with baseball, I will do my best. And other teams will hopefully be scouting me," Rivera said.

Whether it be playing ball or teaching, he wants to accomplish these goals here in the U.S. The reason why, according to Rivera, is simple.

"This is a great place to live." □

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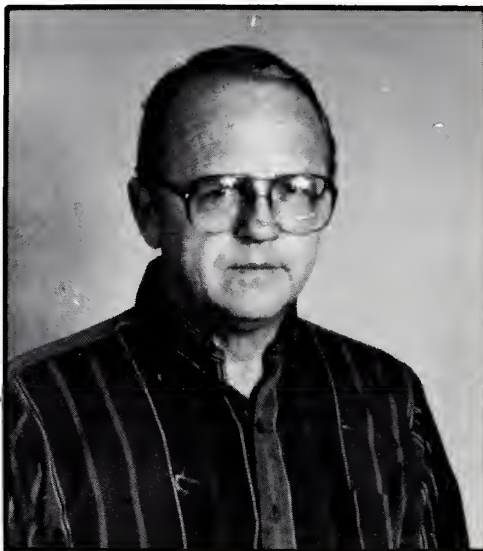
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A TRIBUTE



Joe Isaacson 1934-1988

It wasn't planned nor expected, but on Feb. 4, Joe Isaacson taught his last class at Cowley. In fact, it was the last time Isaacson would ever step into a classroom.

His ordeal began with a routine CAT scan, but an accident occurred which left Isaacson in a coma. He died Feb. 11, one week after his last day at Cowley.

He began his college career in 1963 at Northeastern State College in Tahlequah, Okla., where he received his bachelor's degree in Business Administration. Later, he received his master's degree in Business Administration from Emporia State University. He also had advanced studies from Wichita State University, Emporia State University and Kansas University.

Before coming to Cowley, Isaacson was a teacher at Wyandotte High School in Kansas City, an accountant and auditor, an accounting instructor at Kearney State College, and a realtor.

Isaacson began teaching economics at Cowley in 1974. But he was best known as the accounting instructor.

"He was a person who students liked

very well," said Richard Tredway, chairman of the Department of Business and Service Technology.

Isaacson wasn't just well liked, he was respected, too.

"Besides being a generally super nice man, he was a good instructor," said sophomore Myra Estep.

Isaacson's commitment to education and to Cowley went beyond the classroom.

He was president of the Arkansas City Teachers' Credit Union, a past president of the College Education Association, and in 1986 his colleagues recognized him with the highest honor the College bestows on its instructors when they named him the Master Teacher of the year.

Students recognized his success was the result of a genuine concern for those he taught.

"He was a teacher who cared and he helped you," said Lisa Thompson, sophomore.

He not only was a teacher, but a friend and colleague.

"We came the same year (1974) and we

spent a great deal of time together," said Bob Brenneman, business management instructor. "We saw past one another's frailties."

For office education instructor Peggy Paton, it will be a tough period of adjustment.

"I'm kind of still in shock. I'm expecting him to walk through the door anytime," Paton said. "It was really difficult when we cleaned off his desk. It just seemed so final."

In the 14 years he was at Cowley, Isaacson proved to be an important instructor to the business department.

"He was the cornerstone in the department," said Tredway. "He taught required classes as well as beginning business classes."

Isaacson is survived by his wife Dolly, sons, Joe Brian and Jason; daughter Allison; two brothers, two sisters, and a host of faculty, staff, and students who will always remember him. □

BY TONYA RUDOLPH



COWLEY TRIBUTE-Joe Isaacson lectures about debits and credits to his Principles of Accounting class. Isaacson taught business classes at Cowley for 14 years until hospitalized on Feb. 4. He died on Feb. 11, 1988.

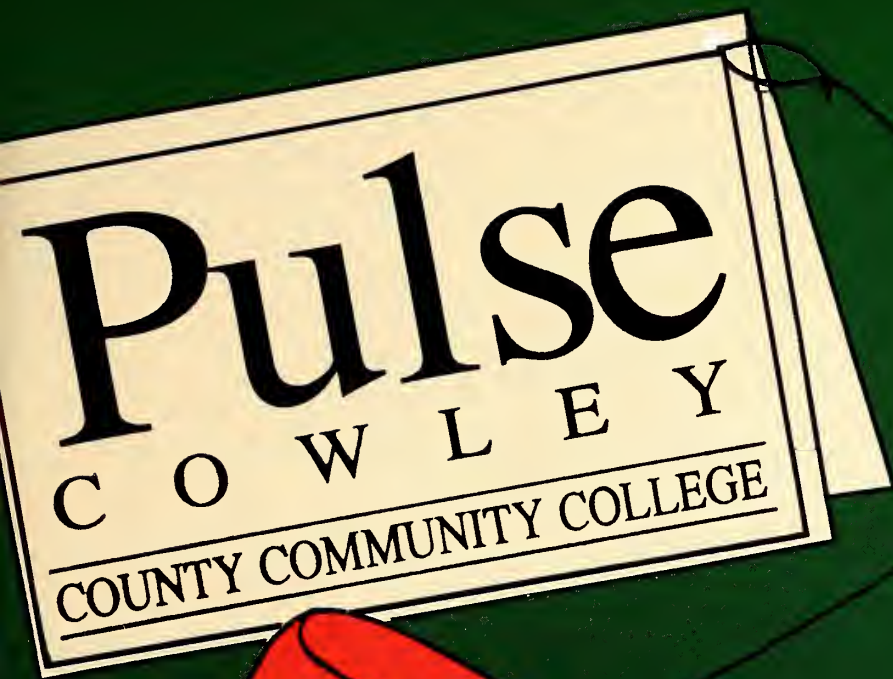
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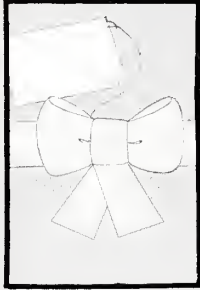
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CHRISTMAS 1988

ON THE COVER



Our gift to you this holiday season is a wish for warm moments and memories with friends and family. We hope the contents of this magazine may add to the spirit and joy of the season. Merry Christmas from the **Pulse** staff.

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Pulse

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EDITORIAL NOTE

'TIS THE SEASON



If I had to choose one holiday I thought everyone looked forward to, I'd choose Christmas. I say Christmas for several reasons. Listed below are some idiosyncrasies of the season:

1. What other time of year does everyone in the family receive gifts instead of just one person?
2. How often does Santa Claus visit your house besides Christmas?
3. What other holiday can the whole family be together again?
4. What other holiday can you say you don't mind the high electricity bill because of the thousands of lights you've used to decorate the house?
5. What other season are you ambushed with catalogs from every store you've ever been in?
6. For many people, especially college students, Christmas is a long vacation away from work and school?
7. What other holiday do you need a mistle toe to kiss someone while standing in a doorway?
8. How many people keep a Christmas tree in their house 365 days of the year. And if you do, I hope it's not still decorated for the sake of not having to hassle with it every year?
9. What other season do you get to hear Bing Crosby sing "White Christmas"? (which we hardly ever have).
10. What other holiday do we sing about reindeer?

I know I haven't hit on all the highlights of Christmas, but hopefully I have hit upon ones you don't normally think about.

Christmas to me is a time to celebrate Christ's birthday but to also laugh and have fun. Getting to spend time with family over the holidays is what it's all about. You decorate the tree, put up Christmas lights around the house and if you're lucky, you can build the first snowman....together. And no matter what gifts you get from the family, you'll love everyone.

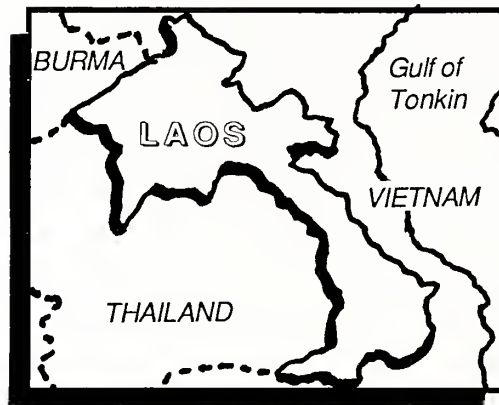
Now that the Christmas season is finally here, I can feel the excitement in the air around the campus. As I look at all the happy students, I can't help but wonder, what everyone is going to be doing this year for Christmas.

*Dawn
Segrist*

**FREEDOM
AT
LAST**

A fresh start

for two



Cowley students

by TONYA RUDOLPH

Freedom. Something most of us take for granted. However, two Cowley students value the freedoms they have in America that were taken away from them in their homeland of Laos.

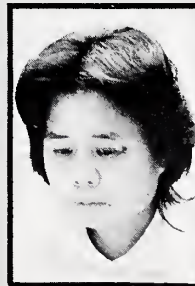
Laos is located in Asia east of Thailand. It was a free country until 1975 when it was overtaken by the Communists.

For Monh Kingsada and May Phabmixay, escaping from Laos was the only answer.

Both escaped within a year of each other and now live in Winfield. They both work, have families and are studying to pass their GEDs.

Monh's escape began when her mother, who lived in Thailand, hired two men to go to Laos and bring out Monh and her family. It was September, 1978, when Monh, her husband and two small children gathered on one bicycle and pedaled to the nearby town of Dongkaleuam. There, they waited with the men at the Mekong River. They waited for a signal from the boat they were ride to safety in, but to their dismay, the signal could not be seen in the rain and lightning that had begun. They

STRAIGHT TALK



Monh
Kingsada

**"We did not know
if we were going to
be killed..."**

waited for hours.

"We did not know if we were going to be killed or not because we waited for so long," Monh said.

Finally, one of the men swam over and got

the boat. Monh and her family rowed 30 miles to freedom in Thailand.

However, their freedom was short lived when they were thrown into jail the next day. They stayed there for two weeks.

"We were in a very small cell and there were about 50 people crowded together," Monh said. "We could hardly sleep."

Then, they were taken to a prison.

"You could get out if you had money, we didn't have any, so we stayed in prison a month," Monh said.

Finally, their turn to be released came. They walked to her mother's camp in Nong Khai. They stayed there for a year and three months.

"We weren't allowed to stay in Thailand because they have too many people already, we had to decide where to go," Monh said.

The first opportunity to leave Thailand was made by a friend who had already come to the United States through the sponsorship of the First Baptist Church. They got in contact with the church and they sponsored Monh and her family also.

They were flown into San Francisco and then transferred to Kansas. Help was given to them the first month they were in Winfield.

"My husband got a job the first month we were here, so that's how we made it," Monh said.

Success and experience is also shared by May Phabmixay. Her escape from Laos was similar, but less dangerous. May was teaching school that day in April, 1979, when the children were released early. May left early too and walked to the nearby Mekong River with her brother, her cousin and her future husband.

"The soldiers had orders that day not to shoot anyone by the river since the president of Laos was in Bangkok, Thailand," May said.

Taking advantage of the situation, May and the rest of them swam halfway across the river to the Thailand side, where they were picked up by a Thai boat.

They were taken to a house, where they were watched as in a jail, for three days. From

there, they went to a prison relief camp for a week. When they were released, she traveled to the same camp in Nong Khai that Monh and her family had stayed at. During the eight months she was there, she was married. She and her husband planned to go to France because they could speak some French. However, the U.S. was helping send Laotians over to the States if they had either been in the military, worked in the government or had family already in the U.S. Luckily, May's husband had served in the military.

They were sent to Boston. "We were there seven months, but we were lonely," May said.

They then traveled to Winfield since May had cousins there.

It wasn't easy for May or Monh when they arrived in Winfield. Neither could speak

English.

"I just picked it up from other people," Monh said.

"We learned by reading English since it's similar to French," May said. "You can fake it out by guessing."

The biggest problem they had, however, came from the American people.

"They were jealous of us and broke into my house because they didn't think we belonged here," Monh said.

The Americans also liked to make fun of them because they were foreigners.

"We were made fun of and ridiculed," May said.

The greatest reason why the Americans did these cruel things was because they thought our government was supporting these people.

"They think the government gives us money, then why do we have to work," Monh asked?

In fact half the money they received to fly over here has to be paid back when they are able.

Nevertheless, Monh and May agree that they don't have any problems now with Americans.

"They accept us now and it's okay," Monh said.

Both are working towards their GEDs at Cowley. The program, which offers more than GED study, is ran by Terry Eaton and LeAnn Sturd.

"It's a good program and the teachers are very helpful," May said. Monh also agreed that the program is really helpful.

Learning to adjust to new ways and a new culture hasn't changed their way of thinking. "We want to be friends with everybody and we want peace and quiet, that's why we came here," Monh said.

"This is our home now," May added. ■

LOOKING OVER SOME WORK-Monh Kingsada carefully views a test she took for her GED study. Kingsada is one of many who takes advantage of Cowley's GED program. (Photo by David Tobias)



CHENOWETH: Dedication to Goals and Students Part of the Job



by ROBYN CHRISMER

Shelly Chenoweth, new admissions counselor, enjoys helping people. A Kansas State University graduate, Chenoweth came to Cowley in late September and has found that recruiting students is more than just a job.

"To think that I am going to help them (students) go on and get a college education, really makes me feel I have a mission in life," she said.

Chenoweth has set several goals for this year, both professional and personal. One of her professional goals is to increase enrollment at the College.

"We have goals set for the number of students we want to recruit from certain schools, and I want to make sure I meet those goals and then go over them," she said.

Chenoweth has also become active in setting up new programs. She is in the process of starting two ambassador programs. The first is an ambassador program for students who will give tours of the campus and represent the College at official functions when asked. The second is an alumni program to put former and present students together to discuss their areas of study.

A journalism major, Chenoweth's personal goals are to continue writing and to publish a book.

"I have some letters that are my great-great-great grandmother's that I want to make into a book," she said. She also does some freelance writing in her spare time.

"I'm still doing free-lance writing a little bit on the weekends and evenings, and continue to publish, because I think it is really important as a writer, even though I'm not working as a writer in this capacity. I need to keep that up because it's just like anything if you don't practice you don't get any better," she said.

Even with her job and writing, she finds time to spend with Clay, her husband of three years. They met at college while Clay was getting his degree in agriculture economics and animal science. Chenoweth says they became best friends and helped each other through college.

"I was real studious and he wasn't and we balanced each other out," she said.

With this balance, Chenoweth and her husband share several common interests. They are both interested in travel and tourism and they plan a trip to England for their fifth wedding anniversary.

But travel is only one of her interests. While getting her degree in journalism,

HELPING STUDENTS
FEEL COMFORTABLE
WITH COLLEGE LIFE
AND SUPPORTING
THEM AFTER THEY
HIT CAMPUS IS
IMPORTANT TO
CHENOWETH

she also studied literature.

"I have about two-thirds of a literature degree but I just never got around to finishing it. I just did it because I read all the time anyway, I figured I might as well get college credit for it," she said.

She also likes to bake and cook and work with computers. She has an IBM Personal System II which she keeps her journal on.

"I have kept a journal since I was in the fifth grade and I keep telling Clay that when I'm famous, they'll publish my journal and we'll have all this money from it, but he just laughs," she said.

She writes in her journal each day, and she tries to write something other than "I went to the grocery store."

"Putting it on the computer is the best way for me to keep the journal because I can type faster than I can write. I did make a mistake this summer and I didn't back up the disc. I blew up the disc and lost everything," Chenoweth said.

In addition to her writing, she has a great enthusiasm for people. She says the best part of her job is meeting people.

"It's a lot of fun to work with high school students because they are so excited," she said. "They have taught me a lot about dealing with students. They are so sophisticated. I don't remember being that sophisticated when I was 17 years old," she said.

She enjoys working with the students because they have a lot of questions, need information about college and help with financial planning. Because she wants the students she meets to feel comfortable with college life, she plans to be available for questions and support after they come to school.

Chenoweth feels dedication is imperative to staff members. The one thing that upsets her about her type of job is a lack of dedication.

"It bothers me that sometimes the high school teachers and counselors don't take the time to learn about scholarships which are needed by many students to go to school. And if the counselors don't know about them, then they can't help the students," she said.

Cowley is the kind of school where Chenoweth likes to be.

"I always thought it would be fun to work back in a college-type atmosphere," she said.

She is impressed by the students and

teachers. She also thinks Cowley offers outstanding programs.

"I really like it here, and the longer I am here the more I like it," Chenoweth said. ■



MAY I HELP YOU?- Shelly Chenoweth keeps in touch with recruits. Part of her job is to make follow-up calls with students who are considering attending Cowley. (Photo by Todd Kennedy)

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BERNHARDT: Is a Class Act in Fall Play

by ROB GLENN

Act one. Scene one. Stage right. The setting is the apartment of Don Baker, a blind man portrayed by John Bernhardt.

The play is "Butterflies are Free", the fall production under the direction of Dejon Ewing. The play was held Nov. 17-19.

"The play was great. I've never had a chance at a serious role, and it was a thrill. Working with John was a privilege because he knows what he is doing," Swartz said.

Bernhardt spent the summer of '88 performing with the acting company Horsefeathers and Applesauce.

"I saw an advertisement saying they needed actors and actresses so I auditioned. They called me and asked me to join them. So I did," he said.

The company lived in the honor dorms at Southwestern College in Winfield. The housing was free with an allowance of six dollars a day for meals.

"Right now I need a lot of experience. I don't need the money or material things. That is why I joined the company," he said.

Bernhardt received this experience as the company did two musicals and one play in the course of two months. Each production was performed 10 times.

"We did more than act. We also built sets, made costumes, set up the dining tables, and served meals," he said.

The company hosted dinner on performance nights for approximately 100 people. The attendance increased for the

(Please turn to page 32)



Comic relief gives GARRET ERICKSON

the stuff it takes to show up the best of 'em

by Shelly Swartz

*I first saw Garret Erickson when I moved to Ark
city my junior year.*

*When I was a senior we were both involved in the
all play. He was light director and practically built the*

entire set himself.

*I was complaining for having to work on the set,
while Erickson was busily hammering away-with only
one arm.*

Erickson, who lost his left forearm in a lawnmower accident at the age of four, says he no longer realizes he has a handicap. He claims the only things he can't do are tie his own shoes and roll up his shirt sleeve.

Joking about his handicap is one way Erickson has learned to deal with it. He feels people out by their reaction to his arm and says his sense of humor sometimes surprises them.

"I've always been accused of having a sick sense of humor," he said. "I never settle down and I'm always carrying on

about something. I joke about my arm a lot and maybe that's why people consider me sick."

His license plate even reads "One Arm Bandit."

Erickson says it's important for a person to laugh at themselves and realize their faults before they can be a happy person. Maybe that's why it's easy to recognize he has a positive outlook on life. But that doesn't mean their aren't "down" times, too.

Having only one arm is sometimes still discouraging because he says he has to

prove himself by doing at least twice as

good as the next person.

"I like to show people up," he said.

Because of his interest in theatre technical work, Erickson joined the production crew of "Butterflies are

Free," the College's fall play. Director Dejon Ewing says he's an important part of the staff.

"He's knowledgeable and works independently," Ewing said. "I rely on him a lot and feel fortunate that he is on our work/study program and is interested in theatre."

Erickson hopes his technical knowledge might help him acquire a theatre scholarship at Emporia State University after he leaves Cowley.

He's considering Emporia for several reasons.

"I heard they have a really good business program," he said, "and although it's not huge, it is big enough."

At Emporia, he plans to major in accounting, an area he became interested in because of Velda Stewart, his high school accounting instructor.

"I decided on accounting because CPAs (Certified Public Accountants) make boo-kooz amounts of money," Erickson said.

After he finishes his education he wants to return to Arkansas City where he has lived all his life. He jokes about being rich and retired in 10 years because he says, "the rich are always retired."



CHNICAL TRICKS-Garret Erickson gives Instructions on adjusting the
hts for the fall play "Butterflies are Free." Erickson hopes his skill will
p him get a scholarship to complete his education after he finishes Cowley.
oto by Todd Kennedy)

TAL ATTRACTION-Jill (Danielle McCall) affectionately hugs Don (John
nhardt) during play practice. Bernhardt spent last summer improving
acting with Horse Feathers and Applesauce. (Photo by David Tobias)

*Erickson's life is still busy as ever. Not only is he on
work-study and a full time student, but he also maintains
a part-time job at Wal-Mart.*

*I made the play this year and so once again Erickson
and I are working together. His sense of humor hasn't
changed much, in fact, his willingness to work hasn't
either. ■*

HARD AT IT-Alvin Asbury works diligently on the leather clock he is creating. The Arkansas City native does leathercraft as one of his many hobbies. (Photo by Rob Glenn)

From amputations to high expectations

ALVIN ASBURY

*keeps his spirits up
and lives one day at a time*



BIG WESTERN HOWDY-Alf, a.k.a. Alvin Asbury, gives a friendly wave to his fans. Asbury's handicap helps him portray the hairy, animated star at contests and make \$20 an hour entertaining children's parties. His prize-winning costume consists of an Alf mask and home-made accessories. (Photo by Rob Glenn)

by **ROB GLENN**

A pioneer of the 80's. This phrase is how Alvin Asbury's uncle describes him. At the age of 30, Alvin is a recovered alcoholic and drug addict, a diabetic, and an amputee of both legs. He is also three-fourths blind in one eye and may need a kidney transplant.

Many people cannot cope with one of these handicaps, but Asbury doesn't consider them obstacles.

Going to Cowley, Asbury still has time for extra curricular activities. He coaches a ball team in the summer, fishes, hunts, camps, and dresses as "Alf" for a hobby.

"My spirits seldom get down. I don't want people feeling sorry for me. So I can't feel sorry for myself," he said.

In 1976, Asbury unknowingly developed a dependency to drugs and alcohol. Peer pressure played a large part for his obsessive use of liquor, acid, marijuana, and other drugs until 1981.

"I'm proud to say I did them, because I don't now. I could see my attitude and feelings change. I quit because I wanted to. I've been clean of drugs for one and one-half years," he said.

Asbury's leg handicaps began in the summer of 1983 when his right toe became infected by a nail. The infection grew worse due to diabetes, resulting in

the amputation of the toe. The infection spread in the right foot, forcing it to be amputated in November of 1983.

"I told my doctors I was tired of being in pain, and I wanted them to amputate my foot," he said.

Without the use of his right foot, a lot of pressure was forced on the left leg, crushing the foot. The amputation of the left foot in March of 1984 was necessary.

"It was hard trying to learn how to walk because I had to learn which leg to lean with," he said.

Asbury also had to learn how to eat properly to avoid too much sugar in his bloodstream. In 1985, the lack of insulin sent him into a coma.

"I fell unconscious and woke up three days later in intensive care at St. Joseph hospital. I had to stay in the hospital for two weeks," he said.

In April of 1986, infection found its way into Asbury's right leg, forcing it to be amputated below the knee. In April of 1987, the left leg became infected and was amputated below the knee.

"Diabetics get sick easily. Infections like mine are quite common in diabetics, though doctors say it's uncommon in young people," he said.

Being a diabetic has caused Asbury other hardships.

"I am three-fourths blind in my left eye due to an insulin reaction caused from



blood sugar. I blacked out and a hemorrhage started in my eye. I had three laser surgeries in my left eye and one in the right," he said.

He must return to the hospital every three months for a diabetic checkup, and every six months to have his legs readjusted. But he doesn't abstain from his favorite activities.

One of Asbury's pastimes is dressing as the television character "Alf". He developed this identity when invited to a Halloween party in 1987.

"I really enjoy dressing as Alf for parties because he is my hero and everyone likes him. I also attend children's parties.

For \$20 an hour, parents can rent Alf to entertain," he said.

The "Alf" costume consists of an Alf mask and fur gloves with four fingers. Asbury removes his prostheses (artificial limbs) and uses knee pads and fur for the feet. The costume is topped off with a white hat and coat.

"I have placed first everywhere I have been, making over \$300 in prizes," he said.

Asbury placed first at the Cowley Halloween dance on Oct. 30. The dancers voted on the best costume and he won by an overwhelming vote of cheers.

Asbury graduated from Cowley in 1988

with an associate's degree. Currently he is enrolled in nine hours. In the spring, he plans on transferring to Emporia State or Southwestern to further his studies in social work/counseling. He would someday like to be a counselor in a drug rehabilitation center.

"You just have to say no to drugs. Be a strong hitter about it. Don't let anyone encourage you," he said.

Asbury believes in moving his life in the right direction. Leaving the life of drugs and surgeries, he is looking ahead to a career and family.

"I live life one day at a time, taking it all in stride." ■



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"JOY TO THE WORLD"

For Kenneth Judd, Music Is The True Meaning Of Christmas.

by LIZ RILEY

Kenneth Judd, vocal music instructor has his own true meaning of Christmas.

"Joy," said Judd. "You can walk down the street at Christmas time and greet people that you would not normally speak to."

Judd has his favorite in Christmas music, too.

"'I'll Be Home for Christmas' just tears me up. So does 'White Christmas'," said Judd with a tear in his eye.

Christmas is also a favorite time for his groups to perform.

"I have a friend, who down through the years, has been to all of our concerts and has said after our programs, 'Now I'm ready to start Christmas'," said Judd.

Judd says that music at Christmas is what the season is all about.

"Through the music that we do from year to year, it can bring people happiness and bring out the meaning of Christmas a little more. That's the whole purpose for living." "I could sing Christmas music all year long if someone would listen," said Judd.

From his birth until now Judd, has loved music.

"It was the talent I was born with," Judd said. "I've sung ever since I was four or

five years old."

Voice is not his only musical talent.

"I quit piano when I was 13," he said. "I can still play, but I can't accompany anyone unless it's what I want to play."

Judd enjoys the piano and music. Something he has done for quite some time.

"It's taking a group of people with varied talent and mold them into something they didn't expect. That is my greatest pleasure in music," Judd said.

Out of the 41 years he has been teaching, Judd has had two pupils become famous.

"Norma Sharp was my most famous," said Judd. "She is an opera singer in Europe, mainly in Germany."

"Darla Davis was the other," Judd said. She and her husband sing contemporary Christian music."

Having dealt with music all his life, Judd does have a favorite style of music.

"Music of the Baroque Period or Romantic Period, it's highly melodic."

Barber Shop is another source of enjoyment for Judd.

"I started back in the late '50s when I came to Ark City," Judd said. "I had some friends who were interested so we started a quartet. Many a night we were singing out in the yard until two o'clock in the morning," he laughed.

Judd's not the only one in Barber Shop.

"My wife got involved with the Sweet Adeline's. I really took interest in that," said Judd.

The role for Judd has changed over the years.

"Since about 1975 it hasn't been participation as much as being an avid fan," said Judd. "It's like the guy who goes to the baseball game to watch and enjoy and doesn't play."

Travel has been an interesting part of his years in Barber Shop.

"I've been to four international barber shop contests at such diverse places as Salt Lake City, Utah, Minneapolis, Minnesota, Indianapolis, Ind., and then this summer we went to San Antonio, Tex.," Judd said. "If we had the horses for a girls group next semester, we might do it."

Judd has made many treks throughout America, but he has also hit Europe.

"In 1973 we started taking groups from the High School to Europe to perform," said Judd. "The first group was totally community sponsored through bake sales and what have you."

"The first group came back and it was totally glorious," said Judd. "It was a filled thing but it was also a music thing. They gave five performances. The women generally performed in cathedrals and churches," Judd said. "One year we were

lucky enough to give a concert in St. Paul's Cathedral in London. That was the only time we got to perform there. We had always gone as 'sightseers,' but not as performers."

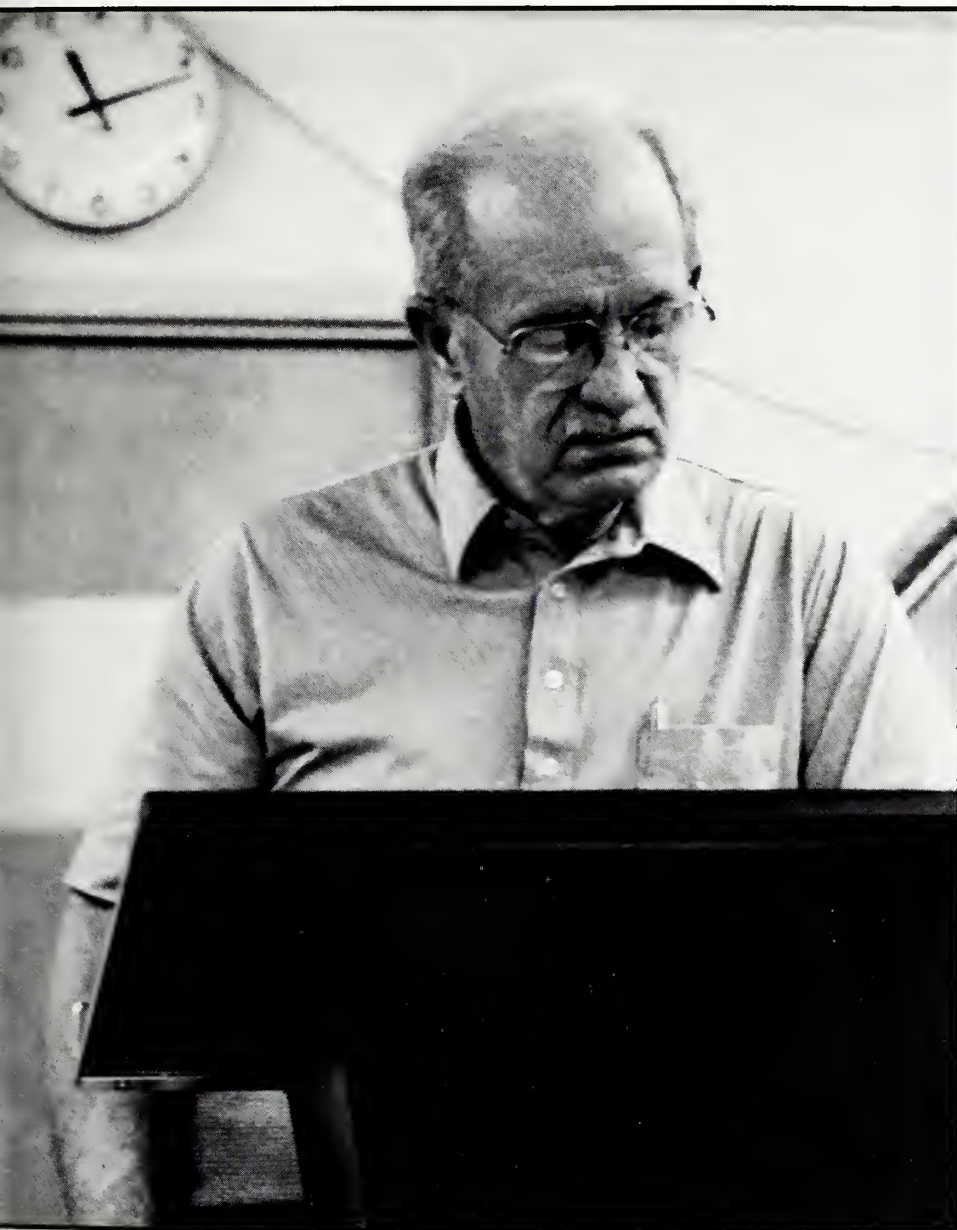
The tour taught the groups a lot about architecture.

"One of the most interesting Cathedrals we sang in was the one in Chatre, France. It's the type of building, if you can imagine, that took so long to build that they got one spire built and by the time

they got the other spire built it had to be of a different design because there was nobody around to build it like the other one," Judd chuckled. "It's always interesting because one spire is here and the other spire doesn't even match it."

For Judd each trip was a good one.

"I never took a group that didn't enjoy themselves," said Judd. "There was one girl who thought she wouldn't enjoy herself, but she ended up having a great time." ■



BEHIND THE STAND-Kenneth Judd, vocal music instructor, sits behind his stand during his vocal ensemble class. Judd's vocal classes will be performing for Christmas Vespers on Dec. 1. Judd says music and Christmas go hand-in-hand, and without music, there would be no joy in Christmas. (Photo by Liz Riley)

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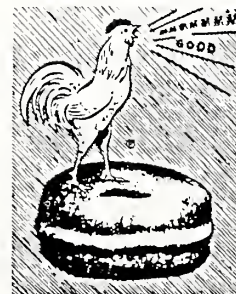
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by SHANNON WINEINGER

At Cowley, the words Halloween, October and Celebration all have the same meaning Arkalalah. "Arkalalah is a tradition in Ark City," Bob McGehan, executive secretary of the Arkalalah activities said. "Everyone looks forward to it every year."

But this year was different. For the first time ever, the 57th Annual Arkalalah, entitled Masquerade, began its celebration on Thursday night rather than on the traditional Friday afternoon. The new Thursday night activities included an evening light parade followed by a \$1,500 fireworks display on the Cowley campus which could be viewed from the downtown area.

"The light parade and fireworks display were new this year," McGehan said. "It was a way to sort of start things off with a bang."

Nearly 5,000 people gathered to watch the evening parade in which Cowley was heavily involved. The Pep Band, a float built by the students in honor of last year's Queen Alalah, Felicia Cox, and a dozen students dressed in cartoon caricature heads were the main attractions that Cowley offered the spectators.

"At first I felt a little silly in my caricature head," Tonya Rudolph, Queen Alalah finalist, said. "But since no one could tell who I was, I loosened up and had a lot of fun."

Friday continued things with more carnival rides, craft shows, contests and the popular Kiddie Parade.

"The Kiddie Parade gives the youth of the community a chance to show off their own costumes and creative ideas," McGehan said.

Friday evening held the time slot for the traditional crowning of Ark City's Queen Alalah. The five finalists for Queen included Cowley sophomores Tonya Rudolph, Christie Clark, Rebecca Woods, Dawn Segrist and Stephanie McCorgary. Runner up for the title was Christie Clark. Stephanie McCorgary received the crown

and began her reign as the 57th Queen Alalah. McCorgary was surprised and excited to be crowned queen.

"It was a total shock," McCorgary said. "I kept saying to myself, 'He couldn't have said your name'. (When Queen Alalah was announced.) It's still hard to believe."

ARKALALAH

Halloween, October, Celebration!

Other attractions such as the haunted house, sponsored by the local Jaycees, and Spooksville also drew large crowds.

As Saturday dawned, the true feeling of Arkalalah was being felt.

"Saturday is often regarded as the big day of Arkalalah. The parade is probably the main reason, but the whole day is filled from morning to night," McGehan said.

The Saturday activities began with the 6 a.m. all you can eat Kiwanis pancake feed and progressed on through numerous shows, crafts and races right to the band contest at Curry Football Field. Bands from all over came to strut their stuff and show their style to the judges. Many other bands that did not compete in the contest still showed up for the chance to display their talent in Saturday's parade.

"We had approximately 40 bands participate in Arkalalah this year. That is

the largest number to date," McGehan said.

After the contest, the band members like nearly every other person in town stayed around for the parade at 2 p.m.

"Something else new this year was the announcement of the band contest result at the parade. We've never been able to do that in the past," McGehan said.

The parade ran from Wilso Park to the old Newman building and attracted many participants as well as spectators.

"This year there were about 11 entries in the parade and it lasted about two and one half hours. That's about average and about what we like to see," McGehan said.

The main attraction Saturday evening was also a little different this year. The filming of the Kansas Lottery show, entitled "Lotto Live", was held in Cowley's W.S. Scott Auditorium. Cowley's Wind Ensemble and Tigerette Dance Line kept arriving spectators entertained before the airing of the show.

"We were contacted by the people from Lotto Live and asked if we would be interested in hosting one of the shows and if we were interested, what a good time would be. Arkalalah weekend worked out perfectly," McGehan said.

After the winnings at the Kansas Lottery, the evening and, likewise, the festivities began to wind down.

"The Arkalalah celebration ends when the last soul is just too pooped to celebrate anymore," McGehan chuckled.

It's obvious to see, although almost impossible to name, every event and detail involved with Arkalalah, but what does it take to pull off such an extraordinary celebration?

"It's a lot of hard work and organization," McGehan said. "But many people are willing to offer their help that it always seems to go off with very few flaws."

This year's Arkalalah committee consisted of: Bill Docking, chairman; Dan Collinson, Jim Munson, John Stur

nd Mike Hylton. Each member of the committee has his own position and specific duty.

"The committee and I meet each year right after Arkalalah to begin planning for the next year," McGehan said. "It's a year-long project but I enjoy it."

McGehan has been in charge of planning and coordinating all Arkalalah activities for seven years. He claims that he will continue doing it as long as things keep going well.

"As long as I keep having the kind of luck and success that I've had in the past, I stick with it," McGehan said.

So, as the clean-up for approximately 10,000 guests at this year's Arkalalah began on Oct. 29, another memory was packed away in the attic of Ark City's story. ■

ROYALTY SHINES-Chris Whyde shares a laugh and a dance with Stephanie McCorgary after she was crowned 57th Queen Alalah on Oct. 28. (Photo by David Tobias)



Queen Alalah LVII

McCorgary's Moment in the Spotlight

It's easy to spot this year's Queen Alalah, Stephanie McCorgary. She's the brown-eyed brunette zipping around campus in her sporty, white Dodge Daytona.

McCorgary lives at home with her parents, Steve and Cheryl McCorgary. She has three brothers and sisters Dionne, Aaron and Debbie. She has lived in Ark City all her life. After graduating from Ark City High School in 1987, she chose to attend Cowley. And while her major is undetermined, her preference seems to be in the business area.

"I'm taking a lot of business classes," McCorgary said. "I'm strongly thinking about business my future."

After this year, McCorgary plans to transfer to Emporia State or Wichita State, she says things are going to get a lot tougher.

"Studies have always been easy for me but it keeps getting harder and harder," McCorgary said. "I'm really going to have to concentrate on my studies."

Working an average of 20 hours a week at Dillons while going to school, has kept McCorgary's schedule filled. She admits socializing has been cut to a minimum.

"I really don't have time to do too much other than work and go to school," McCorgary said.

She also says she has no real hobbies but enjoys in music.

"I just don't have time for

any hobbies but I love music," McCorgary said. "I sing a lot when I am alone. I like older rock-n-roll like the Beatles and Elvis Presley. I love Broadway music. I want to go to Broadway some day."

She says even though she will always remember the Queen Alalah Coronation, it is not the one memory that will stand out in her mind for the rest of her life.

"I'll never forget the drive from the banquet at the Regency Court Inn to the Coronation," McCorgary said. "We had the police escort through town and everyone just moved out of our way. Then arriving at the auditorium in the limousine was great I felt like a celebrity when

I stepped out of my limousine. Cameras started flashing and people were standing around watching. I'll never forget that moment."

McCorgary thinks the memories of this occasion may even replace the one memory that has stayed in her mind from years past.

"Before this year, my greatest memory from Arkalalah was marching with the band in the Kiddie Parade my seventh grade year," McCorgary said. "I was so scared of messing up. I wanted to do everything right."

So with pleasant memories Cowley's Stephanie McCorgary goes down in Ark City history as the 57th annual Queen Alalah. ■

Twenty



Name: Sarah Poole

Age: 18

Birth-place: Terrace,
British
Columbia

H.S.: Surrey, B.C.

No. of yrs
in tennis: 12

QUESTIONS

This new section, "Twenty Questions," is designed to help PULSE readers get a better look at some of the people at Cowley. "Twenty Questions" is put in question and answer form so that it will give the full effect of the interview. This issue's interview is with Sarah Poole, Canadian native, who is now playing tennis for Cowley.

POOLE: I came to Kansas because of Cowley. I played basketball and volleyball in high school, but I wanted to play tennis at a college level because it has more of a future in it. In the states they take sports more seriously and more competively.

by CHRISTIE CLARK
DAWN SEGRIST

PULSE: Why did you decide to come to Kansas, and why Cowley?

PULSE: What has been the biggest adjustment since you came to

Kansas?

POOLE: Leaving all my friends. The people here in America talk and act different. You can always tell the difference between an American and a Canadian.

POOLE: Are the holidays in British Columbia celebrated differently than they are in the states?

POOLE: The only difference is that Thanksgiving is in October instead of November. This year, Thanksgiving for me is a month late.

POOLE: How do you plan to spend Christmas this year?

POOLE: I'm heading home! When Dec. 14 hits, I'm boarding that plane and I'm gone. When I get home, I'll probably just spend time with my family and friends and catch up on all of the gossip.

POOLE: If you had just won the Kansas lottery for \$50,000, how would you spend it?

POOLE: First I would buy a car. I would also like to go to school a couple more years and then do some traveling. I really like to travel.

POOLE: If given the chance to travel into space would you do it?

POOLE: Yes, definitely. Space seems exciting. It's what the future is going to be. Traveling into space would be like traveling in the future.

POOLE: In British Columbia, are the class requirements different from those in the states?

POOLE: Basically, they are the same except French is required in grades 8-10. To go on to a university, a student must have

had English and have taken four to five years of another language.

PULSE: Do you think school is harder in British Columbia or here at Cowley?

POOLE: School is harder in British Columbia. Class levels here are like our high school levels. Because it is a bilingual country, there is a lot of emphasis on the languages and that makes the education level harder.

STRAIGHT TALK



Sarah
Poole

"I thought I heard something coming so I started running and I fell and ripped a hole in my jeans."

PULSE: If you could invent one convenience for the future, what would it be?

POOLE: That's tough. I guess I would make travel from place to place easily accessible and cheaper. If travel wasn't so expensive, people would travel more. People need to get out more. I get a lot of people who think I live in an igloo. Plus

traveling to different countries is good because it gives people knowledge of other people in other countries.

PULSE: If you were stranded on a deserted island for six months and could only have one food, what would it be?

POOLE: It's hard to pick just one...I guess baked potatoes, they're really good...but spare ribs are pretty good too. It would be hard to pick just one.

PULSE: If you had to pick an idol, who would it be?

POOLE: Mickey Mouse. He is great. He's always having a good time and he's a real cool guy. He gets to live in Disneyland and he has so many friends.

PULSE: What has been your scariest experience?

POOLE: Well it happened last week. (In October) I went to Spooky Hollow (an ominous attraction southeast of town).

PULSE: Oh. Well that explains it.

POOLE: Yes well some friends took me there, stopped the car and Terry Sims got out of the car and went into the woods. They kept telling me there were satanists out there. I got out of the car and went into the woods. I thought I heard something coming so I started running and I fell and ripped a hole in my jeans. Ark City is okay, but I don't like Spooky Hollow.

Sarah Poole is only one of the many people at Cowley who we don't hear about every day but we probably should. If anyone has a person that they think would make a good "Twenty Questions" subject, please bring your ideas to one of the PULSE staff members. ■

E

everyone could use some new recipes for the holiday season, so we asked some of the local "experts" to contribute to

this issue.

We encourage everyone to try these famous holiday recipes and to bring some successful samples to the magazine staff. We meet at 9:40 a.m. every Thursday in the basement of Galle-Johnson Hall and we love to eat.

Christmas cookies Ice box

1 lb. Margarine
2 1/2 c. Sugar
3 Eggs
1 c. Walnuts
1 tsb. Soda mix with flour
2 tsb. Vanilla
1 c. White Raisins
1 lb. Mixed candied fruit
1/2 lb. Currants
5 1/2 c. Flour
Roll into log rolls.
Refrigerate. Slice to
bake. 350 degrees for 10
minutes.

-- Imogene Leach

Microwave Hot Beef Dip

1 2 1/2-oz. jar dried beef,
chopped
1/2 c. Parmesan cheese
1/2 c. Sour cream
1/4 c. Chopped green
onion
1/4 c. Salad dressing
1 8-oz. Package cream
cheese, softened
1 tbsp. Dried parsley
flakes
Combine.....dried beef and
1 cup water in 4-cup



*Hopefully our Street Beat section will help keep you abreast of local happenings and inform you about new areas of interest in Cowley County and the surrounding areas.
(compiled by Christie Clark and Dawn Segrist)*

glass measuring cup.
Microwave....on high for 3
minutes.
Drain....well.

Stir....in remaining ingre-
dient mixing well.
Microwave....on Roast to
120 degrees on food
sensor.

-- Carol Hobaugh-Maudlin

Strawberry yogurt frost

1 10oz. pkg. frozen sliced
strawberries
1/3 cup instant non-fat
dry milk
1 1/2 cup plain yogurt
1 cup water
1 tsp. vanilla
Cut frozen block of
strawberries in half.
Put ingredients in blender.
Process until smooth.
Makes six to eight
servings.

-- Laura King

Marbled spice cake

3/4 c. butter, softened
(1 1/2 sticks).
1 c. sugar
2 large eggs, at room
temp.
2 1/4 c. cake flour
2 1/2 tsp. baking powder
1/2 tsp. salt
3/4 c. milk
2 tbsp. light molasses
2 tsp. ground cinnamon

1/2 tsp. ground cloves
1/2 tsp. nutmeg
1. Heat oven to 350
degrees. Grease and flour
loaf pan (9x5x3 inch).
2. In large bowl with
mixer, beat butter and
sugar until fluffy. Beat in
eggs. Beat in one cup
cake flour, baking powder
and salt. Beat in
remaining flour alternating
with milk until smooth.
3. Spoon 1/3 of batter
into small bowl; stir in
molasses and spices until
mixed. Into loaf pan,
spoon about a half-inch
layer of plain batter.
Spoon spice batter and
remaining plain batter
alternately by spoonfuls
into pan. With table knife,
cut through batter several
times to create a marble
effect.

4. Bake 60-65 minutes or
until cake tester inserted
in center comes out clean.
Cool 10 minutes on wire
rack. Remove from pan;
cool completely. Serve
plain or with baked apples,
ice cream, or sprinkled
with powdered sugar.

-- Vickie Ayers

Jello divinity

Cook to soft ball stage:
3 c. sugar

3/4 c. white syrup
3/4 c. water
Beat 2 egg whites un-
stiff. Gradually add
package jello and 1 c.
nutmeats. Pour hot syr-
mixture over beaten e-
whites and contin-
beating until it is stiff a-
loses its gloss. Drop 1
teaspoon on wax paper.
Cherry or strawberry je-
makes pink divinity.

-- Patricia Lawson

Christmas strawberries

Mix and shape like berrie-
2 packages strawber-
jello
1/2 c. Eagle Brand
condensed milk
1 c. coconut
1 c. finely chopped nu-
Roll berrues in red sug-
Make stems with almo-
sliver dipped in condens-
milk and green sug-
Store in refrigerator
covered container.

-- Patricia Lawson

Nab eggnog

6 eggs, separated
2 c. heavy cream
3/4 c. sugar
2 c. milk
Beat yolks and whi-
separately. Add 1/2
sugar to yolks wh-
beating. Add 1/4

ugar to whites after
aving been beaten very
tiff. Carefully mix the
olks and whites together.
tir in milk. Beat 2 cups
eavy cream. Fold
ixture all together.
erve cold with grated
utmeg.

**Governor and Mrs. John
Carlin**

reezer punch

46oz. can orange juice
46oz. can pineapple
juice
46oz. can grapefruit
juice
6oz. can frozen
limonade
quart ginger ale
lace cans of juice in
eezer with lemonade the
ay before the party.
remove from freezer 45

minutes before you are
ready to mix punch.
Empty cans into punch
bowl. Pour ginger ale over
juices and serve. Mint is a
pretty garnish. Yield: 40
servings.

-- Carolyn C. Terhune

Percolator punch

1 qt. apple sider
1 pint cranberry juice
1 c. orange juice
3/4 c. lemon juice
1 c. sugar
1 tbsp. whole allspice
1 tbsp. whole cloves
3 cinnamon sticks
Pour apple cider and fruit
juices into coffee pot.
Place other ingredients in
basket of percolator and
perk.

-- Jan and Bob Frey

PULSE TRIVIA

Q. What is the most
popular Christmas gift of
the 1950's?

A. The Terry Lee Kewpie doll.



THUMBS UP to the baseball
players for being rowdy and raising
the spirit at Cowley basketball
games.

THUMBS DOWN to finals because
they make us all tense and
sometimes lower our grade.

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Say
farewell
to
flat
hair.

LOOKING BACK

*While the calendar may change
from the '50s to the '80s,
the sentiments of Christmas
remain the same*

by SCOTT STANSBARGER

Christmas is a holiday that everyone can recognize, but how many people can remember the Christmas of the past--30 years ago.

In the '50s, girls loved the ever so popular Terry Lee's, a fat doll that resembled a kewpie doll, but only larger. Each doll had a different color of hair. A relation to the Terry Doll was the Jerry Doll, similar but smaller. Now in the '80s, the hot selling doll is the Cabbage Patch Doll.

"My family had barbie doll dresses sewn," Joycelyn Goff, clerk said. "Mainly everything in my family, present wise, was made."

Though some families made their own presents, Wanda Shepherd, clerk, enjoyed receiving rather than making.

"In the '50s you got presents. In the '80s, you do the buying," said Shepherd. "But I don't think the traditions were any different. To some families, whether the traditions were or were not different, the downtown stores in Arkansas City are affected differently now than in the '50s."

Kay Bonewell, evening receptionist, could fully agree on the change in the

downtown stores.

"We had more shopping choices in Arkansas City in the 1950's than we do now," said Bonewell. "In fact, I remember going to the stores on Christmas Eve because the toys were discounted for my children."

Gifts that weren't so easily made in the '50s, were clothing. When girls weren't wearing their poodle skirts and saddle shoes, they picked the next popular clothing, Lee Jeans.

But now, even though Lee Jeans aren't totally out of the picture, Guess Jeans

have become the "in" thing to wear. Other popular clothing attire were, Coca-Cola, Reebok outfits and Out Back Red.

Another favorite gift item for Christmas was music, both in the '50s and the '80s.

"My favorite was 'Kansas City' by Wilburt Harrison," said Marion Cully. "I remember I wanted it so bad for Christmas, but no one got it for me, so I got it for myself. It was like my own Christmas present."

Jackie Wilson, dorm supervisor, has her own type of music that she would like to get for Christmas.

"This year for Christmas I would like to get an Al B. Sure tape. I like this type of music more than the '50s because it's a mellow tape," said Wilson.

One of the best things about Christmas, other than the presents, is the Christmas trees. Today, when shopping for a Christmas tree, one might expect to pay around \$35 to \$40. But in 1950, the average tree was three to four dollars. That was partly due to the lack of variety in the types of Christmas trees.

Back then all you saw were green trees. Now you can buy trees in just about any



or you like.

One major difference in the comparison of Christmas in the '50s with Christmas in the '80s, is the religion aspect.

"My view on Christmas was different in the average Christmas in the '50s," said Bonewell. "We were more oriented in religious aspects than people are now. I didn't have television to commercialize the holiday."

Goff also experienced a more religious atmosphere in the '50s as opposed to today.

"We always went to church, but the Christmas church service is totally different now than it was in the 1950's," said Goff. "Christmas is so commercialized now, there's no religion to it."

A Christmas of the '50s were also lived as hard times.

"My mother told us not to expect much because it would be one of the grimmest Christmas' ever," Cowley

president, Pat McAtee said. "Mom and dad ran a restaurant. And in the '50s, times were hard. But to my surprise, on Christmas morning, I remember turning around and seeing my mother walking down the stairs with a lot of presents. I was shocked. What was supposed to be



one of the grimmest Christmas' ever, turned out to be one of the best," he said.

Some students on campus have certain Christmas' that stands out in their minds.

"I remember one year, my cat knocked over our Christmas tree, and because of that stupid cat, we had to spend our Christmas over at my grandmother's because we had no tree. So we ended up opening our Christmas presents over at her house," DeShannon Postoak said.

Another '80s Christmas remembrance involves animals.

"A couple of days before Christmas, my dog died and so I wrote to Santa Claus, with a picture of a dachshund dog, because that's what I wanted. When I awoke on Christmas morning, in my stocking was a little dachshund puppy," Marcia Rinke said. "He was so cute."

Eventhough Christmas has changed somewhat through the years, Christmas is still one of the favorite holidays of the year. ■

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Resolutions

First of the year promises easy to make, easy to break

For Cowley students,
resolutions are the
answers for those
who are wanting to
rid themselves of
bad habits.

by JAMI JUDD

The freshman coed stared in the mirror at the results of a semester of too many carbohydrates.

"Starting next year I'm going to lose at least 15 pounds, so I can wear all of my clothes."

Resolutions. We make them. We break them.

The most common New Year's resolutions involve breaking habits. Smoking, drinking alcohol and using chewing tobacco traditionally head the list of items college students resolve to give up.

"I want to try to quit chewing next year," Tracy Magnon, freshman, said. "It's an expensive habit and I really need to break it."

Self improvement resolutions, like attending church more regularly and hitting the books harder, are also areas of concern for Cowley students.

"Last year I decided I needed to be more dedicated in order to do good in my classes," sophomore Jeni Rhodes said. "I started writing down when assignments were due and marking them off as I did them. I think it helped."

In most cases, resolutions don't really work.

"I say the same thing every year-that I am going to stop biting my nails," Marcia Rinke, sophomore, said. "It works for awhile, but then I guess I just forget about it."

After trying repeatedly some decide to abandon the idea altogether.

"I got tired of making them (resolutions) and never sticking to them, so I have decided not to make anymore," Spencer Yoder, freshman, said.

Some people even react negatively to the whole idea of resolutions.

"They're stupid. Everyone makes them and may go along with them for a couple of months, but then they just blow them off so they are useless," Carey Craft, freshman, said.

But resolutions still hold meaning for some.

"As each year changes it reminds people they are getting older but then they come up with a New Year's resolution and feel like they are getting a fresh start," sophomore Billy Dandridge said.

Jacquie Brown, freshman, says she finds resolutions are easier if you take them a step at a time.

"I would really like to become more responsible," she said. "There are a lot of things that I would like to change and take more seriously, and maybe if I take it day by day they will be easier to accomplish."

On campus, the opinions on resolutions are as varied as the resolutions themselves.

The majority of students at Cowley says that resolutions just do not work for them, but that doesn't stop them from setting the goals each year.

"Even if resolutions don't always work, at least they set guidelines and help me reach my goals," said freshman Debra Rutherford.

So Cowley students, like many others, will continue to make and break resolutions. Always striving to better themselves and to reach the goals they must be reached.

Three weeks later, the freshman coed looked at the triple decker chocolate covered sundae sprinkled with chopped nuts that was set before her, and said with a smile, "No thank you, my resolution was to lose 15 pounds and I'm well on my way to reaching my goal." ■

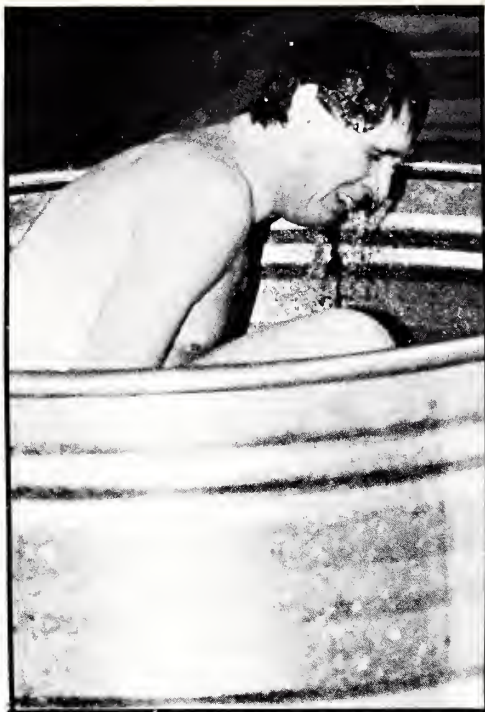
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BOB THE BLOB-Bob Paxton, dean of students, finds out what it's like to summerge in the 100 gallons of orange JELL-O he prepared for Dr. McAtee to dive into. McAtee made the dive as part of a publicity stunt to encourage attendance at the basketball game on Family Day. (Photo by David Tobias)

FAMILY DAY

From Talent Show to Tiger Victories

by ANGELA SOMMER

Cowley celebrated its fifth annual Family Day on Nov. 12. A door decorating contest, athletic competitions, mini-instructional sessions, free meals and a JELL-O dive highlighted Saturday's activities.

The activities really began on Thursday night with the local talent show. The top five acts will be opening for the Freddy Fender concert on Nov. 22. Top honors went to the Whiskey River Band, second went to saxophone soloist, Bryne Donalson and third went to vocalist Debbie Loughridge. Fourth and fifth

Shriver Named Family of Year

by CHERYL MATTHEWS

Jack and Carolyn Shriver share something in common with Frank and Margaret Hunter, John and Joleen Coupe, Dick and Paula Bonfy, Doyle and Johnnie Hollingsworth, and Jim and Jerry Tieperman.

All six and their families were candidates for the fourth annual Cowley Family of the Year contest which was held on Family Day.

A committee of seven representatives from all areas of the campus were asked to nominate candidates for the honor. Students of the nominated families were asked to write letters of nomination and from those, the finalists were selected.

The announcement came at halftime of the men's basketball game on Family Day.

"Great," said Rep. Jack Shriver after the announcement was made. "We're excited about it. Our family has been very close and they've all been through the College here. Cowley's been an important part of their education. We're very lucky to have a college in our hometown."

Kansas Rep. Shriver and Carolyn have six children, Julie, John, Jane, Joe, Jill, and Jeff. In addition to all of the children attending here, John met his wife, Diane when they were both students here. Jeff's wife Susan, who is the newest member of the Shriver family, also graduated from Cowley in 1986 and was a member of the pompon squad.

In 1981, Representative Shriver received the Distinguished Legislator Award from the Kansas Association of Community Colleges and in 1980 he received the Distinguished Service Award from the College. Julie Shriver Sengstacken was the first of the six Shriver children to graduate from Cowley. (Please turn to page 32)



FAVORITE FAMILY-Rep. Jack Shriver family receives their plaque naming them Cowley's 1988 Family of the Year. (Photo by David Tobias)



UNLIMITED TALENT—One of 18 acts, Billy Simmons sings an original western selection for the talent show audience. (Photo by David Tobias)

aces were held by Liz Speck and Terese mpson respectively.

Saturday's activities began with a o-mile Fun Run. The run included mpetition in three categories for males d females. The best time was turned in Bob Grant with an 8:37.

The afternoon was kicked off by a elcome from Cowley's president, Dr. atrick J. McAtec, Ph.D. Then, students d parents were shown a quick slide show eluding various parts of the college and students.

Following the slide show, was the roduction of Cowley Family of the ear finalists.

Those families selected were, Jack and arolyn Shriver family; Jim and Jerry eperman family; Dick and Paula Bonfy mily; John and Joleen Coupe family; oyle and Johnnie Hollingsworth family d Frank and Margaret Hunter family.

Then the winners of the door decoration ntest were announced.

Third place and \$15 went to Cindy

Betzen and Suzy Quillen. Second place of \$25 went to Sabrena Whittler and Raschell Chamberlain. The grand prize of \$50 went to Sarah Poole and Angela Sommer.

Their door consisted of a big letter made to visiting parents.

"The thing that really made their entry unique is that neither of their parents could be on campus for Family Day and this was a letter to those families who did attend," Linda Puntney, director of public relations said in the presentation of the winners.

According to Poole the effort was a time-consuming one.

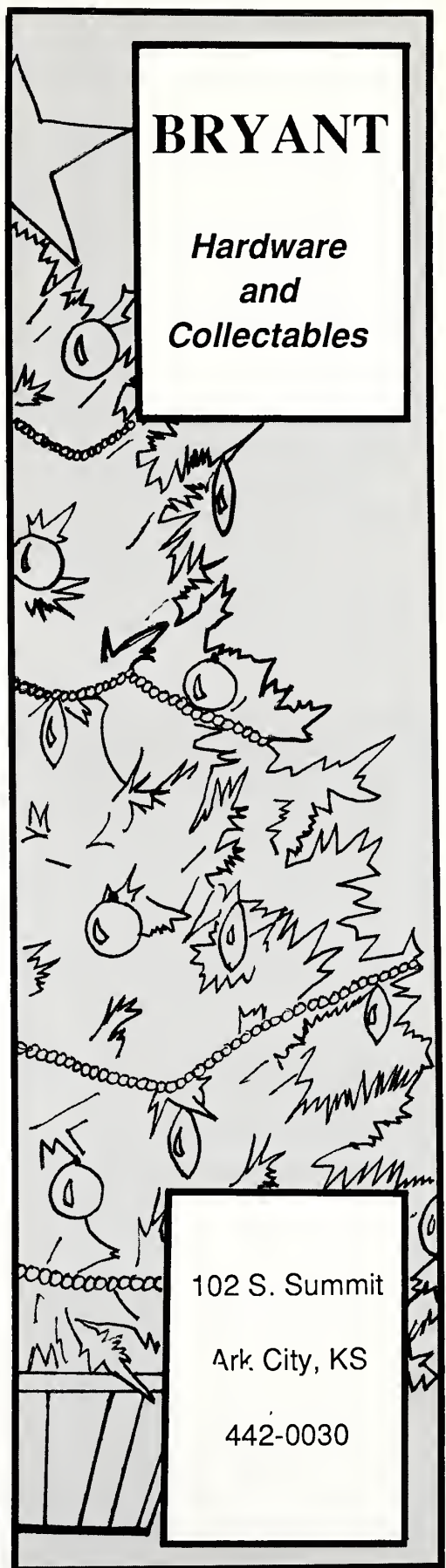
"Although it didn't look that hard, it took a long time," Poole said. "We wanted to get first place because second and third wasn't enough money for two people. We stayed up until 3 a.m. because we were determined to win, and we did."

Entertainment was provided by the CowleyCo singers and instrumental music

(Please turn to page 32)

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and
Collectables*

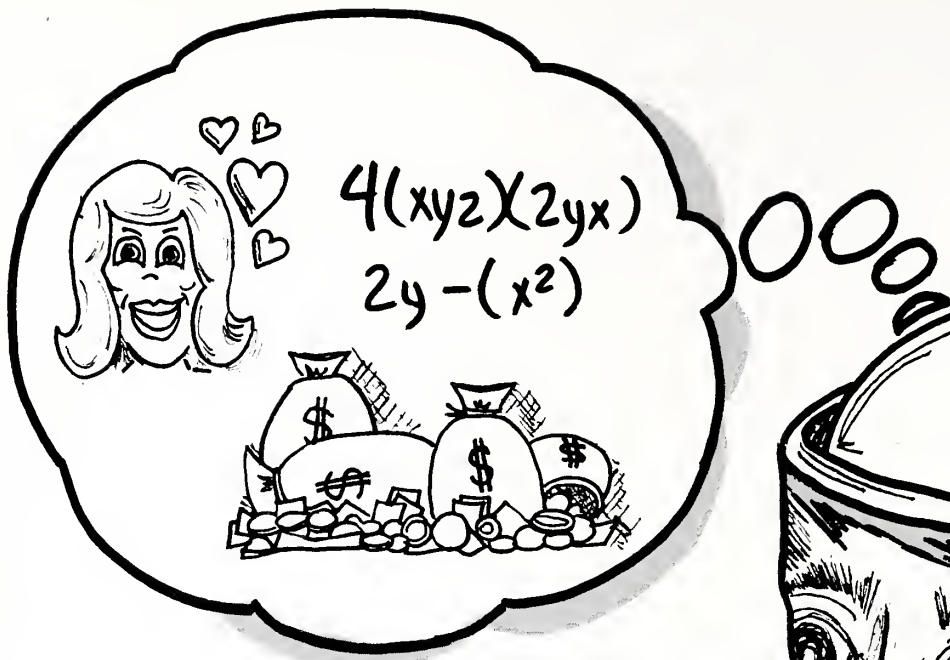


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The Dreams



Do you believe in magic? Even if it is make believe?

Daydreams can be magic! In just a few minutes, poof, they can change the way people feel, act, and picture themselves; they can leave one with sensations and freedoms- just like magic.

by KELLY ATWATER

Dreams. They can be nature's way of healing. They also give people a time to relax and a chance to do things they normally couldn't. Can dreaming too much help or hurt?

According to Eric Klinger of *Psychology Today*, daydreaming keeps minds active while helping people cope and create.

"Dreaming helps us considerably. It's a way of relieving stress," said Cowley freshman Sondra Myers. "And it breaks up the monotony of the day."

Myers also does a lot of her daydreaming in her retailing class, and on

her free time.

"I dream I'm winning \$10 thousand at bingo down in Newkirk, Okla.," she said.

When one daydreams, his mind wanders. Mind-wandering is perhaps the most obvious form of daydreaming, and images or pictures begin to replace the person's immediate situation or reality.

Daydreams can include reactions to what is happening outside or inside a person; fantasies about ordinary everyday things as well as extravagant flights of fancy; daydreams can occur spontaneously as well as planned, says Klinger.

Sophomore Rusty Jones, said he daydreams in class when he gets bored. Boredom is possibly the highest reason for daydreaming.

"I try not to daydream in class but I usually do it anyway," said Jones. "I think of something else and that seems to help every now and then. I daydream a lot during my history class."

Jones' history class is a night class that lasts for three hours, and he credits his daydreaming to the long hours spent there.

"It's hard to be there. I would rather be doing something else," he said. He also added that most people daydream about doing something else, or imagining they are somewhere or someone else.

When daydreaming, people can be awake and physically functioning. But their brain may be geared in reviewing past experiences or it may be rehearsing upcoming events. One may begin to

We Dream and the Freedom We Get

daydream while reading a book, doing homework, listening to lectures or just walking down the halls. The cause of daydreams may be a reaction to a song, movie or book.

Jones, who DJs at dances, seems to think music does have effect on daydreams. "The words in the songs may relate to the person, and then the person may relate that song to a relationship or their life," he said. "It can get a point across. Reaching for goals is what the song means to me," he said.

Music is a daydream stimulus for Myers, too.

"Country-western songs always make me think of romance," said Myers.

Usually when a song is heard, an immediate reaction can take the person to the time or event they have experienced during that song. Remembering the situation can lead to daydreaming about it. The song was a cue, such as words or pictures from the outside world or from the individual's own thought stream, setting off a brief side trip into one's imagination or memory.

According to Klinger, that's an automatic process. In fact some daydreams occur out of the blue. Those are noted as being spontaneous. Other people start daydreaming deliberately. They use daydreams for sexual arousal or to keep themselves stimulated and awake.

"I think everybody ought to dream. It's the only way you can make it through the day. I dream a lot during my free time. Good dreams give you something to strive for," Myers said.

Klinger also says daydreaming is healthy and it helps relieve stress and anxiety. For example, an employee who is really frustrated with his boss, but can't do anything about it because he may lose his job, daydreams about telling his boss off. The daydreaming helps him cope better at work.

For many years, daydreaming was associated with laziness, and Freud's theories described it as infantile and neurotic. Current research indicates the old notions about daydreams are

completely wrong.

"Frequent and fanciful daydreamers are clearly no worse off psychologically and possibly are better off than those who daydream less," Klinger said.

Although daydreaming may not lead to psychological disorders there is still a question that daydreaming too much can be harmful.

"You first have to define what too much is. If it is 24 hours a day then yes, I would say it can be harmful. But if it is an hour a day, I don't think it would hurt," said Director of Guidance Forest Smith.

According to Klinger, people daydream too much, or more than they would like,

STRAIGHT TALK



Eric Klinger,
Psychology Today

"Daydreaming keeps minds active while helping people cope and create."

According to Klinger, people daydream too much, or more than they would like, but these fantasies are symptoms of a problem, not a problem itself.

"Excessive daydreaming most likely indicates frustration in reaching the daydreamer's main life goals, such as establishing meaningful relationships and finding occupational success. The answer is to get help in changing the real life situation," said Klinger.

Stan Dyck, psychology instructor, sees daydreaming as being a sign of an individual's life gone wrong.

"From what I understand, daydreaming is an expression of the

subconscious. I think that as children, they (dreams) affect us because dreams are not real. But as an adult, dreams can force us to recognize things that we are not actively dealing with. Maybe they are things we suppress or things we don't want or can't express consciously," Dyck said.

Although daydreaming itself is not harmful, some daydreams can be bad for certain individuals. Klinger has found people with phobias who dwell on their fears, such as someone with a strong fear of flying who keeps imagining taking off and then crashing, may strengthen their phobias through daydreaming.

This is in rare instances. For the most part, daydreaming can help people more than hurt them. Researchers have found that the brain seems to be built to daydream; to create images that reflect an individual's inner psychological self in action. Psychologist Ronald Finke, has shown that people create visual images in their minds, and activate some of the brain's mechanisms used in perceiving the world. Other researchers have found mental images carry emotions with them and are linked to the daydreamer's motivational state. In other words, when an individual pictures himself doing an event such as making a great basketball shot, many of the same emotions and physical actions take place as if the body was actually doing it.

Furthermore, daydreaming can be an experience with emotions. Emotions and current concerns may be intertwined.

"We experience most of those emotions precisely because we have become committed to particular people, achievements and life-styles. Our commitments to goals and our concerns about reaching them control much of our emotional life, and through that, our daydreams," Klinger said.

Many daydreams can be related to emotional experience they have had, or would like to have. Such situations may be career related, solving problems with a spouse or friend or just dealing with everyday events. ■

KNEES

The Achilles' heel of today's athletes

Kirk Gibson hobbles to the plate in the bottom of the ninth in the first game of the World Series. The Dodgers are down to the Athletics 3-4. With one man on base a home run from Gibson would put the Dodgers on top.

It was the stuff that movies are made of when Gibson belted the ball into the fifth row of seats that night. Later Gibson said he couldn't feel the pain of his knee injury until he began rounding the bases. That knee injury was a sprained ligament.

There was another player for the Dodgers who sustained a knee injury. Frank Scioscia severely twisted his knee during the Series.

But knee injuries in baseball aren't common. At least not as common as they are in football. In the seventh week of the National Football League season five quarterbacks were out with knee injuries. Two were out for the season.

Still, according to a study by the Mid-America Center For Sports Medicine in Wichita, the sport responsible for most knee injuries is basketball. In their study of anterior cruciate ligament injuries, the most common of all knee injuries affecting a ligament inside the knee joint,

nearly 27 percent of all ACL injuries can be attributed to basketball.

According to Ron Murphree, head men's basketball coach, there hasn't been a player sit out with a knee injury in the five years he has been here.

The women's coach, Linda Hargrove, tells a different story of her players. Michelle Carter, Shell Chamberlain, Lisa Allen, Janell Calhoun as well as volleyball players Chris Wilken and Jeni Rhodes have all suffered from

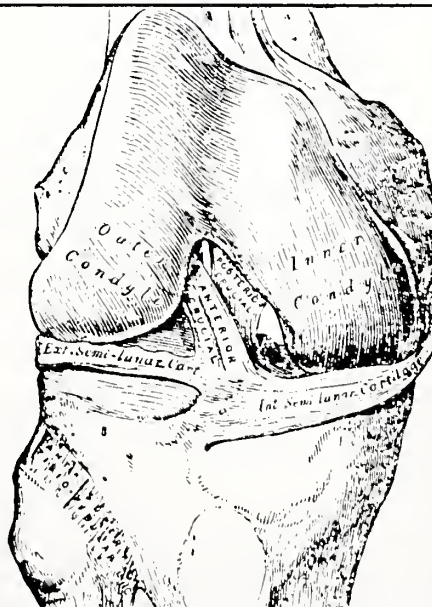
knee injuries. Hargrove blames two of the injuries on an imbalance of strength between the hamstrings and the thighs. The other three injuries are joint related. Including Calhoun who has a torn medial collateral, the second most common joint injury to a ligament outside the knee joint.

According to Dr. Charles Henning of the Mid-America Center For Sports Medicine, ACL injuries are high in basketball because of straight knee landings off of rebounds which

accounted for 31 percent of all basketball knee injuries. Plant and cut movements were the second cause with 26 percent of the injuries. Planting and cutting is usually done when a player approaches a defender at high speed and plants the outside foot and then twists and turns in the opposite direction. The third leading cause of joint injury can be attributed to one step stops which are blamed for 18 percent of the injuries.

Henning says that nearly all of the injuries in basketball could have been prevented if proper technique had been used. "Instead of teaching players to plant and cut, let's teach them to accelerate through the defender rather than have them land straight legged let's have them bend the knee

The injury prone anterior cruciate ligament is the root of most knee injuries. Illustration from Gray's Anatomy.



BY DAVE HULL

rough the landing, and let's teach two or three step stops and eliminate the one step pop," he said. According to his statistics only 10 percent of all knee injuries in all sports combined result from a direct hit to the knee. To Hargrove, injury prevention is key. "We try to avoid the plant and cut and stiff-legged landings," she said. She has good reason. She knows what it is like to have knee problems.

"I had my first surgery in 1978." She injured her knee while playing softball

STRAIGHT TALK



LINDA HARGROVE

"I want to be able to pick up a basketball and run across the gym floor."

the national tournament at Grand, North Carolina.

"I hit into right field and beat the throw by going for the base."

That lunge caused her to hyperextend her knee. Hargrove, who says she has a high tolerance for pain, finished the game with a swollen knee.

When the swelling still hadn't gone down after some time, she had a doctor look at it. The doctor performed surgery to remove cartilage from beneath the knee cap. In the process he noticed Hargrove's ACL was partially torn and told her it would heal. It didn't.

It grew worse.

"I would say I had a torn anterior cruciate for four years," estimates Hargrove, who continued to play ball.

Finally, in 1982, Hargrove had surgery.

"Surgery was really, really bad," Hargrove said. "Rehabilitation was worse," she adds

with a look of frustration on her face. She says she was better off before surgery, because now her activities are limited to swimming and bicycling.

"I want to be able to pick up a basketball and run across the gym floor," she said. "The fact that I'm not able to do the things I used to frustrates the heck out of me.

Hargrove agrees with Murphree.

"No one comes back as good as they used to be," Hargrove said.

Murphree sights Oklahoma University's quarterback Jamelle Holleway who was out last year with torn cartilage. "He's just not the same this season. He has lost his quickness. Players are usually afraid to use the bad knee," he said.

One student at Cowley who was unable to return to football his senior year in high school is Mark Patrick. Patrick, who had his first knee surgery at 13 has since had 10 more, three of which were during his senior year.

"My senior year I was done for. I didn't even start the season," he said.

"Most of my joints are just bone on bone. However, I could still beat most females on campus in a 40-yard dash, but it takes me a few days to recover," he joked.

What about the cost of these surgeries? According to Henning the typical surgery is the repair of the ACL. The cost of that is \$18,000.

"I'm just fortunate my parents had enough insurance to pay for it," said Patrick who is due for two more surgeries.

Hargrove, too, is grateful for her insurance company. And she, like Patrick isn't through yet.

"I have trouble with stairs sometimes, and I know when I get older I won't get any better. I'll probably look into total joint replacement sometime in the future," Hargrove said.

What advances does Henning see in the future that will curb the number of these surgeries by cutting down on knee injuries?

"Stop and consider that only 22 percent of all ACL injuries are caused by direct hits to the knee. That means 88 percent of the injuries are preventable."

"The only advance I see right now, and it is the most effective, is injury prevention. Teaching proper technique can't be overdone," Henning said. ■

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"THE JAYHAWK"

Kansas has a basketball league second to none, and Cowley's in it

Junior college style and junior college talent have started turning the heads of major college basketball programs across the nation.

Junior college transfers are the shot-in-the-arm for slow moving major colleges who want to win and do it quickly.

"I think Proposition 48 has had the biggest affect on the sudden flood of talent into junior colleges," Ron Murphree, head men's basketball coach said.

Proposition 48, is a rule in the NCAA stating that for a prospective athlete to declare eligibility at a four-year school, they must score at least a 15 on the ACT test or a 720 on the SAT. They also must have a 2.00 grade point average coming out of high schools with a number of core courses.

The Kansas Jayhawk Conference has become the land of "milk and honey" for big time players to play against a bountiful harvest of talent and to soak up the riches of the nutritious publicity that has suddenly turned juco basketball into the nation's spot light.

How tough is the Jayhawk Conference?

"It's probably the toughest in the nation," Murphree said, "because of the emphasis put on men's basketball in this conference."

Of the top 61 players in the nation's juco and high school ranks, 14 of them come from the Jayhawk Conference. Second to the Jayhawk Conference is Texas with four.

If this isn't enough proof, here are a few notable players who, have come from the Jayhawk Conference.

Armon Gillian and Harvey Grant, who played for Independence, are now in the National Basketball Association (NBA). Keith Smart, Garden City, won the national tournament for Indiana in 1987 on a last second shot. Darrell Martin, Allen County, is now with the South Carolina Gamecocks.

This list can go on and on from Ron Roberts to William Davis and plenty between the two. The Jayhawk has simply risen above the rest of the nation and now sits on its basketball throne.

The Conference is split into two divisions, the Jayhawk West and the Jayhawk East.

The Western Division is usually dominated by the top three schools in that division which are Hutchinson (defending national champions), Barton County, and Butler County.

Hutchinson will be defending its national crown this year every time they step on the court against a Jayhawk opponent because as Murphree puts it "nobody is weak in the Jayhawk."

Barton County Community College is coming off a fantastic recruiting year at which netted the Cougars the nation's number two ranked prospect Kenny Williams out of North Carolina.

Six foot-nine, Williams had signed with North Carolina University until Proposition 48 struck and landed Williams

in Great Bend.

The Butler County Grizzlies will also be enjoying the Western throne and will be more than willing to feed on the rest of the west.

Basketball lovers are in for a treat in the Eastern division of the Jayhawk. Preseason polls show Allen County at the top with the recently probate Independence Community College in second place followed by Coffeyville, Johnson, Cowley and Kansas City.

It's next to impossible to predict the outcome of the East, with so much talent and so many top notch programs.

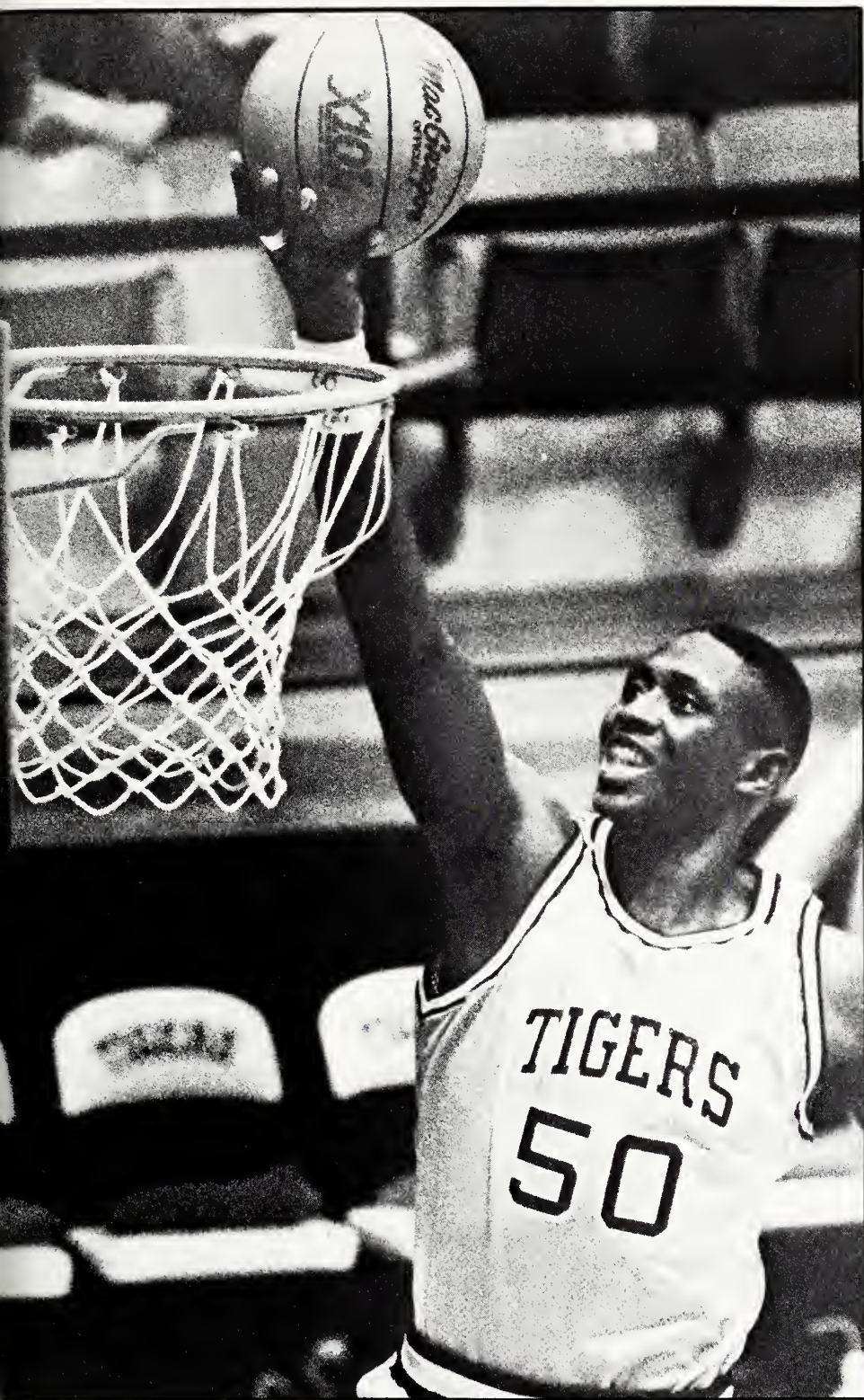
"I think we're better than fifth," said Murphree, "I guess we didn't show them enough last year to make believers out of them."

Last year's poll had Cowley ranked in the same fifth position as this year. The Tigers are hoping to spoil the poll as they did last year, when they finished the season tied for second with the elite of the East.

The only thing that can surely be said about the outcome of the East is that one team is going to have to step up and take charge, be consistent, and fulfill talent potential.

Only the strong survive in the Jayhawk jungle. There are no victims, only predators preying on one another until one of the jungle decides to declare itself king, not by loud boasting in the media, but on the court and through consistent play.

BY BRENT MURPHREE



FREE SHOT-A quick two points were added to the Tigers' score with Eric Harris' easy break-away lay-up. Harris and the Tigers took on Shorter Arkansas in the first day of the Bengal Classic. The final buzzer saw the Tigers ahead 109-85. They went on to take first in the tournament with a 93-90 win over Eastern Oklahoma College on Family Day. The Classic was sponsored by First Community Federal. (Photo by David Tobias)

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SUPERSTITIONS

Athletes have them, but they are
ritual for some, fun for others



GRABBING FOR IT-A loose ball comes home to Christie Clark during the game against York, Neb. The Tigers met the Panthers in the final night of the Bengal Classic and won the game 79-48. The win put the Lady Tigers in the first-place spot for the tournament which was held on Family Day. (Photo by David Tobias)

For athletes, superstition is a way of life. Some athletes may not even notice that they follow such ritualistic behavior.

"I always wear the same undergarment when I play," said Chamice Wise, "and always shoot around with the men's basketball before every game. If I don't, don't play well."

Superstars of professional sports are the true everyday priests of superstition. Wade Boggs, all-star infielder for the Boston Red Sox, eats only chicken before every game. All-American forward Derrick Chevious, wears a band-aid somewhere on his body where it can be seen in every game, hurt or not.

Other followers of sports superstition can be found on the Lady Tigers basketball team.

Linda Hargrove, Head Lady Tiger basketball coach, at first said she wasn't really very superstitious, but once she began thinking about it, there just might be one or two habits she could find.

"I don't think I have any superstitions but when I think about it there may be a few," Hargrove said.

"I'm not sure I'd call them superstitions but maybe rituals such as showing up to game early and thinking over the game," she said.

As for showing up for the contest early

BY BRENT MURPHREE

grove is in good company with another college coach, Bobby Knight.

Knight, who is a great student of history, and who coaches the Indiana Pacers, points out that all of the great generals of the world, such as McArthur, Napoleon and Robert E. Lee tried to show up at the site of the battle before their position. Thus, they came out ahead 65 percent of the time.

Coincidentally, this year Hargrove's office has been moved into another building and they present a problem with the early morning ritual.

When you have success at doing something you don't want to change too many things, for fear of disturbing the balance or getting on the wrong side of the gods," Hargrove said.

"I really didn't have any superstitions," said Jackie Wilson. "But I did have a certain ritual of bouncing the ball three times before I shot my free-throws."

What will be the superstition or the ritual for this year's Lady Tigers?

Well, the girls seem to think that when they warm up before the game and if they listen to music, they will play better," Hargrove said.

What does superstition really mean to sports and to athletes? Was superstition accidentally brought into sports or does it have a specific purpose?

"I don't think that physically it means a lot in sports, an athlete has to have the ability and the will to compete to make it. After those things are accomplished, then the superstition may play a part in the sport," Hargrove said. "Basketball is such a mental game, and a player must have confidence, that may be where these rituals have their place," she said.

Once athletes master their physical abilities, they start to work on their mental capabilities. Athletes tend to break down mentally before they break down physically due to the fact that it's harder to

train mentally. Superstition or rituals may be the repair kits for mental breakdowns.

Taping ankles even though there's nothing wrong, or finding something wrong in the mechanics of a missed shot, are ways of lending confidence to the athlete's mentality.

"When good shooters start missing shots, their confidence breaks down," Hargrove said. "I'll sometimes try to get their mind off the problem by telling them

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HOT TUBBING-For those long, cold winter nights, do like Tonya Rudolph and dip into a hot tub from Ark Valley Appliance. (Photo by David Tobias)



Family Day

(Continued from 23)

groups.

The cast of the fall play, "Butterflies are Free" gave a cutting from one of the scenes.

Mini-sessions, for those interested in visiting academic departments, included demonstrations in machine shop, physics labs, electronics, auto mechanics, drawings by art students, introduction to word processing, and free facials by the cosmetology students.

About 20 people took advantage of the free blood pressure checks given by Vicki Ayers, school nurse.

Later, families had a chance to meet at a reception which preceded dinner.

Family Day began to wind down, but the excitement was just beginning. The Bengal Classic, which had begun the day before, provided enthusiasm as well as entertainment.

The Tigerettes performed for both halftimes of the men's and women's games free shirts were given away as well as a weekend getaway sponsored by the Walnut Valley Travel Service.

However, the event most people had waited for was the JELL-O dive.

A reluctant Dr. McAtee finally gave in to the crowd's wishes and took a plunge in the 100 gallons of orange JELL-O. He was quickly followed by Director of Student Life Bob Paxton. The orange JELL-O provided the theme of the Orange and Black Night.

Fans witnessed the announcement of the Family of the Year. That award was given to the Jack Shriver family who boasted seven of their eight children as Cowley students.

That wasn't the only victory of the night, both Cowley men's and women's teams won their games. The women easily put away York, Neb. by a 31-point margin and the men beat Eastern Oklahoma College, 93-90.

Family Day is designed for students and their parents to get acquainted with the college and its instructors. For Barbara and Joe Rutherford, parents of freshman Debbie Rutherford, it must've worked.

"The college is good. I think it helps the students adapt to college life better than at a four-year school. The surroundings are OK. I think the dorms are nice and well supervised. The academic programs are equal to any other junior college in the area. I think the athletic program is equal if not better than some four year programs." ■

Bernhardt

(Continued from 23)

shows.

"The Mystery of Edmund Drood" proved to be the most challenging performance for Bernhardt. This musical had never been performed in Kansas before, increasing the complexity of it.

"We did a lot of choreography and spoke with English accents. It started as a hassle, but we enjoyed it at the end," he said.

Bernhardt enjoys acting but takes it very seriously. He would like to advance his education in the performing arts.

"I'd like to go to the Shakespeare Conservatory in New York. It's expensive and I would have to audition. But it would be worth it," he said. ■

Superstitions

(Continued from 29)

to work on screening people out, or to put more arch on the ball."

When success comes to an athlete they treat it like a fine piece of china, afraid of shattering it. They tend to pad the china with superstition, rituals or habits.

"If we're on a winning streak, we try not to change anything. I mean we eat pre-game at the same place, or we show up to games at the same time. But if we're in a slump it's exactly the opposite," Hargrove said.

The Lady Tigers have been successful and hopefully for Hargrove, the gods will be smiling and the team will enjoy a year full of sweet superstition. ■

Shrivers

(Continued from 22)

children to attend the College. She took pre-nursing classes at Cowley before moving to St. Francis School of Nursing where she graduated with a speciality in psychiatry. Today, she is a nursing educator in administration at the Bell Park Hospital in Houston.

John and Diane have two children ages 11 and 7. They met at Cowley while John was taking courses for supervisory work. At that time John was supervisor for Rodeo Meats and attended morning classes.

Jane Shriver Schnackenberg graduated from Cowley in 1985. She has two children, Shanna, 11; and Jack, 9. She is currently student teaching in English at Winfield High School and will graduate in 1989 from Southwestern College.

Joe attended Cowley on a Knights of Columbus scholarship. While here, he was president of the Circle-K Club, a member of the student publications staff, and a member of the College Choir.

Jill Shriver Hourigan graduated from Cowley in 1981. She took several basic courses and continued her education at Emporia. She currently works at Zeller Motor Company in Arkansas City.

Jeff recently married Susan Franklin and is currently a student in the Engineering Physics class. He graduated from Cowley in 1983 and went on to Kansas State University where he decided to work towards a degree in engineering.

Carolyn was a piano student of the late Fostine Moncrief. She has also taken several night courses in business and art.

"It's a real pleasure to see how the College has grown and added buildings and beautiful grounds," Carolyn said. "It's so much different today than it was when we came to Ark City 30 years ago."

According to Jeff, who submitted the nomination, the College has been a significant part of the Shrivers' lives.

"As you can see," Jeff wrote, "all eight people in this family have different interests and different goals but there is no doubt that Cowley County Community College has been a big influence in our lives." ■



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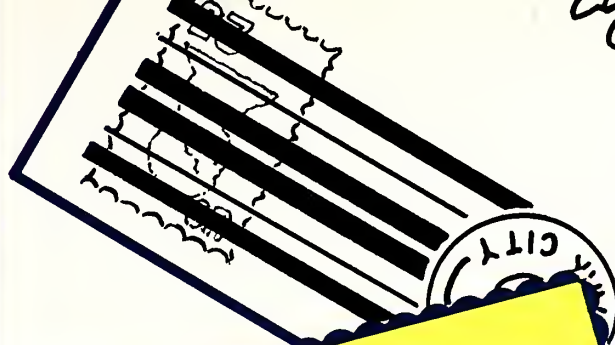
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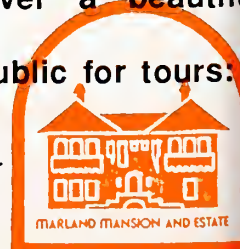
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Editorial Note

Dear Reader,

Now that summer is approaching, I have noticed more activity among my friends.

It seems they are trying to get back in shape after hibernating all winter with two-for-one pizzas and leftover Girl Scout cookies.

Now I don't mind a little exercise, but I draw the line at the strange and varied diets my friends have unearthed (in some cases literally) in an effort to slim down.

One person I know fasts every Monday, and subsists the other six days of the week on goats milk, tofu, and soybean chili. He tries to offset malnutrition by ingesting vast quantities of vitamins with a big glass of carrot or aloe vera juice.

Another friend of mine drinks some type of powder mixed with milk three times a day. I don't think she realizes there are the same amount of calories and vitamins in a bowl of Sugar Frosted Flakes as there is in her one glass of wonder diet. Now honestly, which would you rather have?

Another friend has been on one of the prepared meal reduction programs that allow so many meals each week. She confessed to me the other day that she had a good six-week surplus of dinners alone but she was afraid to eat them because "they" might find out about it.

One friend's diet consists of a series of carefully constructed Dieting Rules. Two of these rules include: food eaten on the way to or from the table does not have any calories in it, and cold mexican food contains absolutely no calories. The same goes for cold pizza.

My favorite dieting hint however, came from Liz Taylor. She suggested putting a picture of her, in her Goodyear days, on your refrigerator to give you incentive and willpower. How thoughtful.

Honestly, eating healthy is fine by me, and I really do my best to eat right and keep the junk food to a minimum, but if I start to feel on the weighty side, I have devised the perfect diet for me.

I just feed the dog a can of Alpo-Lite, and we both feel much better for it. □

Julie Reed

ABOUT THE COVER-This issue is a celebration of the close of the school year and the arrival of summer just around the corner. We hope you all have a great summer break and don't forget to send us a postcard. (Photo by John Bernhardt, designed by Mark Patrick, Julie Reed, and Dawn Segrist)

Pulse

C O W L E Y

COUNTY COMMUNITY COLLEGE

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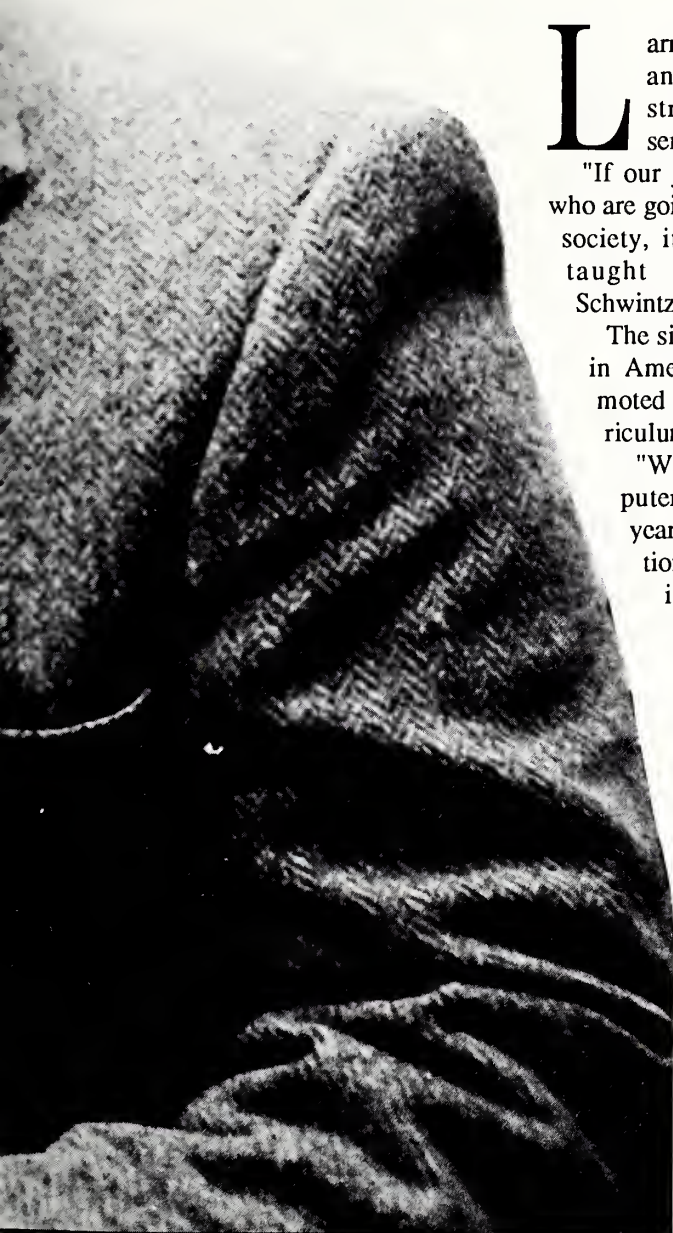
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LARRY SCHWINTZ

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Larry Schwintz, agricultural and micro-computer instructor, takes his job seriously.

"If our job is to train students who are going to survive in today's society, it's a necessity they be taught about computers," Schwintz said.

The significance of computers in American society has promoted changes in Cowley curriculum.

"When we started our computer program six or seven years ago, computer instruction was fairly new to junior colleges," Schwintz said.

Schwintz has seen Cowley's computer program grow in that short amount of time.

"Cowley only had the Main Frame and four personal computers on Campus seven years ago, but now we have 115 to 120 computers," he said.

Some might find the birth of the computer program a big problem to overcome but not Schwintz.

"I look at it as a challenge to operate in what I call the 'Sunrise'

where new things are happening," Schwintz said.

Schwintz never finds the computer programs boring.

"In some areas of education, like history, you know the outcome of the Civil War will never change, but with computers, what you learn today is outdated tomorrow," Schwintz said.

Schwintz has kept abreast of the newest concepts for computers.

"I have gone to workshops to keep up with what is going on," he said.

Keeping up with the changes has apparently paid off. In recognition of his contributions to computer education, Schwintz and 14 other agriculture instructors were invited to Chicago to represent their respective states at a viewing of marketing videos.

The 15 instructors spent several days viewing and editing the videos on marketing of agriculture products.

"These videos deal with marketing and the Chicago Mercantile Exchange (CME)," Schwintz said.

Schwintz knew about the CME, but until March had never visited it and that was an opportunity he looked forward to. The reality matched his expectations.

"It is exciting to see all the trading going on," Schwintz said. "It can get really wild with cattle futures being traded in one pit, wheat futures traded in another, and foreign currency traded in still another. Even gold and silver are traded at the CME. The atmosphere is definitely wild and crazy on
(Please continue on page 34)

Beating the odds

GAIL RUSH

succeeds in life with a positive attitude

It is an unusually warm day in February so she decides to walk the long way around Galle-Johnson Hall to Renn Memorial Library. She momentarily pauses before leaving to call ahead for someone to let her in.

As she cautiously makes her way around the block, her thoughts are on an impending interview not on the disfiguring skin disease that has deprived her of so much and yet given her incentive to become the most she can be.

"I was tired of being at home and I wanted to get my GED," said 24-year old Gail Rush. That's why she chose to come to Cowley in 1984.

The desire to get her GED was fueled by faculty members who believed she could do more.

"I didn't know there was that much work in it. I was really motivated very slowly and Mrs. Eaton worked with me so I've changed a lot," said Rush.

Two years later she received her GED and began taking regular classes at a slow pace.

"I'm taking part time classes because it's hard for me to take a full course," said Rush.

Rush, along with her younger sister Robyn, suffer from Epidermolysis Bullosa, which means the affected person lacks their third layer of skin. This disease is characterized by cycles of blistering and open sores which become scars. These continuous cycles lead to the fusion of the fingers and toes as well as immobilization of the arms and legs, leaving the victim with club-like hands and feet.

Before either daughter was born the

Rush's knew there was a possibility their children might have the disease.

"After Gail was born, the doctors said there was a remote possibility that a second child could be born with the disease, but that it was highly unlikely. I believe we're the only family in the United States with two children who have the disease," said Sandy Rush, Gail's mother.

This disorder also proves to be painful.

"The girls don't move without pain," said Gail's mother. "The hardest part is to watch them hurt."

Pain is something Rush has lived with all her life. A simple scraped knee could

cost her her life. This has prompted her parents to take precautionary measures.

"That's one of the reasons we have always tried to keep the girls at home when they were younger because if they fall and get hurt very badly-like breaking the skin they could die before we get them to the hospital," said Sandy Rush.

Her parents precautionary measures were for her own good but they provided some lonely experiences.

"It (growing up) was sort of lonesome because I couldn't be with the other kids and do the activities like they do in school," said Rush. "I had school mainly at home because they were afraid that the kids wouldn't understand that they couldn't run into us. So, we had to study at home."

For a very short time, Rush attended public school at the middle school level but found the expectations to be high.

"At school, they expected us to be up with everyone else and we couldn't handle a full day of school because sometimes we would be sick," said Rush.

Along with the hardships of missing out on so much, Rush also had to endure the seemingly harmless teasing by her peers.

"They were afraid they'd get the disease or they'd tease us and say that we were burned and stuff like that," recalled Rush.

Tough times might make most people give up their goals but through the love and support of her family, Rush kept trying.

"Sometimes I felt like giving up but I didn't because my family was with me and I figured it had to get better instead of worse," she said.



"Sometimes I felt like giving up, but I didn't because my family was with me."

-Gail Rush

Although Rush has weathered difficult times, she has had happy times as well.

"When I got my GED that made me really happy," she said. "Being TNT's representative to SGA and being able to go to school and have friends, have been real high points for me."

School is important to Rush and like everyone else, she wonders how she is doing in her class.

"I'm doing fine but sometimes I wonder because I'm not really skilled in some of the things I'm doing. I realize that's because I didn't have the opportunity to

learn them at home," said Rush.

Although she lacks important background information in many subjects, she's catching up.

"The teachers here understand I didn't have much at home for background and they're coping with that and helping me to understand," she said.

After having Rush in class, Chris Vollweider has only positive things to say about her attitude.

"I've never heard her say one negative thing," said Vollweider. "She's a very cheerful young lady. She's an inspiration

because she doesn't let her limitations stop her."

Being the first of two children with the same disease, it is only natural that the older one helps the younger to understand and cope.

"I try to give Robyn courage because she is trying to get her GED and she doesn't have very much self esteem," said Rush. "I try to help but sometimes she feels that maybe I know more than she does and I'm trying to show her that I'm not real smart and that she can be as smart

(Please continue on page 34)



OVERCOMING THE ODDS-Gail Rush, who is afflicted with Epidermolysis Bullosa has been able to overcome her disease and pursue an education at Cowley. Rush hopes to one day graduate from Cowley and live on her own. (Photo by John Bernhardt)

PTK



GOES TO



After a year of selling apples, worms, weeds, and flowers, (not to mention goat kisses) 14 members of Phi Theta Kappa boarded a 727 to Washington D.C. and the Phi Theta Kappa

National Convention, March 24-26.

In order to reach their destination, the club members purchased their plane tickets and Phi Theta Kappa covered the cost of the hotel and registration fees for the group through various fundraising projects and concession stand proceeds.

Thirteen members of PTK including three members from the new alumni chapter at Southwestern in Winfield accompanied Jim Miesner, PTK club sponsor, to the convention.

Once there, they attended national meetings and state caucuses where national and local issues were discussed.

Dinner banquets featuring speakers Nancy Kassebaum and Jeanne Kirkpatrick were the big draw every evening. And later on, dances featuring live bands and recorded music and doorprizes got everyone acquainted.

During Nancy Landon-Kassenbaum's address, Sheila Whyde, PTK state president, presented Kassenbaum with a t-shirt bearing the PTK Kansas state motto "Brains of the Plains" designed by Hutchinson County Community College.

"Nancy Landon-Kassebaum was the highpoint of the convention," said Whyde. "I really enjoyed her speech"

Discussions on involvement and achievement in PTK nationwide along with national and regional elections were held during the convention and awards were given for the most outstanding students nationwide in various categories.

In between meetings and elections, the group was able to squeeze in visits to some of Washington D.C.'s most popular historical monuments.

"The Metro (Washington D.C.'s subway system) made getting around easy," said Miesner. "You could go almost anywhere for about 80 cents."

Tours included the Washington Monument, Lincoln Memorial, The Vietnam Memorial, and the Smithsonian Institute which houses 14 museums with a total collection of over 100 million pieces. Approximately one percent of all the items are displayed at any given time.

Between the 14 members, they covered the Museums of Natural History and American History, the zoo, art museum, Aerospace Center, and the Victorian Gardens.

"You'd need a half a day to see each

museum," said Mark Patrick. "I was in awe of the Natural History Museum. I needed a whole day in there."

In fact, there was so many things to see and do that many of the members did not want to leave.

"I'd like to live there," said Whyde. "Washington has a lot to offer everyone and there is so much to do."

On the lighter side, several PTK members took a cab to Georgetown for dining and shopping after they had worn out the stores around the hotel. Though everyone enjoyed Georgetown, the eight-man cab ride back to the hotel was the high point of the evening.

"It was one of the better experiences I had," said Mark Patrick. "I couldn't afford to pass it up."

It seems that many of the members felt they could not pass up the visit to



TOUR OF DUTY-Kathy Wagner, Mark Patrick, Jim Miesner, Phi Theta Kappa sponsor, and Sheila Whyde pause in front of the White House during their walking tour of Washington D.C. (Photo by Julie Reed)

WASHINGTON



PTK PRESENTATION-Sheila Whyde, Phi Theta Kappa state president, presents Senator Nancy Kassebaum with a PTK t-shirt sporting the Kansas state motto "Brains of the Plains". (Photo by Kathy Gann)

Washington D.C.

Marilyn James had never flown before, but that did not stop her from attending the convention.

"I was scared and a little nervous at first," said James. "But the flight back home was nice and easy and I enjoyed it.

Back in the Wichita airport the weary travelers waited to claim their souvenir-laden baggage.

"I had a wonderful time and I loved the city, but I'm still so tired I can barely wiggle," said Norma Perkins. "I'd really like to take my kids there some day."

Miesner agreed the trip was nice and hopes to return some day.

"I had a good group of people and we all

had a great time," said Miesner. "I'd like to go back tomorrow.

Once the group had their feet back on the ground, they got busy organizing the Concession Area for the deluge of hungry musicians who participated in the Fiddler's Convention held at Cowley the end of April. □



BY JULIE REED

ALL OF THE NEWS



WHEN YOU WANT IT!

When and where—to be found here and now—in the pages of The Winfield Daily Courier. Keep up on the news of your town, on the state of the nation, on the events happening all around the world...right in the pages of

The Winfield
Daily Courier



Making a gray education

A look at the
changes in
today's art
classrooms.

START

"So you want to be a teacher, eh? "

Those planning to major in primary education have all heard that comment from their counselor. They also know that one course they'll be taking to complete their degree requirements is Art Methods.

"The class deals with students becoming elementary school teachers," said art instructor Doug Hunter. "It gives students a chance to really get prepared for being teachers."

There are three basic parts to the art methods course, plan, practice, and present.

"The kids are working now on developing simple art projects to put in their art notebooks and on their games project," said Hunter.

"I'm really big on the notebook, I try



GETTING DOWN TO BUSINESS-Doug Hunter and Gregg Atkinson plan an interesting design for Atkinson's Easter project. (Photo by John Bernhardt)

to get them checked each week to make sure the kids are adding new ideas for art projects. When these guys transfer on to another college to finish their education, these notebooks are really going to come in handy, students who go on to Southwestern in Winfield will find themselves well prepared for their next two years," said Hunter.

Students enrolled in the class take their notebooks seriously. "I haven't decided yet what my major is going to be, but I want to leave the field of education open," said sophomore Gregg Atkinson. "I'm getting my notebook ready so if I decide to go into the teaching profession, I'll be ready to go to work with the kids."

Part of the course final is the

completion of an educational game that can be used in the classroom.

"I've got one group of kids that I suggested to, the idea of a Kansas game and they have really gone to town on it," said Hunter.

"I just hope," said Mike Sparks, "that we can get it finished, because I think we can really do something with the game."

"If the kids get it done, I am hoping that we can get it copyrighted. Students will be required to have Kansas history before too long, and this game if they can do it, would be a terrific educational tool for classrooms all over the state. They could really make some money if they wanted to," said Hunter.

The third part of the course is the

COLORFUL



NOT WAITING FOR MR. RABBIT-Scott Gurnee gives his papier-mache' Easter egg a coat of white sealer paint before decorating it. Art Methods gives students an opportunity to actually work on the simple projects they some day may be teaching school children. (Photo by John Bernhardt)

presentation of what has been practiced in the class.

This is where Sacred Heart Grade School enters the picture.

"The school does not have a special art instructor, so it's up to the regular classroom teacher to come up with the projects," said Hunter.

"If you are going into teaching or just thinking about it, this is one super strong opportunity to get in there with the children and find out what it is really going to be like," said Hunter. "You can really add some color into the classroom if you want to." □

BY LAURA MOORE



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DREAM DATE

For Carla Carter and Johnny Velasquez, \$500 bought an evening they won't soon forget.

"I couldn't believe it was happening to me. I was so happy," said Carter.

Carter and Velasquez's date began at 12:30 p.m. on March 30 with a facial and manicure for Carla from Cowley's Cosmetology Department. After her beauty treatment, she received a dozen long stemmed roses, a corsage and boutonniere of peach roses from McCool's Flowers.

The couple chauffeured from Nelson Student Center to Strother Field in a white limousine courtesy of Rindt-Erdman Funeral Home and driven by Harold Lake.

From Strother Field, the couple was flown in a Cessna 421 twin-engine airplane to Ponca City, by Mel Current owner and president of Current Aircraft. This was an unforgettable part of the evening because it was the first time either had flown.

"I was so nervous when we took off," said Carter. But her white-knuckled grip on the seat

soon wore off and she was able to enjoy the beautiful view of Kansas below her.

"I think the plane ride was the best part of the whole thing," said Velasquez. But the plane ride was only the beginning of this dream date. Upon arrival at Ponca City, the couple was chauffeured by Tracy Masterson in a 1968 red Mustang convertible to Kaw

Lake for what was to be romantic sailing on the lake.

But the day was too windy to sail, so Curt Freeland, Ark City city manager, took the couple for a substitute speedboat ride.

After boating, Carter and Velasquez were chauffeured, to the Marland Mansion where they took a leisurely stroll around the spacious grounds.

After their walk, they returned to the Congressional Suite of the Conference Center for a gourmet dinner catered by Dan Shadoin of American Food Management.

Amid an avalanche of silverware and dishes, the couple dined by candlelight.

"I never ate a meal with so many dishes and so much silverware before," said Carter. For dessert there was cherry cheesecake. But there was still more.

After dinner, the couple went on a private tour of the mansion and danced to soft music in the ballroom.



CHEERS-Carla Carter and Johnny Velasquez toast to their good fortune at the Marland Mansion during their \$500 date. (Photo by John Bernhardt)



JUST CRUISING-As a part of their \$500 date Carla Carter and Johnny Velasquez toured in a '68 Mustang convertible. (Photo by John Bernhardt)

Then it was time to head back to reality. Carter and Velasquez admired the moonlight view of Oklahoma and Kansas as the plane returned them to the real world. But their feet didn't quite touch the ground even though they had left the plane.

"I was floating I was so happy," said Carter.

When the final total was added up on this dream date, the price was well over \$500.

The cost for the plane is approximately \$400 per hour. A suite at the Marland Mansion is \$70 per night. The meal was approximately \$15. Carter's facial and manicure came to \$6. The cost of the flowers was \$36 for the rose bouquet and about \$6 each for the corsage and boutonniere. The cost of the limousine service would be about \$225 for three hours. This all totaled to about \$757.

The \$500 dream date was definitely an experience to remember. Carter and Velasquez won't soon forget March 30.

"It was the neatest thing to ever happen to me," said Carter. □

BY S. BRUNNER



QUEEN FOR A DAY-Carter was treated like royalty on her \$500 dream date. The date included a flight to Ponca City where she had dinner at the Marland Mansion with Johnny Velasquez. (Photo by John Bernhardt)

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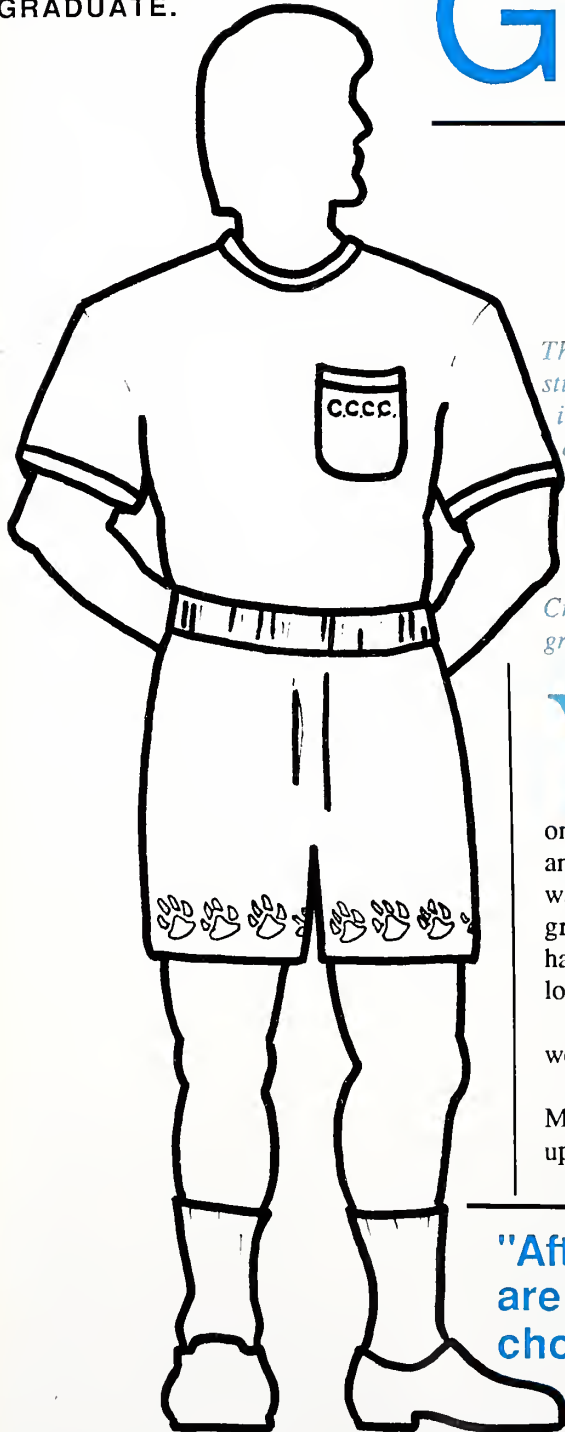
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an IDEAL

GRADUATION

THIS IS NICK, THE
PAPER DOLL
GRADUATE.



The Pulse asked for suggestions on what students and faculty would consider the ideal graduation including the designing of a special graduation gown.

The results were creative and sometimes hilarious so take a look inside these pages and select your very own ideal graduation outfit. We've even provided Crayons so you can make your graduation truly colorful.

You've finally made it to Colorado after a long drive and you're ready to hit the slopes. Jump into your ski gear, take a nervous ride on the ski lift to the top of the mountain and slide your way to the edge, then... wait a minute! This is supposed to be graduation. Well don't worry, all you have to do is make it to the bottom of the long slope to get your diploma.

For Phil Buechner, math instructor, this would be an ideal graduation ceremony.

O.K. so you don't like to ski. Jim Miesner, social science instructor, came up with the perfect alternative.

Why not have the 194 candidates for

graduation start at the Chestnut Street bridge and swim down to where the two rivers meet. There, the College Administration, the Board of Trustees members and the parents will be waiting to start the ceremony.

Although skiing or swimming wouldn't be bad ideas, sophomore Stacey Rhoades had a creative plan of her own.

"I believe that the ideal graduation at Cowley County Community College would be to have the administration pay for the graduating class to go on a cruise. After our graduation ceremonies at sea, we students are allowed to push 'overboard' the teachers of our choice," said Rhoades.

If this plan doesn't sit well with the administration, Rhoades says she would settle for hawaiian jams, t-shirts and thongs.

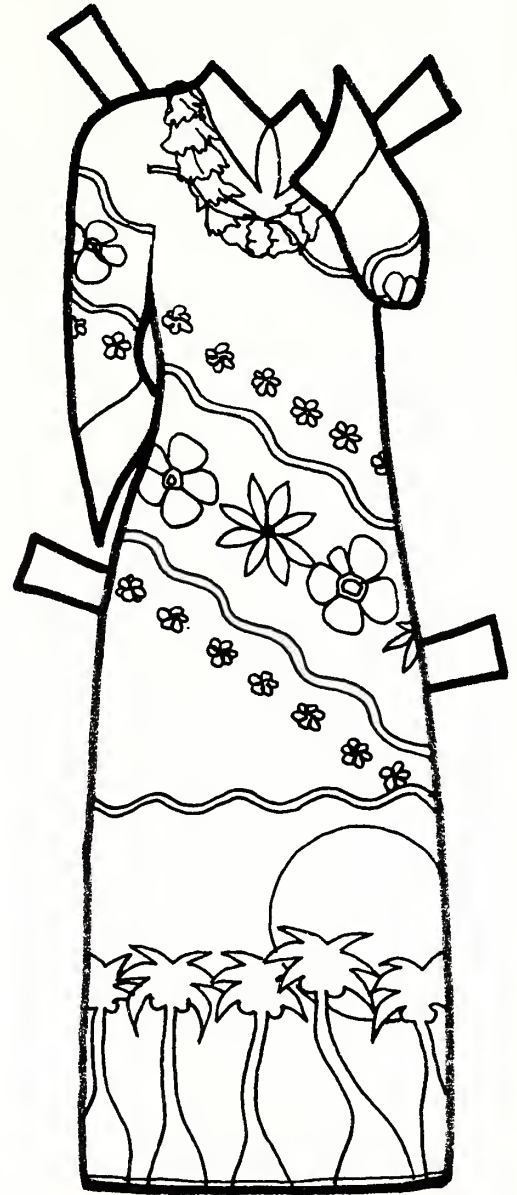
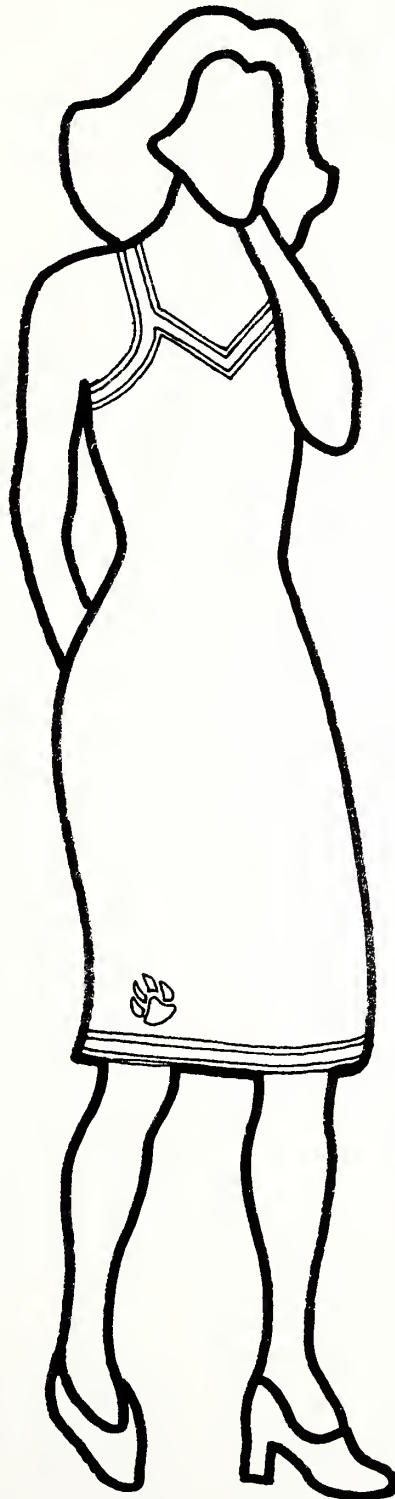
Mary Dewell, SGA president, would like to see everyone in full length suede with the graduation ceremony held in Alaska. On the other hand, Regina Musgrove wants everyone in camouflage togas with purple rubber boots.

Joel Kropp and Gregg Atkinson

"After our graduation ceremonies at sea, we students are allowed to push overboard the teachers of our choice." -Stacey Rhoades

"I'd like to see everyone in camoflauge togas with purple rubber boots." -Regina Musgrove

THIS IS NICK'S FRIEND WANDA. SHE'S A PAPER DOLL GRADUATE TOO.



WANDA SAYS ALOHA FROM THE SPARKLING BEACHES OF MAUI. THE GRADUATION GOWN IS A GIFT FROM NICK, BUT HE SWEARS IT'S CALLED A MU MU.

CRAYONS

planned a more practical ceremony with light-weight gowns emblazoned with the NIKE emblem. The most frequently suggested dress called for gowns with orange and black stripes or a black gown with a tiger head on it.

We all have our ideas for a better graduation but what about the current lowly traditional ceremony.

Sharon Hill, speech teacher, said she liked the traditional graduation but wanted to add a little fling to it.

"At the end of the graduation ceremony, we would like to see the students throw their caps into the air," said Hill.

Kay Bonewell, evening receptionist, found the traditional gowns to be too hot.

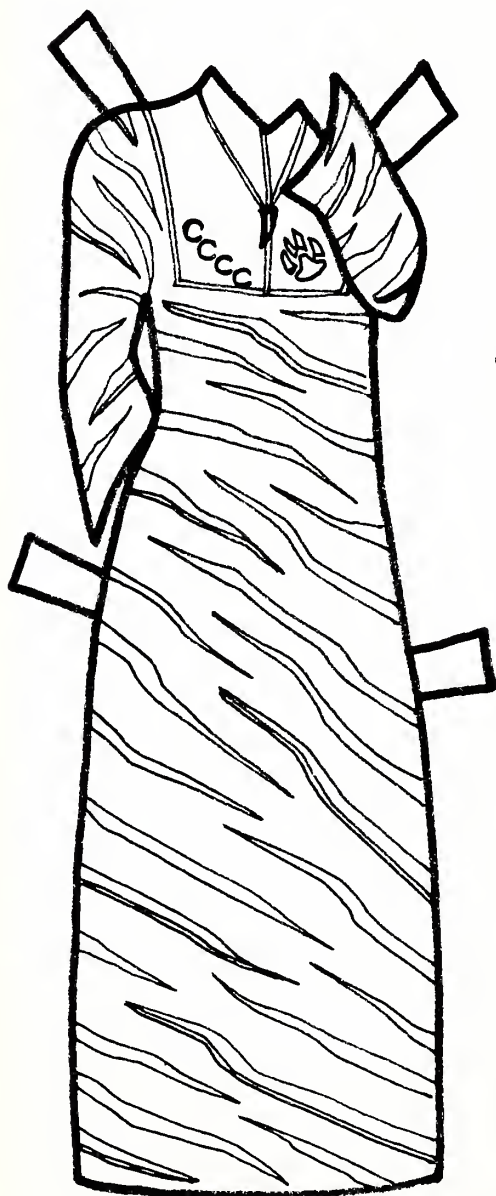
Although she likes the traditional gowns and the fact that the service is held inside, Bonewell said, "I don't like seeing students waiting around for an hour in their gowns in the hot halls of Valle-Johnson."

Bonewell feels that the reception held in the concession area after the graduation service is a nice gesture and that if more students and their guests were aware of the reception, there would be less congestion in the lobby.

"Even with all the inconveniences, it's a tradition not to be missed," Bonewell said. □

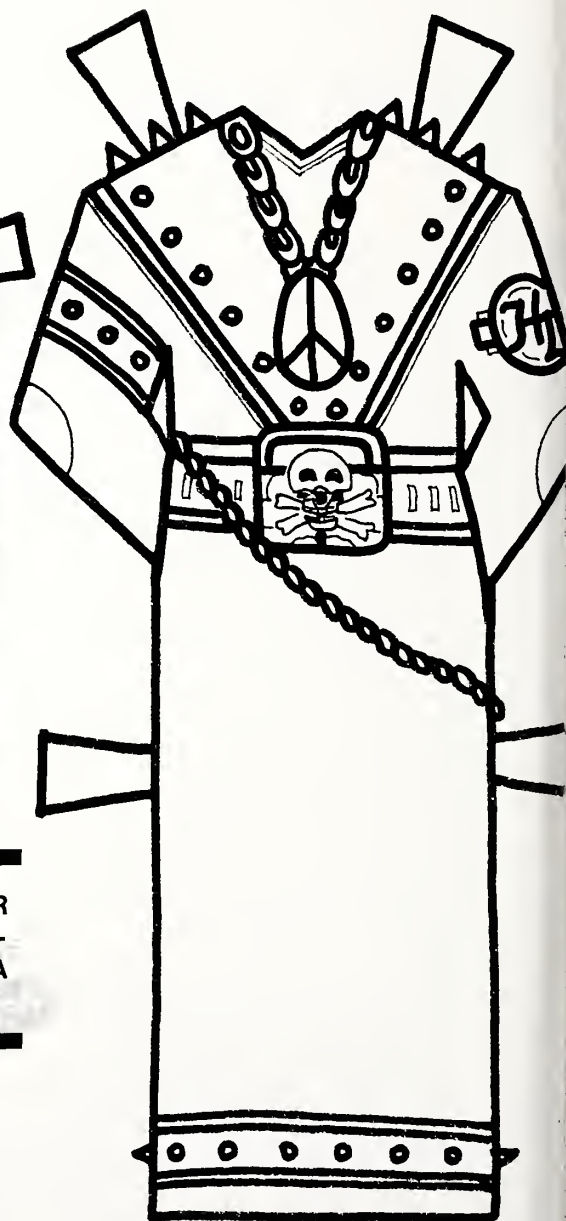
BY DAWN SEGRIST

DARING TO BE DIFFER-
ENT, WANDA CAN SHOW
THE GRADUATING CLASS
HER IDEA OF TRUE TIGER
SPIRIT.

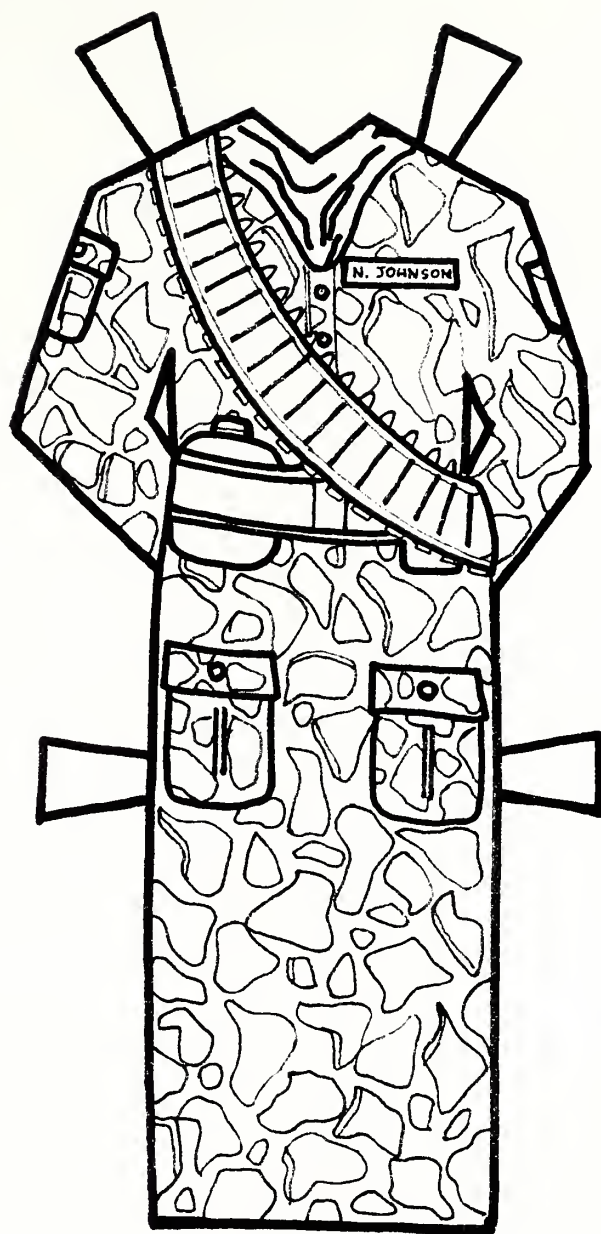


THESE CASUAL SAILOR
TOGS WILL MAKE RE-
CEIVING A DIPLOMA
SMOOTH SAILING.

NICK CAN MOUNT HIS
HARLEY FOR AN EASY
RIDE TO HIS HEAVY
METAL COMMENCEMENT
CEREMONIES. (WANDA
OWNS BLACK LEATHER BUT
DOESN'T WEAR IT)



THIS HIGHLY STYLIZED
JOGGING GOWN IS
PERFECT FOR RACING
THROUGH THE GRADUA-
TION CEREMONIES.



NICK IS MODELING THE
LATEST IN CAMOFLAUGE
GOWNS THAT WILL LET
HIM PICK UP HIS
DIPLOMA SIGHT UNSEEN.

ABOUT TOWN

What's going on? Hopefully our About Town section will help keep you abreast of local happenings and inform you about new areas of interest in Cowley County and the surrounding areas. To help keep you informed, the Pulse would like to encourage you to submit ideas and information you may have, that might be included in future sections of About Town.

This issue of About Town features a guide to health and fitness outlets in Arkansas City and Winfield. This is not an endorsement for any particular method of health and fitness. It is only a listing of the various places available in Ark City and Winfield that offer some type of fitness program. It will be in your best interest to shop around to find the fitness program that would best suit your needs.

Fitness News

The **Fitness Center** at 117 W. Central in Ark City is one option open to those of you who want to get in shape for the summer, but need help getting started. Open six days a week from

9:00 a.m. to 9:00 p.m. Monday through Saturday. Membership fees begin at \$10.50 per person per month for college students, \$16.00 per person per month for regular members and \$23.65 per month for a family membership that allows an unlimited number of family members to workout.

The monthly fees include a full weight training room with dead weights to help you work out everything from head to toe. Trainers are available to help you outline a program that is just right for you and the trainers will also help you keep track of your progress while supervising your workouts if you so desire.

If you are looking for a little more than weight training,

the Fitness Center also offers aerobics classes two nights per week at no additional charge. Once your work out is over you may want to take advantage of the dry sauna and changing rooms. For more information please call 442-7621.

Contemporary Body Salon at 301 South First Street could be the ticket for people who want to get in shape without the sweat. Contemporary Body Salon is a passive resistance type exercise that lets you workout while you are lying down. Passive resistance exercise can be an alternative to aerobics or weight training for people who suffer from arthritis or bad backs. The cost is \$6.00 per 30 minute session or 12 sessions for \$60. Contemporary Body Salon also offers senior citizens discounts along with lunch break, calorie or aerobics specials. No membership is necessary, and as an added incentive, the first 30 minute session is free. Hours are from 8-8 Monday through Friday and 9-2 on Saturday. For more information please call 442-7200.

For those of you who don't enjoy lifting weights, **Jazzercise** offers an aerobic dance program to keep your body in shape all year long. The Jazzercise program is a one-hour workout that combines exercise and dance to top forty music. Classes meet Monday, Tuesday and Thursday evenings at 6:00 p.m. in the W.S. Scott Aud/Gym or on Tuesday and Thursday mornings at 9:00 a.m. in the Rec

building. Classes start at \$3.00 per visit with a 10% discount for college students. Discounts are available by purchasing multiple sessions beginning with four sessions for \$11.60, 8 sessions for \$19 and 14 sessions for \$28. College students will receive a one hour credit for 14 sessions completed.

On April 5th, Jazzercise introduced a new program called Fast Fit for people that want to work out, but have trouble making the evening or morning workouts. Fast Fit is a 35-40 minute aerobic workout held on Tuesday and Friday from 12:05 to 12:40 in the W.S. Scott Aud/Gym. The program will be \$19.00 for a 10 class session, but participants have the opportunity to purchase a special session package that includes a nutritional light lunch to enjoy after their workouts. Lunches include pasta salads, fresh fruit and cheese along with whole wheat croissants and bagels. Total cost for the Fast Fit program with lunch is \$39 per 10 sessions.

Pool News

If you are looking for good workout, but want to avoid the gym, you may want to check out Ark City High School's Aquacise programs. Located at 120 West Radio Lane, ACHS offers several programs tailored to fit just about anybody.

Aquacise is like aerobic but it is held in the shallow end of the Ark City High School pool. Swimmers and non-swimmers are encouraged to try this class.

Advanced Aquacise is also offered for strong swimmers and is held in the deep end of the pool. The cost is \$17 for nine weeks.

Aquacise meets Monday and Wednesday, 4:00-4:55 or Tuesday and Thursday, 5:00-7:55. Advanced Aquacise is held on Tuesday and Thursday, 7:00-7:55.

Swinging Seniors is a stretch and tone class for swimmers and non-swimmers over 60. This class is held on Tuesday and Thursday, 4:00-4:55 with a 50 cent charge per class.

ACHS can get you whole family into the act during Family Splash Night. Held on Monday, 6:00-6:55 Splash Night is an open recreational swim for \$1.25 per person.

For more information, contact Jennifer Quillen at 442-2429.

Spa Treatment

Cowley County Community College's Cosmetology department is a good place to go if you want to pamper your hair and skin for a reasonable cost during the hot summer months.

You can start things off with a deep conditioner for sun-damaged hair. The Cosmetology department suggests Matrix Revitalizer hair conditioner for \$2 or the Five Plus Proto Pack treatment for \$3.

Next you may want to consider a permanent to give you a carefree summer hairstyle. Cosmetology perms start at \$17 for short hair and \$20 for long hair.

Another thing to consider for summer is a manicure and/or pedicure to polish off

your summer tan. Manicures for men or women run \$3 and take about 45 minutes to complete. Pedicures cost \$5 and also take about 45 minutes.

Last but not least, don't forget your skin. The harmful rays from the sun can leave your skin dry and damaged. Cosmetology recommends their facial to help replace lost moisture that can speed up the aging processes of the sun. The treatment includes cleansing and replenishing the skin for a cost of \$3. If you would like to have makeup applied after your facial, the cost is \$6. Both processes take about 15-20 minutes and your skin will thank you for the treat. The Cosmetology school is located in the basement of Ireland Hall and is open Monday through Friday from 8 a.m. to 4 p.m. For an appointment of more information please call 442-6280. □

Opinions



THUMBS UP

to the College for purchasing the air purifying system for the smoking lounge in Galle-Johnson Hall.



THUMBS UP

to the Art Department and Student Government Association for using the display cases in Galle-Johnson Hall for something besides dust. □

Compiled by: Mark Patrick and Julie Reed

COSMETOLOGY PROGRAM

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Cosmetology student Jan Brown gives a manicure to Cowley student Carla Carter. Manicures are available for both men and women at a cost of \$3.00.

WEEKEND HIGH



The planes were lined in seemingly endless rows resembling soldiers standing at attention. Each wheel was precisely centered in the three-foot-square yellow box pilots are required to maneuver into before leaving the plane.

My heart pounded as I dreamed of taking off and no one held me back. Visions of flying seemed even clearer as I looked at the multi-million dollar planes blocked with 25 cent wood chunks at the wheels.

Seeing the F-4s and the F-16s gave me the same thrill it had since I was a child, and the planes' avaricious look of power left me chomping at the bit.

"What's a journalism student doing at drill weekend?" asked a guardsman. It was a question I was asked all weekend.

My mission for the weekend of March 4-5 was to learn exactly what the Reservists do in the Air National Guard. The 184th Tactical Fighter Group took me under their "wings" to educate me about the Guard.

Reservists serve their country, make money, and enjoy themselves without being on active duty. A reserve weekend goes something like this.

March 4, 1988

6:00 It was dark when I woke to get ready to go to McConnell Air Force Base (MAFB). I asked myself why I was up this early instead of asleep.

6:40 I started driving but had to stop for doughnuts since I was not accustomed to waking up this early.

I was excited! I didn't know what was going to happen, but I was looking forward to it.

7:10 As I drove, it started to snow. This really bummed me out because I was afraid the plans would be ruined.

7:40 I arrived at MAFB and went through the battle of finding a parking place. The congestion in the lot reminded me of Towne West during the Christmas season.

I made my way into the recruiting office to meet Master Sgt. Mains and Staff Sgt. Swibold who coordinated my weekend.

8:00 First I saw the Tactical Control Flight Building. The radar systems are kept there to help track the enemy as well as know the location of planes in the sky.

8:30 The next stop was the Engine Shop where millions of dollars are spent in parts and over-hauls to keep the engines in top condition.

It was hard for me to imagine that a part the size of a quarter could cost \$25,000.

9:10 Next on my list was the Hush House. Here planes are tested after major engine work has been finished.

The Hush House quiets the noise of the planes that at full throttle produces an after burner.

Seeing the after burner sent a series of shock waves through my body. The intake of the plane formed a suction that made me feel I would be swallowed into the engines.

11:00 It was time for lunch in the Chow Hall. This is comparable to our cafeteria in every way except it was crowded where ours is not.

The food wasn't great, but it wasn't as bad as they show on TV war movies.

12:15 Trying to digest my dinner, I go to Operations. This is where pilots make their strategic plans.

I learned how the pilots eject from F-4 and F-16 seats in emergencies. It only takes two seconds to be ejected.

1:15 My next adventure was trying on pilots' headgear.

Putting on the helmet was awkward, especially when I had to hook up the oxygen mask that had a built in microphone. Once the mask was in place, a flow of 100 percent oxygen started.

Breathing deeply, the rush of pure oxygen made the helmet feel like a brick. The microphone picked up my breathing and sounded like a horror film soundtrack.



PRACTICE PILOT-Rob Glenn can not hide his delight after trying out his flying skills in the flight simulator.

playing in my head.

1:45 Still in the Operations Building, I went to the Flight Simulator. This is a cockpit pilots practice in before they go up. It's like flying a plane, but never leaving the ground.

A keyboard control behind the simulator can make it malfunction. In training situations, pilots are faced with complications that could happen in the air.

For the first time in my life, I was in the pilot's seat flying, even if only in the simulator.

I was nervous about flying. It seemed so realistic and I was afraid of crashing, but I never did.

I felt like I was flying, at least the gauges told me I was. The windows on the cockpit were covered so I couldn't see out. The day I would get to fly a plane seemed more realistic than ever.

3:00 To finish my day, I went to Job Control and the Maintenance Hanger.

Job Control knows where every F-4 and F-16 is located, whether in flight, on ground, or being worked on.

This is a highly controlled area to keep spies from entering. If an intruder forced his way in, classified information could be found.

Minor mechanical repairs are made in the Maintenance Hanger. Each hanger holds eight planes depending on size and the work being done.

I felt like I was in a huge gymnasium, except planes took the place of bleachers. The planes seemed larger when indoors.

3:45 At the recruiting office I received orders for Sunday. I was anxious to return to learn more about the Guard.

March 5, 1988

10:00 I arrived at MAFB and my first stop of the day was the Clinic. Minor emergencies, blood tests, and physicals are performed here.

Ironically, the Clinic has more injuries from the Chow Hall, such as cuts and burns, than from anywhere else.

11:00 My next stop was the Supplies

(Please continue to page 25)



FILL 'ER UP-Preparing an F-4 for flight, Crew Chief Tony Allmond performs last minute checks, from filling the plane with fuel to checking the bolts and flaps on the wings. (Photo by Rob Glenn)

SUMMER *Salsa*

When the sun burns bright and you're looking for something to spice up those long summer days, stop by your local variety stores for a look at what's hot for summer fun in '88. This season you can find everything from a waterproof radio in an inflatable caddy to an inflatable beach complete with a palm tree. So get out there and enjoy your summer!



It's high noon, the hot glaring sun beats down on his zinc covered face.

He cautiously scans the horizon for signs of one of his adversaries. He tightens his grip on his 9mm Parabellum machine gun as he spots one kneeling by the directional sign.

He decides to stay still anticipating a sure hit when the surrounding silence is shattered by the chattering of a nearby Uzi.

He reacts quickly and moves to avoid taking a hit. As he rounds a corner of Nelson Student Center he is suddenly pierced by a stream of ice cold water. Immediately he turns to return fire.

Each summer, hoards of products are introduced to consumers with hopes of high sales.

Having the capability of firing 250 shots of water per minute, has made the wide variety of battery-operated squirt guns popular.

Making trips to the pool or beach easier seems to be another goal of the



*Greetings
from*



COWLEY

manufacturers. You can find everything from zinc, colored to match your favorite swimsuit, to bracelets filled with suntan lotion.

In the way of inflatable items for summer the great old beach ball is always a good choice but there are new toys in the marketplace. All types and sizes of rafts for the pool range from the single person raft to 9' by 7' inflatable aquatic playground.

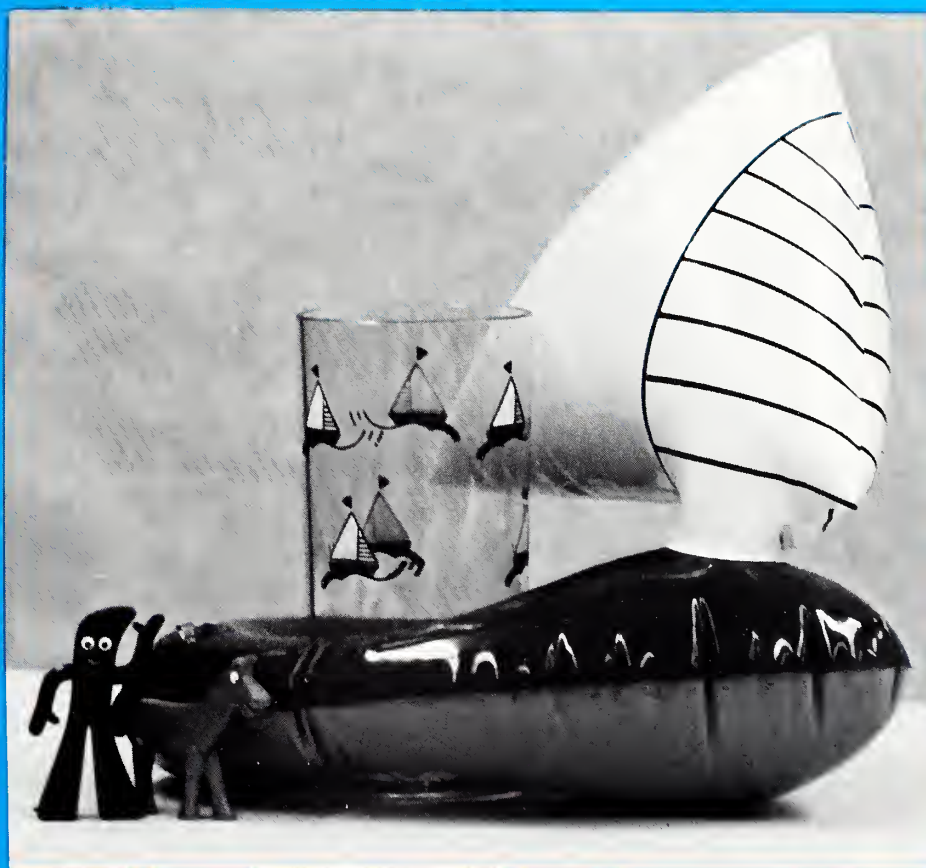
While you are lounging on your raft, don't forget to air up your inflatable drink holder so you can sip your diet soda from your pink flamingo glass.

If it's inflatable tubes you want, the tire inner tubes are always fun. Now, you can buy inflatable tubes for the pool or lake as well as ski tubes which are reinforced and can be pulled behind boats up to 30 mph.

There are a wide array of items designed to be pulled by boats including kneeboards, ski torpedos (inflatable

(Please continue to page 24)

SURFS UP-Set sail for summer with this floating cup holder designed to keep your drink within arms reach.



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jumping in the lake,
and I wish that
you would, too.

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romance, you're all wet.

Love, Wanda

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me up at the airport.



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(SALSA-Continued from page 23)
torpedo shaped floats made to carry up to
five people) and parasails.

Surprisingly, scuba diving in Kansas is
rapidly becoming a source of summertime
fun.

This pastime is a little more expensive
than most because a certification card is
required to get air tanks filled and the card
carries a one-time \$250 charge. The card
can be used anywhere in the world. The
average cost for lessons, certification card
and most of the equipment is \$1500.

Midwest Diving Center in Wichita has
all the equipment for rent or sale and also
gives lessons. These lessons consist of 12

THIRST QUENCHER-Sip your favorite
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hours in the classroom, pool and in open
water.

Roller skating is a popular leisure time
activity that has changed in recent years.
Now, there is the rollerblade, rollerskates
with the wheels aligned in a straight line
forming a blade appearance, like ice
skates. A pair of rollerblades costs about
\$70 and can be purchased at major
department stores.

The most popular summertime items
are still beach towels, sun glasses and auto
shades. Each of these come in so many
styles that they generally reflect the
personality of their owners.

Most of these products can be found in
any major department store or discount
store at reasonable prices. □

BY KRISTI ADAMS



"I joined the Reserves, which will be a good experience, to take a break from school and earn some extra money."

Wes Moore

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Less than five percent of CCCC students take advantage of reserve programs. If you are interested in joining a reserve unit, contact a recruiter listed in the yellow pages.



ALL SYSTEMS GO-Before returning to the flight line, an F-4 goes through a series of safety checks in the Hush House. (Photo by Rob Glenn)

WEEKEND-Continued from page 21)

Building where all items on base are distributed. Without Supplies, the base would not operate.

I was amazed at the amount of supplies in the building. There was everything from boots to million dollar parts.

12:10 It was time for lunch and another visit to the Chow Hall where Weapons Officer Maj. KC Carlson took time out of his busy schedule to eat with me and tell how he became a pilot and the pressures of being one.

1:15 I was taken to the Flight Line where planes are checked and prepared for take-off.

This was the greatest experience of the weekend. I felt strange being on the Flight Line because of the tight security. They keep a close watch and I felt like they were watching me as though I was a

spy.

Crew Chief Tony Allmond showed me the F-4 parts. Together we got one ready for flight, including filling with fuel.

I listened to the pilots and the tower discuss last minute checks and watched the plane receive the checks before take-off. I wanted to be that pilot preparing for take-off.

After the engines started, I was motioned to stand behind the plane. The heat from the engines warmed my body and felt like a sauna. This is where men working on the Flight Line stand to warm up during cold weather.

The plane was on a mission to Salina and was gone for about 40 minutes. (It takes approximately one and one-half hours by car.) Upon returning, the plane went through a series of checks to make sure everything was OK.

3:30 Staff Sgt. Swibold, Crew Chief

Tony Allmond and I went to Operations to watch videos of planes.

4:00 Staff Sgt. Swibold took me back to the Recruiting office where I received a certificate stating I was a "Guardsmen for a Day."

I wished the weekend would have lasted longer because I was having so much fun. It was much better then sitting in my dorm room with nothing to do.

4:30 In the lounge, I took it easy with the guardsmen before heading home.

The Flight Line impressed me the most because I got to deal with the planes. I was there to help them into the air.

I felt as though I really was a part of the Guard. I have always wanted to fly and this experience confirmed it. □

BY ROB GLENN



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Tennis shoes are big business at Cowley. Ask Susan Thorson, freshman, and she'll tell you about her 16 pairs of tennis shoes.

"I love shoes. Whenever I go into a shoe store, they just seem to call out to me and if I have any money in my checkbook, I buy them," Thorson said. "I like anything that has laces."

But things always aren't that simple. "I like things to coordinate," she said. "So I have to

have a lot of shoes to go with all my outfits, like light blue shoes with light blue pants and red shoes with a red shirt."

Thorson is not the only one with a lot of shoes.

Craig Leu, freshman baseball player, is passionate about his 14 pairs.

"I love shoes," said Leu. "You might say it's my hobby and I collect them. Shoes are to me what women are to Tom Selleck."



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But Leu only wears certain brands of shoes. NIKE is his preference.

"They are the only true fitting brand of shoe," he says. "I don't like 'Air Jordans' because they look stupid."

Leu isn't the only student who boasts a number of pairs of tennis shoes. Carla Carter, freshman cheerleader, has a wide variety of styles in her shoe pairs.

"I have shoes to go with most of my outfits," she said. "I have aerobic shoes, cheerleading shoes, tennis shoes and regular sneakers for now."

Although they can be a fashion statement, tennis shoes are used for more than just now.

"I wear them until they wear out, then I just keep them around to mow the lawn, go to the river, and basically do anything yucky," says Curtis Roberts, freshman, who also has nine pairs of shoes.

Nine seems to be a popular number with shoes because Perry Swinson, freshman basketball player, also has nine.

"I love sports so I have to have a pair of shoes for every sport I love," says Swinson.

"NIKE and FILA are the best," he says. "They look

good, they're comfortable, and you have a different variety to choose from."

NIKE keeps popping up.

Eric Harris, freshman, likes "Air Revolutions" because they're comfortable and light.

"I don't like wearing dress shoes," he says. "I love tennis shoes. I like to wear them."

Tim McAfee is another lover of tennis shoes. According to McAfee, "I can be found wearing any kind of shoe, after all I collect them."

Guys aren't the only people who have a favorite shoe.


Marcia Rinke and Chris Wilken prefer REEBOK

"They are new and different," says Wilken. "They are more comfortable and you have more colors to choose from," says Rinke.

According to a random survey taken of 40 Cowley students, each person averages 4.5 pairs of tennis shoes. Multiplied by the 2,144 students enrolled this semester, that's 9,648 pairs of tennis shoes. Based on a conservative average cost estimate of \$35 per pair, Cowley students invest some \$337,680 in tennis shoes and that's big business in anybody's book. □

BY LIZ RILEY

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With a new coach and a young team, Cowley's baseball team opened the spring season with a clean slate.

The tigers bring back only three players from last year.

"Mike Sparks, Jim Barnthouse and Randy Lassley all have shown good leadership for us," said head coach Dave Burroughs. The sophomores also realize what's expected of them.

"He does expect more of us as leaders since we've been here longer," said Mike Sparks.

The Tigers, however, have some advantages from being a young team.

"We're at an even point by being a young team," said Brian Bush.

"We'll be a much better team next year because we'll have more experience," said Doug Lietzke.

Experience is also being gained by head coach Dave Burroughs. Burroughs began coaching at Cowley this year and had a 6-5-1 fall season record.

"He's one of the best coaches I've had," said Luis Rivera.

"He's handled everything well for a first year coach and he got us on track," said Bush.

According to Sparks, the change of coaches has been an improvement.

"He's a hundred percent better than last year. He knows what he's doing."

Burroughs previously had coached two years at Bacone Juinar College in Muskogee, Oklahoma, posting both winning seasons. He has also coached seven to eight years of summer baseball.

Burroughs is not only thought of as a coach, but as a friend too.

"He's more than a coach, he's also a friend," said Rivera. "He can be a nice guy, but tough when he needs to be."

"He's expected a lot out of us because he's been with us all the way," said Bush. "He set goals for us."

One goal did come true for the team thanks to the support of others. In the fall, the team held a whiffle ball marathon

to raise money. After 100 innings of whiffle ball, the team had raised enough money from local businesses and supporters to buy new uniforms that they needed.

"I think the uniforms add class to CCCC's baseball program and to the school," said Dallas Jones.

"They're good uniforms," said Bob Mapel.

The team also bought new black Cowley jackets.

But according to coach Burroughs, the uniform doesn't always make the team.

"In baseball you need timing, rhythm and continuity," he said.

Timing, however, wasn't on the Tigers side at the beginning of the season. All the action the team saw was cancellation reports due to bad weather. As a result, Cowley started out the season slower than usual.

"We did start out slow, but we're alright," said Burroughs.

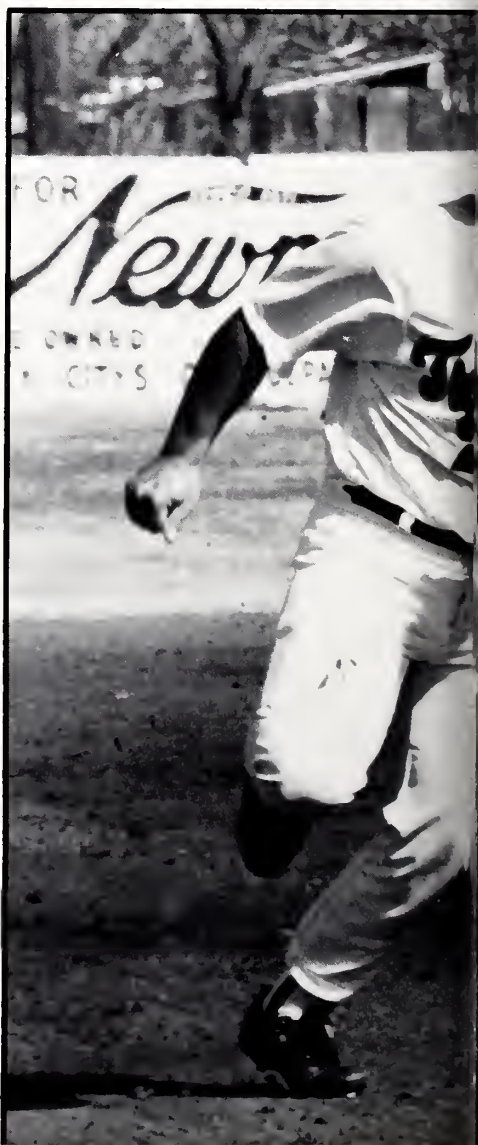
"Baseball is filled with peaks and

PLAY BALL!

Tigers gain momentum with a new team and new coaches

SWING INTO ACTION-Dallas Jones gets a hit off of Hutchinson while teammates J.D. Barnes and Randy Lassley await their chances at the plate. (Photo by John Bernhardt)

HOMEWARD BOUND-J.D. Barnes rounds third base followed closely by Luis Rivera as they score two runs for Cowley against Hutchinson March 25. (Photo by John Bernhardt)



valleys and sometimes when we tried to get over the hump, we'd hit a wet spot and slide down again."

The team has a good outlook though.

"We've got a good team, we just need to get our stuff together and the season will be good," said Sparks.

"We're showing good improvement," added Jody Sherwood.

Burroughs praised the performances of our Tiger players.

"Mike Butler and Mike Sparks are doing a good job with pitching," he said.

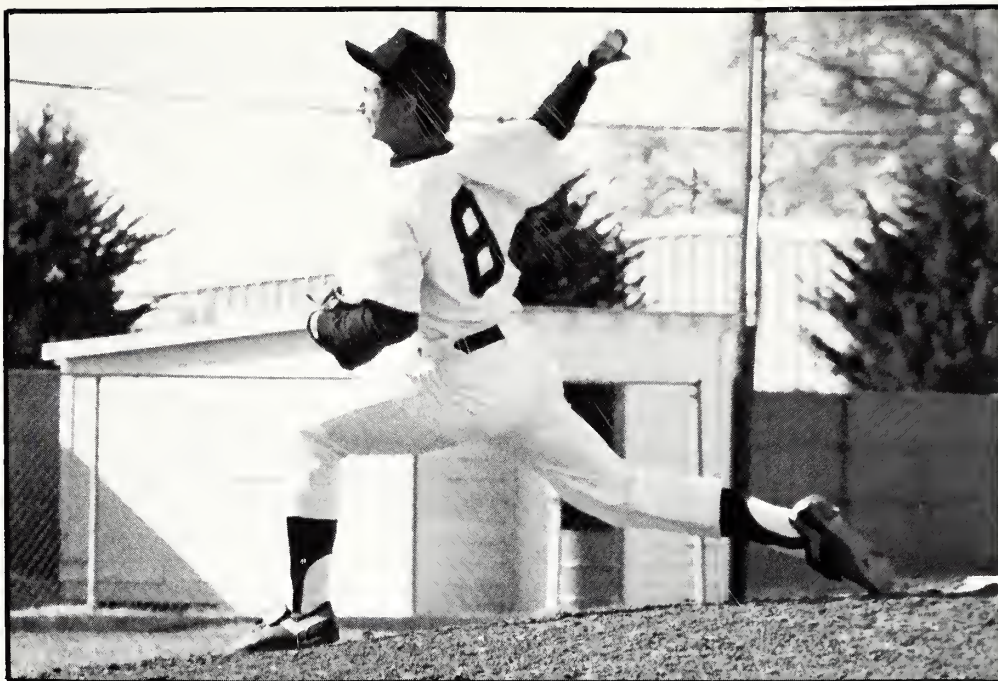
"Kike Parker and Randy Lassley are also doing a great job both on defense and offense."

The team attributes most of their ability to the coaching staff.

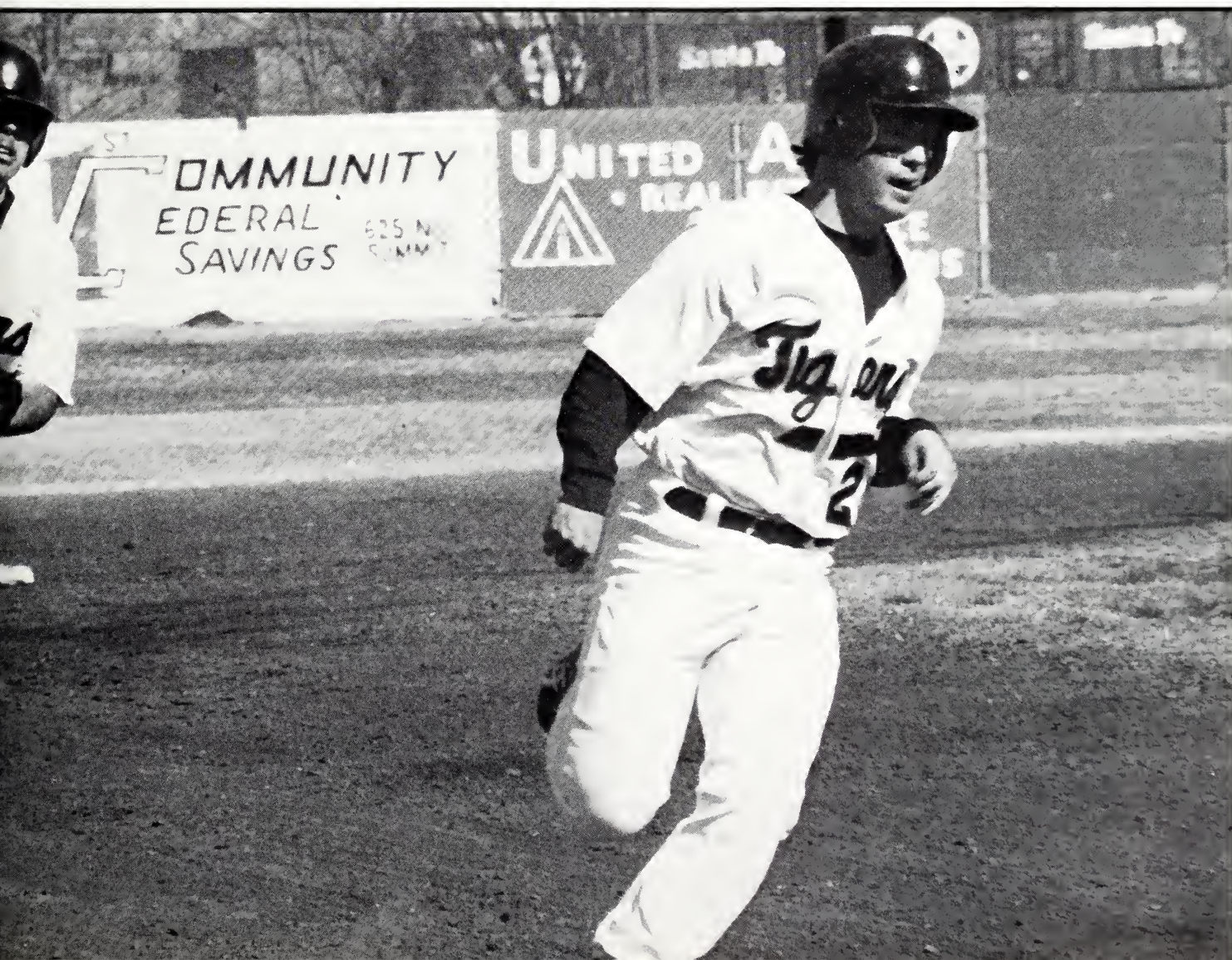
"The coaches are experienced and it shows," said Mapel.

With experience to back up good coaching, Cowley baseball will continue to build on the good base it has built. □

BY TONYA RUDOLPH



HURLING A FAST ONE-Jody Sherwood lobbs a fast ball past a Hutchinson player during the first game of a double-header on March 25. The Tigers split the double-header with the Blue Dragons helping to bring up their conference standings. (Photo by John Bernhardt)





BUNT AND RUN-Debbie Dean tries a bunt during the Johnson County softball game. The Lady Tigers triumphed 11-3 and 13-5 over Johnson County. (Photo by Debbie Aldridge)

RIVAL MATES

What happens when team rivals become teammates?

It's a situation the women's softball team has faced all year long. According to Ed Hargrove, head coach, they've learned to cope with it well.

"The neat thing about this year's team is that they all are from Wichita and the

surrounding area and most of them were rivals at one time," he said.

Although the rivalry may have caused tension at the beginning of the academic year, it didn't last long.

"It was hard at first because I remember some of the girls as being tough to play against in high school," said Julie Ott,

sophomore pitcher. "But after getting to know them, everything worked out."

Freshman Sabrina Lipton said she felt the tension most at the first practice.

"I was hesitant about it (playing with rivals) at first because some calls that were made against me in high school, involved some of our current team members. But now I've gotten to know the other team members and they're fun," Lipton said.

The earlier rivalries between team members haven't hampered the Tiger's performance this year. At press time the squad boasts an 11-3 overall record, 6-0 in the Conference and 7-0 in Region VI. Important wins came over Allen County and Johnson County, both tough opponents and arch rivals.

The Johnson County victory was especially sweet because of a controversy surrounding the competition from last year.

"Last year we run-ruled them when they were ranked tenth in the nation," said Hargrove. "They walked off the field and later filed a protest letter saying they feared for the safety of their team members because of our rowdy fans and they complained the umpire missed a call."

Their luck was to be no better this year. The Tigers downed them in a double header 11-3 and 13-5.

"It was great," Hargrove said. "They had been told they would finish the game regardless of what happened and I had to ask some fans to cheer only positive things because they were coming down on them pretty hard. It was a good win for us."

Hargrove says one reason the wins are especially sweet this year is because the squad has overcome their earlier rivalries.

"We're probably a stronger team now because they were first rivals," he said. "Once they overcame disliking each other because they had played as high school opponents, they really became close knit. They still kid each other about being from different schools but there's a definite pride in being from the Wichita area, being team leaders and pulling together for the same goals." □

BY S.K. BRUNNER AND
KELLY MONEY



DACHES CONFERENCE-Women's softball coach Ed Hargrove goes over last minute instructions with the umpire and Johnson County's softball coach before playing a double header March 30. (Photo by Julie Reed)

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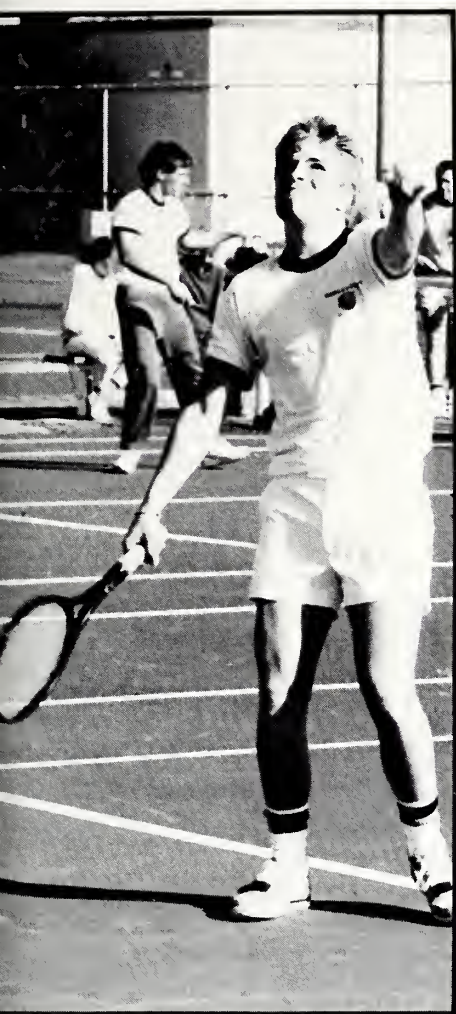


ROAD PRO



FORTY

READY, SET, GO-Brian Shaw, freshman, returns a volley in the alumni game March 24. Shaw holds the number one spot on the squad but his efforts could not ward off an alumni victory. (Photo by John Bernhardt)



HEADS UP-Joel Kropp, CCCC sophomore, serves in the Alumni-Varsity tournament. The CCCC Alumni handed the Varsity their first loss of the season. (Photo by John Bernhardt)

TENNIS TEAM-Back Row: Rich Kautz, Coach Larry Grose, Joel Kropp, Brian Shaw, Mark Beal. Front Row: Jim Brown, Eric Kurtz. (Photo by John Bernhardt)

"It's fun for me because when you teach professionally you become involved with one person or a group of kids."

-Larry Grose, Tennis Coach



Is there a better job for an old tennis bum than being a tennis coach?

According to Larry Grose, head tennis coach, the answer is unequivocally "No."

Grose, a former tennis standout for Ark City High School, has taught tennis professionally for 11 years. But coaching the sport is a different ball game.

"I taught a lot of tennis camps in Illinois and Oklahoma," he said, "but it (coaching) is a new situation for me because I have never been involved in the team concept."

Grose says he's enjoying coaching the Tigers.

"It's fun for me because when you teach professionally, you become involved with one person or a group of kids. You are working more in terms of stroke development and game development rather than in taking a team from here to there," he said.

Grose has seven men on his first tennis team. Six of them were recruited by last

year's coach Rob Alexander. Brian Shaw, Arkansas City sophomore, walked on at semester to play for Grose and that's an addition Grose likes to talk about.

"Shaw has surfaced as our number one player," he said. "Mark Beal (Wichita freshman) has the number two position and the number three, four and five spots are still a toss-up. One of the guys will win one day and the next day another will win."

Grose is glad he has time in this season to recruit for the 1988-89 squad.

"When they hired me for the job in February, one of the primary reasons they hired me early instead of waiting until school was out, was to allow me to get some kids in here for next year," he said.

When Grose was hired the College also decided to add a women's program for the 1988-89 season and that has presented him a few problems.

"I'm having all kinds of trouble with the women's program because in Kansas the women play in the fall and their season is already over," he said. "Many of the girls I

(Please turn to page 34)

LOVE

(RUSH-Continued from page 7)
as she wants to be."

For the past three years, Rush has wished for a car but has yet to get one because of the expense and the possibility of injury if she is in an accident. But this hasn't stopped her from setting other goals.

"Someday I want to graduate from here and I'd like to work somewhere part-time or live in an apartment with somebody," she said.

As for a special someone in Rush's life, she smiled her child-like grin and said, "I haven't got anyone right now but I'm hoping someday their will be."

(TENNIS-Continued from page 33)

have contacted have already made a decision where they will be going next fall, but I have found some good prospects."

Grose's recruiting philosophy is one of community spirit.

"We are inviting all the Cowley County kids to play at Cowley," Grose said. "I've sent out packets to all the Winfield and Arkansas City seniors to invite them to our program."

Grose is committed to considering local talent first.

"When I interviewed for the job, Dr. McAtee asked me what my philosophy was and what I wanted to do with the program. I said I wanted to take care of the local kids first and then go out and seek some other Kansas kids," Grose said. "I've

Rush lives each day and continues to work toward her dreams.

"I just take it day by day. I don't worry about the disease. It can get better as I get older, but I'm not ever going to get rid of it. If I think about the sores in a way that I'm never going to get better, people aren't going to like me," she said. "I just think about the everyday things everybody else thinks about. I only think about my skin disease when I have to deal with it in everyday situations but I don't just sit at home and sulk about it because it's not going to do any good." □

BY KRISTI ADAMS

focused all my efforts in the state and have not made any contacts outside Kansas."

One plus for Cowley's recruiting program is the availability of inside tennis courts.

"We have access to the indoor courts in the Agri-Business Building," Grose said. "The squad uses the indoor courts in the Agri-Business Building and that assures the players practice time in inclement weather.

Members of this year's squad include: Brian Shaw, Arkansas City, sophomore; Mark Beal, Wichita freshman; Jim Brown, Wichita sophomore; David Colquhoun, Arkansas City freshman; Rich Kautz, Conway Springs freshman; Joel Kropp, Winfield sophomore; and Eric Kurtz, Winfield freshman. □

BY KATHY GANN

(SCHWINTZ-continued from page
the trading floor."

The concept of trading commodities for the future is difficult for many to comprehend.

"Some of the trading is done a year into the future," Schwintz said. "It's like gambling on the market, in a way."

The CME is only one of the major marketing areas.

"There is the New York Stock Exchange, the Chicago Mercantile Exchange and in this area our winter wheat base comes out of Kansas City," Schwintz said.

The accumulated work of the 14 instructors will be available to all the agriculture instructors in high school and community college agriculture programs.

"I think there are 16 community colleges with agriculture programs in Kansas," Schwintz said. "All of these instructors plus the Kansas high school agriculture instructors will attend the Kansas Conference to view these films."

The 14 videos include an in-depth look at CME and future trading in the United States and throughout the world.

"Showing the Mercantile in action will allow students to see what happens there without having to make the trip to Chicago," Schwintz said.

The collection of 14 videos will be available to the school instructors who attend the August conference.

"The instructors attending the conference will have the opportunity to purchase and

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all of the videos for use in their schools," Schwintz said. "Cowley County Community College will be receiving the videos free since I am helping with the editing."

The videos will appeal to not only agriculture students but to anyone interested in economics or marketing.

"The different tapes will be of interest to any different people," Schwintz said. "And some will be of interest to the economic classes."

Schwintz and his family live on a 600-acre farm north of Winfield, but Farming is only a part of their livelihood.

"In our service area alone, all the elevators have some form of computer

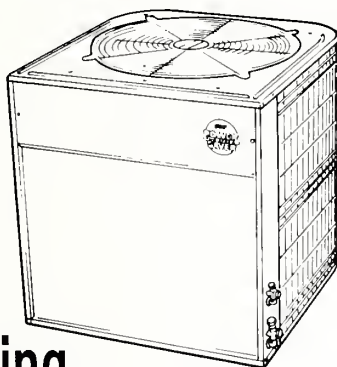
set-up," Schwintz said. "The implement dealers have computer set-ups. Computers are here."

Schwintz says farmers who want to keep up with the latest farming innovations must be friendly with their computers.

"Our students who are leaving school to go back to the farm are going to have computers in one phase or another," he said. "The figures I have seen say three out of five job require using computers and you will have to have some kind of computer training to be able to handle the job." □

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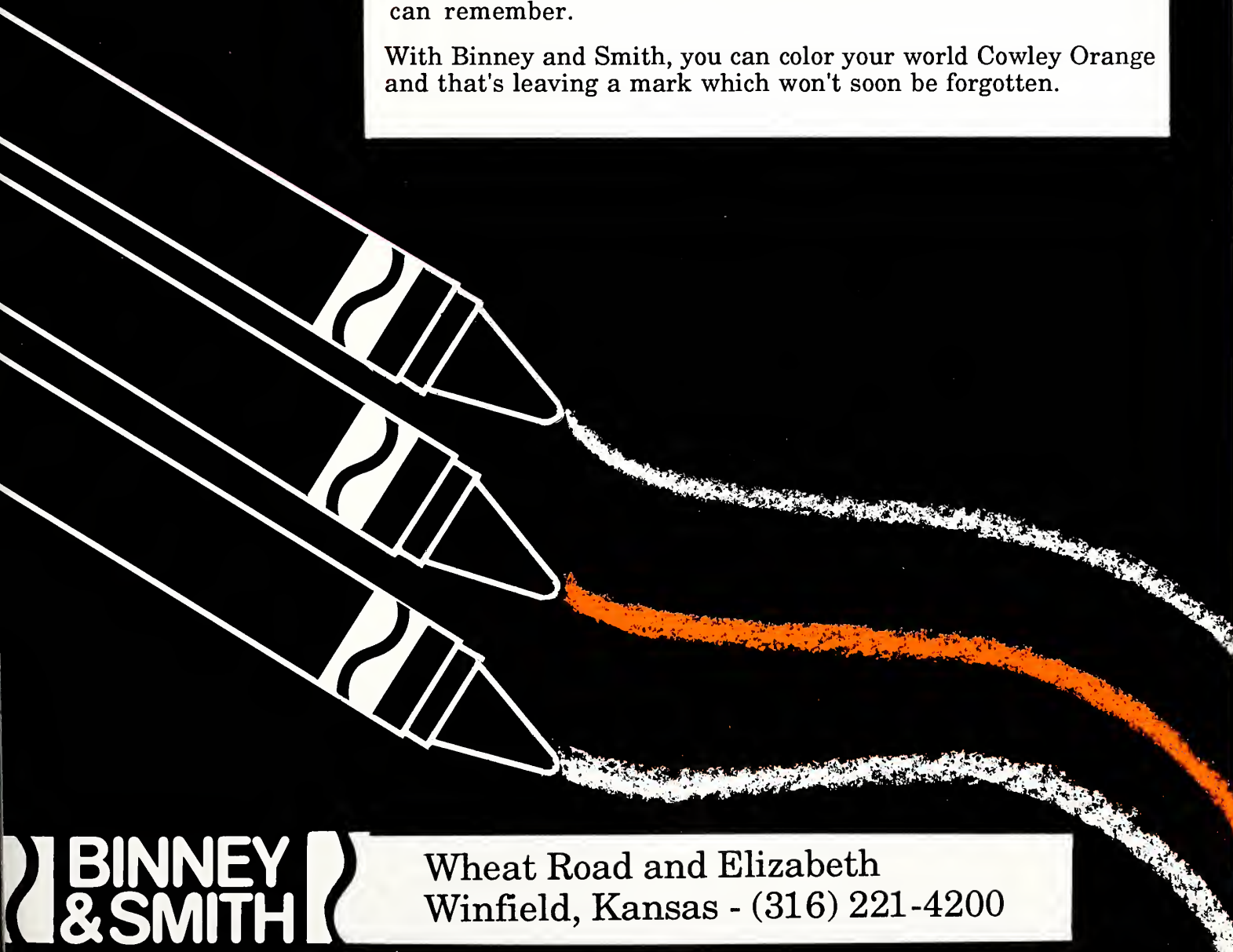
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Pulse

C O W L E Y

COUNTY COMMUNITY COLLEGE

FALL

1988

SKY HIGH!



Parachutists and the Chinese visit
keep things looking up at Cowley

ON THE COVER



This issue's cover captures memorable moments in Cowley history. Skydiver Rob Glenn followed the example of the four professional skydivers who dropped in on our back-to-school festivities. The inset picture shows Chen Jili talking to the students during the Chinese Week. Parachute photo by Dave Hull. Inset photo by David Todman.

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Pulse

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EDITORIAL NOTE

A CHANGE FOR THE BETTER



*If there's one thing I've learned from being on the **PULSE**, it's that we're always striving to be the best. And no matter what we did in the magazine in the past or what we'll do in the future, we'll continue to change in an attempt to improve our magazine.*

*For those of you who read our issues from last year, you'll notice a slight change in our **In Every Issue** section. In '87 and '88 we had "About Town" in the centerfold. This section was designed to help keep you informed of local happenings. This year, keeping that same idea, we decided to change "About Town" to "Street Beat." We've also added pictures and a new trivia section to help make this segment of the magazine more exciting for you.*

*Another change in our **In Every Issue** section is the addition of "20 Questions." This was designed to get a more in depth look at some of the faculty and students that you don't hear about every day. We not only test their sense of humor, we also look at their more serious side.*

Along with any kind of change there needs to be some consistency. Just like last year, we have the sports section and the feature section. The feature section is always hard to put together because we have so many different stories to work with. The sports stories are the last ones that get worked on because we need to keep them updated so that they won't be old news to you.

Getting new story ideas isn't the easiest thing to do. We try to bring you a variety of features each issue but more often than not, we hit a brick wall during the thought process. Maybe you, as our readers, have some interesting ideas that you'd like to see published. If so, our editors encourage you to write a letter or contact us with your comments or questions.

*Although the **PULSE** is produced by the magazine production class, it is produced for the whole school and we would appreciate any input on how to better serve this school.*

*Dawn
Segrist*



Meeting each other

HALFWAY

across the world

歡迎

by LIZ RILEY

People gathered, the band played, and a security escort waited to direct the delegation of five educators from Mainland China.

It was 3:45 p.m., Sept. 27, and tension was in the air. The Chinese were late.

Harold Walker, Board of Trustees chairman, led a squad car of campus security students to the city limits east of town. While they were gone, a brown, unmarked Suburban arrived and history at Cowley was made.

"Before the delegation got here, I had had no international relationships and had only seen Chinese on television and stuff. I guess I expected them to be more reserved," said Patrick J. McAtee, Ph.D., College president.

As they walked to the front door of Galle-Johnson Hall, the tension broke in a rush of activity.

"But when they got here, they were very friendly and warm. We were so anxious, we all were just rattling off things and nobody knew what the heck was going

on," McAtee said.

The delegation included Kuang Peijing, interpreter and English Professor at Chengdu Radio Machinery School; Kuang Shitan, president of Chengdu Radio Machinery School; Zhou Songhua, president of Wuhan Radio Industrial School; Liu Qingquan, vice-president of Tianjing Radio Mechanics School; and Chen Jifu, Chief Engineer, Department of Scientific Research & Foreign Affairs, Ministry of Mechanical and Electrical Industry.

Following their arrival, a reception was held to welcome them.

"I felt kind of awkward because I didn't know what to do in terms of formality," said McAtee.

But by the time the appetizers had been taken away at dinner at the Ark City Country Club, the awkwardness had left.

"During dinner it was kind of euphoric. Everyone was laughing and having a good time. It's like we were really understanding each other," said McAtee.

Conversation ranged from talk of education, to life in countries half a world

apart.

"I asked about smoking in China, and they all said they didn't smoke except for Kuang. He offered me a cigarette and when he saw that I liked it, every time he pulled out a cigarette, his eyes lit up and offered me one," McAtee said.

On Wednesday, a rap session with Cowley students packed the Little Theatre.

"The seating arrangement went kind of like a Chinese fire drill. We thought we had it all worked out but they all decided to change," McAtee said.

After the rap session, the group toured campus.

"We were talking to Charlie White and without any communication, just by the movement of the hand and the gesture of the eyes, he told them how two different process worked on these machines," McAtee said.

Wednesday night a few Cowley students went out to visit the delegation.

"We talked about several things. Fishing and curfews were two items that popped up. They told us their students have to get eight hours of sleep every

might so they never go out on weekdays," said Dawn Segrist.

Tai Chi was an exercise that the Chinese demonstrated to the students. It deals with making your mind concentrate on what your muscles are doing. Your muscles are moving simultaneously in different directions, therefore making you relax," said Mark Patrick.

They kicked off their shoes, laid back, and had a great time.

The next day tours were given to some of the surrounding industries. They visited Gott, General Electric, Spring Hill Farms, Cherokee Strip Living Museum, and Chaplin Nature Center.

At Gott, Nai Ching, an engineer who was born in Mainland China, joined the group to help interpret the technical parts of the plant.

"You should have seen their eyes light up when they saw a fellow countrymen also in America," said McAtee. "They were estatic." From that point on, Nai Ching was a part of the group and interpreted during the tour of G.E.

At Spring Hill Farms they rode a wagon to tour the farm. Before the tour, trout was served for lunch. The waitress asked if she should serve the fish with or without the heads. They said leave the head on. When it came out their faces lit up and they started mumbling. Thinking something with the fish might have been wrong, they were asked.

"No," they said. "Everything is perfect. We're the fish experts you know."

Next was a tour of the Cherokee Strip

Living Museum where they were given a crash course in Oklahoma history and a quick Charleston dance lesson.

Chaplin Nature Center was the last stop for the day. While at the Center, the delegation relaxed in the natural beauty of Kansas.

Earlier the guide had told them to look for animal tracks. The delegation was walking along mumbling to themselves, looking intensely at the ground, the rest of the group was wondering what they were doing. After several minutes, the Chinese

burst out laughing.

They had been tracking these strange but interesting prints, when they realized they were not tracking a native animal, but a high heel shoe.

That evening a dinner was held to let the public know more about the group. Toward the end of the dinner, McAtee presented the group with the highest honor the College can bestow to an individual. They were made honorary graduates of Cowley and more a part of the College.

(Please turn to page 25)



A LITTLE BIT OF HISTORY- Sharon Olmstead shows the delegation some relics on their tour of the Cherokee Strip Living Museum.(Photo by David Tobias.)



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MOTIVATION HELPS DENNY ADJUST



*In the first of a series of
articles on "New Faces
at Cowley, Pulse looks
at a teacher who is
doing what she always
wanted to do.*

by ROBYN CHRISMER

For Marilyn Denny, this semester is a first. Denny, an office education instructor, is spending her first semester at Cowley trying to adjust to college life.

Denny has been teaching at Winfield High School for the last 16 years. Two of her main goals for this semester are to become comfortable at Cowley and to adjust to the difference in the student population from high school to a college level. Other goals include getting her classes organized, improving her teaching methods, and "survival."

Another first for Denny is elementary typing, calculating machines, and

co-ordinating field work for office education students. This will be a challenge for Denny because for the last 16 years she has taught business marketing courses.

Although Denny is teaching new courses to a new group of people, it's not slowing her down. As a matter of fact, she's doing what she always wanted to do. She started her teaching career in office education but things changed, and she began teaching business management.

"It wasn't hard to adjust here, because I am familiar with the classes and material that I am teaching, and therefore I didn't need a lot of extra preparation."

Denny also found it easy to adjust to her students because they work independently, but that doesn't mean there

aren't adjustment problems. Some of her non-traditional students find adjusting to college life a real challenge.

"They are mostly women, and they are coming back to school with a lack of confidence in themselves," Denny said. Her remedy to this problem is to motivate her students by making them aware of the qualities they possess.

Motivation is a key factor in Denny's becoming a teacher. She enjoyed her high school business classes and with the encouragement of her teachers she decided to become a teacher. Other influences on Denny were the desire to help people, and the enjoyment of working in her father's business. Denny began her career by attending Oklahoma State University then held positions in retailing and secretarial work before she started teaching.

Some of Denny's hobbies include watching Oklahoma State football, going to movies, being around people, talking, and going to her son's sporting events. Denny has two sons, Grant, who started the seventh grade and Phillip, who is in the third grade. Denny's favorite hobbie is dancing.

"I love to dance, dance, dance," Denny said.

Denny also likes to leave her career out of her hobbies but finds that difficult because so many of her friends are teachers. And it's been those friends who have helped make her transition to college teaching easier.

"It is a friendly staff and administration but I would like to give a special thanks to Richard Tredway and Peggy Paton for helping me adjust to Cowley."



TEACHING WITH A SMILE-Marilyn Denny smiles as she helps Trisha Vaden during her Intermediate Accounting class. Denny is a business instructor who came to Cowley and college teaching for the first time this fall. (Photo by David Tobias)

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Gwen Nelson and Dick Rock, both of Arkansas City, campaigned heavily for the State Senate seat

THE CAMPAIGN TRAIL

by Scott Stansbarger



IT'S LIKE THIS-Republican State Senator candidate Gwen Nelson talks with Gov. Mike Hayden about the Oct. 10 campaign agenda. Hayden spent the day traveling to communities in a door-to-door campaign for local Republican candidates. (Photo by David Tobias)

Former president of Cowley County Community College and Area Vocational-Technical School, Gwen Nelson says that the Kansas Senate needs him.

Nelson, who has been in education for 40 years, says he has always liked the communities of Arkansas City, Winfield, and Wellington. That's what has prompted him to run for the legislature.

"I'm not really running for the Senate," Nelson said. "I think Dick Rock would be a good senator, I just feel that I'll represent the people a lot better than Dick will, and that's my main interest in running-to represent the people in Cowley and Sumner counties."

Nelson became president of the College in 1968 and also became involved in the Community College Act. He says, his experience on the community college level has helped prepare him for public office.

"College is where you find out which

legislative issues need to be pursued."Two-thirds of the State funds are spent on education and that's one issue, I'd like to be involved in. Contrary to some of the news articles, I don't think the highways are the big issue. Education is the issue most people identify."

Along with education, Nelson is also involved in transportation, and economic development.

"I will emphasize those three subjects. I just want to use good judgment on any subjects that come up."

Nelson has several changes he would like to see made in education.

"They put a lot of emphasis on first and secondary school," he said. "They provide almost 40 percent of the funding for education."

Restrictions placed on the schools, because of the funding, is a concern for Nelson.

"I want to reduce the mandates of funding," he said. "Right now, the State requires so many things from the schools including the community colleges. The State dictates how money will be spent."

Governance for community colleges is another issue Nelson would like to address. Currently, community colleges are under the control of the State Department of Education. The four-year public colleges in the state are under the Board of Regents. For several years, there has been discussion about where the control for community colleges should be.

"I feel like we would be a lot better off with a third board of governance for the community," Nelson said. All the states with a third board have such a strong system of community colleges and I'd like very much to see that here."

Until he made his decision this summer to run for the legislature, Nelson told those who encouraged him to enter the campaign, "I wouldn't be at all interested because I'm not sure the legislature makes decisions based on reason."

Now, he says he needs to improve the quality of representation.

"I have no burning need to do this," he said. "There are a lot of things that need to be looked at but by a level headed person and I think I fit the bill."



POLITICAL POINT-Dick Rock makes his point on an issue at a tea held for the public to get to know the senate hopeful. (Photo by Todd Kennedy)

Shortly after Dick Rock and his wife Roscalce moved to Arkansas City in 1950, Rock was elected to the Legislature by a 2-1 margin.

He was the youngest president of the Democratic Club to be elected, and was speaker of the 1960 State Convention.

"I was 36 and I had only been up there for four years. I think I did well," he said.

Rock also ran for judge and was elected and the re-elected. In 1956 he went into private law practice.

His years of experience in politics have shown him that things are constantly changing. One area where he has seen change has been in the single-issue campaign.

"There have been groups of people who have gotten together into political groups who have one single issue and they will vote for a candidate just because of what he says he will do on that one issue."

Rock says he's ready to face a number of issues if elected to office. He says he has been accused of favoring socialized medicine, and also of being diametrically opposed to everything the doctors want.

"None of that is the truth and all I'm doing is trying to set the people straight. But the greatest emphasis this year will be on education for a variety of reasons," he said.

One is the winfall tax money of \$300-400 million and Rock says there's somewhere we can put it.

Another is the reappraisal issue, and educational funding.

"School funding will be a major problem this year," Rock said. "We should receive 50 percent funding."

He also sees governance of community colleges as an area of emphasis.

"I'm very concerned. Our destiny is controlled by the Board of Regents," he said. "The only problem is funding."

To Rock, Highway 166 is another issue to be addressed.

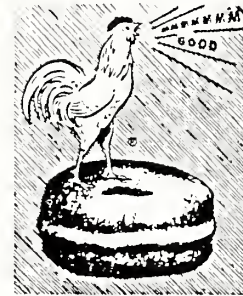
"It's been very controversial. If Arkansas City doesn't get 166, and they put in the corridors, the City will be a desert because all the traffic will run from Wichita to Pittsburg, not even coming close to Arkansas City. I'll do everything I can to get 166," he said.

Rock says he's in a position to help get action on the areas of concern.

"Gwen (Nelson) is a good man, but you must make wise choices. One of the things Gwen says is that he's had 20 years of appointments by several governors," Rock said. "He's been on a 37-member board that meets three or four times a year. For the last 20 years, I've been involved with a five-man commission subject to the Senate that actually runs like a department and we meet at least 25-30 times a year."

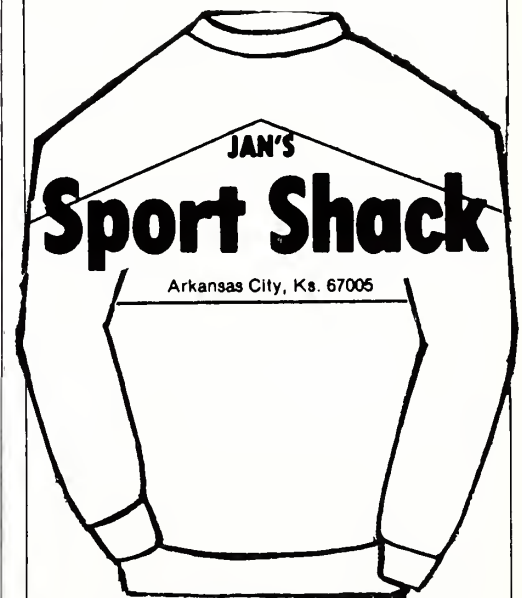
Rock says his longevity in the political arena is a strong point for him, and he cites his relationship with Joe Warren, current Kansas Senator, as a strength.

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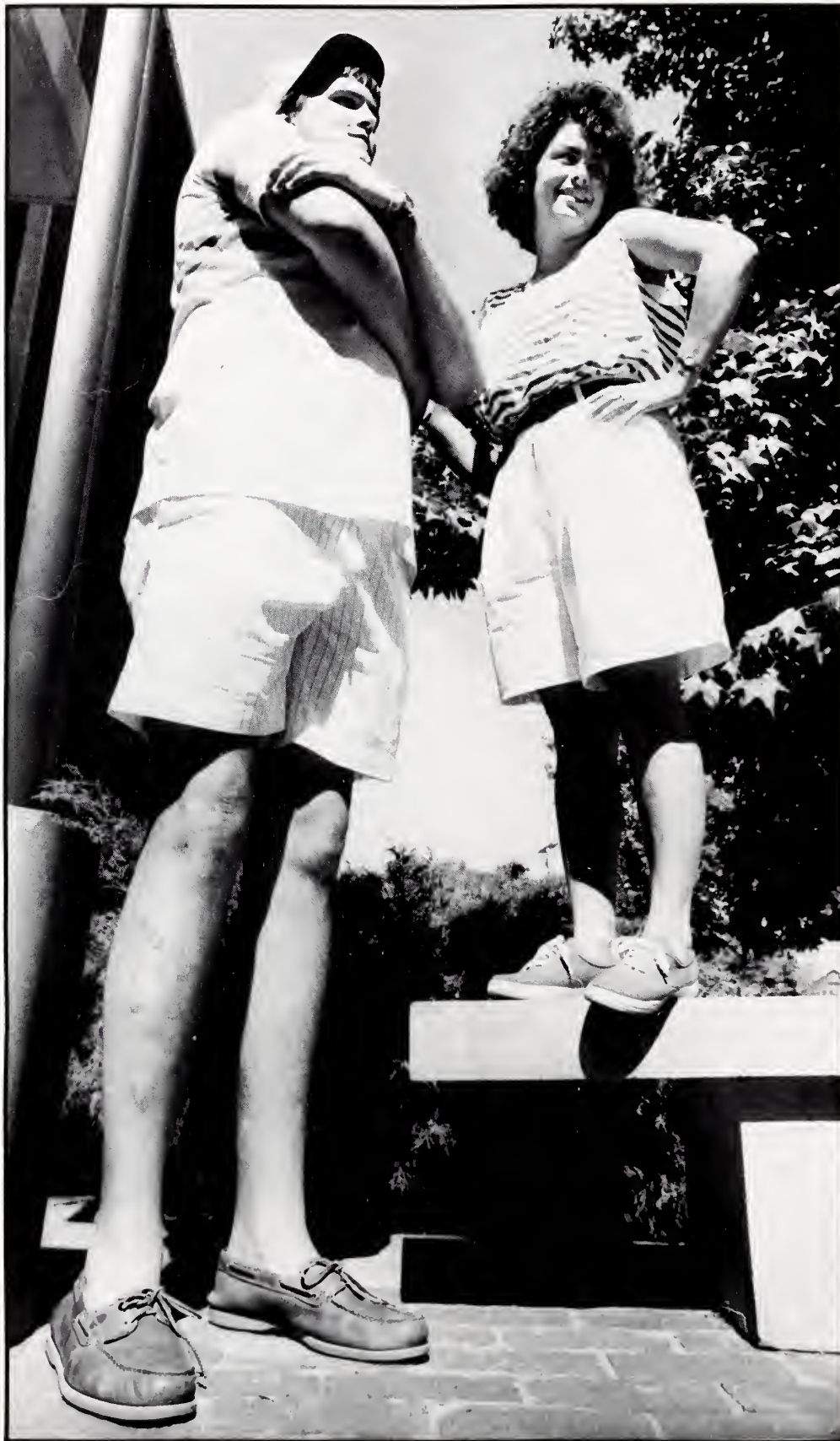
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TALL AND SHORT OF IT. These are just ordinary college students, except for one thing. Freshman, Todd Kennedy, is 6-foot-10 and sophomore, Paula Brew, is 4-foot-10. (Photo by David Tobias)

T H E TALL AND THE SHORT O F I T

by JAMI JUDD and
SHANNON WINEINGER

It has been said that everything has a tall and a short to it, and Cowley is no exception.

Todd Kennedy, 6-foot-10 freshman, and 4-foot-10 sophomore Paula Brew, find their height makes them unique and poses special problems for them.

"I can't reach a lot of books in the library," said Brew, "and my feet don't touch the floor when I sit down in chairs."

Both Ark City natives resemble their parents when it comes to putting marks on the wall for growth. Brew's mother also measures a mere 4-foot-10.

"My dad is pretty tall, he's 6-foot-2 but my mom is just as short as I am," said Brew.

Kennedy's size came from both sides of

the family. Both of his parents are around the six foot mark.

"My dad is tall. He is 6-foot-5, and mom is pretty tall, too, for a lady," said Kennedy.

How do Kennedy and Brew feel about their height?

"It has both it's advantages and disadvantages," said Kennedy. "But the disadvantages slightly out number the advantages."

One of the biggest problems for both students seemed to be dates.

"Every dance I have gone to and taken a date, I've had to take a stool," said Kennedy.

Brew's problem, however, is just the opposite.

"It looks funny when I'm with a tall guy. The guy I'm dating now is 6-foot-2 and people tease us. They call us Laurel and Hardy," said Brew with a slight chuckle.

But there are other problems at the top of the list, like finding clothes and cars to fit.

"I wear mini skirts for regular skirts, and the pants and shirts people wear short, really fit me," said Brew.

Kennedy also has a hard time finding clothes, but he has more trouble with cars.

"Clothes and cars work the same," he said. "One time I was sitting in a Toyota MR2 and I couldn't get out. They had to take the sunroof out and everything."

But, as Kennedy mentioned, there are also advantages.

Kennedy finds his height to be his greatest asset at Parman's Furniture where he is employed.

"I can do a lot of ladder work and stuff up high," said Kennedy.

Brew, on the other hand, says her height is an advantage when she is trying to be sneaky.

"I can get in and around certain places faster than bigger people," said Brew.

It is obvious that Brew and Kennedy both have a great attitude when it comes to putting up with other people's wise cracks. But some things really bug them.

"They (people) think that if you're this tall, you're a basketball star. It gets on your nerves. 'How's the weather up there?' gets really old," said Kennedy.

Topping Brew's list of pet peeves are

the nicknames, dwarf and munchkin, along with little pats on top of the head.

Halloween is one time of year when their height is used for fun.

"The Jaycees (a local organization) would always call me to play Frankenstein in their haunted house," said Kennedy.

Brew's last Halloween didn't require too much thought for a costume.

"I took some kids trick-or-treating last year and I was so embarrassed because people kept offering me candy and asking me why I wasn't dressed up," said Brew.

Height has also been the cause of embarrassment for Kennedy.

"When I went on vacation, people would start by looking at my feet and look all the way up, like they had never seen anyone that tall before," said Kennedy.

While Kennedy's height may be intimidating to others, Brew feels her height makes people try to intimidate her.

"A lot of people think I'm still in grade school, and younger kids like to make fun of me," she said. "I don't really let it bother me, I just give them a hard time back."

Whether playing Frankenstein in a haunted house, or jumping for books on top shelves in the library, Kennedy and Brew add a special aspect to Cowley. And they should not be overlooked.



SIZING UP- is hard to do for Paula Brew, 4'10", when standing next to 6'10", Todd Kennedy. They are believed to be Cowley's shortest and tallest students. (Photo by Dave Tobias)

Size Comparison: Cowley's Extremes (Measured in feet)

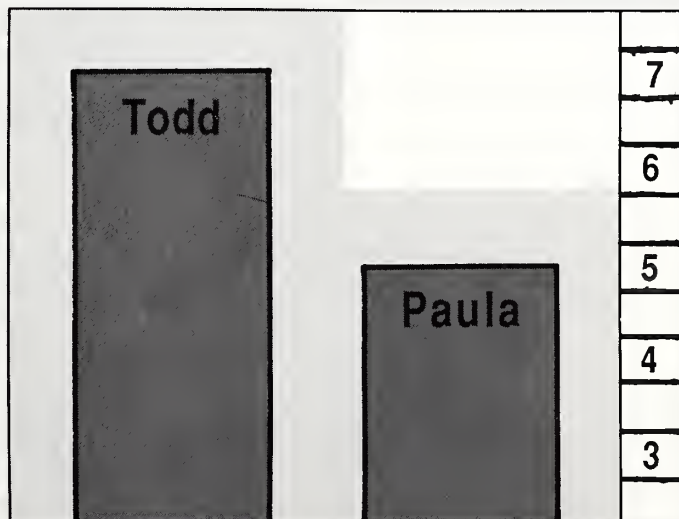
Source: PULSE Graphics



Todd Kennedy



Paula Brew



GO TIGERS-Known for having a smart game strategy, Linda Hargrove coaches last year's squad from the sidelines. This summer Hargrove spent three weeks with the U.S. National team when they played in Brazil. The Americans won the competition hands down. (PULSE file photo.)



Linda Hargrove takes USA team to Brazil and receives a national coaching award making her a

W I N N E R

in the eyes of professionals, and her own players

by SHANNON WINEINGER

The last three months have not been ordinary ones for Linda Hargrove, head women's basketball coach. For Hargrove, the time has been filled with accomplishments and self-satisfaction.

On Oct. 1, Hargrove traveled to New York City for a presentation at the Sporting Goods Manufacturers Association (SGMA) convention held at Jacob K. Javits Center. But it was no ordinary presentation. Hargrove was being

IN THE WINNERS' CIRCLE-Linda Hargrove shows off original artwork presented to her in New York City when she accepted the "National Coach of the Year" award presented by the Women's Sports Foundation.

Hargrove was honored as one of five recipients of the first annual coaches award given by the Women's Sports Foundation (WSF).

The foundation was established in 1974 by Billie Jean King to promote women's involvement in sports. To be eligible, a person can not be head coach for a Division I team.

According to Hargrove, the award is to honor "...grassroots type coaches who sometimes miss out on big awards."

Recognition of her coaching ability goes beyond the grassroots level, however.

This summer, Hargrove was appointed to an international assignment with the national women's basketball team. The team traveled to Sao Paulo, Brazil, to compete in the Junior World Qualifying Tournament. There are three regional divisions. The United States' division included North America, South America, and Central America.

The tournament included eight teams divided into two pools of four teams. Argentina, Cuba, and Uruguay accompanied the USA in making up one pool. The top two teams of each pool then competed for the top three qualifying spots. The three teams to obtain these spots will travel to Barcelona, Spain, in 1989 to compete in the Junior World Championship Tournament.

The official title given Hargrove on the trip was team manager, but she said her responsibilities "involved a little of everything."

Aside from coaching the team along with two other coaches from the University of Virginia and the University of Kentucky, Hargrove was in charge of the money, setting up schedules and transportation. She was the USA's representative on the technical committee which was involved with the selection of officials and tournament format changes, among other things.

"I was responsible for a team and staff of 19 people," said Hargrove. "All my time was dedicated to the team and winning the gold."

Part of her responsibility included handling the \$16,000 expense money for the group.

How did Cowley's own get selected?

The American Basketball Association of the United States of America (ABAUSA), has a games committee which is responsible for the selection.

"I was told six years ago my name was going to be submitted," Hargrove said.

Finally, in 1987, she was appointed to her first assignment. She traveled to North Carolina. She credits her hard work, good performance and dedication in North Carolina to helping in her selection this year.

The biggest cultural adjustment for Hargrove was getting used to working with an interpreter.

"It was frustrating but kind of exciting," said Hargrove. "We played charades for 10 days."

Ordering food in restaurants and using the telephone ran a close second on the list of frustrations.

"Some of the girls said they wanted to get home and order food where they knew what they were getting," Hargrove said. "We couldn't wait to eat pancakes and waffles."

Even though she had tremendous family support, Hargrove still experienced great feelings of loneliness while she was away for the three-week assignment.

"It was hard on my family but not as hard as it was on me. They had each other but I was away and alone," she said. "It was a feeling that I could really relate to the players. We gave each other support."

But all the hard work, frustration, and dedication paid off when the team left Sao Paulo, on Aug. 8, with the gold medal and the thought of traveling to Barcelona next year.

"One thing I always wanted to do as an athlete was make an international team. This trip was very satisfying. It's been a long time coming," she said.

What one special moment stands out in her mind?

"...In the closing ceremonies (of the tournament) during the playing of the National Anthem, we stood there with our gold medals and we knew that they were playing it (the Star Spangled Banner) for us."

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Skydivers meet high goals when TAKING THE PLUNGE

by ROB GLENN

Get Ready! Get Out! Go! As the plane circled to reach 4000 feet, I whispered these three commands to myself. If I could follow them, I would jump from a Cessna 182 and experience my first skydive.

As I boarded the plane earlier, I thought to myself how crazy I was to do such a foolish thing. But this was a life-long dream and I wasn't going to lose the opportunity now.

When the plane reached altitude, I was instructed to "Get Ready." This meant the plane door was opened and I had to sit in the door with my feet dangling in the air.

The engine of the plane was killed around 7:30 pm and my jumpmaster told me to "Get Out." I grabbed hold of the strut of the wing and stepped on the wheel's cover. I walked to the end of the strut and stepped off the cover.

My feet kicked out behind me and I held on for dear life. I felt weightless and

thought this was the end. My jumpmaster told me to "Go."

As I released my firm grip on the strut of the plane, I felt like I was releasing my hold on life too. I counted to five and simultaneously looked above me to find a full canopy above my head. I knew I was ok.

A reoccurring dream about heights flashed through my mind, but was soon erased by the beauty of the site. It was rapidly growing darker and the moon was full. The western sky displayed one of the prettiest sunsets. I felt I was on top of the world, enjoying the perfect end to a perfect day.

As I approached the landing target, I could hear the mumbled words of people and I knew they were watching me. I landed within 20 meters of my target and was told it was a good landing for a first timer, especially with the loss of sunlight.

My jumpmaster gave me a "good" rating which was marked in my parachute log book, and a first-time certificate. He told me about the dirty, scared look I gave him when he told me to "Go."

Skydiving begins with a six-hour class dealing with every aspect of parachuting, in order to prepare novices for their maiden jump. The

HANG IN THERE-Rob Glenn, sophomore, practices in a rig as part of his practical training for skydiving. (Photo by David Hull)

first half of the course is taught in a classroom, and the second half is practical training.

My class, at 10 am, Sept. 24, consisted of jumpmaster Brian Hettrick and eight other students. We watched videos and learned different parts of a parachute.

With the classroom work also came the knowledge of how to carry the canopy after landing, to keep from tearing it or tangling the lines.

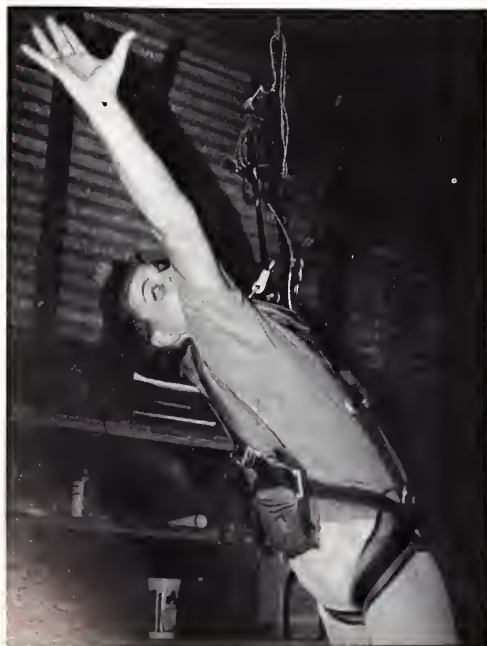
After dinner, the practical training began. Each student was strapped into a rig and lifted off the ground. We learned the checks for an open canopy, and practiced emergency procedure on how to use our reserve parachute if necessary. We also worked on preparation for landings in trees, high wires, and water.

The other part of the training consisted

Skydiving puts

Hettrick on

CLOUD NINE



DIVER DOWN-A jumpmaster from OZ Sport Parachute Club approaches the landing target to end an ace jump. The jump was made Sept. 24, the same day three Cowley students jumped. (Photo by Rob Glenn)

of learning to exit the plane and landing without injuries.

The classroom and practical training was finished and it was time to skydive! We divided into three even groups with the first group preparing to jump. I was in the third group which relieved me because I could watch my classmates jump first.

The first two groups parachuted and everyone survived so I knew I could too. There was a delay in the schedule, which left me with a lot of impatient waiting.

I thought about how I felt before the class began, with my biggest fear of both my canopies failing. But the class relieved those fears. My biggest fear was whether I actually had the nerve to climb 4000 feet and jump out of a perfectly good plane.

Around 7 pm, I was grabbed by two habitual parachutists who buckled me into the gear so I could fulfill my goal. I went through a series of checks to make sure I was mentally and physically prepared.

My first jump was so successful, I decided to jump again the next morning. I was more nervous, but when I prepared to

(Please turn to page 32)



by DAVID HULL

Brian Hettrick's students know him as their teacher. And that is what he is five days out of the week, but on weekends he moves to skydive.

Hettrick is one of four who jumped into Cowley's back-to-school dance Aug. 23. Ark City has become a familiar to him. He lives here and teaches special education at the Middle School.

In addition to preparing for his career, Hettrick was also taught his hobby while attending Kansas State University. Hettrick's exposure to the sport reaches further back than college, however. He explains that he lived near an air

base as a kid and used to watch the paratroopers jump from planes near where he lived. "I said to myself, 'I'm going to do that someday,'" now 10 years after he started, Hettrick has made over 670 jumps.

"It has its underground," said Hettrick of the sport. Skydiving competitions are a major part of that underground.

One of the largest of these competitions is held in the skydiving capitol of the world, Muskogee, Oklahoma. Hettrick loves to go to the competitions but not to compete. He likes to exchange stories with other jumpers and jump between competitions.

What is it about the sport that attracts people like

Hettrick? For Hettrick it is the dive. "We find language is really lacking when we try to describe the dive," said Hettrick. "When most people think of skydiving, they think of the parachute opening up and the jumper floating down, but the greatest part of the jump is the dive."

"On a first jump the dive is usually the scary part. A beginner just wants to get the dive over with," said Hettrick.

Over time that feeling will change. Hettrick says, for him, the dive is a feeling of absolute freedom. Ironically, he says that during the fall it is as if gravity has no effect.

One thing that does have considerable effect on a jump is

the pilot. "If our pilot says 'no,' we don't jump," said Hettrick, explaining that the pilot is legally in command.

Another thing obviously effecting the jump is how well the equipment functions. Out of over 670 jumps, Hettrick has used his reserve chute twice. To Hettrick using the reserve is comparable to slamming on the brakes while driving down the highway. "You never want to have to do it, but you know you can if you have to," he said. "The equipment is like a car, if you keep up the maintenance everything will run smoothly."

Anyone who is brave enough or crazy enough to try skydiving can contact Hettrick by phone at 442-8861.

Twenty



: Norman Hearn
 : 54
 Birth-
 Place: Lecompte, LA
 College Graduated
 from: S. W. Louisi-
 iana Institute
 No. of yrs.
 teaching: 8

QUESTIONS

This new section, "Twenty Questions," is designed to help PULSE readers get a better look at some of the people at Cowley. "Twenty Questions" is put in Question and answer form so that it will give the full affect of the interview. This issues' interview is with Norm Hearn, related courses instructor for the industrial technical program.

PULSE: How are the courses you teach especially important to the I-Tech students?

HEARN: The classes I teach students lay down a foundation of the basics. Once they learn the basics, they can pick up high level skills and can adapt to new and changing technologies.

PULSE: What do you like best about teaching?

HEARN: The schedule. It's very flexible. It's not as rigorous and an 8 to 10 job.

by CHRISTIE CLARK
DAWN SEGRIST

PULSE: How long have you been here, and how has the college changed since you've been here?

HEARN: I have been here 8 years, but for how the college has changed, I think I have changed more than the college.

PULSE: What has been your most embarrassing moment?

HEARN: You mean I have to just name one? It was probably in a social setting and I made an inappropriate statement. I'm real good at embarrassing myself.

PULSE: What would you say is the scarriest thing you've ever been through?

HEARN: An airplane accident. I was driving the plane and was suddenly told there was a fire in the plane. I landed it to the barrier. The whole plane burned but no one was hurt.

PULSE: If there was going to be a movie made about your life, who would you want to play the starring role and why?

HEARN: Chuck Yeager, because of all of his flying exploits. He was the first guy to break the sound barrier.

PULSE: If you had just inherited \$1 million, tax free, and had to spend it within 24 hours (without giving to charities) how would you do it?

HEARN: Give it to my wife, she'd get the job done. No, actually, I would buy a residence and book some excursions.

PULSE: You've been a teacher at Cowley 8 years, what is one thing you would change, if you could, about the college?

HEARN: I would like to see them make

the name clearer. When they say Cowley County Community College and Area Vocational-Technical School, the listener gets lost in all of the words. I don't have any ideas but a shorter logo would be nice.

PULSE: Looking into the future, what is one convenience you would like to invent?

HEARN: Transposition. I think it would be nice to get from one place to the next with the push of a

button or the snap of a finger.

PULSE: Now imagine being stranded on deserted island and could have only one type of food for a whole year, what would it be?

HEARN: Can I have two?

PULSE: Well...I guess.

HEARN: Eggs and bacon, I really like eating them.

PULSE: If you found out you had one month to live, what things would you like to accomplish?

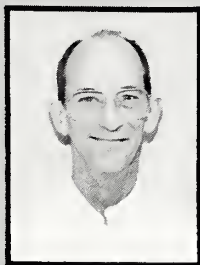
HEARN: I'd carry on a normal life. I wouldn't drop everything, I have no burning desires. I would just visit with my family.

PULSE: What would you say is the best thing Cowley has to offer students?

HEARN: The biggest advantage about going to Cowley is that the atmosphere is very relaxed and home-like. There are low-key, small classes in which the teachers and students can relate to each other on a one-to-one basis.

Norm Hearn is only one of the many people at Cowley who we don't hear about every day but we probably should. If anyone has a person that they think would make a good "Twenty Questions" subject, please bring your ideas to one of the PULSE staff members.

STRAIGHT TALK



"The whole plane burned but no one was hurt."

-Norm Hearn

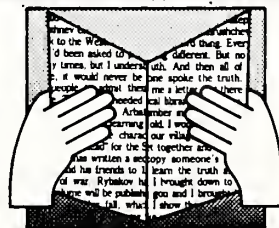
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peace signs, leather jackets, and just about any trend from the 60s is popping back into the 80's.

One trend in particular, tie-dyed clothing, is really making a big splash.

Tie-dyed clothing simply looks like a collage of bright colors that have been splashed onto a white shirt. Suzy Coble, head of the Children's Art Department at Denton Art Center, teaches a class on tie-dying. She said that it's a real trendy look that people of all ages seem to like.

Because it is so



What's going on? Hopefully our Street Beat section will help keep you abreast of local happenings and inform you about new areas of interest in Cowley County and the surrounding areas. (Compiled by Christie Clark and Dawn Segrist)

inexpensive and easily done, anyone can do it. All that is needed is a white cotton t-shirt or any other cotton clothing item, rubberbands, rit color-dye, and a bucket of water.

There are basically two types of designs that can be tie-dyed onto the shirt. There is the bulls-eye, which has the rings and circles scattered

throughout the shirt, or the striped style, which can have horizontal, vertical or diagonal lines.

The easiest one to do is the striped style. Start out by taking the t-shirt and laying it on a flat surface and smoothing out the wrinkles. Then fold the sleeves inward and begin folding the shirt like you would fold a paper fan in the direction you want your lines. Work each end towards the center. Once the shirt is folded, begin putting rubberbands around the shirt very tightly. Place a rubberband for every line that you want.

"A bulls-eye design takes more time to do but is really popular and seems to be the style that most of my students like to do," Coble said.

To do it, start by taking the front of the t-shirt and pull a wad of the shirt through your hand. Place rubberbands very tightly starting at the bottom of the wad and working your way to the top. The number of rubberbands on each wad will determine the number of rings each bulls-eye will

have. Do this throughout your shirt making small and big circles.

Now you are ready to dye. Because there are so many colors to choose from, you can make your t-shirt very colorful. Start by choosing your color or colors and make the dye. When making the dye, put about two boxes of dye to every 3 gallons of water.

"I add two boxes so that the dye is more concentrated," Coble said.

If you are just making your shirt one color, dip the entire shirt in the dye and let soak for several minutes. If doing multiple colors, dye entire shirt in the light color first, then dip the edges in the dark colors again holding for several minutes.

"When doing multiple colors, it works best to use a light color and a dark color. Purple and fuschia are two real popular colors that look real good together," Coble



Moo goo gai pan, teriyaki chicken, fried wanton and egg rolls. Sound good? Then maybe you need to check out Egg Roll King run by Jimmy Lin. Lin, native Taiwanese, is an expert at making his native food come alive.

This new chinese restaurant offers a variety of oriental food without the long wait. The service is great and

the food is even better.

First, start by choosing from the five appetizers or the three soup selections. Then order from the main courses of poultry, beef, pork and sea food with a side order of fried rice. After the meal, if you're still hungry, check out the famous chinese deserts. You can't leave without a fortune cookie, honey fried banana or lichee fruit cocktail.

Egg Roll King is located on 1321 North Summit and open 7 days a week from 11:00 am to 9:00 pm (drive in till 10:00 pm). So take a break from those boring hamburgers and try Ark City's newest chinese restaurant.



said.

Once you have all of the colors you want dyed on your shirt, rinse it for about five minutes. Then begin removing rubberbands and allow your shirt to dry.

When washing your shirt for the first time, hand wash it and let it air dry. According to Coble, the colors won't fade as fast if you take care of the shirt in this way.

If you think you would be interested in learning how to tie-dye or would like to see a class here at Cowley, contact Suzy Coble at the Denton Art Center, 442-5895. If there is enough interest, a two-hour class could be held at the college.

Safeway in Ark City is making changes that are sure to ring up business for the future.

Gone are the ancient checkstands, in are the new data checkers. These checkers are not only more efficient but are also more accurate.

"The need for new checkstands was definite.

Everyone seems to like the new checkers; the customers and the employees," said Jim Coulson, Safeway manager.

Another change for the better is the switch from paper to plastic bags.

"At first, nobody wanted the plastic bags.

Then the customers realized the numerous uses for the bags and they were asking for them," Coulson said.

Within the next few months, Coulson hopes to add a bakery, or a mini-bakery to the store. He's also looking into a fresh fish corner, a deli, and a salad bar.

PULSE TRIVIA

Q. What are the shoe sizes of Todd Kennedy and Paula Brew ? (story p.8)

A. A big 13 for Kennedy, and a dainty 5 for Brew.



THUMBS UP to the custodians for all their hard work and for all that they put up with from the faculty and students.

THUMBS DOWN to the cafeteria for making students bring their meal tickets to every meal.

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VAVOOM-Cosmetology student, Melissa Heidebrecht prepares to apply one of the Vavoom hair products on Andrea Trillo. Vavoom products are formulated especially for fine limp hair. They are available at CCCC Cosmetology.

New dance line and instructor to add color to games

as they give College a taste of

DANCE FEVER

by JILL BROYLES

Tigerettes. That is the name the girls on the dance line have chosen for their squad. The Tigerettes have been practicing since they held a clinic here on Aug. 16-19. All the hard work paid off, Oct. 27, when the squad performed publicly for the first time.

"The girls are even more excited now than before. I try to make everything fun so the interest will stick with them," Lana Kemp, instructor said.

Being a Tigerette is a lot like being on an athletic team. It takes a lot of practice and teamwork, but they also need to enjoy what they are doing.

"I think that being on the dance line takes a lot of hard work and seriousness, but we also have a lot of fun," said Christi Gottlob, freshman.

Enjoyment is a "big deal" in dancing, according to Kemp.

"I enjoy the rhythms in music. Learning to dance has enabled me to focus on the rhythms of the music which controls movements. It is a great outlet for emotions and is a reliever of stress. It is also a great way to learn discipline," Kemp said.

But probably the hardest thing to do is to get started in dance.

"The dance line began, and boy was it hot, but the girls were real troopers and held up well," said Kemp.

Since then, classes have been held in the gym every Wednesday and Friday from 11:15 a.m. to 12:15 p.m.

"We are working on getting a room with mirrors, a very important tool in dance. Now that I have chosen a captain, freshman Shannon Wineinger, there will be some extra practices held to polish the routines. Two hours a week does not allow enough time to perfect performances," Kemp said.

The squad has worked on its own to

perfect their performances.

"The girls have voluntarily increased their practices to nearly everyday rather than only twice a week, this is a great step to perfection," Wineinger said.

Other than having the task of performing in front of larger audiences, the Tigerettes are also ambassadors for the College. The dance-line members will give tours of the College to visitors and prospective students.

"We hope to give people a good impression of the College through these girls. This being our first year, I am not sure what we will be called upon to do, but I expect you will be seeing a lot of us," Kemp said.

There are few requirements to be a Tigerette. Girls must be at a desirable weight, and if they are not, they will be notified by Kemp and will be placed on probation until that weight is achieved. The Tigerettes must keep their hair neat and wear the appropriate clothing.

GETTING THE FEEL OF IT, the Tigerettes practice to perfect an upcoming routine. This is the first year that the College has had a dance line, they are coached by Lana Kemp. (Photo by Dave Tobias)





IN THE AIR-Adding yell leaders to the squad means more stunts during games. Loren Snedeker, supports Denise Mitchell during the volleyball invitational, Oct. 7-8. Lynn Walker, captain, watches. (Photo by Rob Glenn)

Men offer Tiger spirit new twist in stunts, yells

by JAMI JUDD

What a difference a man can make, especially if you're a cheerleader. In previous years, Cowley has had only two yell leaders and they did not actually perform. But this year they will be lifting the cheerleaders and being more involved on the court.

"The two man extension is the most difficult but most used," Lynn Walker, yell leader captain, said. "You have two guys who lift the girl up. She is standing up and we do a three-stage lift."

The yell leaders are Shawn Leisinger, freshman; Loren Snedeker, sophomore; Lynn Walker, sophomore; and Pat Walker, freshman.

Cheerleaders for this year are freshmen Cleta Green, Denise Mitchell, Crystal Siruta, and sophomore, captain, Carla Carter.

All of the members for both squads had requirements to meet. Cheerleaders had a weight limit of 120 pounds, while the yell leaders had to be able to lift at least that much. The squads also had to maintain a certain grade point average and attend practices Tuesday, Wednesday, and Thursday.

Lisa Kahrs, cheerleading sponsor, says the captains are real leaders for the group.

"The captains will have a lot of responsibility," said Kahrs. "Since I had a baby, I mainly tell them what to do and they will have to be there to make sure it is done."

Walker says there are some problems because the squad is young.

"The program is pretty good. There is a lack of experience but the will to learn is good," said Walker. "Everybody is trying and it's working out pretty good."

Carter has cheered two years at Cowley and two years at Northwest High School and hopes practice will help this years group to be successful.

"There are some conflicts with sports causing the squad to suffer, and with our sponsor gone we're having to work extra hard but with a little dedication we should improve a lot," said Carter.

Aside from practices and ball games, the squad also held clinics for younger children.

"Our weekends are full with clinics and games," Carter said. "The clinics are fundraisers and they have been successful in helping the girls learn a few new cheers."

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CONVENIENCE

by TONYA RUDOLPH

The room was full of knee high tables and bright orange, blue and yellow chairs. There was a bulletin board, a miniature kitchen and a cabinet full of games and toys to play with. It isn't kindergarten, nor preschool. It's child care.

This child care is special in that it is open to the children of Cowley night students from 6-10, Monday-Friday. The cost, at 50 cents per child per hour, may be the best advantage about the child care.

CONSTRUCTING TOGETHER-Angle Boone, Maggie LaVine, Michael Daniels and Jon LaVine play at Cowley's night care. (Photo by David Tobias)



it's really inexpensive," Jerri LaVine, Cowley night student said. For some, like Regina Boone, the price is a big factor in whether they'd be able to attend classes.

"When you're a single parent, it's hard to afford child care, but this program really helps out," Boone said.

Cowley child care also offers other advantages.

"It's located close to the College, and they know we're gonna be there every night for them," director Beulah Gragert said.

The program is run by the same rules as the regular Ark City day care is. Each child must have a physical, a release form, a record of shots and they must be potty trained. The ages are two-and-a-half to 12 years old. Parents of these children must also have a copy of their schedule to verify they attend Cowley.

The child care was started last semester in hopes that it would help break down barriers for some Cowley students.

"It helps a lot, since my husband works nights," Kim Daniels,



Cowley night student said.

However, not many students are taking advantage of the program.

"I don't understand why more people don't take advantage of this program," Jennise Cox, child care helper said. "I think it needs to be advertised more."

On the other hand, Gragert insists that it's more publicized this year than last year.

"It's going around more by word of mouth," Gragert said. "An

article in the newspaper has also helped."

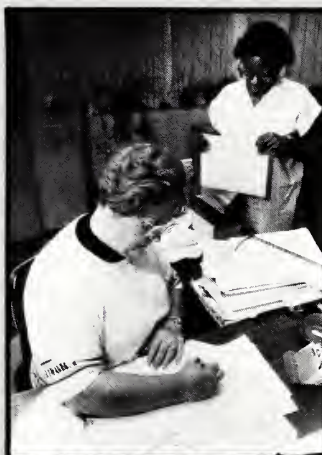
The child care has from no one to seven children.

"The children have a good time because they get to do whatever they want," Cox said. "We have cartoon VCR tapes, crayons and different toys for them to play with."

Television, however, is the popular past time for the kids. "The Brave Little Toaster" is a favorite cartoon to watch. Michael Daniels, son of Kim Daniels, likes to explain what has happened to late comers. "The vacuum ate all the sticks and got sick," he summed up. Another boy, C.J. Dunaway explained that he had the tape at home already.

The kids have more freedom in what they do, compared to those kids in the day care. "The program isn't as structured like the

STRAIGHT TALK



"There's always room for more if they'll just keep bringing them in,"

-Beulah Gragert

PAPERWORK! At her paper cluttered desk, Beulah Gragert, Ark City Day Care director, figures the books for college child care. (Photo by Dave Tobias)

regular day care is," Gragert said.

Are there any disadvantages to child care?

Some say the age limit is a hinderance, but for Boone, it's the hours.

"I wish they'd be open longer and on Saturdays, because of the police work study I have to do," she said.

Nevertheless, the child care is there for those who need it.

"There's always room for more if they'll just keep bringing them in," Gragert said.

As for the kids, it's a good place to be.

"I like coming here, as long as it's with my pillow," Angie Boone, daughter of Regina Boone summed up.

BUILDING THE BAND ONE STEP AT A TIME

by KELLY ATWATER

Forty-one members. Not bad for a club member, but isn't that a little small for a band?

Not at all. According to Leonard Barnhill, band director, 41 is a large number of people for his band. In fact, it's nearly at top capacity.

"From what I understand, back through time, 41 is pretty large even when they had the football bands. I think 50 was the maximum," said Barnhill.

When Barnhill first came to Cowley in 1984 there were only eight band members. Now, the group is five times larger. It was just last year that the group numbered 22 members.

"When I came here the program had run into the ground. There were a lot of turnovers in directors and there wasn't as much interest in developing the band program as there is now," said Barnhill.

Barnhill credits his increased enrollment to using his band as a recruiting tool.

"By playing on tour, not only students



OOM PAH PAH-The first band concert of the year on Oct. 6 had Robert Schroeder and his tuba playing the part of a dancing elephant in "Circus Suite." Schroeder, sophomore, is part of the growing band of 40 members this year. (Photo by David Tobias)

but band directors and other teachers hear that we do have a music program here again and they are encouraging their students to come down here," Barnhill said.

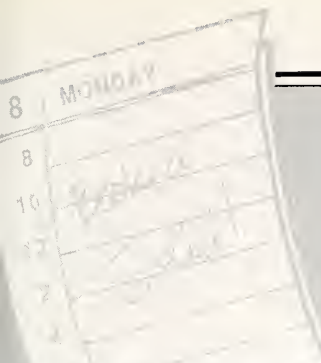
According to Barnhill, Cowley is cheaper than a four-year school and the students get a good solid playing experience.

"That is where we have the advantage," Barnhill said. "By going out on tour, people are actually hearing what we are doing and are coming here again."

The band will be recruiting again this

spring. They will make 10 to 12 stops to the local high schools, but until that time band members are preparing for concerts and individual contests and are working on pep-band music.

"In basketball games, the concert band is magically transformed into a pep-band," said Barnhill. "And from what I hear it (the band's performance) is very good. The crowd is real pleased to have a band playing at basketball games again because it adds so much excitement."



All work is play for Barnhill

by KELLY ATWATER

Time is almost impossible to control, but Leonard Barnhill, manages to keep it almost at a stand still in order to meet his daily schedule.

Getting to know Barnhill isn't easy. In fact, it's difficult to find one more time space in his days. Ask him about his band program, which he truly loves.

Barnhill has been building bands since he began teaching 10 years ago. He started in a small Arkansas school with a band of five.

Barnhill established a program that went to state.

After he built the band there, he traveled to Bismark, Mo. where an established band program was burdened with a difficult political struggle. So he went to Ellington, Mo., where the program was in severe decline.

"I didn't take them to contest the first year. I built them up. There were only eight kids in the high school band, but there were about 30 in the junior high. They had a background for a good band, they just needed someone to carry it through," Barnhill said.

And that's just what Barnhill did. He worked hard with them, polishing their techniques and by his third year they had 33 high school members. That band went to contest for the first time in 22

years, and earned a two rating.

Barnhill came to Cowley in 1984. He really wasn't thinking about moving when he applied for the job, but he was offered the position.

"So I started all over again, building another one(band). And here I am," Barnhill said.

Although Barnhill "loves" to build bands, it wasn't until his sophomore year he chose music as a career.

"I was considering a double major of math and science and music. I enjoyed playing and working with the band. I thought it was more fun than what I was doing, so I switched," Barnhill said.

At Cowley, Barnhill has combined his love of music and the sciences by using an Apple computer to catalog the

music library and to arrange pieces for the band.

"I don't have the budget to buy the music we need. All I have is the fake book which has the melody in it. I arrange it for five parts. When I'm sitting and sketching at the piano, it becomes hard to read for the ensemble. So I sit down at the computer and type it in," Barnhill said.

It's not only his day that is busy. His relaxing hours are just as hectic because he does one of his favorite things-performs music.

"I just sit back and get to play my part. Someone else is in charge and takes care of the balance and seeing that everybody is there. All I have to do is show up and play," he said.

The band practices from 3-4pm daily and currently sight reading on a grade six music level, which is the most difficult. That, for Barnhill, is what is inspiring.

"They are struggling but because we are looking at that music, they are improving their ability and we can back up then and perform level four and five music that before some couldn't even read. That's what is exciting about it," said Barnhill.

The 41-member group is always doing something. If it isn't performing it is practicing and improving. The band has already performed two concerts on Oct. 6 and 8. The group was also invited to a three day convention in Kansas City during spring break.

According to Barnhill, this year the group is great, but he is always interested in more members.

"We are going to have a good group, and it's a challenge. We are playing 'real music' and if the band is satisfied with themselves, I can't complain," he said.



A CHINESE WELCOME-The jazz band plays to greet the Chinese delegation as they arrive on campus Sept. 27. Leonard Barnhill, director, has built the band to over 40 members. (Photo by David Holler)



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Chinese

(Continued from page 3)

Sept. 29, a cookout was held at the Walker's house. The Chinese experienced a real down-home picnic. After the picnic, they stopped at the local Dillon's store to check out an American tradition.

As they walked down the aisles, a look of amazement came over their faces. They were stunned by the amount of pet food filling the shelves of both sides of an entire aisle.

Cereal was another shocking item for the group. One pointed to a box of Count Chocula Cereal and said, "dog."

They explained that it was a chocolate vampire not a dog.

At the meat department they found a 24 shank of ham. They couldn't believe something to eat could cost that much. Their yearly income is around \$587, and the price of that one ham would feed their family for nearly three months.

McAtee and Liu, from the Tianjing Radio Machinery School, signed an agreement of intent between the two schools to join them as "sister schools."

The delegation left for Barton County Community College and the end of the signing ceremony.

"It was really hard to say good-bye, because we had become so close over the last three days," said McAtee.

"I was sad to see them go," Pat Lawson, director of development said. "They felt a closeness to Cowley and they didn't want to go," she said.

"I don't see how people from two totally different backgrounds could become so close," McAtee said

When the group arrived, tension was high and these people were newcomers, but after they left it was like they had been here for years.

"Yesterday when you arrived on our campus, you were our guests," Linda Puntney, Director of Public Relations, told them at the Wednesday night dinner, today, you are our friends."

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secure.
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HOW TO HANG-Brian Hettrick, jumpmaster, shows Rob Glenn, Craig Neubecker, Cowley students, and the rest of the class how to hang on to the strut of the plane during their jumping weekend. (Photo by David Hull)



PITCHER

BILLY DANDRIDGE

HGT.: 6'0"

WGT.: 170

THROWS: Left

BATS: Left

**SIGNED: Cowley,
1988**

BORN: 3-29-69

HOME: Tulsa, OK.

A Dream Come True **BASEBALL** And **DANDRIDGE**

Gaylord Perry coached
Cowley's left-handed pitcher
to the right ability

by **BRENT MURPHREE**

Sophomore pitcher Billy Dandridge thought his baseball career would be centered on his skills as an outfielder and his ability at the plate. Little did he know that after his senior year at Hale High School in Tulsa, he would be pulled away from centerfield and the plate to be placed on the mound to start his college career.

Dandridge soon forgot about hitting and centerfield.

"I thought I would play centerfield," Dandridge said, "because I always thought of myself as a hitter."

The change began in Dandridge's senior year of high school, after Christmas break. He caught the flu, missing his first week of the semester. In Oklahoma, one must take four solid courses to be eligible for

sports competition. One of Dandridge's courses was Algebra II, where he took a test on his first day back. Dandridge's teacher said his test score could be improved after his next test and he would be eligible to play baseball.

To Dandridge's dismay, his next test was not taken until the sixth week of the semester, leaving him ineligible for spring baseball.

Until that point, Dandridge was being recruited by baseball's powerhouse Arkansas University, and all of the top junior colleges in Oklahoma.

After that year, Dandridge was discouraged, not just because of missing the season, and the halt of his recruiting letters, but because of another illness, mononucleosis, which kept him out of summer ball.

While recovering from his illness,

Dandridge was contacted by his uncle, who lived in New York. An avid baseball fan, his uncle had news of a school in South Carolina that was just starting a baseball program. The name of the school was Limestone College, and the school's first year coach was none other than the legendary, Gaylord Perry.

"Coach Perry changed me from infielder to a pitcher" Dandridge said.

Perry, started his career as a pitcher for the San Francisco Giants. He was known for his natural movement along with his unnatural movement of the baseball. Throughout Perry's baseball career, his trademark became the illegal spit ball, which is thrown with vasoline or some kind of jelly hidden on the fingers to give the ball big time movement.

Perry won the highly esteemed Cy Young Award, in both the National and American leagues. Over Perry's 20 years in the majors, he racked up over 300 wins and pitched over 5000 innings, ending up with a 3.05 earned run average.

Dandridge decided to go to South Carolina and try out although he was still recovering from his illness.

"When I got there to try out, Coach Perry asked to see me pitch against an All-Star summer league team of high school kids he was coaching," Dandridge said. "I ended up striking out six of the nine batters."

Perry offered Dandridge some scholarship money and from that point on, Dandridge was pushed towards the mound.

"Coach Perry said I was going to be a pitcher, and I mean he wouldn't even let me pick up a bat in practice," Dandridge said.

What problems did Dandridge have making the switch to the mound?

"I had a confidence problem, mostly because of my fall season at Limestone. I didn't have any control and I got discouraged."

During the fall season, Dandridge wasn't in the starting rotation, but Perry kept bringing him along, still seeing his untapped abilities.

"Coach Perry took me into his office and told me I had a confidence problem, but he told me not to worry, that I was a pitcher," Dandridge said.

While home on Christmas vacation, Dandridge had time to think over the possibilities of playing the second

semester.

"While I was home, I made the decision to go back and listen to Coach Perry and work to be a good pitcher," Dandridge said.

When he returned, he started working after practice on the mound and began seeing that he did have potential there. By the end of the season, Dandridge was in the number two spot of the pitching rotation.

Dandridge experienced many things that youngsters only dream about while playing at Limestone. During his freshman year, he and the team attended the Texas Ranger's training camp and scrimmage against some of their players and some of their triple-A prospects.

"After pitching against the Rangers, Coach Perry told me that Texas' head coach, Bobby Valentine, said I had pretty good stuff," Dandridge said.

During that same trip, Dandridge mingled with a glove load of baseball notables, such as Fergie Jenkins.

"While I was on the trip, we went over to where the team played and I got to sit in the bullpen while they played the Phillies, he said, "while I was in the bullpen, I struck up a conversation with Ferguson Jenkins, which lasted about 30 minutes. It was a good experience."

Playing for one of baseball's legendary pitchers gave Dandridge a lot of publicity and through Perry's contacts, Dandridge met a lot of professional scouts and coaches.

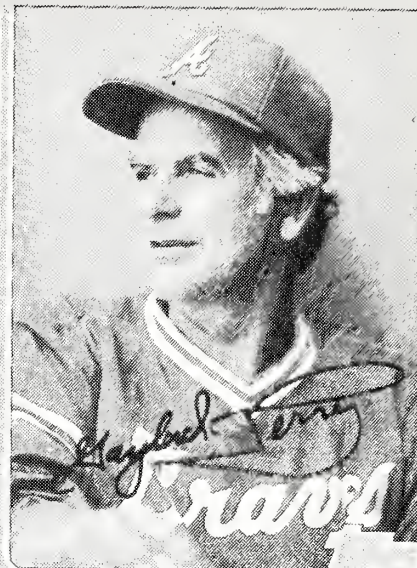
Perry's first season was not only an experience for his players, but also one for himself.

"What I didn't really like about Coach Perry was that he was so used to working with professional players, that when he told us to do something, he just expected us to do it. If he said to run two miles every day, he just expected us to do it, and the ones that didn't, he never said anything to them," Dandridge said. "I think 18 year olds need discipline and overseeing"

Dandridge would have returned to Limestone this season, but because it is a private school, expenses were too high.

"Coach Burroughs gave me tuition and books, whereas it would have taken \$5000 plus a scholarship to go back to Limestone," Dandridge said.

With a strong showing in spring play, Dandridge may see the revival of his past recruiting letters.



HGT.: 6'4"

WGT.: 215

THROWS: Right

BATS: Right

SIGNED: Giants,
1958

BORN: 9-15-38

HOME: Williamston,
N. Carolina

Consistency is key to conference

by BRENT MURPHREE

The Cowley Lady Tigers' volleyball team has been traveling a road full of peaks and valleys.

"We've been up and down throughout the first part of our Conference play," Head Coach Debbie Davis said.

Recently, the road to the Region VI Tournament has evened out and the Conference race has been cut down to the top three teams in the league. Cowley, Johnson and Allen will be battling throughout October for ownership of the eastern crown.

"I feel good about where we are," Davis said, "we're playing well as a team."

Coming into Conference play, the Lady Tigers were a question mark after losing one of the league's hardest hitters, Janelle Calhoun, to a knee injury.

"We lost a lot of intimidation," Davis said, "but it was better to lose her before Conference play than to have lost her during the middle or when we were in the stretch."

Sophomore hitter Chris Armour has stepped up to take some of the slack left by Calhoun.

"Chris is hitting the ball extremely well," Davis said.

Cowley's ups and downs in the early part of the season may have been due to experience and playing time.

"We had to learn to play together. That's the bad part about junior colleges. You lose people every year and it takes time to combine the old with the new," Davis said.

It is said that during the second part of the season, there are no freshmen. Cowley is a perfect example.

"Dawn (Segrist) as a middle blocker, doesn't get much recognition and is overlooked," Davis said, "but she is very consistent."

Freshmen have stepped up play and have replaced inconsistency by demonstrating good basics during the last two weeks.

"We work a lot on basics during

practice," Davis said. "I think that in the past two weeks we've really come together."

Consistency and mental preparation played an important role in the majority of the Conference play.

"If I could teach consistency, I wouldn't be coaching here, I'd be out writing books and making millions of dollars," Davis

said. "I think that volleyball is 75 percent mental and 25 percent physical ability."

During the Oct. 6 Invitational at Cowley, the Lady Tigers demonstrated their consistency going 7-1 and winning games by as much as 13 and 14 points. The Lady Tigers showed a maturity which is a hopeful glimpse in the consistency crystal ball.



DINK IT-Marcla Rinke dinks the ball over the net during a game against Coffeyville. Tigers went on to win the match. (Photo by Debbie Aldridge)

Lady Tigers Ready for Spring

by ANGELA SOMMER

Sabrina Lipton, Deb Rutherford, and Clarine Podrebarac are three girls Ed Hargrove, softball coach calls leaders.

"Sabrina Lipton is the only returning sophomore to the team," Hargrove said. "She is instrumental to the team in leadership."

"Deb Rutherford is our quiet leader. She fills the number one pitching slot and must provide leadership," Hargrove said. "Clarine Podrebarac has also done a good job. She is an intense competitor who rubs off on the rest of the team. Her spunk inspires everybody."

Part of Podrebarac's ability to inspire rests in her ability to remain cool, even in tense situations.

"I never feel pressure when I play ball" the freshman blue-chipper said. "I'm never nervous before a game. I have the same attitude whether we're playing the best or worst team."

Another member of the team who regulates leadership is assistant coach Merrie-Pat McIntire. McIntire spends a lot of time with the Lady Tigers and her involvement with the girls has led to a coach-friend relationship.

"If the girls need to talk, sometimes they will come to me before Ed," she said.

Hargrove appreciates her involvement and says it's almost crucial to have a woman as an assistant.

"There are things girls feel more comfortable talking to a woman about. Merrie-Pat helps me bridge the communication gap," Hargrove said.

Both coaches think the leadership on the team is a strong point for the squad. They also agree that the spring season is something to look forward to.

"The spring season will be good," McIntire said. "Everyone will be back including Jeni Rhodes and a few other girls who will be coming to the team after the volleyball season is over. Our team will just keep building and building."

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Why Cowley?

From girlfriends to money, students have reasons all their own for attending college here

by SHELLY SWARTZ

Cowley students seem to have come from the United States' woodwork. Students come from the Pacific to the Atlantic coast.

Tony Windless, a graduate from Northside High in Memphis, attends Cowley on a basketball scholarship. He's glad he came to Cowley for several reasons.

"It's (Cowley) a great place to be and it's where I want to be," Windless said. "The basketball team has a good coach and Cowley plays in one of the big conferences."

Crystal Siruta, Colby freshman, was drawn to Cowley by the spirit squad.

"I made my final decision because of my spirit squad scholarship," Siruta said. "We are all crazy and have a lot of enthusiasm. That is a major factor for having a good squad."

Brent Flower, Winfield freshman, attends Cowley for several reasons.

"I can play tennis for a good team, I can get two years of my basics out of the way, and my girlfriend lives in Winfield, which was three-fourths of the decision," Flower said.

Of course not all students have specific reasons for attending Cowley. Such is the

case for Stephanie King who came here from Modesto, a town outside San Francisco.

"I didn't have anywhere else to go, but one thing I do like about Cowley is the family atmosphere," King said.

Not all students are from outside Ark City. Stephanie Solomon, Ark City High School graduate, is going to Cowley for financial reasons.

"They're paying me to go here," Solomon said.

For some, one of the biggest negative aspects of going to Cowley is that Ark City is a small town. Sometimes finding something to do can be difficult.

"I thought it would be more glamorous, but it's a lot like high school," said Siruta.

Coming from a town the size of Memphis, it's no wonder Windless finds Cowley so secluded. He uses this to his advantage though, as he says it leaves him more time to study. He says he wants to make sure his education is first.

King, who's used to a busy San Francisco suburb, joked about Ark City's activities.

"There's nothing to do here but push sleeping cows over," she said.

Although not nearly all of the Cowley students live in the dorms, dorm life has its advantages. Finding out about parties is easier for students on campus. It's also easier to meet new people because you live in such close contact to other students. Having more freedom to come and go as you please is another major



SLAM SHOT- David Harris plays ping pong during his free time in the Nelson Student Center. (Photo by David Holler)

Work

by CHERYL MATTHEW

Financial aid at Cowley is big business. Ask E Hargrove, financial aid director and he'll tell you.

According to Hargrove, 80 students have been awarded \$994,111.65 in grants, loans, scholarships and work/study programs for this year.

"This is the biggest year we've had. We've given out more money to more people," Hargrove said. "It's the biggest year partially because of increased enrollment and partially because we've had more money available."

In order to be eligible for work/study, students must be enrolled in at least six credit hours. Of the 90 students currently working at the College, about 40 percent are

advantage.

Along with the advantage of living in the dorm, there are also disadvantages.

"I get about five hours of sleep a week now," said Kristy Gottlob, an Ark City freshman. "When you live in the dorms, you're almost afraid of missing something if you go to sleep and so you take advantage of the freedom you have."

Living in such confined areas can cause people to wander into others' rooms and refrigerators.

"I don't like it when people drink all my stuff and eat my food," said Siruta.

Adapting to a roommate comes easily for most students.

Flower claims his roommate, Matt Babcock, who also plays tennis, doesn't have any quirks. But after playing tennis,

Babcock takes out his frustration by beating tennis rackets against the wall.

Windless and his roommate, Kent Murphree, seem to get along well.

"He treats me like a brother. If I have a problem, I can go to him and if he has a problem, he can come to me," said Windless.

Gottlob joked that the worst thing about a roommate is getting her to keep her part of the room clean.

When students aren't going to classes they can usually find other things to stay busy. Wayne Unruh, who graduated from Goddard High School last spring, has a work study job working in the drafting department for Charles Hungerford.

"I like it because it's easy and I can work whenever I want," said Unruh.

Unruh and Windless miss their girlfriends as well as good friends from their hometowns. Unruh is lucky enough to be able to see his girlfriend almost every weekend since he lives so close.

Siruta jogs and "hangs out" in her spare time, while Windless watches T.V., shoots hoops and chills. Flowers said if he has money he'll go out to eat and if he doesn't have money he'll play tennis or ping pong at the Student Center.

Even though most of the students on campus are adapting to college life, there are still things they miss about being at home. Flowers can't get used to the food served in the dorm cafeteria, because he likes his mother's cooking so well.

"That's what I miss more than anything," Flower said.

work study is big business

on college work/study. Because the Federal Government pays a portion of the college work/study funds, students must be eligible for the Pell Grant to qualify. The other 60 percent of student workers are on institutional work/study where all funds are paid by the College.

"It (institutional work/study) is a way for the College to make work available for those students who need help but don't qualify for the Pell Grant," Hargrove said. "All of the jobs on both programs are off-campus positions. We help students get off-campus jobs, but the employers pay the wages, the College doesn't."

Placing students in off-campus positions is no problem for Hargrove.

"People call and we try to place the students with them,"

Hargrove said. "A lot of businesses use our students year after year. Home National Bank, Anthony's in Winfield, Parman's Furniture, Foster's Furniture, and the fast food places hire a lot of Cowley students. Right now we're working with Spring Hill Farms to fill about 10 positions that could turn into really good jobs."

Most of the students use the jobs to pay for their incidental fees or for spending money.

Lori Kilgore, second-semester freshman, is one of the 60 percent on institutional work/study. She works nearly 40 hours a week in the cafeteria and uses the money for car payments and for spending money. But that's not the only reason she likes her job.

"I want to be an airline stewardess when I leave here

and working on the serving line and in the snack bar helps me relate to people, and that's what I'm going to do as a stewardess," she said.

For Kilgore, the challenge in working and going to school is finding time for herself. Although she wanted to work more, she ended up having to cut her hours.

"I just didn't have time to study or time to myself so I cut my hours to 25-30 a week. Now, I can find time to do my homework and spend time with my friends," she said.

Unlike many students, Kilgore doesn't have to work. She chooses to.

"My parents help me and I have a band scholarship which pays for my books and tuition but my job means I'm saving money to get started as an airline stewardess," she said.

The thing Kilgore likes most about her job is not the money, but the people she works with.

"Everybody works together to get the job done," she said. "They're easy to get along with."

Working conditions are a high point for Terese Simpson's work/study job. Simpson, a sophomore, works in the library seven hours a week. She likes the hours and the convenience of her job.

"I'm glad I could get a job with work/study because I think having a job off-campus would be more involved," she said. "I learn a little bit more about responsibility and what it's like to be in a working environment. I probably wouldn't get my homework done if I didn't work in the library."

W H I T E W A S H E D



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Skydiving

(Continued from 13)

jump, I forgot about my nervousness and had a better jump.

I genuinely enjoyed the second jump and my jumpmaster told me I had the biggest grin on my face when he told me to "Go." I received a "good" rating again in my log book.

There are other Cowley students who have also experienced the joys of skydiving. Craig Neubecker, Burdette freshman, experienced his first skydive the same weekend I did.

"I really enjoyed parachuting. The only part I didn't like was when the jumpmaster told me to get out. I thought he was crazy. I really enjoyed the ride particularly because everything seemed to be at peace," Neubecker said.

Jeff Burnett, Hackney freshman, is making skydiving a hobby. Burnett sold his motorcycle to purchase his own equipment.

"It's the best sport I have ever found. There is always a new challenge and one can never be too good. If you don't practice often, you'll lose your skills. My present goal is to have 100 jumps before the year is over," Burnett said.

In early October, Burnett had already jumped 79 times, and reaching his goal seemed more than possible.

As for me, jumping 100 times may not be my goal, but being my own jumpmaster one day is a goal not too high to reach.



FALL PLAY

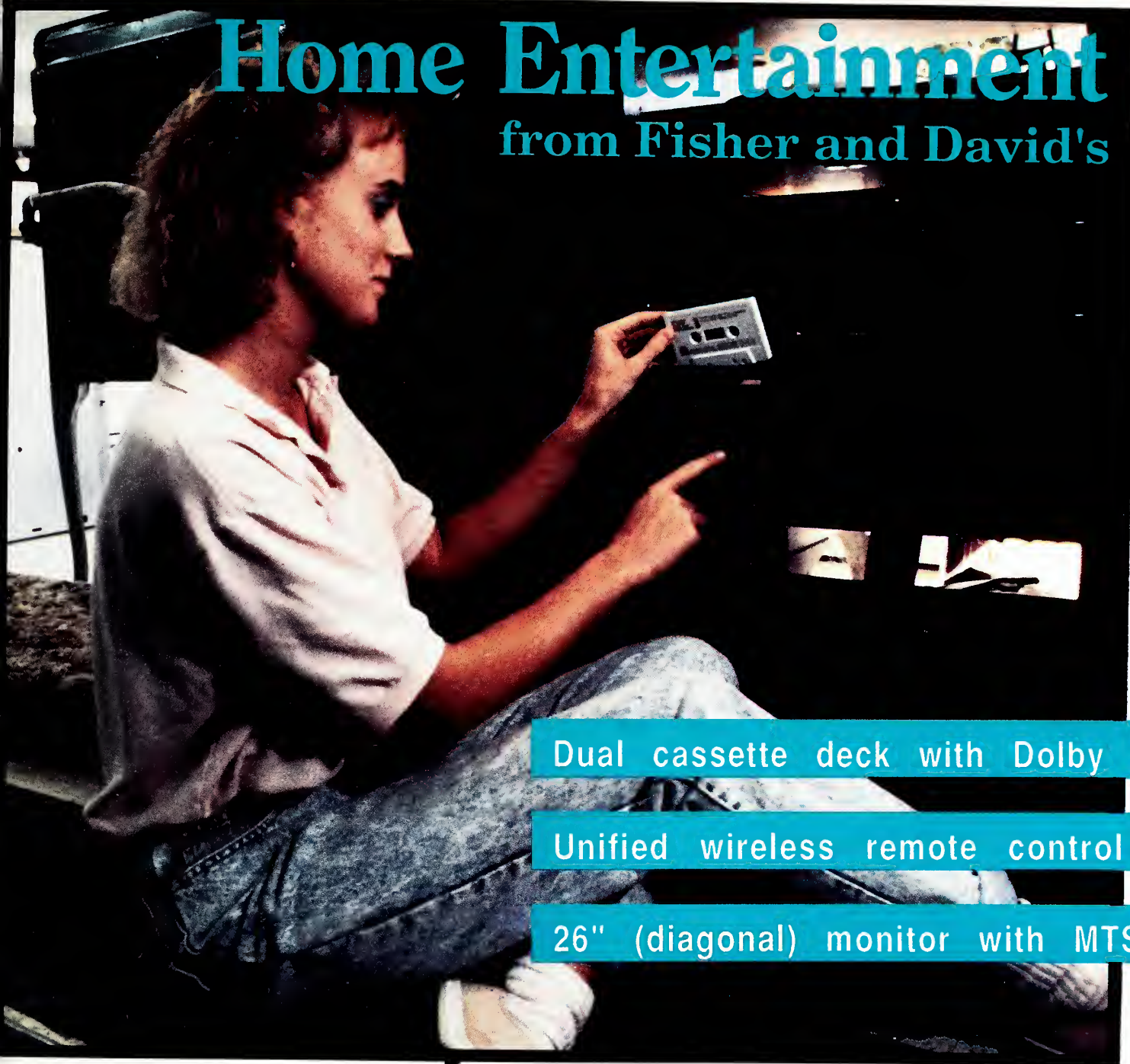
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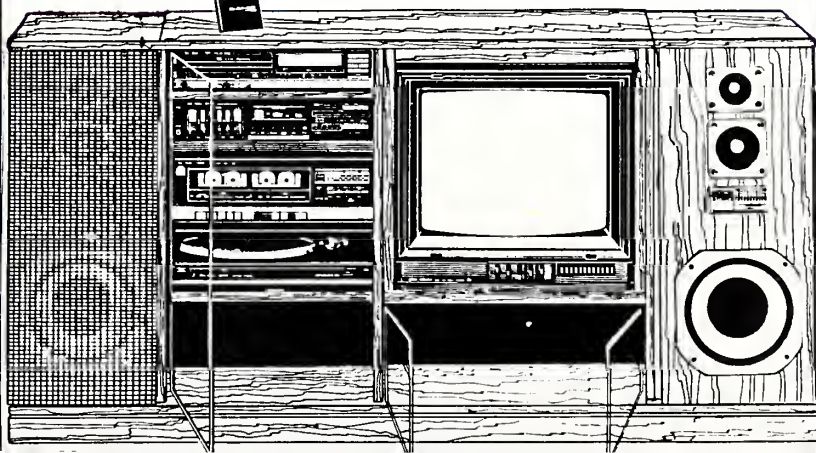
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COWLEY

COUNTY COMMUNITY COLLEGE

Spring

1989

MUGSHOT
ISSUE



BUD BREAK



ARK VALLEY DISTRIBUTING INC.

Strother Field

ON THE COVER



This issue's cover captures the heart of Cowley by featuring the many faces that provide an enthusiastic attitude toward college life. Our mugshot issue is produced every year in hopes to remind you of the increasing changes at Cowley. However, some things will always remain constant like the true colors of black and orange shown in the background. (Photo by David Tobias)

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EDITORIAL NOTE



WHAT'S IN A PHOTO

Dear Readers,

Getting your picture taken seems harmless enough, right? Nobody knows better than the PULSE staff how hard it is to get 1,000 students, faculty and staff in front of the camera.

Ten years from now when you pull out this issue to look for your friends, many won't be there because they were afraid of the camera. As I tried to drag people in to the photographer, I kept getting responses like, "I'm not very photogenic," or "I might break the camera." Now everybody knows it's not possible to break a camera no matter how ugly you think you are.

Every year Cowley alumni will reappear for Homecoming and reminisce about their college experiences. One of the focuses of their memories inevitably is the photos that appear in this issue. Can you think of a better format to document your Cowley experience? Although it may not be apparent to you now, the mugshot issue is like a good investment, it's value grows as the years pass.

That's why we're willing to go to the trouble of producing an issue like this. After adding up an approximation of the time we spent putting this issue together, we came up with the following. We spent several months of pre-planning the actual layout of the magazine, four full days of locating people to get their picture taken, more hours than we care to remember couped up in the journalism room cutting out each mugshot by hand and alphabetizing them.

It's by far the hardest issue we'll produce this year but don't get me wrong, we're not looking for sympathy. We just want everyone to understand what we go through when you tell us that you don't want your picture in the PULSE. But when it's all said and done, I hope you'll enjoy this issue and for those of you who didn't get your picture taken, we'll miss you as this part of cowley's history.

Dawn Segrist

Pulse

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*From balloon stomp to formal dance
student participation and spirit is raised*

IN THE AIR TONIGHT

by Tonya Rudolph and Rob Glenn

As hot air balloons filled the decorated recreation building, the spirit of Homecoming was in the air. This spirit was not just uplifted in one night, but throughout the week.

The Public Relations Office, Student Government Association, and Alcohol and Drug Abuse Awareness Council combined efforts to sponsor the \$1,600 Homecoming titled "In the Air Tonight".

The festive week opened with a talent show held on Wednesday. With nine entries, Terese Simpson clinched first place honors with a vocal solo. Sabrena Whittler danced her way to second place, while the trio of Lori Burns, Tonna Dunaway and Terese Simpson gathered third.

Spirits really began to soar at noon Thursday with a chili feed and a college/community pep rally. Unfortunately when life gives you lemons you have to try to make lemonade. That's what happened when the balloon launch turned into a balloon stomp.

REACHING FOR THE TOP- Curt Nelloms raps his way through the talent show. Bo Sandle also assisted in the rap by showing his talent of mixin'. (Photo by David Tobias)

With the help from the baseball team, the balloons were filled with helium Wednesday night. Approximately 18 guys from the team pitched in to help David Harris work off some college work hours he had been assigned.

"It was cool that all my buddies helped me out," Harris said. "I really appreciated their help."

At lift off, the below zero air had taken its effect on the balloons causing them to fall instead of rise. The students took that moment as a cue to begin stomping the balloons literally and homecoming opponents, Neosho County, figuratively.

Other features included the introduction of the basketball coaches and the performances by the band and the Tigerettes dance line.

Friday's events began at 2 o'clock with the decorating process for the dance with help from the Tigerettes. Students and faculty were treated to a midnight movie courtesy of the Burford Theatre and Student Services. An estimated 100 students took advantage of the three movies and free refreshments available.

About twenty-five students got an early start on decorating Saturday morning and ate 16 large pizzas at noon. However, Senior Day activities drew many workers away from the dance site to help with prospective Cowley students.

"The preparations went real well, but if we could've had more man power, we could've been done faster," SGA secretary, Dawna Rogers said.

The finishing touches were put on the rec building just before the girl's basketball team took the court against Neosho County. Halftime performance was provided by the Tigerettes. The second half proved to be victorious as the Lady Tigers overcame the Panthers, 76-56. The men's team also proved themselves by outscoring the Neosho team, 75-58.

However, the high spirited ceremonies at halftime seemed to captivate the crowd as Rob Glenn and Christie Clark were crowned king and queen over the Homecoming festivities.

"It was great," Clark said. "But it was funny that I had to bend down so much just to get crowned."

Crowning procedures were done by 1988's Homecoming king and queen, Tracy



TAKING CENTER COURT- Rob Glenn, representing the PULSE staff and Christie Clark, representing the basketball team, were crowned Homecoming king and queen during halftime ceremonies of the men's game. Both teams had strong victories against Neosho County. A dance following the games ended Homecoming Week. (Photo by David Holler)

Masterson and Mary Dewell.

Other members of the royal court included, Jim Fields and Debbie Aldridge, Roman Vega and Dawn Segrist, Tony Lubbers and Chris Armour and Mike Kelly and Sabrina Lipton. The king and queen and their court were provided with gifts from Kindred Jewelers.

Students found their way to the Recreation Building after the game, for the semi-formal dance. Students were greeted by a lighted pathway leading to a balloon archway which was the gateway to the dance floor. A sixteen foot hot air balloon was the center attraction for students dancing to the sounds of Dan Holliday from KEYN Sound Patrol.

"It was so funny when Jeni Rhodes took her heels off and Orlando Garza put them on his hands. He started dancing with them and really had the beat," Greg Hinz said.

Another hot air balloon surrounded by clouds and stars was the backdrop for party pictures taken throughout the night. For \$2 a picture, students could get their pictures taken with dates and friends.

"The dance turned out really good. I think the photography helped set the spirit. Everyone seemed to have fun posing for the pictures," Marty Dietrich said.

"Homecoming was a real success due to the fact all the students seemed to get really involved in the activities," SGA President, Rob Glenn said. ■

COLWELL:

Dedicated to her job and her hobbies



*" I AM DEDICATED
TO EXCELLENCE,
AND THERE IS A
BETTER OPPORTUNITY
TO DEVELOP
RELATIONSHIPS,
AND THERE IS
MORE INTERACTION
WITH STUDENTS
AT THIS LEVEL."*

by ROBYN CHRISMER

Judy Colwell the business teacher is also Judy Colwell the outdoor enthusiast. Colwell is shy and quiet but when she talks about outdoor events she lights up with excitement.

She lives on a farm outside of Blackwell, Oklahoma, with her husband Jerry and 10-year old daughter Jill. The three of them make the everyday routine of running a farm an exciting experience.

"It's just part of life for us, it's an everyday thing on the farm," said Colwell.

On the Colwell farm there are sheep, pigs, cats and a dog. But this not just an ordinary farm dog, he is a Rottweiler named Grizzly. Colwell and Grizzly share a common interest in running. Colwell and her companion Grizzly run four miles each day.

Each day when Colwell gets home from school she breaks out her running shoes and runs with Grizzly. "It's relaxing and it is my way to unwind. It's also good for me physically," Colwell said.

Colwell also likes to run in competition. She has run in the River Run and in the Chisolm Trail Run. This last year Colwell's daughter Jill ran with her in the River Run.

She has competed in the River Run for the last four to five years, and she plans to continue running in the future.

"I plan on running, maybe not competitively, but at least for my health."

Some of Colwell's other interests include snow skiing and water skiing. Each winter Colwell and her family go snow skiing.

"It started one year when I was teaching at South Haven, I was a senior class sponsor, and we took the senior class snow skiing at Breckenridge."

Colwell and her husband have been skiing Breckenridge ever since.

Other than Colwell's outdoor hobbies she has another talent. Colwell is an oil painter, she attributes this to her mother.

"My mother paints, she likes to paint historical things and farms," Colwell said.

Colwell's subjects are on a more personal level. She enjoys painting animals, and she likes to paint pictures of family farms also. With Colwell's busy schedule she hasn't had enough time to paint in the last two to three years, however she does plan on returning to her hobby as soon as possible.

"It's relaxing, and I plan on making some time for it next semester," Colwell said.

Painting is a personal experience for Colwell. She has been working on a painting of her dog Grizzly.

"I started a painting of Grizzly as a puppy, but I haven't finished it yet. Now, Grizzly isn't a puppy anymore."

Eventhough she has some unfinished

work, she said she has her walls full of her finished art. "My house is my gallery," Colwell said.

Colwell is not only dedicated to her hobbies but to her job as well. "I guess you could say it was my goal to teach at a junior college," she said.

Colwell recieved her masters degree so that she would be able to teach a broader range of subjects.

That really came in handy when she taught at South Haven for 10 years. She was the only business teacher so she taught whatever subjects the school decided to offer.

With her teaching experience she has been able to adapt well to teaching at a junior college.

"I am dedicated to excellence, and there is a better oppertunity to develop relationships, and there is more interaction with students at this level." Colwell said.

Colwell became interested in Cowley after she taught NOC classes at Tonkawa last spring.

Even though Colwell teaches a variety of classes she has a favorite. "Accounting is my favorite, I like it the best." Colwell said.

Accounting may just seem like figuring numbers to most, but to Colwell Accounting is a way of life.

"I enjoyed Accounting during school because I have always grown up with it and I have an uncle who is a CPA." Colwell said.■



ACCOUNTING BLUES-Judy Colwell , accounting teacher, gives personal attention to student Kim Kunkle in Fundamentals of Accounting II. A first year teacher at Cowley, Colwell enjoys working with students as well as her hobbies. Some of her hobbies include running with her dog Grizzly, working on the farm and painting. (Photo by Todd Kennedy)

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Life In The SHADOWS

A day well spent when Up With People came to town

by LIZ RILEY

January 21, 1989, 10:30a.m. "Up With People" has arrived and the W.S. Scott Auditorium is being transformed into a place that will be a "Time For The Music".

11:25a.m.- Tricia Loudon, a 19-year-old from Colorado Springs, and a couple of other cast members were working on their city report, the final paperwork for the last town where the group performed. They talked, laughed, and just relaxed while they work.

11:50a.m.- They left the report room and walked over to the gym to check out what was going on. The "set-up" crew was busy getting the stage arranged, the lights up, and the right wires to the right places.

"In this cast, which is Cast A, there are 187 cast members," Loudon told a reporter. "They are not all here, though. Part of us are in Washington D.C. performing for the Inauguration. Even though they aren't here, it's like we're one big family. Sure we get tired of each other once in a while, but doesn't any family?"

In Cast A, 48 percent of the cast are from other countries. Represented are 15 different countries and 32 different states.

The life of an "Up With People" member is not an easy one. It means living out of a suitcase, staying with 80-90 different host families during the year, helping unload and load 15 tons of

equipment, constant practice, and a \$7600 down payment.

"It's hard to explain," said Loudon. "You just have to live the life in order to imagine it."

12:17 p.m.- The lights went out, but the crew didn't even seem to notice. They kept right on working like it never happened.

12:22 p.m.- The lights came back on and a faint voice from the stage says, "Thank you, thank you."

12:27 p.m.- The lights go out again. But everyone keeps busy.

12:35 p.m.- Lunch break. Everyone leaves and walks over to the Central Christian Church for a wrap-up session and a World Hunger Presentation for lunch.

Everyone gathers in the hallway of Fellowship Hall. Being on the road, the cast sometimes loses touch with what's going on in the world.

One cast member has a "USA Today" newspaper and fills in the missing pieces of reality to the rest.

1:05p.m.- Everyone gets together with partners. This is the start of the presentation.

Each couple is given a picture of a third-world citizen and a 3x5 card. They give that person an identity, a job, and a home.

Five of the cast members acted out different people in different economic classes.

1:30p.m.- The cast makes their way

into a line and draws lots for their lunch.

On each lot is a section. There is first world, second world, third world, and crisis.

The first world lots are fed a full-course meal of steak, peas and carrots, rolls and pound cake for dessert on fine china with a table cloth and candles.

Those with second world lots eat beef stroganoff, rice and a half glass of milk, from styrofoam and paper.

The third world lots get a plate of rice, no utensils, and a half glass of water.

Crisis lots get nothing.

1:40p.m.- Everyone is silent. It is a time to reflect on their situation. Be it first world or crisis.

1:47p.m.- A discussion about the meal is initiated. People from the different worlds are encouraged to share their reaction about what has just happened. Feelings include guilt, shame, and pity.

2:30p.m.- Lunch is over and everyone goes back to work. In the gym the finishing touches are being applied, while in the Little Theatre, a section of the cast is working on the show that they will be doing in Canada the first part of February.

4 p.m.- Break is over and "show prep" is beginning. Everyone gets into their performance frame of mind and off they go.

5:15p.m.- Rehearsal goes great and now it's time for the reward-dinner.

Catching their eye as they go into the

cafeteria is the "Please present meal I.D." sign above the door. They are all comically searching their pockets for an I.D.

5:45p.m.- Everyone eats and the whole cafeteria is a buzz. People finish and return to the gym. Annette Eskenazi, Elke Enderle, and Sarah Poole, all Cowley freshman, are still in the cafeteria when the cast arrives.

A few of the cast and the three start talking and a few new friendships are made.

6:10p.m.- Night has fallen on this eventful day, and in a little over an hour, the show will begin.

6:15p.m.- The band and crew run final tests on equipment and the performers review their parts. The whole place is in a general tizzy.

6:30p.m.- The doors open. People flow in at a steady rate. Seat by seat 1,000-plus audience fills the Auditorium.

6:45p.m.- The cast is entertained by local talent show winner, Bryne Donalson and band, before show time to provide them with a "fired-up" mood.

7p.m.- Vendors sell their wares as the crowd grows and anticipates the start of the show.

7:15p.m.- The Auditorium is nearly full and people are still coming in. The audience visits with each other. Many compare notes on being host families.

7:35p.m.- The actors come on stage, a round of applause sweeps through the audience. Mike Hylton, sponsor, opens the show.

A synthesizer softly plays a haunting melody, the drums, joined by voices, come in, and "Time for the Music" begins.

8p.m.- One of the cast members grabs a microphone and talks about the next dance they are going to do. She instructs the audience to lock arms and sway back and forth to the music at the appropriate time.

The whole audience moves together as one, looking like a Kansas wheat field blowing in the summer wind.

8:40p.m.- Intermission. The crowd heads out the doors to the bathroom and water fountains in droves for the "Seventh Inning Stretch".

"I think we had a good turn out of

elementary kids," said Vic Williams, elementary music teacher. "Maybe it will give them an idea of what they want to do when they get older and it gives them a greater interest in music."

8:55 p.m.- The second half begins, 50's style.

9:05 p.m.- After the song from the movie, "The Color Purple", the crowd gives Jaquie, from Alabama, a standing ovation. That doesn't happen very often.

9:35 p.m.- The stage is full and the complete cast sings the last song. The song ends and the crowd hops to it's feet in a standing ovation.

After the show, the cast is holding interviews for those who would like to be in the "Up With People" show. Eight thousand will be interviewed, but only 550 will be chosen. Four of those 8,000 are from Ark City.

For those not in the interviews, a cast reception is held in commons area of Galle-Johnson to acquaint all the host families with the other cast members.

11:10p.m.- While the mingling and the talking goes on, in the Auditorium the "take-down" crew tears down the set and loading the 15 tons of equipment onto the semi so they could be ready to leave for their next destination, Dodge City.

12:30a.m.- The lights are out and as the last person leaves, the gym fades to black. ■

SONGBIRD - During rehearsal, one of the "Up With People" cast members practices her part.(Photo by Rob Glenn)



YEAH! - For their finale, the "Up With People" cast freezes on stage and rehearsal is over.(Photo by Rob Glenn)

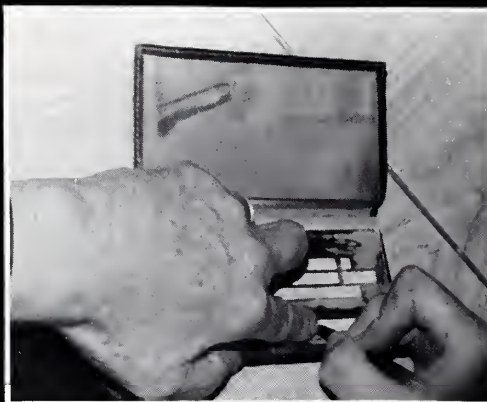
A TOUCH OF LIGHT in a dark, dark world

With pen and checkbook in hand, 62 year-old, Gerald Turner sits down to write a \$10 check. For Turner this mere everyday act is a sign of his independence, helping him overcome his blindness.

"You know what the hardest part is?" he asked holding up the pen, "I don't know if the thing is writing or not."

Turner, who lost his sight 26 years ago, isn't upset with his life. He feels it's (his blindness) a gift from God.

CHECK WRITING - Gerald Turner writes a check using his special guide. (Photo by David Holler)



by Kelly Atwater

"They always say when you lose one thing you get something else in place of it, so in the long run, I've got everything," he said.

Turner says he is lucky. He has been married for 45 years, has two children, six grandchildren and a couple of great grandchildren, and the strength to carry on in a daily routine.

"I am lucky because I do have the capability. I do have the touch and the touch is something you can never get- you just can't reach out and get it. It's something, in my way of thinking, that God gave me, because I have known people who have lost their sight and who don't have the touch," he said.

Turner says the touch and his limbs have become his eyes.

"Touch is something given to me in exchange for my sight," he said. "They say when you lose your sight your eyes are 85% of your senses, and you have to rebuild that 85% of what you've lost, but you will never get it all back."

Touch is important for a blind person because with touch one can read (through braille), write, cook and clean, but hearing is also important. It was Turner's hearing that helped him adjust to his blindness. When he went to a rehabilitation center to learn how to cope with blindness, he discovered he had a hearing problem, which is now corrected with a hearing aid.

"Touch and your sense of hearing are the main two things to a blind person," Turner said. "When you're out walking you've got to use your ears to make sure nobody is in front of you. You've got to go by the traffic sounds, like when you are walking across the street. You've got to stand by the curb and listen to the traffic to 'see' how far away it is."

But hearing doesn't solve all the problems. Turner says a good memory is equally necessary to a blind person.

"You've got to use your memory, like with the phone. Whenever somebody wants to call somebody they always ask me what the phone number is because I keep track of all the phone numbers. I am a walking telephone book," he chuckled.

Turner also puts his memory to good use when he seeks enjoyment. Turner and his wife will play bingo several nights a

week at the American Legion and VFW. There, he will get three different cards (in which he memorizes in 10 minutes) and use them that night.

"Bingo is my main hobby but I like to play cards, dominos and checkers. There aren't many games that I can't play," he said, "of course I like winning better."

Organization is a key in Turner's independence.

"One thing important for a blind person is that you've got to have a place for everything and everything in its place," he said jokingly while looking for his braille. "I don't know what happened, the cleaners must have moved it."

Turner says he has come a long way in being independent. He entered the hospital with a cataract in April, 1962, and by September of that year he was blind. Although he has come a long way, there have been some hard times overcoming his blindness. He has made some mistakes and run into a few doors, "especially doors that are open. Boy! They are hard on the head." But according to Turner making mistakes is natural and "they are how you learn."

Although those mistakes have been painful at times, Turner believes they have

helped him. What was hard was overcoming the daily tasks like mowing the lawn.

"Ever since we lived here, I've always wanted to mow the yard. But everytime I tried I'd mess up so I would let my grandkids mow it," he said. "But there are ways... for a year I tried to mow the yard straight but I couldn't, so the last time I mowed it I put down three pieces of metal going north and south, mowed five feet, then moved the pieces another five feet and mowed again."

Turner has made his life very active. He jokes that he is a "good house wife," and that he likes to do activities around the house like cleaning, doing dishes, laundry and yard work.

It's the simple things that make him happy.

"You get out of life what you put into it. The first thing most people think about is money. Money is nice but the most important thing to me is that you have had a good life, and I have had a good life. The more effort you put in trying to get something out of life, the more you get out of it." ■



FAVORITE CHAIR-Gerald Turner relaxes in his lazy-boy recliner as he thinks more about the full day ahead. (Photo by David Holler)



MEDIA MAN-Carriasco McGilbra, checks out films which have been requested by instructors. As media technician, McGilbra is also responsible for ordering films, maintaining equipment and filling all the College's audio-visual needs. (Photo by David Tobias)

McGilbra's future is no chicken scratch

by GERRY FRY

Most people recognize Carriasco McGilbra as the man in the library. Those who know him think everyone should meet him.

McGilbra was raised on a military base in Fort Reno, Okla., which was a cavalry remount station during World War II. He considers himself a "misplaced Okie."

He attended Euchee Mission, an Indian boarding school in Supulpa. Later, he became a student at Chilocco Indian School, and eventually worked there from 1952-1980 as a dorm supervisor. On June 17, 1980 he came to Cowley. His first position was director of auxiliary services, which included looking after the bookstore, cafeteria, and the dorms. His current position as media technician has him taking care of the recording, sound mixing, video taping and maintenance of media equipment.

A self-confessed shy person who doesn't like crowds, McGilbra is a 30-year member of Ark City Kiwanis Club. He is also a member of the Human Relations

Board, a three-term president of the National Association of Federal Retirees, and an associate advisor to the College Student Government Association.

McGilbra says he has a number of close friends on campus and he appreciates those he works with.

"Betty Martin (director of the Learning Resources Center and McGilbra's immediate supervisor) knows her job and I have a lot of respect for her," he said.

He also favors his regular morning coffee with the "Basement Gang" of Chris Vollweider, Terry Eaton, and Lee Ann Sturd.

"They're just all a lot of fun to be around," he said laughing.

However, McGilbra is also looking forward to retirement. He says he would like to retire in three or four years and then purchase some chickens to show at area fairs. "You take a trio, a cock and two hens, of different breeds and the judge checks for fullness, the feathers, and the comb."

Chickens are not a new idea for McGilbra.

"I have always enjoyed chickens," he said. "I used to raise them for Euchee

when I was 11."

Of course one would need a farm to raise these chickens.

"My sister has a farm in southeast Oklahoma. She is going to let me move on it and fix it up how I want," McGilbra said. "I want to get about 100 chickens. I'd like some Plymouth Rocks, Rhode Island Reds, Silkies, laying hens, and Fancies."

Retirement for McGilbra is more than rocking on the porch.

"I don't want to retire and sit back in a chair, I want to do something," McGilbra said.

He'd also like to get back into his other hobbies of photography-particularly old houses and barns, fishing, and satellite T.V.

"Satellite television is worthwhile. You can learn a lot from up there, stuff like cooking and sports are there for your entertainment."

McGilbra also thinks the college and his position are worthwhile.

"I'm here to provide a service to the college and the community," he said. "The facilities are here, make use of them and get an education." ■

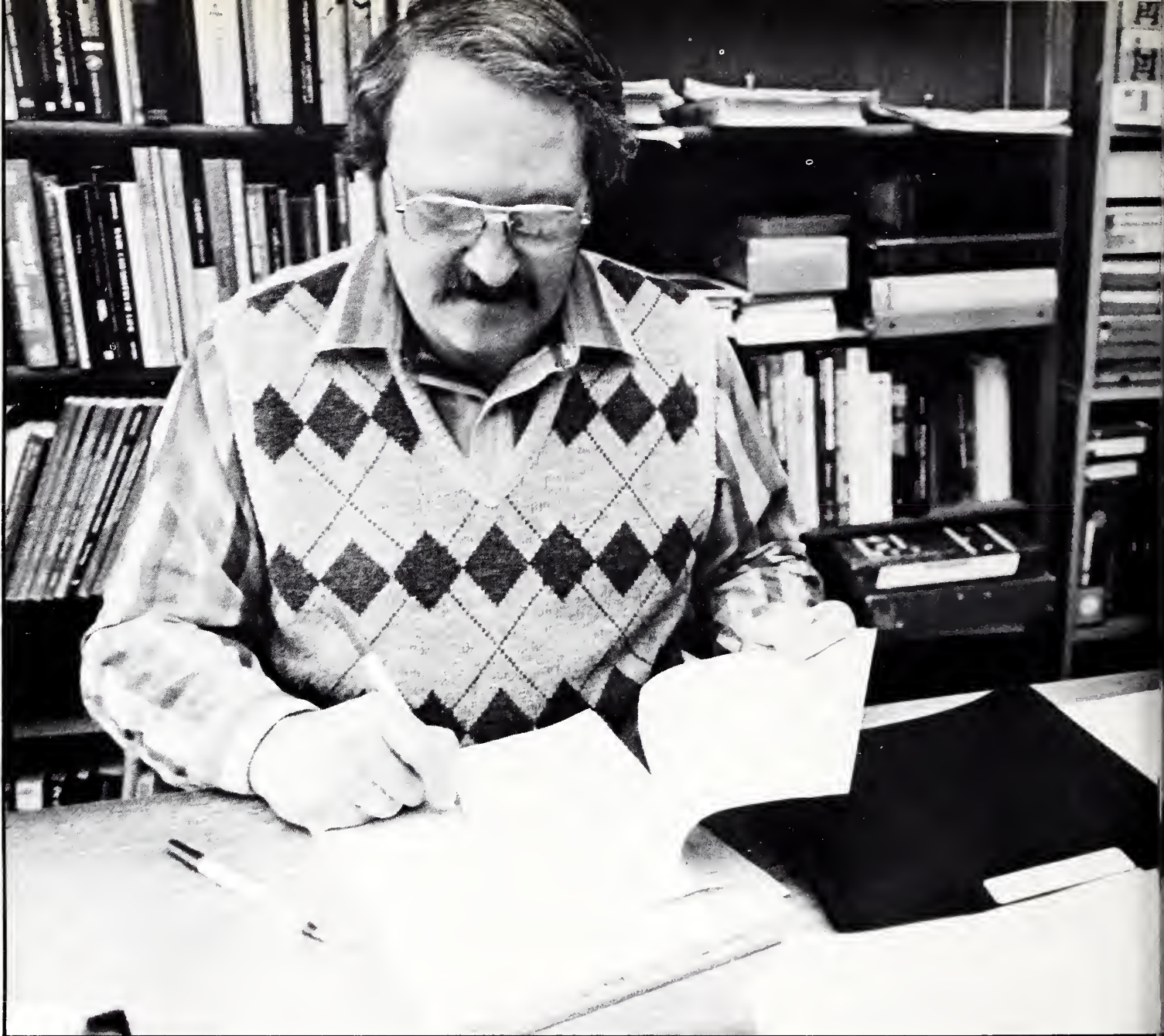


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MIKE WATTERS

OVERCOMES OBSTACLES WITH HELP FROM ABOVE



STEADILY AT WORK- Mike Watters grades another chemistry test. (Photo by David Tobias)

time schedule unless they are a teacher's aid. Not only is Watters busy teaching chemistry, geology, and physical science, but for the past 16 years he has been the natural and social science department chairperson as well. His job as department chairperson leaves him with several more responsibilities.

"You provide a leadership role in reference to improvement of instruction and you act as the communication person between the administration and the faculty," Watters said.

Recently, Watters was honored by being chosen to speak at a national two-year college chemistry conference in Kansas City, Kansas.

"It's kind of exciting and it's an honor," Watters said.

The topic of Watters' paper, which he presented at the conference, was enhancing critical thinking. His paper was one of four selected from all community colleges in the nation to be presented at the conference.

Writing is one of the several doors God has opened for him. He says it helps keep his mind off coaching. Watters, head Cowley tennis coach for 15 years, resigned in 1984. Because he had coached all his life, it was a tremendous adjustment for him.

"It (coaching) was my hobby and recreation. I suppose the feeling of coaching and dealing with the young men--seeing them grow and play on the court--can never be replaced."

Tiger teams coached by Watters won Region VI, going to the National Tournament 15 years in a row. Although the team never finished first at nationals, they did do as well as second place. Many of Watters' players went on to play on scholarships at four-year universities and several are now coaching.

God still seems to be opening doors for Watters.

Two years ago he and his wife Barbara were blessed with a little girl, who is the youngest and only girl of their eight children. As Watters looks back, he's sees that God did have a purpose for all that he did, although at the time it really didn't make a whole lot of sense.■

by SHELLY SWARTZ

Overcoming obstacles has been easier for Mike Watters because of the fact that God has always worked things out in his life. "God has opened doors for me," Watters said. "I can see now that I taught at the different schools and went to graduate school for a reason: which was preparing me basically for this job."

Watters has been teaching here since 1969, and being an instructor is no easy task.

He said a person does not realize just how much work goes into having a full-

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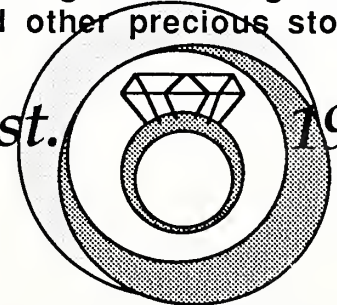
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QUESTIONS

This issues' "Twenty Questions" interview is with Doug Hunter, Art instructor.

PULSE: What do you do to have good rapport with your students?

HUNTER: One of the biggest strengths I have is to be able to communicate at the level they're at. You know face it I'm not going to get old. I'm going to stay as young

as I can.

PULSE: What do you emphasize to your students?

HUNTER: Their own personal creativity. And once they do a (art) piece I encourage them and show them the things that are good about it and why they are good. Praise is a lot better than reprimand.

by CHRISTIE CLARK
DAWN SEGRIST

PULSE: *What outside interests do you have besides art?*

HUNTER: I'm very sports oriented. I do a tremendous amount of running, basketball, riding my bike and I'm starting to do some weightlifting. I've done a lot of different coaching, college women's softball, basketball, track, baseball and swimming and I'm doing a lot of community service for the grade schools.

PULSE: *If you could choose one state to live in, which would it be and why?*

HUNTER: Alaska, because it's wide open. Its got a lot of open space and the seasons are pretty much the same. . . . And after being in a basement for eight years it's nice to have some open space.

PULSE: *If you had the money to rearrange your art department, how would you do it?*

HUNTER: Oh man, you opened up a can of worms. . . . First of all, I would have a place that had natural light.

PULSE: *Would you build a new building?*

HUNTER: Not necessarily. We have two or three places on campus--top of Ireland Hall, which has a tremendous amount of light. Light plays a most important part in art, and when you don't have light. . . . I'm one who has claustrophobia, tremendously. People ask me why I'm upstairs a lot, well, I'm an outdoors person so I have to go up and see sunlight a little bit and get some air and come back down. I'd say mainly, have an area where I could see outdoors, weather change, light change.

PULSE: *Why do you continue teaching?*

HUNTER: I enjoy working with adults as much as young people and I enjoy seeing them accomplish something and going for something from the beginning to the end. It keeps me young by working with younger people.

PULSE: *What do you feel you contribute to the College?*

HUNTER: It's not just me but our art department. My department has done so much for the community. We're up to 66 projects that we've done for the community and we're working on a project for the National Foundation of the Blind in Washington D.C.

PULSE: *What is your most embarrassing moment?*

HUNTER: That's a tough one. I've ripped out my pants sometimes in class. I've had to walk out in front of a large crowd in the Mr. Legs contest and had to show my legs. . . . I don't know, I don't get embarrassed too easy.

PULSE: *If you were stranded on a deserted island, what one personal item would you want to have with you?*

HUNTER: A knife. I could hunt with a knife. I could cut and do what I need with a knife and I could still do my artwork(carve).

PULSE: *Does it bother you to talk about Vietnam?*

HUNTER: No, not at all. I went through a tremendous amount of counseling due to my coming back from Vietnam. Unfortunately I did have some unpleasant events that bother me today but it bothered me then, too. And at some point in time,

we're all interested in history and if I can be a little bit of assistance in relating history of what really went on, I'm willing to do that.

PULSE: *How do you respond to criticism about Vietnam?*

HUNTER: I take it with a grain of salt due to the fact that most of the people who are questioning, don't know anything about Vietnam.

PULSE: *Does your experience in Vietnam reflect in your artwork?*

HUNTER: Sometimes. I spent a tremendous amount of time in pretty bleak, dark and gruesome areas and today I come back with the brighter colors in a lot of my paint work. And I do a lot of realism instead of being abstract due to the fact that reality and true to life things mean a lot more to me today than it did at the time I started.

PULSE: *When do you do most of your artwork?*

HUNTER: From 11:30p.m. to 4:00 in the morning. I try to do some work with my students in the classroom so the best time for me to do my work is at night. For some reason, my body runs on about three and a half hours of sleep. If I get more, I feel terrible through the day, If I get less I'm tired and I'll take a nap. I take a 15-minute nap every afternoon or if I have time and at night I'll be refreshed and can go.

Anyone interested in learning more about Hunter's experiences in Vietnam should contact him in the art room. If anyone has a person who they think would make a good "Twenty Questions" subject, please bring your ideas to one of the PULSE staff members.

Albert Bacastow
Bill Curless
Dr. Charles Kerr
Joe McFall
Terry Tidwell
Harold Walker-Chairman



COWLEY'S BOARD

88-89 Is a Year of Growth

by SHANNON WINEINGER

For Cowley County Community College the 1988-89 year was a year of growth. "We've made great strides this year said Dr. Pat McAtee, College president, "but we've really just scratched the surface."

The six members of Cowley's Board of Trustees, Harold Walker, chairman; Joe McFall, Terry Tidwell, Bill Curless, Albert Bacastow and Charles Kerr, agree that if one item from the past year could be classified as Cowley's greatest accomplishment, it would have to be the 20 percent increase in enrollment for both the fall and spring semesters.

"We had the highest enrollment increase in the state out of the 19 community colleges," McAtee said, "and we are the highest in the state out of all the colleges and all state regents institutions except K.T.I. (Kansas Technical Institution)."

The growing number of students on campus means there is also a growing need to provide for them and that meant additional staff. New faces to the administration included Bob Paxton, Dean of Students; Shelley Chenoweth, admissions counselor; Maggie Picking, assessment counselor; and Vicki Ayers, campus nurse. In the past, the administration was not adequate enough to handle the growth of Cowley today.

"We had trimmed our administration down to perhaps a level where, with the growth we've experienced, we would not

have been able to take care of the problems that go along with such an increased number of students," Terry Tidwell, said.

The Board is proud of their additions to the administration and they say their services will be a great asset in the near future just as they have been this year.

"I think that they (the new staff members) have definitely had a good effect on Cowley, especially the hiring of Mr. Paxton as Dean of Students," Harold Walker said. "He's brought a lot of new and innovative ideas to the campus, not only in the area of recruiting but also in seeing that the students are taken care of once they are here."

According to McAtee, the addition of new staff is a result of the College's commitment to the students.

"We're really trying to actively create services for our students," McAtee said. "For example, Maggie Picking will be working in assessment and trying to determine what skill level students come to us on. We are working hard with recruiting and admissions. Our whole student services area has really taken off."

Each Board member has his own opinion about the hiring of the new administration, but one statement sums up their feelings.

"Whenever you build a new administration you have to trust the people you hire to prove themselves," Bill Curless said. "So far our additions to the administration have done a super job."

Another issue for the Board was the

decision of whether or not to build a new dormitory. The Board's decision to begin construction of the 40-bed facility just one year from the completion date of the last dorm, generated high expectations for the coming years.

"According to our last five-year plan, we must provide comfortable housing for 150 students. We hope to shut down Tiger Hall in the near future and we only had room to house 120 students without it," McAtee said. "With the new dorm, we can comfortably house 166 students without Tiger Hall. This way we only have to use Tiger if it's absolutely necessary."

The building of the new dorm could generate problems concerning administration and classroom space, but these are problems the Board will be glad to face.

The dorm is an answer to a demand that we've experienced out there among the students," Tidwell said. "But it's a push and shove situation. Now that we've pushed, we're going to get shoved back because we have so many students on campus. Right now I'll argue with anyone who says we have a problem (with adequate classrooms and faculty) but I hope we have a problem a year from now."

Cowley's relationship with the community has also improved and grown with increased industry and business classes. Area industries and businesses are using Cowley to train employees for hiring or for promotion. The Board seems excited about the advancements.

"It's a chicken-and-egg type situation," Walker said. "Training attracts industry but industry creates a chance for more training courses."

Cowley is currently working with several industries and there are even more prospects for the near future.

"I really feel good about the strides we've made with business and industry," McAtee said. "We've got a great program with General Electric now with an inspector's course and computer training. We've had Gilliland's (Printing) do a formatting class and we're talking now about the possibilities of expanding. I've talked to Gordan-Piatt and we're expanding our relationship with Strother Field. I feel our relationship with business and industry is getting stronger every day."

Along with training courses for businesses and industries, Cowley has also increased its centers. The year-old addition in Mulvane allows the College to offer courses to people in the northwest area of Sumner County and the classes at the Winfield Correctional Center offers another dimension to the educational programs.

"We have a big, big contract with the Winfield Correctional Center," McAtee said. "We are doing a lot of things up there that we are really proud of. It's been very successful."

Curless echoes McAtee's enthusiasm for the value of the outreach centers.

"The outreach centers really give young students and older people in smaller towns access to computer programs and some new things in their own town rather than making them come to a bigger city," he said.

Other areas of pride in the last year include the addition of the Tigerette Dance Line, the completion of Cowley's own shipping and receiving building and the visit from the Chinese Delegation, which could help Cowley develop a sister-school relationship with Tianjing Radio Machinery School, and generate a greater number of foreign students on campus.

"I've had four foreign exchange students in my home and I am a firm believer in cultural exchange," Walker said. "The Chinese visit is bound to have a positive effect. All in all, I feel that the visit was



NEW DORM-Construction began Jan. 2 on the new dormitory on Fourth Street. Scheduled for occupancy next fall, the building is a sign of the increased need for student housing caused by increased enrollment. (Photo by Don Shrubshell)

well worth the effort and expense."

Along with the positive points of the year, the Board faced a number of concerns, too.

"We definitely need to make our main building (Galle-Johnson Hall) more handicap accessible. As a matter of fact, we have an architect working on that right now," McAtee said. "Basically, just improving our building and classes to provide for our increased number of students is our main concern."

Finding adequate financing was a major concern for Tidwell.

"Funding is a real concern," he said. "We have to take a wait-and-see attitude on our spending. We're not willing to spend more than we have to. We can't take chances when we depend on the taxpayers.

We have to be a little cautious."

Overall, the year has been one of accomplishment and pride for the Board. The main concern for the future apparently stems from the great strides taken now.

According to Walker the year's successes can be attributed to the hard work of everyone at the College but the real credit should go to the students.

"Response this year from the students has been excellent," he said. "Our student body is definitely a plus for the College. We have a very high quality student body. I'd put our students against any other students on any other campus. With that kind of participation and attitude from everyone, I see nothing but success and good things for the future." ■



Dr. Patrick J. McAtee-President
Sid Regnier-Vice-President/Dean
of Business Administration
Walt Mathiasmeier-Dean of Inst.
Bob Paxton-Dean of Students

T

he hamburger sizzles on the grill, with onions sauteing at the side. Fresh, crispy tator

tots cook in the deep fryer giving off a mouth-watering aroma that's sure to make your stomach growl.

The best cure for that growling stomach is food. And where can you find the best food? There's a little carry-out joint on North Summit that serves homemade food away from home--Leon's.

Leon's is owned and operated by Daniel and Gayle Walter of Arkansas City. Owning their own restaurant has always been a dream for the Walter's.

"We've always worked in the restaurant business and always had to work under someone else," Daniel said. "Now we're the ones on top."

After owning Leon's for a little over a year they have no regrets. They love what they do and they love their customers.

"We have regular customers who come in



Hopefully our Street Beat section will help keep you abreast of local happenings and inform you about new areas of interest in Cowley County and the surrounding areas. (compiled by Christie Clark and Dawn Segrist)

every day of the week," Gayle said. "We even have customers who come in twice a day."

The Daniels must be doing something right. They say it must be the "home cooking."

"We have a different homemade soup and sandwich everyday and a variety of homemade desserts to choose from." Gayle said.

There's variety on the menu and warm smiles to greet you. Leon's has made it what it is today. . a tradition.

"Even if we did change the name," Daniel said, "people would still call it Leon's."

Leon's is located at 526 North Summit next to Homeland Grocery Store. You can call them at 442-2141 from 11:00 a.m. to 7:00 p.m.



have a new album in the stores by the end of March.

For all the Def Leppard fans, a new album is expected for the beginning of summer--possibly with some live cuts.

The Fabulous Thunderbirds will deliver your basic rock 'n' roll package by April, to be produced by Dave Edmunds. Eric Clapton will be in studio with several popular friends, including Phil Collins, and Mark Knopfler of Dire Straits, and his album is due in late March.

The Fat Boys will "get busy" in April and their new LP will boast many surprises.

As the spring of '89 arrives, so will many hot new albums.

George Michael, whose "Faith" album was highly successful, has a new album coming out the first of April. ZZ Top, who publicly promised a hard-driving album "for serious rock fans," should



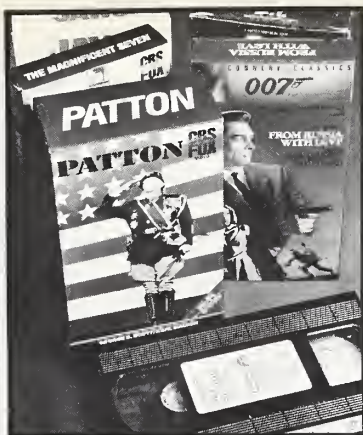
Heading the list of performers due out on tour will be the rock icon Paul McCartney. He will be out supporting a new LP that is set to be delivered the first week of April.

And local rock fans will be interested to know that Bon Jovi plans to invade the Kansas Coliseum on April 10, coinciding with the release of a new video and single.

PULSE TRIVIA

Q. Just how many mugshot photos are there in this issue?

A. If you think you counted right bring your guess to the journalism dept., and the sixteenth correct entry will win the PULSE spring break beach package.



By the end of March, several of last year's box office hits will be out on video cassette.

Heading the list is "A Fish Called Wanda," the comedy-thriller starring John Cleese, Kevin Kline, and Jamie Lee Curtis.

"Midnight Run" features Robert DeNiro in another comedy-thriller that drew rave reviews in 1988. The 1987 concert tour of the rock band U2 is highlighted in the film "Rattle and Hum."

Also due out in March is "Big Business," with Lily Tomlin and Bette Midler; "Clean and Sober," with Michael Keaton; and "Imagine," the video discography of the life of the late John Lennon.

April will offer some big-name movies to the

video format. Mick Dundee (played by Paul Hogan) tramps through both New York and the Australian outback in "Crocodile Dundee II."

Tom Hanks, will appear twice in the movie store starring in two popular movies, a comedy, "Big,"

and a love story, "Punch Line."

And if you can wait until May, Eddie Murphy and Arsenio Hall will be publicizing the release of their mega-hit "Coming to America," due on tape just in time to start your summer with a laugh.

Jan Nittler's Sport Shack

"Sports store for the entire family"

We want your business

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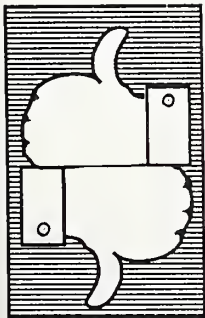
FIRST NATIONAL BANK
OF WINFIELD
Member F.D.I.C.



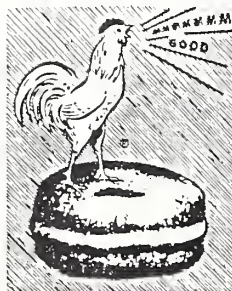
• MAIN BANK 900 MAIN • 221-1650 • SOUTH MOTOR BANK 1421 MAIN •
• EAST MOTOR BANK 1905 CENTRAL •

THUMBS UP to the Tiger Booster Club and loyal fans for supporting the basketball teams throughout the season.

THUMBS DOWN to the teachers who park in the street (which is the only place the students can park) when they have their own parking lot.



JERRY'S DAYLIGHT DONUT SHOP



909 North Summit
Arkansas City, Kansas
(316) 442-7610

ANDERSON

Gerald Anderson-Data Pros.
Leonard Barnhill-Music
Bob Boggs-Automotive
Robert Brennaman-Business
Elaine Brown, Humanities Chair.
Phil Buechner-Mathematics
Ben Cleveland-Carpentry

Judy Colwell-Accounting
Sue Darby-English
Debbie Davis-Health
Marilyn Denny-Business
Stan Dyck-Social Sciences
Terry Eaton-ESL-GED-ABE
Dejon Ewing-Drama

Larry Grose-Ass't. A.D.
Ed Hargrove-Dir. Financial Aid
Linda Hargrove-Dir. Admissions
Elvin Hatfield-Police Science
Norm Hearn-Related Courses
Sharon Hill-English
Carol Hobough-Maudlin-Nut./
Economics

Don Hughes-Electronics
Charles Hungerford-Drafting
Doug Hunger-Art
Conrad Jimison-Dir. Con. Educ.
Kenneth Judd-Music
Lana Kemp-Dance Line
Pat Lawson-Dir. Endowment

Melba Maechtlan-Piano
Betty Martin-Dir. Learning
Resource Center
Jim Martin-Related/Admissions
Pat Mauzey-Cosmetology
Jim Miesner-Social Sciences
Ron Murphree-Athletic Director
Peggy Paton-Office Education

Kevin Pennington-Nat. Sciences
Ron Pruitt-Journalism/English
Linda Puntney-Dir. Public Rel.
Judy Queen-Work and Family
Susan Rush-Guidance Services
Larry Schwintz-Agriculture
Paul Stirnaman-Social Sciences



Forest Smith-Registrar/Guid. Dir
Larry Swaim-Inst. Research
Richard Tredway-Service
Technology Chairman
Chris Volleweider-Learn. Skills

Joan Warren-Special Programs
Mike Watters-Social/Natural
Science Chairman
Charles White-Indust. Tech.
Chairman
Mary Margaret Williams-XYZ



For Chuck and Charlie White, School is Part of a

FATHER-SON RELATIONSHIP

by LIZ RILEY

Being a student at Cowley, can be more than a student-teacher relationship. It can be father-son. For Charlie White, Industrial Technology Chairman and son Chuck, that's how it is.

"It's a little awkward at times," White said. "I have a tendency to be short with him."

Chuck feels a little different about the situation.

"It's a pain," Chuck said. "I can't get away with anything."

Other students in the class, feel ok about the father-son team.

"They know I don't get away with anything, so they don't mind," Chuck said.

After the first couple of weeks, the tension wore off and life could go on as normal. But it wasn't always like that.

"The very first week I told him something, he would take things to literally," White said. "We both had to get used to a student-teacher relationship instead of a father-son."

White gives homework every day. Chuck always gets his done and that's a relief to White.

"The fact that he does his homework on his own relieves my anxieties," White said.

When it comes to homework, Chuck says he can go to White for help.

"The first semester I called him a lot, but I got to know the other students and we do our work together," Chuck said. "If we can't figure it out then we call dad."

Of course they both know they are not perfect and could work on some things.

"I like to help (the other students) too much," Chuck said. "As my dad would say, 'He tends to help too much.'"

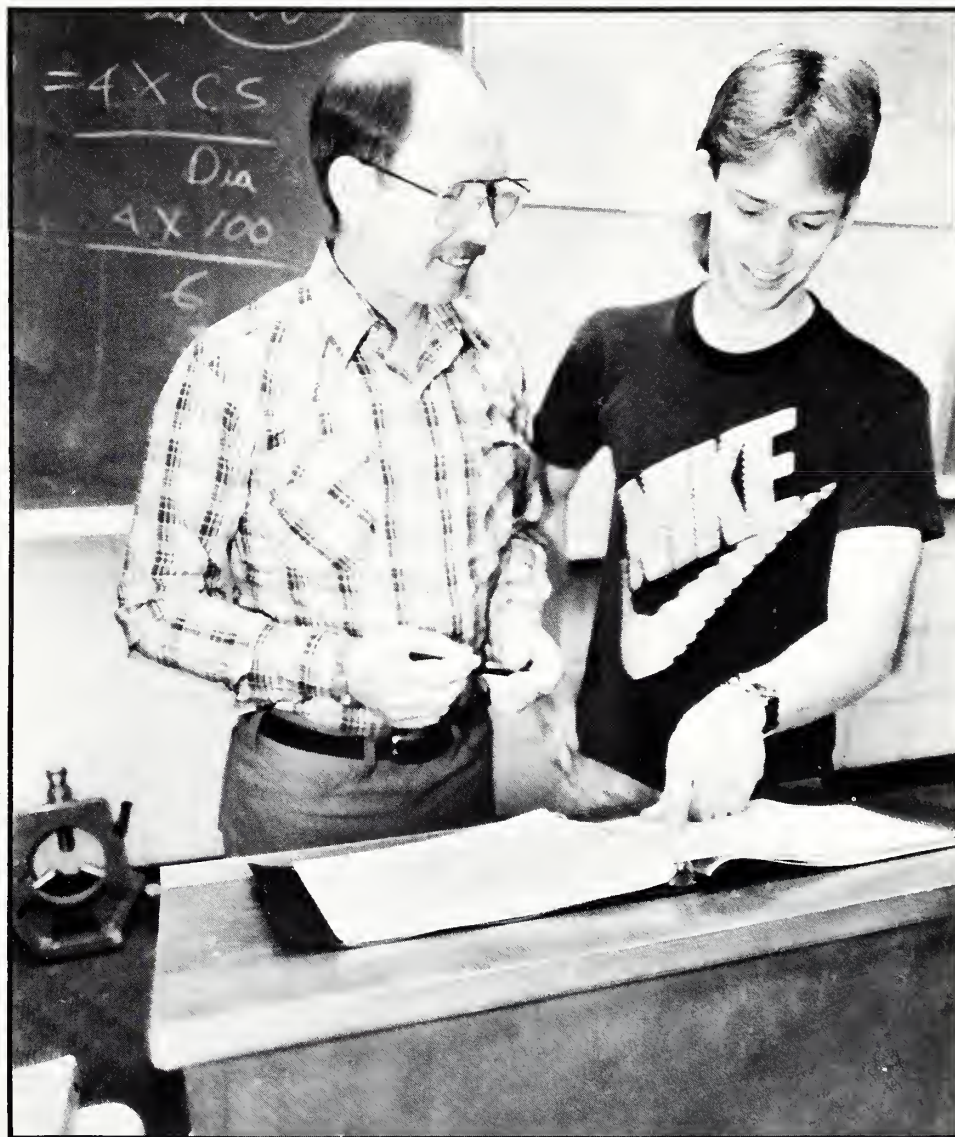
"I'm kind of stubborn," White said. "I

have to watch my personality more than his."

Chuck and White are not the only family members who have attended Cowley.

"My children Pam, 29; Keith, 27; Susan, 24; and also my wife, her brother

and sister, and two of my brothers have attended Cowley," said White. "I have two younger daughters Caryn, 15; and Robyn, 13. They are going to Cowley for sure. My youngest boy, Cody, four, we are not sure on him." ■



FAMILY CONFERENCE-Charlie White, Industrial Tech instructor, and Chuck White, freshman, check over Chuck's grades in the 9:05 Machine Tool Procedure II class. (Photo by David Tobias)

Wendy Alexander-Athletic Sec.
Vickie Ayers-Nurse
Debbie Bridges-Humanities Sec.
Pat Brown-Social Sciences Sec.
Martha Buchanan-Custodian
Phil Campbell-Custodian
Kelly Carver-PR, Endow., Dean of
Students Secretary

Shelly Chenoweth-Admissions
Mike Crow-Maintenance
Lisa Demaree-Admissions Sec.
Merle Dwyer-Custodian
Myra Estep-Guidance Sec.
Danny Fisk-Custodian
Ruene Gage-Bookstore

Joycelyn Goff-Clerk
Lori Hill-Financial Aid Sec.
Alice Hobus-Humanities Sec.
Joyce Holloway-Business/Service
Technology Secretary
Terri Hutchinson-Receptionist
Bob Juden-Dir. Student Activities
Lisa Kahrs-Spirit Squad



SIZING PEOPLE UP Is Maggie Picking's Profession

by SCOTT STANSBARGER

Maggie Picking definitely puts new students in their place.

Picking, who is Cowley's first assessment and placement coordinator is aiming at a better assessment program for the College.

"Cowley is improving the area in terms of offering more assessment for incoming freshmen," Picking said. "During the enrollment stages at Cowley, all first-time students are required to take a test in math and English if they do not have a high school diploma."

The results of the assessment evaluation are used to place the students where they have the best chance of experiencing success in college.

Picking likes her work because she sees it as a real service and she enjoys being with the students.

"I really enjoy working here. The student contact is really exciting," she said. "I feel like Cowley is in the initial stages in developing some student services

and I feel good about where everything is headed."

Although she works primarily in an office, Picking says she's interested in doing more.

"If a sponsorship would come up with something extra-curricular, I would consider doing it," she said. "Of all the places I've worked, Cowley is my favorite because there really seems to be unity. Of course, there isn't happiness 100 percent of the time, but there's unity. It makes it a very nice environment to work in."

Before coming to Cowley, Picking, who is a 1981 graduate of Fort Hays State University, worked for the state of Kansas as a job placement coordinator for the handicapped. From there she worked in the Admissions Office at Kansas Wesleyan in Salina.

When her husband was promoted, they moved to Colby where she began working as a student placement coordinator at Colby Community College. Most recently, Picking continued her education and worked in student placement

at Kansas State University.

"Kansas State was a very confining job. There weren't many opportunities to interact with the students," Picking said. "It was a different experience than my job in Colby and I just wasn't real happy at K-State."

But Picking hopes Cowley will be a permanent position. Her husband is working on an accounting degree at The Wichita State University. If he finds an accounting job in this area, she'd like to stay with the College.

"K-State wasn't a people-contact job," she said. "You really notice a difference here at Cowley, and I like that." ■



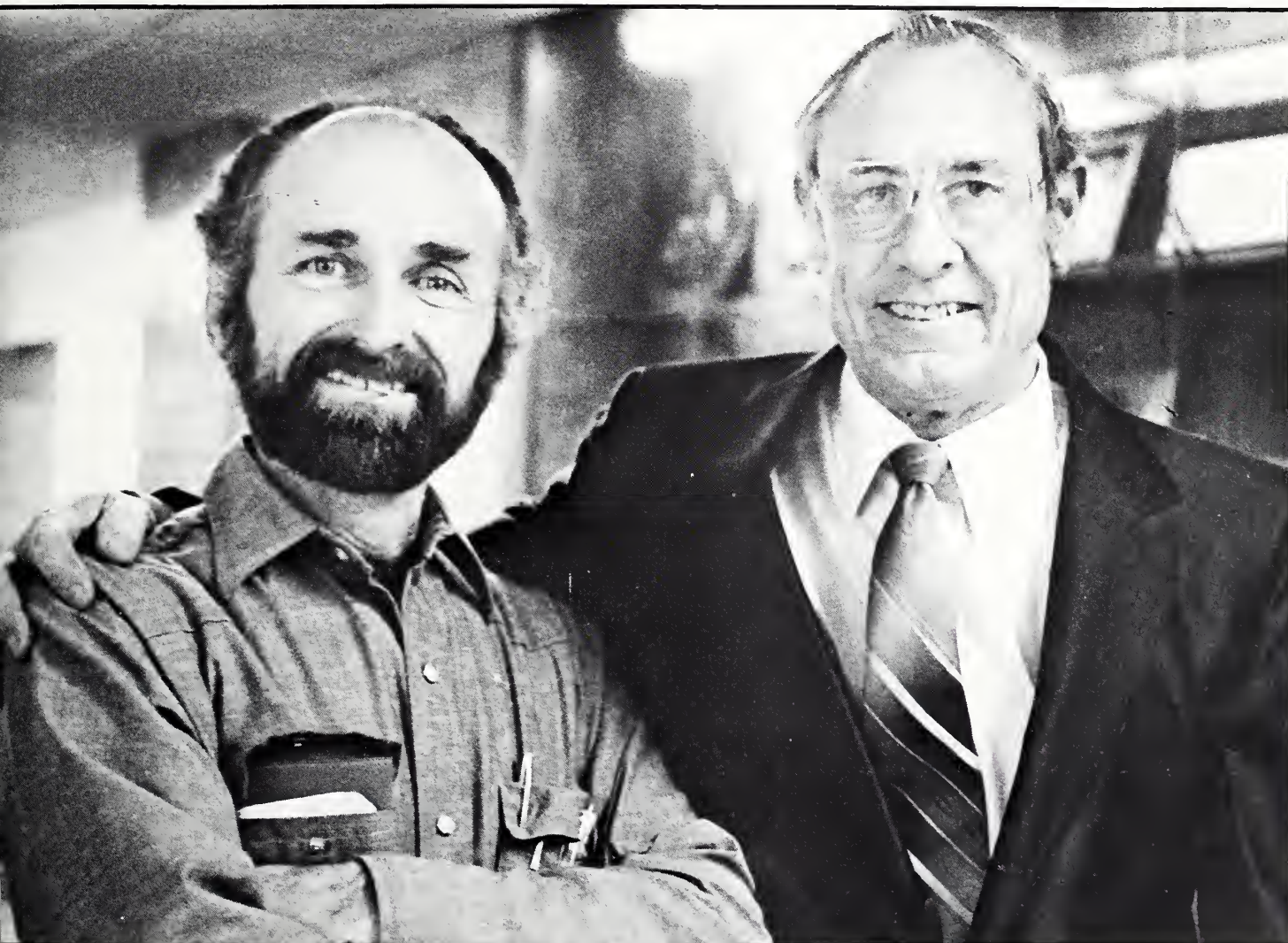
MAGGIE TALK-Maggie Picking, Assesment Counselor, talks to a prospective student.(Photo by David Holler)



Imogene Leach-Instruct. Sec.
Ben LeClair-Custodian
Carriasco McGilbra-Media
Dennis McIntire-Dorm Supervisor
Merrie-Pat McIntire-Admis. Sec.
Sue Morris-Records Secretary
Loretta Ostrander-Skills Lab. Asst.

Libby Palmer, President's Sec.
Miriam Palmer-Food Services
Marcy Patrick-Indus. Tech. Sec.
Maggie Picking -Assess. Coun.
Judy Rhodes-Library Ass't.
Mickey Taylor-Business Sec.
Rosalee Seely-Manager AFM

Ray Schwartz-Custodian
Bud Shelton-Dir. Build./Grounds
Wanda Shepherd-Bus. Secretary
Neal Sherwood-Custodian
Samsy Sengvixay-Custodian
Arlene Walker-Bookstore
Jackie Wilson-Dorm. Supervisor



THE RIGHT PICK-Phil Campbell, custodian in the W.S. Scott Auditorium, is congratulated by Bud Shelton, director of buildings and grounds, on his selection as the College's first "Employee of the Quarter" selection. Nominations for the title were made by faculty, staff and administrators and final selection was made by a committee. The College often receives compliments on Campbell's work and the condition of the facility he maintains.

Debbie Aldridge
Lisa Allen
Marcel Anderson
Jeff Andes
Chris Armour
Anna Askins
Kelly Atwater

Christi Baker
Mary Lou Barnes
Mark Beal
Scott Beardon
Elleine Befort
Mark Berg
John Bernhardt

Shawn Bestvater
Cindy Betzen
Rachel Biddle
Steve Bilyeu
Eddie Blanton
Janet Bobek
Terisa Bohrer

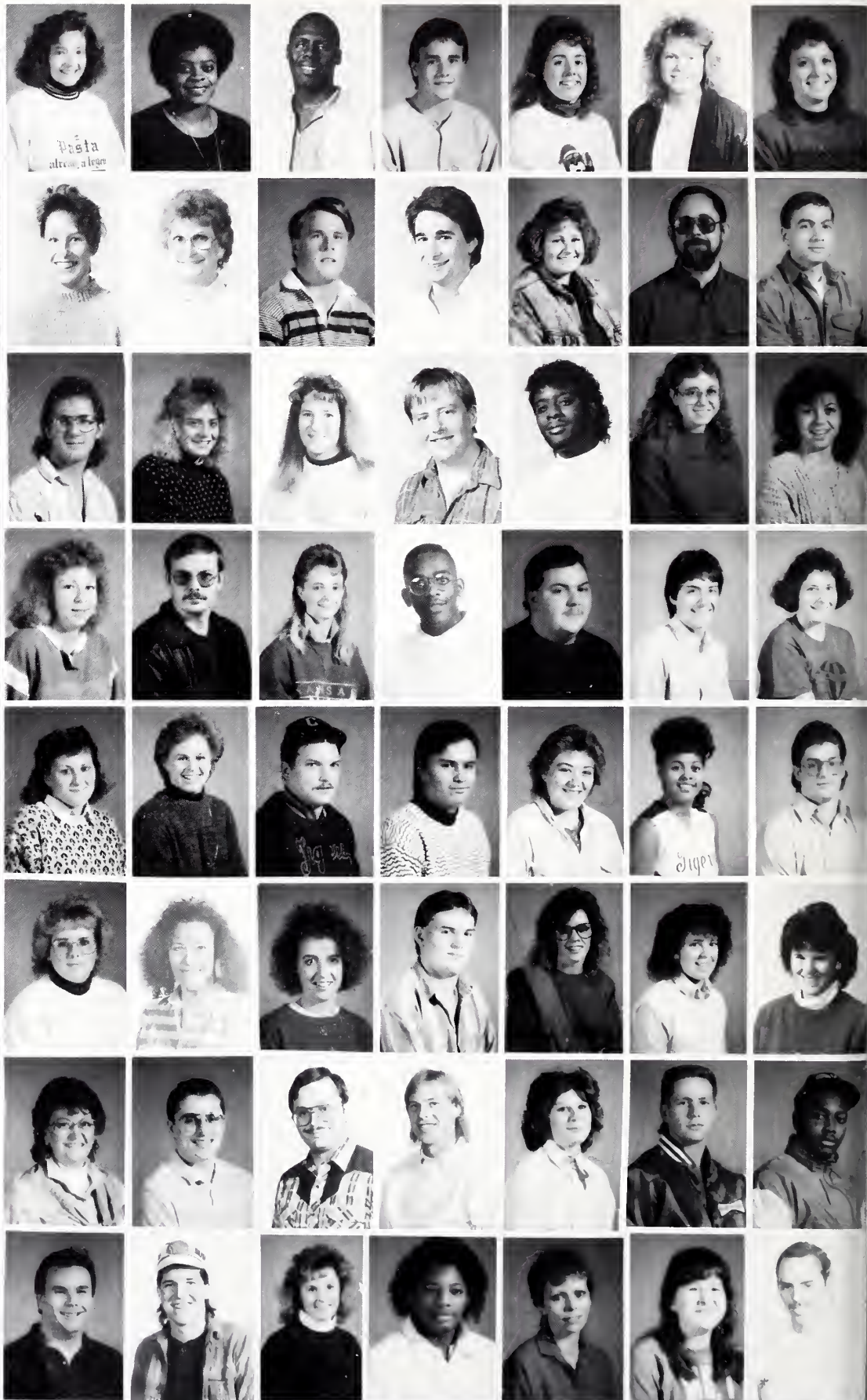
Regena Boone
Don Boyle
Jill Broyles
Alton Brown
Martin Brown
Robert Brown
Teresa Bruster

Jeanette Burden
Lori Burns
Brian Bush
Mike Butler
Shellie Capehart
Carla Carter
David Carver

Robyn Chrismer
Angela Clampitt
Christie Clark
Tracy Clark
Tamara Clements
Claudean Comstock
Carol Cooper

Marjorie Cooper
Larry Cowan
Ron Crook
Cleff Cunningham, Jr.
Lori Curran
Billy Dandridge
Leonard Dates

Terry Deffenbaugh
Craig DeMoss
Tracie Detwiler
Scott Dewberry
Doris Dial
Jessica Dickinson
Marty Dietrich





Tonna Dunaway
Mark Eggleston
Jim Fields
Christina Finstad
Brent Flower
LaDonna Fries
Orlando Garza

Ed Giesen
Melba Givens
Rob Glenn
Jamie Goertz
Kristi Gottlob
Charles Griesel
Darci Grose

Lori Gustin
Michelle Hageman
Patricia Hall
Bob Hardister
David Harris
Eric Harris
Lou Harris

ARMOUR

excels in her interests
on and off the court

by JILL BROYLES

Keeping busy isn't hard to do at college, but Chris Armour, sophomore, is keeping busier than most.

Armour chose Cowley because of volleyball, and she has definitely succeeded in that. Head volleyball coach, Debbie Davis, gave Armour the scholarship, and Armour gave it the determination. Volleyball honors she has received are Second Team All-Region VI, First Team Conference, and the All-Star Team at the Cowley Volleyball Tournament.

But that's not all Armour has succeeded in. She currently has a 4.00 GPA, and was nominated as November Student of the Month by SGA. Armour's classes aren't easy. She had 17 credit hours in the first semester.

"My hardest class was Physics," she

said.

Other academic honors Armour has received are being on the President's Honor Roll, and being a member of Phi Theta Kappa.

First semester, Armour's schedule was very hectic. Having classes in the mornings and then having practice in the afternoon, kept Armour on her toes. However, Armour manages her time wisely.

"I've never had to stay up late studying. When I know I have a game, I try to get my homework done the day before," said Armour.

Armour's major is Veterinary Medicine, in which she plans a career as a veterinarian.

"After Cowley, I plan on attending Kansas State University because of the good vet program," said Armour. ■



STANDING PRETTY-Chris Armour, Academic Excellence Challenge candidate for Homecoming takes the court again, but in a dress instead of a uniform. She is escorted by Tony Lubbers. (Photo by David Tobias)

Gale Hauser
Darcy Heaton
Shawn Henning
Stephanie Hensley
Marti Henson
Thad Hewitt
Greg Hinz

David Holler
Chris Holmes
Malia Holt
Dean Hopp
Flora Hunter
Mary J. Irvin
Mike Jarvis

Gina Johnson
Glenn Johnson
Rusty Jones
Jamie Judd
Mary Jo Jury
Kimberly Kalbfleisch
Dawn Kelley

Karen Kelley
Mike Kelly
Todd Kennedy
Mary Kerwin
Keven Kirkendoll
Jeff Krueger
Eric Kurtz



Linda M. Lantze
Carol Lawson
Jerry LaVine

Charlotte Lee
Jeff Leggett
Doug Lietzke



ROYAL BEAUTIES-Jim Fields, sophomore, and Debbie Aldridge, sophomore, were two of the four King and Queen Candidates for Homecoming '89. The King and Queen were Christie Clark and Rob Glenn. The Homecoming festivities were held at the half-time of the Men's basketball game against Johnson County. Cowley went on to win the game 101-78. (Photo by David Tobias)



ERIC KURTZ adjusts from single to married life

by TONYA RUDOLPH

Sophomore Eric Kurtz received an early Christmas present, December 17, he hopes will last forever. Kurtz received a wife and a new lifestyle.

"We had been dating for almost three years and we had been engaged for a year," Kurtz said. "That is why we decided to get married."

On December 17, Kurtz married Christy Darkow.

Eventhough his parents were late (arriving just five minutes before the wedding), Kurtz admits the wedding went great.

"When she was walking down the aisle a lot of things were going through my head," Kurtz said. "I thought this is it. She's going to be my wife."

Kurtz and his wife wrapped up the wedding by taking a honeymoon to Kansas City. They enjoyed the Plaza, in which they went shopping and they also took in some movies. Fine restaurants were also on their agenda.

Then, they were swept back to reality.

"I realized it's tough not having a mom around because there's always dishes and laundry to wash," he said.

Adjustments were also hard to get

used to.

"I can't go out and spend my paycheck on anything I want to. There's always bills."

Eventhough marriage has changed Kurtz's life, some aspects are the same.

"We still go out at night, as if we were dating," the newlywed said.

But Kurtz says his new life as a married man is fun and challenging just as he had predicted before the wedding. However, he forgot to predict one thing.

"I can't just get up 10 minutes before class and walk over from the dorms now, I have to drive from Winfield," he laughed. ■



MICROWAVING MADE EASY-Eric Kurtz makes a cup of hot chocolate. He now relies on the convenience of a microwave for his new lifestyle. Kurtz got married Dec. 17, 1988. (Photo by Rob Glenn)



Jim Linke
Sabrina Lipton
Cindy Little
Tony Lubbers
LaVerne Lyman
Danielle McCall
Stephanie McCorgary

DeMarko McCullough
Scott McGuire
Lana McMaster
Roletha McMurtrey
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Tracy Magnon
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Anthony Martinez
Traci Matney
Harvey Mathews
Cheryl Matthews
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Shawn Menke
Rod Michael

Debi Miller
Karyn Miller
Denver Mishler
Denise Mitchell
Kelly Moman
Gretchen Moore
Layne Moore

Kent Murphree
Nick Myers
Sandra Smith Myers
Stephanie Myers
Lori Neal
Curtis Nelloms
Craig Neubecker



MOORE'S Voice Makes a ROAR

by LIZ RILEY

In the hallway, and on a trash can is a stack of colored paper. It's a ROAR. Looking through it, the name Layne Moore, editor-in-chief, leaps off the page. Just who is this Moore fellow?

"I like being responsible for something important," Moore said. "It's fun. But it has its advantages and disadvantages."

Being the sole editor, Moore has to put up with a lot of stuff.

"Hate mail comes in all the time, especially from people who have no idea what they are talking about," Moore said.

Writing is not the only challenge Moore has to face.

"Something else I have to put up with is when the printer calls and says it will
(Please turn to page 40)



ROAR EDITOR-Layne Moore, ROAR Editor, sits at his trusty "MAC" with his friend, "Spike", writing one of his many columns.(Photo by David Holler)

SINGING HER WAY TO THE TOP

by CHERYL MATTHEWS

Terese Simpson sang her way to first place in the Homecoming talent show on February 1.

Simpson sang "In Heaven's Eyes" and "Someone Up There Loves Me" both recorded by Sandi Patti. Simpson along with Tonna Dunaway and Lori Burns, also won third place singing "How Blue" by Reba McIntire.

"We got the act together six days before the contest," Simpson said. "I was excited about the trio winning third place."

Music is an important part of Simpson's life and she says that going backstage at a Sandi Patti concert last March stands out as her most memorable moment.

"That's something I'll never forget," Simpson said. "Singing a song with Sandi Patti is one thing I'd like to do."

Simpson's first career goal is to perform. If she can't do that, she'd like to make a record, be a recording engineer, work with radio, or be a disc jockey.

"I don't have any big dreams about fame and fortune, just as long as I'm involved in music in some way," Simpson said. "Whether I'm teaching, or a DJ, or working in the studio, it just doesn't matter."

Simpson is a music major and after graduating from Cowley she plans on attending a four year college and continue toward her career in music. ■

TERESE SIMPSON-Sang and won the Homecoming Talent Show on Feb. 1. (Photo by David Tobias)



Pete Newell
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Roseanne Olmstead
Shannon Olsen
Arturo Ormond
Leah Osborn
Kike Parker

Dee Dee Parkes
Randy Parkes
Michelle Pate
Anne Paton
Mark Patrick
Norma Perkins
Jan Peterson

Sarah Poole
DeShannon Post oak
Samantha Pruitt
Katheryn Pugmire
Suzie Quillin
Kandi Ramsey
Greg Regh

Gayle Rider
Liz Riley
Damon Robertson
Link Robinson
Dawna Rogers
Traci Rohlman
Tonya Rudolph

Michelle Rufener
Deb Rutherford
Sheila Rutherford
Jan Rutter
Stephanie Saloman
Kenneth Salisbury
Bo Sandle

Lydell Saunders
Vicki Schafer
Dawn Segrist
William Serena
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Tim Shanahan
Buddy Sharp

Bill Shaw
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Phyllis Shultz
Tera Shultz
Carol Simmons
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Roman Vega
Victor Wade
Kelli Walker
Jolynne Walker
Wendy Walker
Garry Wartick

Kurt Weber
Sherri Wege
Ron Wells
Sabrena Whittler
Chris Wilken
Shannon Wineinger
Tom Wingo

Chamaice Wise
Larry Wise
Rebecca Woods
Gregg Wooters
Danny Wyckoff, Jr.
Spencer Yoder
Amy Yorke

TONY WINDLESS

is

'Movin' with the Tigers

by ANGELA SOMMER

Family, friends and basketball. These are the top priorities of Cowley freshman Tony Windless.

Windless, originally from Memphis, where his mother, father and two brothers live, says his family was the biggest influence in his basketball career.

Windless began playing organized basketball in the eleventh grade, and recieved various honors and awards. Named two-time All-District, two-time All-Region, All-State and All-City. He also participated in Junior Olympics and made All-Tournament team in the Martin Luther King Classic.

"I came to Cowley because it is far from home. If it was close, I'd be going home too often," Windless said.

Spending time on campus also gives Windless a chance to study. Grades are important to him, they are also important

in determining what college he will attend. Windless says the faculty is cooperative with its athletes.

"I like it here. Murphree is a good coach, he cares about his players on and off the court. He is concerned with grades and whatever else we do outside basketball," he said.

Windless likes to hang out with his teammates because they are some of his closest friends.

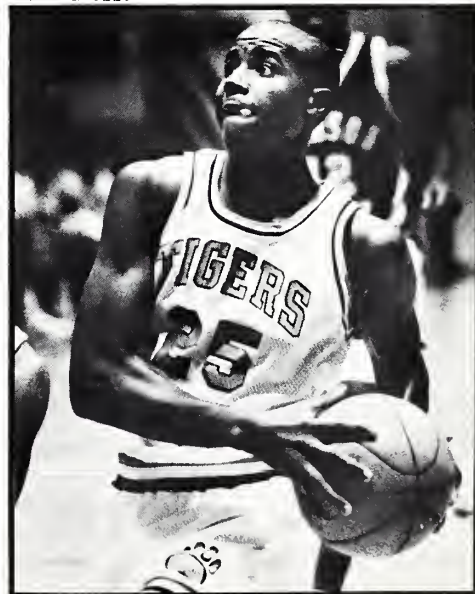
"The guys on the team are like brothers to me. I think we play together very well. The guys take care of me and if they need me, I take care of them," he said.

Windless plans to finish his two years here and go on to play at a Division I school.

"Kansas is nice, but places like the University of Nevada Las Vegas and Louisville are 'movin'," said Windless.

Windless is a welcome addition to the Cowley men's basketball program. Maybe with his exciting style, he can get Kansas 'movin' too.

"I hope the team can practice harder on defense, so we can go to nationals and put Cowley County on the map," said Windless.



TONGUE TIED- Tony Windless goes up for a lay up. (Photo by David Tobias)

FROM THE WALL TO



DOWN UNDER

Cowley tennis team boasts an international flair with a winning style

by ROSEANNE OLMSTEAD

I'm going back to Cali, Cali, Cali. I'm going back to Cali. Hmmm... I don't think so, says Annette Eskenazi of Cali, Columbia.

Eskenazi has been in the states since August and has played in numerous tennis tournaments held in Florida, the Orange Bowl state.

While she was playing in Florida, Cowley's tennis coach, Larry Grose, contacted her through the Tennis College Tournament and inticed her to come volley for the Tigers.

This is Eskenazi's third time to visit the star-spangled country which has produced such names in tennis as Chris Evert Lloyd and John McEnroe. But Czechoslovakian Ivan Lendl scores game point as Eskenazi's favorite tennis player.

"I almost died when I got to see him play in Canada," Eskenazi said as her eyes rolled in that universal "what-a-hunk"

expression.

Eighteen-year old Eskenazi completes her family of four. Her parents have a furniture store and factory in Cali. It was her family who interested her in tennis.

"My older sister introduced me to tennis," she said, "and I've played for 10 years, now."

Eskenazi is one of four foreign students Grose has recruited to play for the Tigers. Sarah Poole, Canada, joined the squad first semester and three more have signed on second semester.

Elke Enderle, whose court grounds are in Munich, West Germany, is another member of the squad and has also played tennis for 10 years.

At 18, Enderle won the Puma cup and has toured Italy playing in two tournaments.

"I wear Puma at every match because they sponsor me," Enderle said.

When the 6-foot European is not swinging or whacking at tennis balls

another form of recreation for her is skiing the slopes. She's also a big Tina Turner fan and while slicing down the Alps on attending a concert can be great fun, there is a serious side to this brown-haired 20-year old.

"I want to be a doctor and attend the university in Munich to obtain my degree," says Enderle.

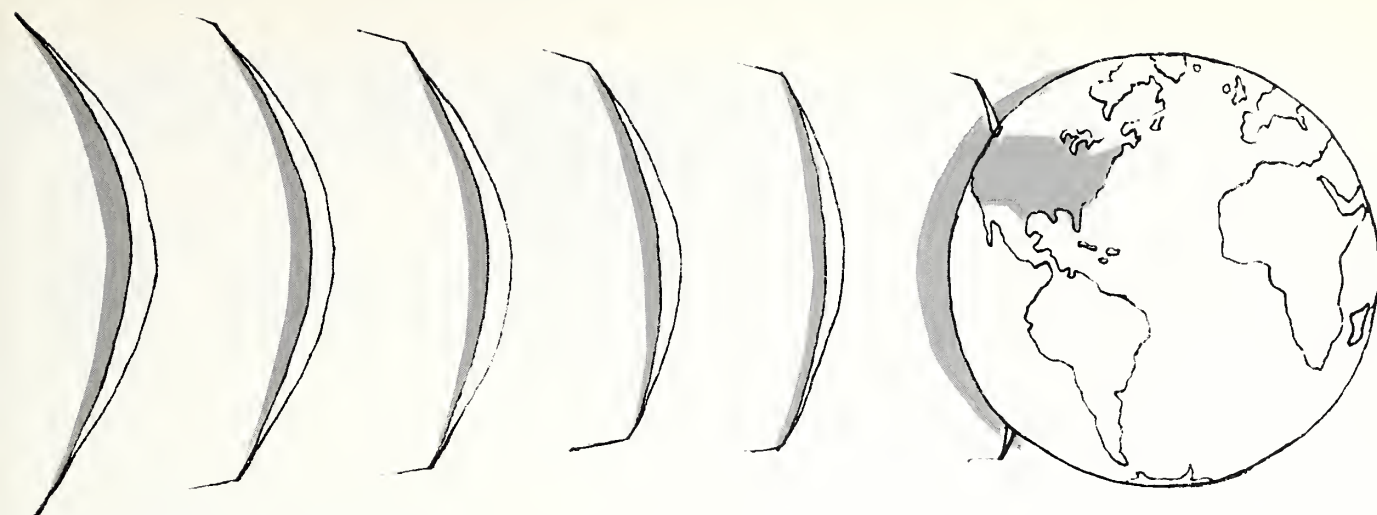
In Munich, a dog named Sammy, some birds and three turtles keep Enderle company.

"Lots of Germans have turtles for pets. Mine are named Goliat, Mogli, and Sweepy," said Enderle with a shy smile.

This is Enderle's first trip to America and it was made possible through the University of Kansas tennis coach who told Grose about her.

Finding girls to play college tennis became quite a dilemma for Grose, who is also the College's assistant athletic director.

"Girls just don't want to continue to



lay past high school," said Grose, who spent his Christmas vacation on the phone trying to field a women's team.

He says it's a simple case of supply-side economics.

"The demand for women college tennis players is higher than the supply," he said. "So, I had to try other avenues."

The "other avenues" led to Eskenazi and Enderle, who both belonged to a tennis club because their high schools didn't have a team. The same was true for Tim Shanahan, who belonged to the Southern District Club in Australia.

This right-handed Aussie transferred from Oklahoma City University to complete Cowley's men's team. Shanahan has an impressive tennis resume, winning the state singles title in New South Wales. In the South Pacific Championship Tournament held in Fiji, he won the doubles and made it to the finals in the singles.

Shanahan lives an hour south of Sydney in Campbelltown, with two brothers and two sisters. He's been in the states since September, thanks to a friend back home who was also a tennis player at OCU.

"The United States is pretty similar to Australia," Shanahan, who has traveled throughout Australia playing tennis, said. He says that one of his favorite players is an American.

"I like McEnroe for his abilities," Shanahan said in his crisp, flavorful accent, "but I also like Mats Wilander for his court demeanor."

Shanahan is not sure about his plans after Cowley.

"I just want to see how far I can go with my tennis," he said.

And that's exactly what Coach Grose has in mind for the entire tennis program this spring.

"I think we have a good chance at being a Region VI representative at Nationals this year," Grose said

enthusiastically about his teams.

Grose, a two-state doubles champion in high school and a contender in the doubles finals at OSU, is confident in his players' abilities.

"If they can't beat me they lose their scholarship," he said jokingly with a quick laugh. ■



TIGER TEAMATES-Annett Eskenazi, Columbia, Tim Shanahan, Australia, and Elke Enderle, West Germany, are all special tennis players from all over the world. (Photo by David Holler)

RECRUITS HARD TO OBTAIN

by KELLY ATWATER

Recruitment isn't always easy. Even in the movies. For example, the movie "Johnny Be Good." Remember all the recruiting that went on just for one person? Even Cowley players can relate to that situation. In fact, the men's basketball team is made up of only new recruits. They have no returning players this year.

"Recruitment is the heart and soul of our program. We have good people. And without good people, I'm not a good coach," head coach Ron Murphree said. "Recruiting is absolutely what it is all about."

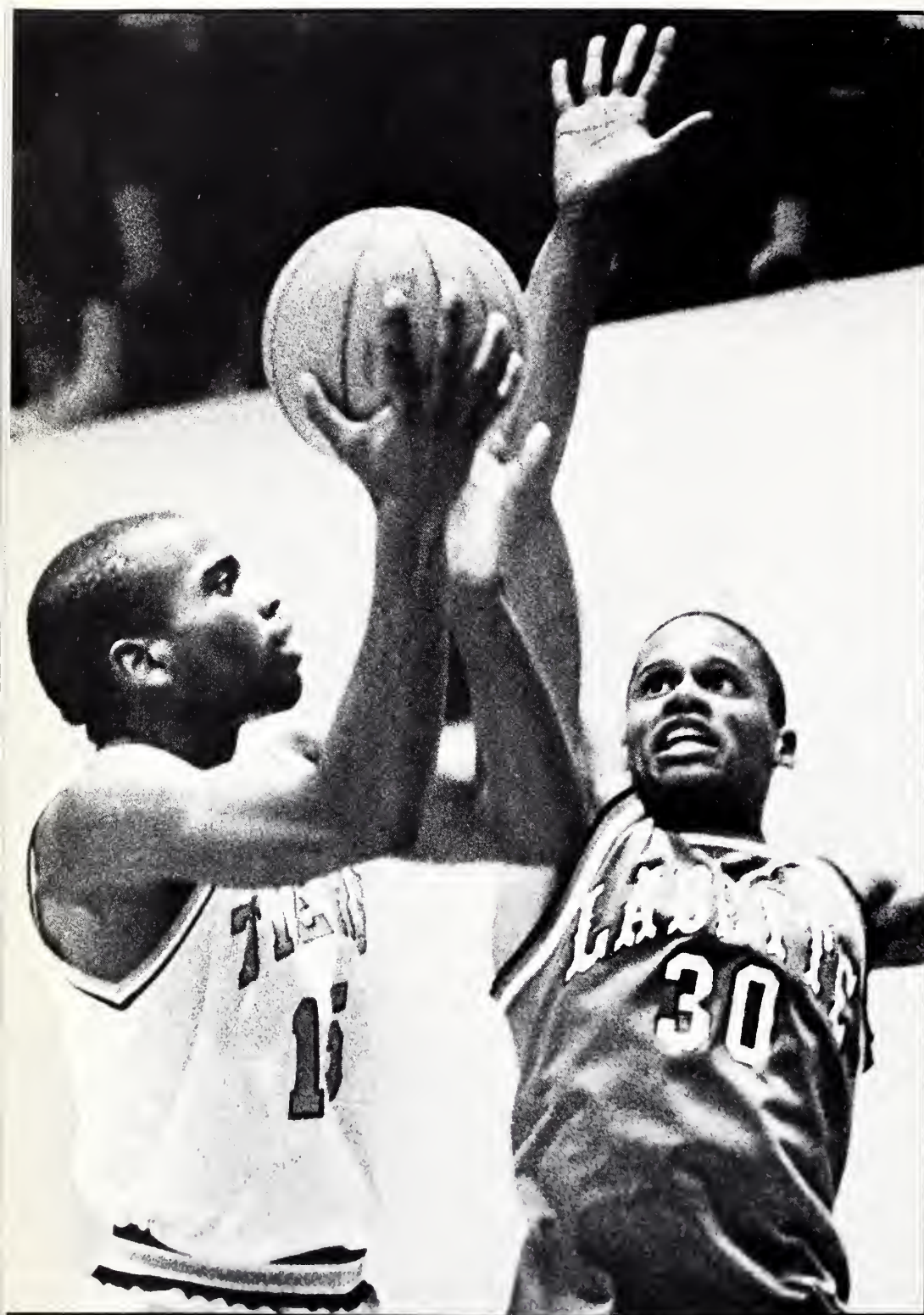
One of the reasons for Cowley's high recruitment is the ability to offer more with a lower standard of grade specifications, a winning season and a position in the Jayhawk Conference.

"We have a great advantage (in recruitment) because the Jayhawk schools are the toughest junior colleges in the conference," Murphree said.

Murphree attributes his high rate of recruiting to the sale of himself (as a coach and an individual), the program and the college.

"You have to go above and beyond selling yourself. I try to know the families because they seem to help push the kids in the direction," Murphree said.

Murphree will spend every Thursday and Friday nights going to different high schools to recruit. This enables Murphree to not only gain insight on the upcoming recruits, but to gain valuable knowledge



GOING FOR TWO- Sophomore Arturo Ormond attempts to fire a shot past a Labette County player. Ormond, a transfer from Carthage College, Wisc., has proved to be a valuable recruit for the Tiger team. Cowley relied heavily on recruiting to build the nucleus of this year's team. (Photo by David Tobias)

about the state of Kansas, since Murphree is originally from Oklahoma. However, that's not the only time he will spend recruiting.

"We do recruit by mail, but we try to be there in person," he said. "During playoff season we are always there."

Recruiting in the local area can be hard too. Competition from other schools and the in-district rule, which limits the recruiters to recruit only in their school districts make recruiting really tough.

"There is tremendous in state competition. Out of state is very successful because of the different levels of players and the quantity of them," Murphree said. Out of state recruitment was paid off for Cowley. Every year since Murphree's second year, they have had the maximum level of five out of state players.

However, the recruiting process does not go without its problems. With the turn around of players every two years, it makes working as a team difficult.

"We do not have any returning players from last year. It's a new experience and a challenge with new players," Murphree said. "Fortunately, the kids are hard workers and have pride."

Murphree also added that it takes a while to work and establish the system to the new players, but he is glad that the team has adjusted well to it.

The players are not the only ones working hard to make something a success though.

"We are getting better every year at recruiting, but you can never sit back and not work for it. If you want something, you are going to have to work for it," Murphree said. ■

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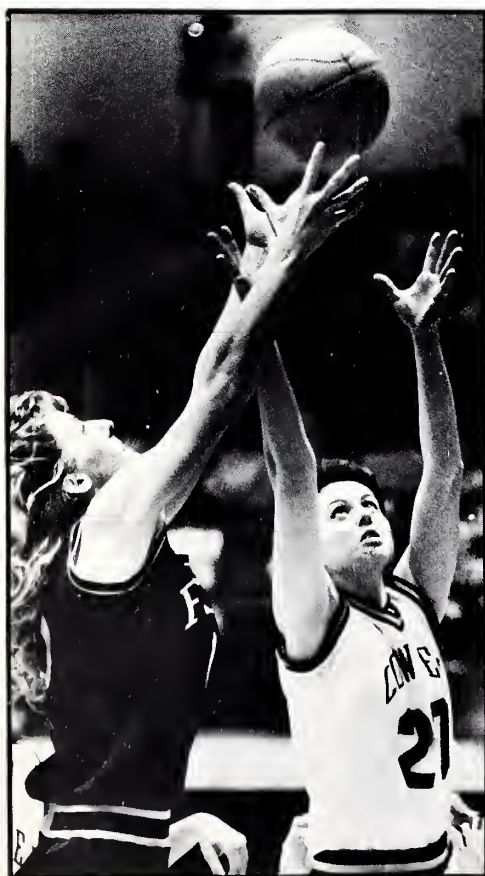
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DIVISION I PROSPECTS

Sophomore Tigers' athletic abilities open new doors for a big-time college future



by JAMI JUDD

For senior basketball players in high school, nearly all offers for scholarships look good, but for the sophomore Lady Tigers being contacted by Division I schools is like a dream come true.

This year's team has nine returning players, Lisa Allen, Chris Armour, Janell Calhoun, Christie Clark, Gina Johnson, Roseanne Olmstead, Shannon Russell, Carolyn Timmermeyer, and Chamice Wise. After two years of playing for Cowley, they are ready to move in different directions.

While some of the girls are basing their future on things other than basketball, many of them are in the process of being recruited by bigger four-year schools for their athletic ability.

Janell Calhoun, Gina Johnson, Roseanne Olmstead, Shannon Russell, and

REBOUND!-Sophomore Roseanne Olmstead skies for a loose ball in the Jan. 28 game against Ft. Scott. (Photo by David Tobias)

Chamice Wise are the most promising Division I prospects for next year and are being heavily recruited.

Linda Hargrove, head coach, spends much of her time talking to scouts and coaches from transfer schools about her girls.

"I would say that at least one-third of my time is spent on placement of the sophomores, and this year, since there is nine, it is considerably higher than before," Hargrove said.

During their first two years playing for a junior college, the pressure is always there to perform well for the scouts that come to watch.

"You do feel some pressure because you want to do well, and show them how you play," Calhoun said. "But usually you don't know when they are going to be there."

Scouts from other schools attend games frequently to watch the performance of prospects in game situations.

"I am usually aware when the scouts are going to be there and I used to always tell the girls, but some of them would just bomb up knowing they were being watched," Hargrove said. "I don't tell them anymore, I just tell them to expect one to be at every game."

Generally, the girls just try to play to the best of their ability all the time and try not to think about it.

"Your whole sophomore year has a lot of pressure. Whether scouts are there or not, you have to play well all the time to keep your stats up," Olmstead said. "You just mentally tell yourself that you're still in the game and you have to keep your head in it and forget everything else."

Although the challenge is there, some of the girls don't really have time to worry.

"I've played so many games that I don't feel too much pressure from scouts," Johnson said. "I just try to play my best and don't let it get me down."

Eventhough they are all currently being recruited, they each have individual reasons for coming to Cowley and choosing the right college to transfer to.

Wise, is definitely planning to continue playing basketball for a Division I school next year.

Wise was recommended to Coach Hargrove by the University of Indiana's coach.

"I always go to the Top 40 Tryouts in Indianapolis and Chamice was there so I talked to her about coming to Cowley," Hargrove said.

The Top 40 Tryouts are for the best high school players in the state of Indiana.

"Many university coaches attend, but some of the girls need to go to a junior college first," Hargrove said.

After two years at Cowley, Wise has received offers from Division I schools including the University of Indiana, Louisiana State University, University of Kentucky, and Drake University.

"The University of Indiana recommended that I come to Cowley so I could go Division I and now all of my offers are from Division I schools," Wise said.

Wise is undecided on her career major, and therefore her school choice will be basically on the basketball program.

Johnson, is also looking forward to Division I ball after Cowley.

When recruiting Johnson, Hargrove first saw her name in the Hoosier magazine, which lists the names of the top players in Indiana.

"I saw her name in the magazine, then during the phonathon, Jackie called her and found out that she knew Chamice, so we brought her in for a visit and she liked it," Hargrove said.

The University of Indiana recommended that Johnson, like Wise, attend a junior college first.

"When I visited Cowley I liked the atmosphere and the people," Johnson said. "It made me feel at home."

All of Johnson's offers have been from Division I schools in Arkansas, Michigan, Missouri, Oklahoma, and Texas.

Her decision will be based solely on the team but in the future she would like to own her own recreation building to give little kids a place to stay out of trouble, she said.

Olmstead is planning to use her athletic ability to take her through college, too.

She came to Cowley to help prepare her for a larger school.

"I couldn't have made Division I out of



INTENT ON FUTURE-Concentration shows on the face of freshman Chaneeton Thompson. Next year, Thompson hopes to receive offers from Division I schools. (Photo by David Tobias)

high school and if I went straight to a four year then I probably would have sat on the bench," Olmstead said. "I needed the experience."

She has been contacted by the University of Missouri, Southwest Texas University, Pan Am University, and University of Arkansas.

Career wise, Olmstead is undecided, so she plans to make her choice of schools after the season is over.

Russell is also being flooded by Division I offers.

When recruiting Russell, Hargrove went to a tournament to see her play and talk to her about Cowley. Russell liked Cowley better than any other school she had visited so she decided to attend.

"I think it helped me a lot to come to a junior college first," Russell said. "I've gotten better at the fundamentals you need to do well at bigger schools."

After playing for Hargrove, Russell has been contacted by the University of Indiana, University of Louisville, University of Missouri, University of Hawaii, University of Central Florida, and the University of Arkansas.

Her career plans are undecided as of now.

Calhoun, although she is actually a Cowley volleyball recruit, plans to continue to play basketball, but not necessarily at a Division I school. She has narrowed her decision down to three

(Please turn to page 40)

Moore

(Continued from 31)

be noon before we can get the ROAR. People can get very irate about that."

Unlike last year, Moore has a new companion to make his life a little easier- a Macintosh computer.

"I love my Mac," Moore said. "It's wonderful. Unfortunately, the new computer can't do everything."

Cowley is not the only kind of school Moore attends. In the mornings, he goes to Pershing Elementary to teach a creative writing class to a group of second graders.

"My goal for the class was to show the kids an interesting approach to writing. That's what I would like to think I exemplify in the ROAR each day," Moore said, while playing with his plastic puppet affectionately named "Spike."

Moore is also interested in kids, more than just to teach, but also to babysit.

"I love babysitting," Moore said. "Only because I know the right way to do it. First of all, you don't treat children like kids, you treat them like human beings. Second, you have to be on their level. Lastly, you make them laugh until they can't breathe." ■

Lady Tigers

(Continued from 39)

schools where she has received offers. Friends University, Missouri Southern University, and the University of Arkansas, are all competing for her talents on the court.

When Calhoun decides on a college, she will look at what they offer for her physical education major and what they have athletically.

"The academic part is important but it would be kind of hard to go from a winning team like this, to a losing team," Calhoun said.

The other team members are looking at their career prospects when they select a school.

Lisa Allen, will transfer to a four-year college and major in journalism. Although she attends Cowley on a basketball scholarship and enjoys the sport, she's basing her college decision on her career.

"I want to be a news broadcaster and six years after that I plan to have my own talk show-Lisa Allen Live!," Allen said.

Christie Clark, is also choosing her college based on her career.

She plans to attend the University of North Texas State on an academic scholarship and major in psychology.

"I enjoy basketball but I am ready to get serious about my studies so that I can earn my degree," Clark said.

Carolyn Timmermeyer is attending Cowley on a basketball scholarship, but does not see it as a part of her future.

"I like to play basketball and I am here on a basketball scholarship but next year I want to concentrate on my major," Timmermeyer said.

She wants to transfer to Wichita State University next year and complete her degree in business administration.

Chris Armour, is looking toward her career, too.

Armour was recruited by Cowley's volleyball team. Although volleyball is her number one sport, she played basketball through high school and decided to continue playing in college.

She wants to attend Kansas State University and work toward being a veterinarian.

"I want to be a vet and eventually have a clinic of my own," Armour said. "That's why I'm going to K-State, they have one of the best schools in the nation."

As a whole, the team has had a successful season so far.

"They are beginning to play really super solid ball," Hargrove said. "We are starting to prove to ourselves that we can win those close games if we play as a team."

The sophomores' opinions of the team are very similar. As Johnson said, "We have had our ups and downs, but we always seem to make it through." ■

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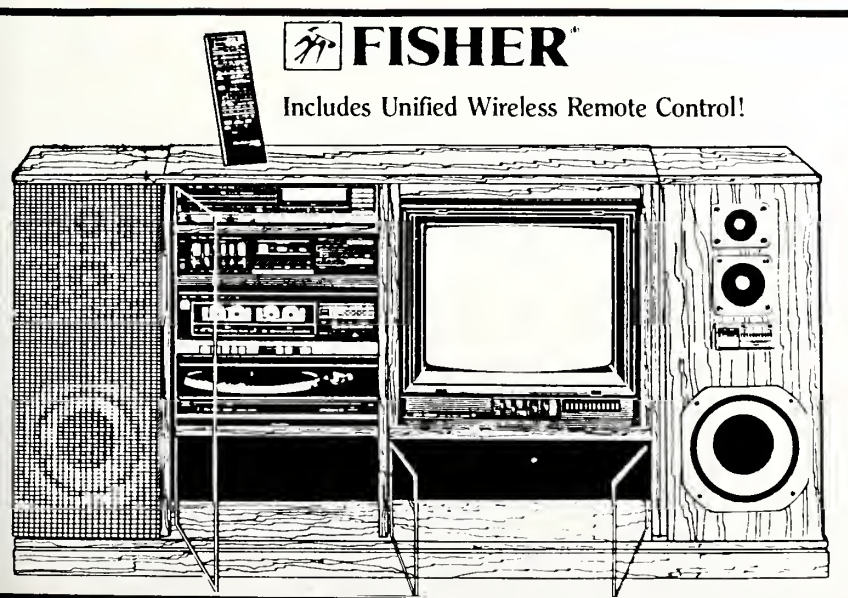
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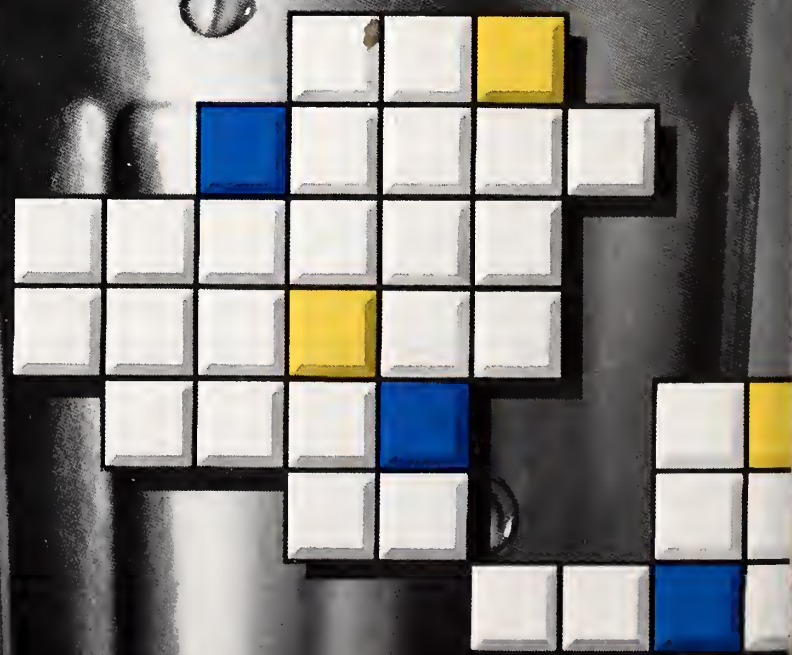
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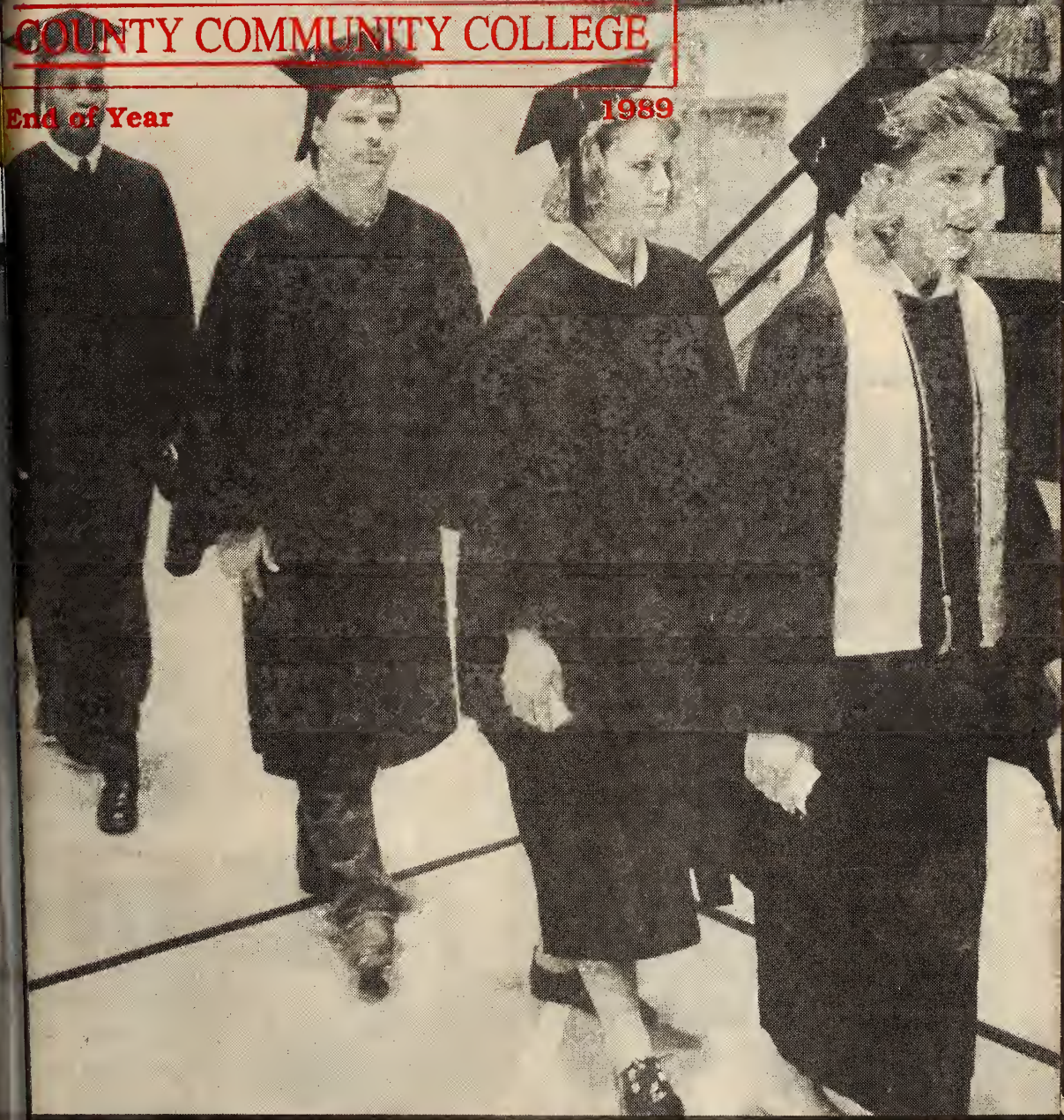
Pulse

C O W L E Y

COUNTY COMMUNITY COLLEGE

End of Year

1989



Congratulations grads

Hi, Howdy, Hello and Goodbye

Dear Readers,

Hello Everybody. I'm Shannon Wineinger and I'll be your Pulse Editor for the 1989-90 year. This newsprint issue was my first attempt at Editor with the sophomore staff for next year. I hope that you will enjoy this end-of-the-year issue.

It's ironic that I am saying hello while everyone else is saying goodbye. I, too, would like to say goodbye to everyone. I wish the '89 graduates the best of luck in their future endeavors. It's been a pleasure getting to know all of you and I hope that you all get whatever it is that you're striving for. Keep your Cowley memories with you forever.

And to this year's freshmen, I also wish you the best of luck. I look forward to seeing you next year. I hope many of you will return next year. Those of you who I didn't get a chance to meet this year, I look forward to getting to know you next year. I am also involved in Student Government and Danceline as well as Pulse, so any suggestions anyone has in any of these three areas would be greatly appreciated. Please feel free to come to me with any suggestions you may have in these areas. I will do my best to make whatever changes are suggested.

Finally, I will once again say 'Hello' and 'Goodbye.' Enjoy the summer and don't get too burned by the sun. *Shannon*

ON THE COVER-Jeni Rhodes, Marcia Rinke, Curt Roberts and Damon Robertson march in step in the procession for the 66th Commencement. (Photo by David Tobias)

Pulse

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GRADUATION

An evening of true pomp and circumstance wraps up the first step on the higher education ladder for the class of '89

by JERRY FRY

As relatives file in to await what is to be the first completed step in the graduates life of higher education, the Cowley County Community College and begins to fill the air with melodies on an evening of true pomp and circumstance.

Leonard Barnhill directs the band in a harmony of soothing music and with each climax the crowd grows more enthusiastic and looks toward the doors to see the graduates are ready to enter.

As the processional arrives in the foyer of the W.S. Scott auditorium, the graduates chat and smile. The music plays on as the State and American flags enter, then the guest speakers and faculty, and finally the students, who are searching in the crowd for a glimpse of their family.

The introductions of the Board of Trustees, their families, and guests, precede the recognition of the honor graduates who smile even broader now than before, and rightfully so, because of their individual achievements. Harold Walker, chairman of the board, begins to introduce the guest speaker, The Honorable Richard Rock, Senator of the 32nd district. Flashbulbs fill the air, a sea of black caps sway like waves in the wind as Senator Rock begins his speech, "...I began searching for a theme I might use for this commencement...." as the students and audience listen tentatively, he offers this piece of advice "...two honest, sincere people can have a difference of opinion ..." as if to say life may be that way for you from time to time, and adds "... lots of things

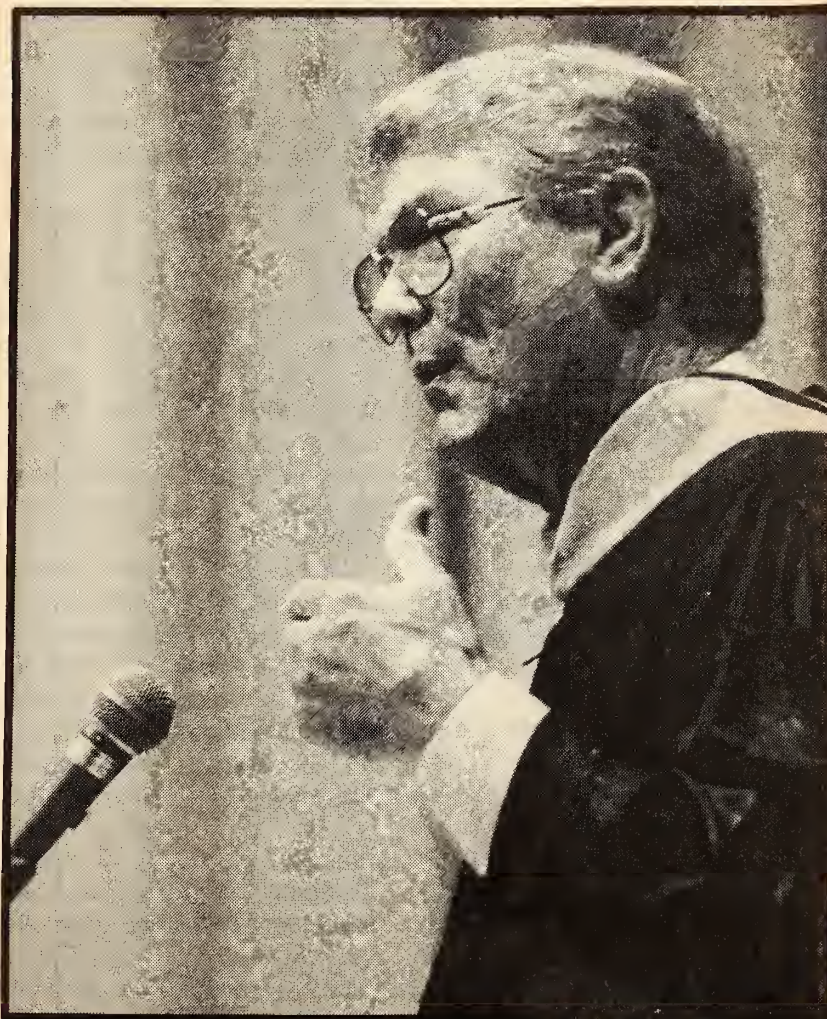
in life must be accomplished one sack at a time."

The usherettes outside are not really listening to what might await them next year, but are preparing the exits for the recession. As the students receive their medallions and each name is read, the students become graduates and the smiles become the widest of the evening.

As the new graduates exit the stage there are sighs of relief, and

words of "Finally!" come from their lips. There are cheers from the band that embarrass Susan Thorson, and a grin from Layne Moore that couldn't be hidden by a brick wall.

Among the pauses for pictures by family members, and the congratulations from friends, there is one thing the graduates are unaware of. The person on each side of them will become only a memory after tonight.



ONE SACK AT A TIME- Senator Richard Rock, sent the charge to the Cowley County class of 1989, Saturday, May 6. His patch-work quilt speech told the graduates that "... life must be one sack (step) at a time." (Photo by David Tobias)

**“Remember that the reason
why you are here is for your
education.”**

**Christie Clark
Outstanding Student**



Christie Clark

Hard work, determination, and family support help

Christie Clark

make the grade

by JILL BROYLES

The recipient of the Outstanding Student of the Year award is Sophomore Christie Clark.

Clark was also the first recipient of the Student of the Month award, which is sponsored by the Student Government Association.

Along with being an outstanding student, Clark is also an athlete. She attended Cowley on a basketball scholarship. This year, she was named Academic All-Region VI.

Clark was a member of Phi Theta Kappa national honor society, North Central Association Committee, she helped with the After Prom, and was a writer and designer for the "Pulse" magazine. She was also the first runner up for Queen Alalah, and was crowned Homecoming Queen.

But that's not all. She was also a member of Who's Who Among American Jr. College Students, Outstanding Students of America, a semi-finalist for Outstanding Student of Arkansas City, and Rookie of the Year for the "Pulse"

staff.

What makes Clark strive to be the best she can be? Her family has a lot to do with it.

"We're a really close family," she said. "We go to church together a lot and when we're home we like to play games. My family is real proud of me and I think my dad is the most proud. We've always been close and he pushes me to do my best. He brags on me a lot and that makes me want to do better, too," said Clark.

Although she hasn't made a commitment to where she will transfer, she has nailed it down to a choice between two colleges. Clark plans to transfer to either Tyler or Denton, both in Texas, to get a degree in Clinical Psychology.

"I'd like to have a general practice someday," she said. "Opening an office on the coastline of California would be ideal but that's going to take 8-10 years of college and 12 years if I want to prescribe medicine."

But she says the work and the wait will be worth it.

"I want to help people. I know two people who committed suicide and I want to be able to keep deaths like that from happening," said Clark.

Clark put a great emphasis on school. Although she has a 3.5 grade point average, she thinks she can do better.

"My GPA is O.K., but it's not easy to get an academic scholarship at a big university," she said. "Remember the reason why you're here is for your education."

Although Clark is leaving Cowley, she still has some advice for incoming freshmen.

"My advice to freshmen coming into Cowley is to maintain a balanced educational and social life, and keep time for your extracurricular activities," she said. "Decide now where you want to transfer to, and make sure all your credit's will transfer there. Remember that your GPA is important and concentrate on your studies," said Clark.



Richard Tredway

**“Richard is first, last, and
always an instructor.”**

**Walt Mathiasmeier,
Dean of Instruction**

Through his hard work **Richard Tredway** *takes Master Teacher award*

Z RILEY

McAtee, College President, at the podium to announce the award of the evening. The four candidates for master teacher faced the 150 people at the Honor and Awards Banquet invited for the announcement. Donald Barnhill, Department of Mathematics; Don Hughes, Department of Industrial Technology; Phil Beuchner, Department of Natural and Social Sciences and Richard Tredway, Department of Business and Service Technology; had already been elected by their peers when they were selected to represent their departments in the Master Teacher Year competition. Now, one has been named the College's most outstanding teacher for the year. "I was surprised," Barnhill said. "I didn't expect it (to be nominated) every year in a row." "Surprise was a common emotion--so was pleasure. I was thrilled," Hughes said, "I felt like it was about time. I've been here for 11 years." The candidates share a common trait which was summed up by the dean. "All three of the other candidates

were also worthy people," Beuchner said.

When the announcement came, Richard Tredway, 22-year employee of the College was announced as the winner.

Tredway felt good about the Honors Banquet for more than one reason.

"The Honors Banquet's main purpose is to honor the students. It is really a super activity for them and I think it is nice that the teachers were also honored," Tredway said.

With the nominations and the Master Teacher Award came a check of \$250 for the nominees and \$500 for the Master Teacher.

How does a Master Teacher spend big money?

"I will consider doing something special with it," Tredway said. "It may involve one of my hobbies or something I would be interested in."

However, there is more to being Master Teacher than money and exposure.

"Richard is not afraid of hard work," Walt Mathiasmeier, Dean of Instruction said. "Many times he takes on more than his share of the burden."

For Mathiasmeier, Tredway's

being a teacher is foremost.

"Richard is first, last and always an instructor," Mathiasmeier said. "His years at CCCC have proven this many times."

Tredway reaches his students, not only during the school year, but also after graduation.

Mike Vaughn a former student of Tredway's still thinks highly of him.

"Many years went by and I still didn't know what to make of myself," Vaughn said. "I had the opportunity to go back to school. To my surprise, Mr. Tredway was one of two team teachers. With Mr. Tredway's help, it was easy for me to enjoy and to learn to study again."

Tredway has been an instructor and Department of Business chairperson since 1971. He was named Master Educator of Kansas, and Outstanding Educator of America. He has also been recognized for distinguished service by the Kansas Association of Future Farmers of America, and by the National Vocational Agriculture Teachers Association. Currently, he serves as chairman of the College's North Central Association Self Study Committee.

Academic Excellence Challenge captures second at State contest

by ROBYN CHRISMER

There are several different kinds of athletes at Cowley, those who compete physically and those who compete cognitively.

Competing cognitively, are the members of the Academic Excellence Challenge team (AEC). The members of the team are Tony Lubbers, captain; Charles Griesel, co-captain; Rhonda Huffman, Jenny Mulkey, Janet Bobek, Stephanie Fields and Doug Rains. Team coaches are Sue Darby and Paul Stirnaman. And special teammate Bill the Cat who was adopted as the team mascot this year. Bill was a birthday present for Darby and traveled with the AEC to Hutchinson for moral support.

These students must have quick recall in natural sciences, social sciences, humanities and math.

For the last two years they have used their cognitive abilities to place second at state competition. On April 8, the AEC took first place at regionals. This enabled them to go on to state competition in Hutchinson on April 15, where they were seeded first.

The AEC won their first match, but lost their second which sent them to the losers bracket. However, they worked their way back through the ranks and won their next four matches. This effort helped them capture second place.

Each student received \$200 to spend at their own discretion as a result of their comeback.

However, their monetary gain was only one of the rewards from the year. Their teamwork developed into friendship. There

is a mixture of traditional and nontraditional students on the team, but this only makes their friendship better.

"They are all my kids, we are one big family," Darby said.

It also takes teamwork from the coaches to make the team come together.

"I can't do this without Paul,

(Stirnaman) he has the background for this," said Darby.

There are no special requirements for being on the team, just a common interest.

"You don't have to be the smart, you just have to enjoy doing this sort of thing," Darby said.



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CINDERFELLA

*Let the stars come out, let the talent shine
Let him be named Mr. Cinderfella 1989*

SHANNON WINEINGER

On April 20, a creative idea came to life at Cowley.

When Act One Theatre Club sponsored Cowley's first Cinderfella pageant, they may all have established an annual event for the school and city to enjoy for years to come.

The Cinderfella Pageant was a quick beauty pageant for male participants. The idea came from Jon Ewing, Act One's sponsor. "I went to school at Northwestern Oklahoma State University in Alva, where it was an annual event," Ewing said. "I always looked forward to the event and loved it."

Ewing had forgotten how much the pageant could be until she watched the pageant at Pratt Community College.

How was Ewing's idea accepted?

"The response was overwhelming," Ewing said.

This year's pageant consisted of contestants competing in three events- beach wear, formal wear and talent. Contestants included: Bob Hardister, Craig Neubecker, Greg Hinz, Andy Newland, Curt Hloms, Robie Mavis, Chris Holmes, Kelly Clark, Roman Mes, Pete Newell, Robbie Tieperman, Eddie Blanton, Lance Neuhusen and Danny Wyckoff.

Each contestant put his mind to work to come up with unique ways to catch the judges' attention, especially in the talent competition. Ewing previewed all to make sure the guys did not get too carried away.

Besides the unlimited wit, talent and natural charm displayed

by the participants, there was one additional attraction that the evening held in store for the audience. The reigning Miss Kansas, Candace Pyle, emceed the evening's events.

"The idea to get Miss Kansas came from my brother-in-law," Ewing said. "He got me the number of Miss Kansas's booking agent. Then I just called and they said 'OK'. That's all there was to it."

Ewing was pleased with the choice for emcee.

"Miss Kansas did a wonderful job," Ewing said. "She was so witty and talented. She had such good rapport with the audience and with the guys backstage. She added a lot of sparkle to the evening and I'm sure that she took a few hearts back home to Dodge City with her too."

The judges tallied their votes to determine the evenings winners.

Special awards were presented in each of the three categories. The talent award went to Bob

Hardister for his 'Risky Business' performance. The beach wear award went to Robie Mavis and formal wear to debonair Eddie Blanton.

The big moment arrived and final awards were announced. Each winner received gifts donated by organizations, offices and local businesses.

Fourth runner-up was Andy Newland. Andy was seen as "Sonny" in the talent competition with his partner "Cher" (Greg Hinz). Hinz was named third runner-up. Second runner-up was Pete Newell. Newell's part in "Marguritaville" proved to be a winning act. Robbie Tieperman, that tap dancing fool, was named first runner-up. And the grand title of Mr. Cinderfella 1989 was given to Kelly Clark. Clark did a skit to "Guitarzan" that left the audience roaring with laughter.

The evenings proceeds went towards awarding Act One a dinner and theatre show.



CINDERFELLA CONTESTANTS-take time to pose for a picture before the contest begins. (Photo by Rob Glenn)

TIGERAMA

*Pajamarama celebration marks
successful ending to a successful year*

by ROB GLENN

Pajamarama Tigerama was the last big bash for Cowley students to enjoy themselves at the expense of the College.

The Tigerama annual event was held April 15-17 and was sponsored by the Student Government Association with new officers Shannon Wineinger and Jami Judd as hostesses of the event.

"Tigerama was lengthened to three days this year so everyone, traditional and non-traditional, would have a chance to attend something," SGA President Wineinger said.

In addition to lengthening the

Association. Members of the Alcohol, Drug Abuse Awareness Council served non-alcoholic drinks to the students to add to the casino atmosphere.

Casino games, consisting of black jack, craps, poker, and horse racing, attracted nearly all the dormitory residents to the Las Vegas atmosphere.

Students received poker chips as they entered and spent the evening winning and/or losing their chips. At the end, an auction of prizes collected by the SGA officers attracted students to pull their money together to purchase wanted items.

The prize that went for the highest bid was a portable stereo

have fun, it's just a shame if majority of the students present were dormitory residents," SG Vice-President Judd said.

The finale for Tigerama was the annual picnic and street dance. About 150-200 students, faculty staff and family members were served barbequed hamburgers with all the fixings by American Food Management.

The fierce competition between Tigerama teams followed the picnic with banana peel and egg three-legged races, egg toss, lifesaver relays and potato passing relays. Six teams fought their way to victory for the engraved keychains.

The defending champs held on to their title for the second year in a row. The team of Christie Clark, Rob Glenn, Marcia Rinke, Dawn Segrist, Terry Simms and Rob Tieperman won the overall events by a point.

"I think we have everyone psyched out because we wore the t-shirt we won last year

plus we were confident we would be victorious," Rinke said.

A street dance in the faculty parking lot began at 8 p.m. with music provided by Cooper and Duesing D.J. services.

"I was worried at first because not too many students were there," Wineinger said, "but as the night went on, people showed up and it ended up being a lot of fun



THEIR OFF-Six participants of the three-legged race take off during Tigerama. (Photo by David Holler)

event, Pajamarama was an additional feature. An all-night movie marathon was scheduled in the Recreation Building for April 15. Although attendance was high early in the evening, it dwindled to about 15 people before it ended at 5 a.m. on Sunday.

Sunday saw dorm residents in a casino which was sponsored by the Student Government

that went for well over \$10,000 in casino chips. The stereo was bid on by Tony Windless and a group of his friends. Other top prizes included an outdoor grill, donated by Homeland Grocery Store, a clock radio and a set of stereo headphones, which were both donated by Wal-mart.

"I think everyone won something. Everyone seemed to



HIT ME- Steve Lauppe, Elke Enderle, Sarah Poole, and Tim Shanahan all try their luck on the blackjack tables during Tigerama. (Photo by David Tobias)



NO! IT'S NOT A KISS- Jason Silva and Carol Cooper pass a lifesaver to one another during Tigerama Picnic. (Photo by David Tobias.)



SCRAMBLED EGGS ANYONE- Sabrina Whittler and Loren Snediker are doing the best they can during the egg toss competition at this years Tigerama. (Photo by David Tobias)

GOOD OL' DAVE- David Dombaugh tries to psych out his opponents in poker during Casino Day. (Photo by David Tobias)

29-22 : *The record that gave Cowley its most successful baseball team in history*

by JAMI JUDD

After three months of continually rehearsing accurate throws, fielding techniques, quick base running and solid hitting the Tiger baseball team ended the regular season with a 29-20 record.

Throughout the season the 26 man team faced may clubs from colleges in Kansas and Oklahoma.

The teams ranged in ability from extremely tough to below average.

"The toughest teams we faced this season were Allen, Kansas City, Kansas (KCK), and Johnson," Dave Burroughs, head coach said. "We split with both Allen and KCK, but got swept by Johnson."

Overall the Tigers ended with a 6-6 record in Conference play and 24-15 record in Region VI play

which was the best season the Cowley baseball team had ever had.

"I feel rather hessitant about the season we have had. I am pleased with the strides we have made but disappointed that we haven't come farther," Burroughs said. "We've proved something; then again we haven't proved anything."

The biggest accomplishment that really started the year off right for the team was beating Allen County 2-1, which was their first game of the season. Another highlight was run ruling Barton County, a top contender in Region VI west conference.

"These wins definitely show how far we've come, but when you think about the weakest things we've done like being held to one point by Central Christian and

letting them beat us it shows tha we aren't playing the way we should be," Burroughs said.

The team traveled to Parsons May 4 for Region VI play.

In their first game against Johnson County the Tigers played tough ball.

"The score was tied, 2-2 until the top of the tenth inning. The Cavaliers had the bases loaded and got a two run base hit. We ended up losing 6-2 but the guys showed a lot of character and had nothing to be ashamed of," Burroughs said. "Johnson won the tournament but many people told me that we played them better than anyone else."

The team ended their season with a 5-3 loss to Coffeyville which also ended their shot at the Region VI championship.



BASEBALL TEAM-Billy Black, Hadley Bradbury, Tracey Magnon, Luis Rivera, David Vesco, Leonard Martin, Dean Hopp, Link Robinson, David Harris, Orlando Garza, Kike Parker, Jason Silva, Curtis Traffas, Lance Menhuessen, Coach David Burroughs, Kyle Bailey, Tracy Clark, Carey Craft, Jim Fields, Thad Hewitt, Mike Leible, Billy Dandridge, John Neff.

A WINNING COMBINATION

The young Tiger softball team finishes 25-12 with a great outlook on next years team

by ROSEANNE OLMSTEAD

the right stuff.

As the Lady Tigers softball team wound up their regular season, they were ready to find out if they had the "right stuff" to win Region VI. "We have the pitching to win it all, but we have to have the defense to go along with it," coach Ed Hargrove said.

The Lady Tigers went into Region VI tournament with a record of 23-13 earning a third place beating behind Cloud and Allen County. Clawing their way

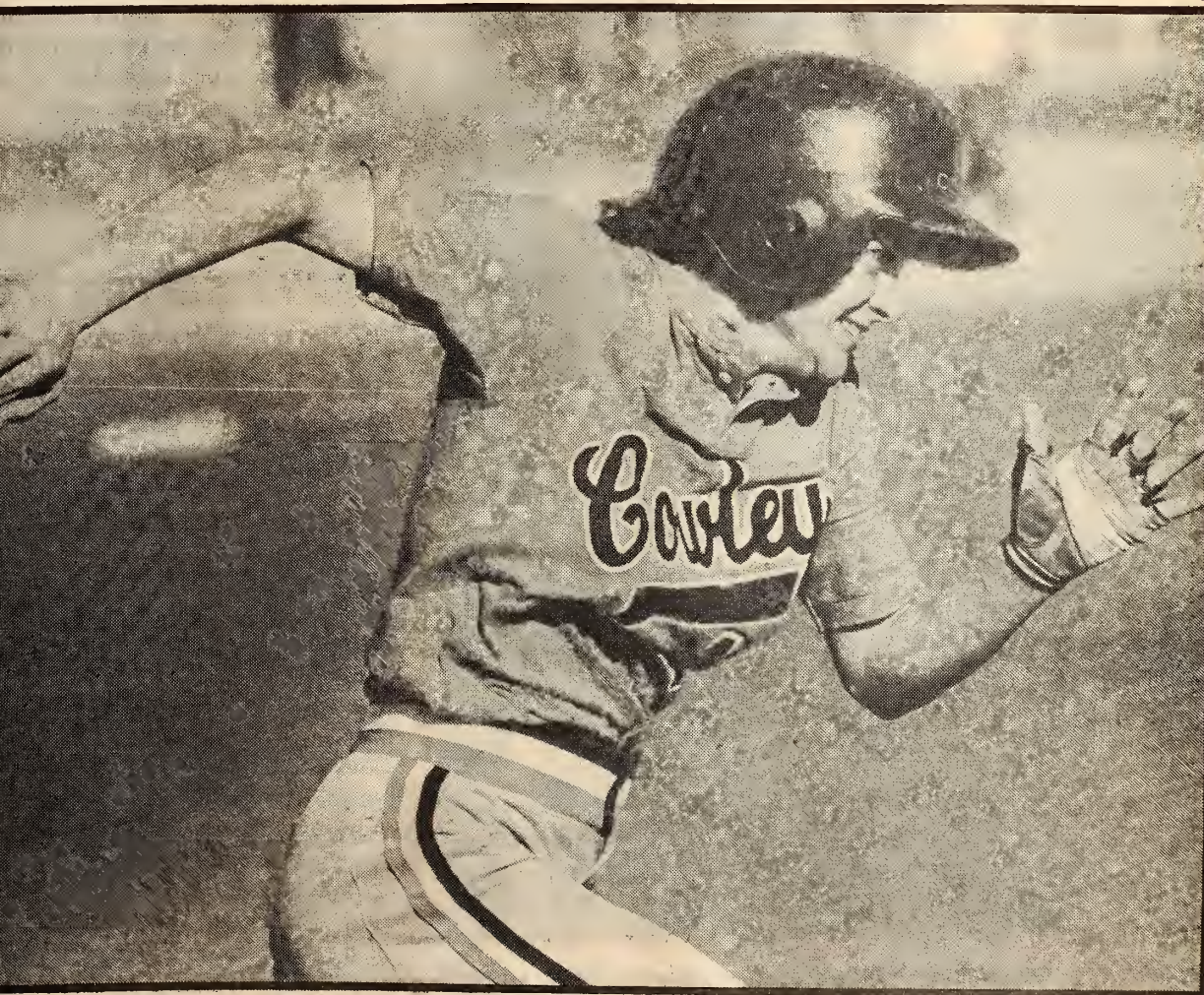
through their first two games Cowley beat the Colby Trojans 5-4, and the Neosho Panthers 8-0. But the Red Devils come out on top in the third game beating the Tigers, sending them into the loser's bracket to face Barton. Barton County beat the Tiger's 4-5 ending their season with an overall record of 25-15.

The Tigers posted their best game this season against the fifth nationally ranked Allen County, holding them scoreless in a double-header on Red Devil turf. The first

game went into eleven innings with Cowley prevailing in a single run to oust the Devils 1-0. The second match was won 3-0 boosting the team's record to 20-10.

While the Tigers will be losing nominee All-Region VI players, Sabrina Lipton and Jenni Rhodes, they have seven starters returning for next years line up.

Hargrove is excited about next year's outlook, "I have had one of my best recruiting classes, already signing seven. Next year could be the best team Cowley's ever had," he said.



ROUNDING THE BASES-Michelle Hageman, one of the seven returning starters, makes her way around the bases during the last home game against Cloud County. (Photo by David Tobias)

Cowley men and women are headed for
NATIONALS
after a great showing at Region VI Tourney

by ANGELA SOMMER

“... we're a team on and off
the court.”

Sarah Poole



EYE ON THE BALL-Bill Shaw, sophomore, concentrates on his swing during practice in preparation for the Region VI Tournament. The men's team and doubles team of Sarah Poole and Annette Eskenazi will go to nationals in Tucson, Ariz. (Photo by David Toblas)

Game, set, match - the Tiger tennis teams wrapped up their '89 spring season, by traveling to the Region VI tournament in Hutchinson.

"The mens standards were to win Region VI and go to Nationals," coach Larry Grose said.

The men only accomplished one of those goals, by making it to the National tournament. They were overtaken by Johnson County who received the Region VI title.

Cowley met Johnson in all six singles finals, with #1 singles Tim Shanahan and #4 singles Jason Grose being the only two Cowley men to take the top spot. Bill Shaw #2 singles, Doug Owen #3 singles, Dan MacDonald #5 singles, and Eric Wedemeyer #6 singles all fell to their Johnson opponents. The #1 doubles team of Shaw and Owen captured first place as well as Shanahan and Grose, in the #2 doubles spot. MacDonald and Wedemeyer fell in the #3 position to a tough Johnson team.

Cowley's women were not equally successful, but still made a strong showing. #1 singles Annette Eskenazi was defeated in the semi-finals, but came back to hold down third place. Sarah Poole #2 singles, took her division by defeating her Barton opponent. #3 singles Angela Sommer reached the finals, but was defeated in a close three set match. Ann Long #4 singles

lost in the second round, but fought back and received an impressive third place.

In the #1 doubles, Eskanazi and Poole reached their expectations by beating Barton in the finals for a trip to Nationals in Tucson, Arizona, while #2 doubles Sommer and Long received third place after losing to the number one seed in three sets.

"We did the best we could under the circumstances. We tried to send individuals to Nationals because of our lack of players. We had to go in and win everything with only four girls. That's a tough hill to climb, and too much to expect. The girls did a fantastic job," coach Grose said.

Expectations were high at the beginning of the spring season. Both mens and womens teams had the potential to be Region VI contenders.

"I thought I, and everyone on our team could get to Nationals, we all have the talent. It just so

happens that the circumstances were not in our favor," Sarah Poole said.

According to coach Grose, bigger colleges took an interest in the teams, and began scheduling matches with the potential Tigers.

"The season was a great success, as can be seen by everyone receiving medals at the Region VI tournament. The one disappointment was not winning the Region VI title, although the men still qualified for the National tournament," Tim Shanahan said.

Because of all the hard work to reach these goals, the team has grown together.

"We couldn't ask for a better group. Having people on your team that are not only players, but good friends, makes everything worth while. The rivalry never extends beyond practices and matches, we're a team on and off the court," Poole said.

Thanks

*Thanks to
all the
Tigerettes
for the
flowers
and plaque,
how sweet!
Most of
all,
thank you
for the good
year.*

-Lana Kemp

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Books, rest, travel are all part of Cowley students' summers

by SHELLY SWARTZ

Although spring courses are over at Cowley, it does not mean school is out for everyone. As well as working and traveling, several people have decided not to take a break from the books.

Robbie Tieperman will be attending classes seven days a week

at Northlake Junior College in Dallas, and Suzie Quillin is enrolled in a summer accounting night class at WSU.

"I'll be working at Beeche Aircraft in the afternoons," Quillin said.

Both Quillin and Tieperman will be staying with their sisters this summer.

Instructor Stan Dyck is on the last leg of his doctorate in American history and is also working on his dissertation. He will be attending seminars and doing researching on a reservation in Wyoming, as well as at the National Archives in Seattle, Wash. "Starting in the beginning of June I'll just hop in my VW van and go from place to place," Dyck said.

However, not everyone will be preparing for their futures in a classroom this summer. Lisa Allen plans on either working at the city building in Wichita or at the KWCH television station.

"I'll be starting my internship for my major of journalism. Some day, I hope to have my own talk show," Allen said.

Carla Carter hopes to start her internship as an operating room technician. She has been sending her resume to different hospitals and she said she is hoping for an answer soon.

Some, like Jeni Rhodes, Lori Curran and Annette Eskanazi, will travel this summer and spend time with their families.

Curran will probably go to Table Rock Lake in Missouri with her husband and children.

"Mainly, I just plan on take it nice and easy and not use my head."

Rhodes is traveling to the east coast with her mom and dad.

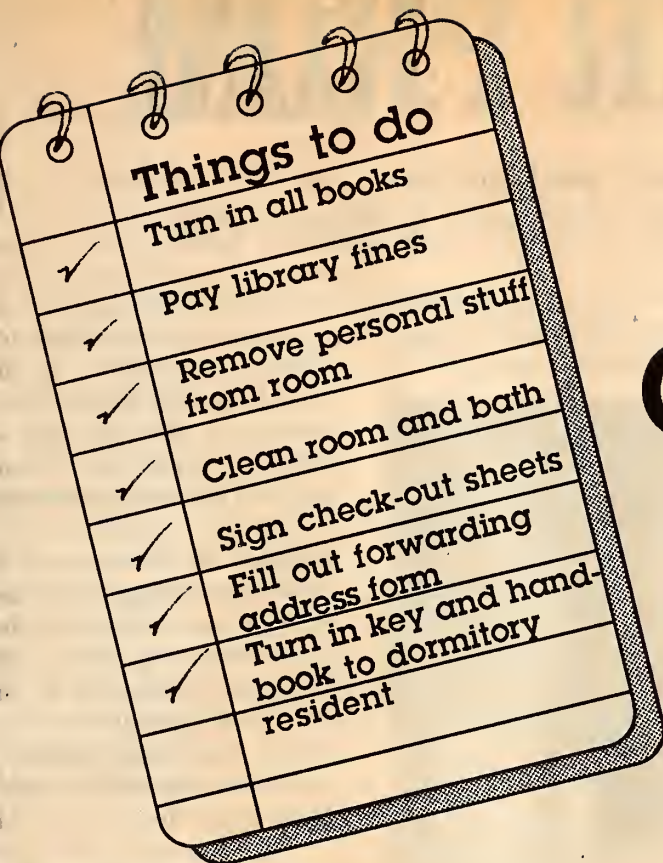
"In the beginning of June, we're driving to Orlando, Fla., to spend five days at Disney World resort. Then we're driving up to Virginia to spend two weeks with relatives," Rhodes said.

Eskanazi will really be traveling some miles. Before flying home to Columbia June 1, Eskanazi is going to Bollittiere Tennis Academy in Florida.

"I'm so excited about going home, because I have a nephew that I haven't seen yet," Eskanazi said.



MOVING OUT-Dave Vescoe, Spencer Yoder, and Mike Benson, are packed and ready for summer. With completion of finals on Wednesday, the 120 dorm students will be moved out by Friday. (Photo by Eddie Blanton).



GOING HOME

A couple of carloads or a couple of boxes?

by CHERYL MATTHEWS

What's in a suitcase?

Personal belongings and memories of one more year that has come and gone. Pulling up roots and leaving Cowley is a hard thing to do, and this is the second year that sophomore Terese Simpson, Wellington, has had to do it.

Simpson has lived in Nelson dorm since the beginning of the year.

"Although it is a hassle to move in and out, things have been pretty well around here," Simpson said.

Cindy Little, Andover, has also lived in Nelson since the beginning of the year. Little lives on the third floor and living in the dorms has been an adjustment.

"It's a lot of fun, I guess. You get to meet a lot of people," Little said. "Sometimes living with people all the time can be a real pain and you have to really get adjusted to the new life, of sharing a bathroom and things like that."

DeShannon Postoak, Tulsa, decided to live in the dorms because it was money saving.

"I'm glad I chose to live in the dorms, because I was going to get an apartment, but I met a lot of people," said Postoak. "Plus you don't have to worry about paying bills each month."

The noise level in the halls also took a little getting used to.

"At first I hated it. It about drove me up the wall but now I'm used to it," said Little. "It doesn't bother me at all."

There are a lot of things to be done when moving out of the dorms. Students need to pack all personal belongings, move them out of the room and then the room needs to be cleaned. After all that is over with the check out sheet needs to be filled out and the room key turned in.

Moving things home can be a real hassle, and it can also be time consuming. Some students are able to pack up a couple of boxes and load them in their car and be done with it, while some have

ended up with more stuff than they came with.

"Every time I go home I bring more stuff with me," said Little. "I've never moved before and it's amazing how much stuff you need once you get here and I don't know what I'm going to do to get it all home."



LOAD 'EM UP AND MOVE 'EM OUT- Leaving Cowley and Kansas behind, many students head for home. (Photo by Eddie Blanton)

AFTER PROM

*ADAAC welcomes
450 high school students to the jungle*

by **SHANNON WINEINGER**
and **JAMI JUDD**

A twelve-foot waterfall, a giant mud pit, and a live boa constrictor helped to bring the Amazon to life

in Cowley County April 22.

Cowley's Alcohol and Drug Abuse Awareness Court (ADAAC) with the help of the community gave the Ark City High School juniors and seniors an After Prom party to remember.

The work started at 8 a.m. Saturday morning when P. Construction Company entered the building and cleaned up after the Friday nights Pig Show. Using 1,000 sand bags filled by the residents of Winfield's Pre-Recreation Center, they began building a giant water way which included a 12-foot waterfall.

"Setting up was very stressful," David Holler, ADAAC president, said. "You can plan what you want but little problems always arise when it comes to actually putting the plan to work."

The overall design of the evening was to create a jungle atmosphere to coincide with the prom theme, "Secret of the Night." In addition to the river, mud pit, and live boa constrictor, the night was equipped with a casino area, volleyball, movies, live D.J., and a refreshment area.

"I think the river was very creative," Kris Kelley, a high school junior, said. "It must have taken a lot of talent to build and ended up to be a great thing."

Many things were used to make the night a success including: eight cases of soft drinks, 10 cases of Coke, \$3,000 in prizes, and an enormous amount of community help.

"The physical labor of setting up and tearing down was the hardest part of all," Holler said. "But when we saw the expressions on all the faces it was all worth it."



DAIRY QUEENIE- Debble Aldridge chows down during afterprom on a 47-foot banana split. (Photo by David Tobias)

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